



I BIEG KOBIET W SZCZECINKU - NORDIC WALKING

B4SPORT

Wydarzenie: „I BIEG KOBIET” W SZCZECINKU
Organizator: Stowarzyszenie Team Biegowy Szczecinek,
Data: 2019-03-10
Miejsce: Szczecinek
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	RAKOWSKA Justyna	306		K-OPEN	1	00:37:54.14		7:34	7.9 (100%)
2	PIENKOS Lidia	295		K-OPEN	2	00:39:17.51	+00:01:23 (3.5%)	7:51	7.6 (96.2%)
3	KUCHARCZYK Patrycja	260		K-OPEN	3	00:40:03.52	+00:02:09 (5.4%)	8:00	7.5 (94.9%)
4	ŁOBACZEWSKA Elżbieta	268		K-OPEN	4	00:40:15.68	+00:02:21 (5.9%)	8:03	7.5 (94.9%)
5	KUICH Anna	261	LILL SPORT ŻŁOTÓW	K-OPEN	5	00:40:30.01	+00:02:35 (6.4%)	8:06	7.4 (93.7%)
6	KOWALIK Renata	254		K-OPEN	6	00:41:05.97	+00:03:11 (7.8%)	8:13	7.3 (92.4%)
7	TORSKA-SZABAŁOWSKA Iwona	327		K-OPEN	7	00:42:48.02	+00:04:53 (11.4%)	8:33	7 (88.6%)
8	DENESZEWSKA Halina	214		K-OPEN	8	00:42:49.05	+00:04:54 (11.5%)	8:33	7 (88.6%)
9	MARCINIAK Jolanta	275		K-OPEN	9	00:43:36.82	+00:05:42 (13.1%)	8:43	6.9 (87.3%)
10	WIĘCŁAWSKA Aneta	338		K-OPEN	10	00:43:53.63	+00:05:59 (13.6%)	8:46	6.8 (86.1%)
11	WAJDA Izabela	332		K-OPEN	11	00:44:05.26	+00:06:11 (14.0%)	8:49	6.8 (86.1%)
12	KOWALSKA Katarzyna	255		K-OPEN	12	00:44:05.63	+00:06:11 (14.0%)	8:49	6.8 (86.1%)
13	SZYMAŃSKA Małgorzata	322	TEAM BIEGOWY SZCZECINEK	K-OPEN	13	00:44:08.75	+00:06:14 (14.1%)	8:49	6.8 (86.1%)
14	BIADOŃ Agnieszka	205	LILL SPORT ŻŁOTÓW	K-OPEN	14	00:44:31.53	+00:06:37 (14.9%)	8:54	6.7 (84.8%)
15	GRZYSTEK Madzia	227		K-OPEN	15	00:44:33.78	+00:06:39 (14.9%)	8:54	6.7 (84.8%)
16	PIASKOWIAK Karolina	293	BORNE BIEGA	K-OPEN	16	00:44:46.75	+00:06:52 (15.4%)	8:57	6.7 (84.8%)
17	KACZMARSKA Marzena	239	CZARNE BIEGA	K-OPEN	17	00:45:01.52	+00:07:07 (15.8%)	9:00	6.7 (84.8%)
18	BOŁTUĆ Sylwia	207		K-OPEN	18	00:45:15.08	+00:07:20 (16.2%)	9:03	6.6 (83.5%)
19	ADAMCZUK Iwona	201		M-OPEN	1	00:45:23.25	+00:07:29 (16.5%)	9:04	6.6 (83.5%)
20	JANKOWSKA Alicja	234		K-OPEN	19	00:45:39.47	+00:07:45 (17.0%)	9:08	6.6 (83.5%)
21	POLASIK Bożena	298		K-OPEN	20	00:45:52.46	+00:07:58 (17.4%)	9:10	6.5 (82.3%)
22	TADYCH Danuta	326		K-OPEN	21	00:46:39.23	+00:08:45 (18.8%)	9:19	6.4 (81.0%)
23	SUSIAK Ewelina	319		K-OPEN	22	00:46:49.71	+00:08:55 (19.1%)	9:22	6.4 (81.0%)
24	HENCEL Maria	231		K-OPEN	23	00:47:36.13	+00:09:41 (20.4%)	9:31	6.3 (79.7%)
25	JASKÓŁKA-STANISZ Paulina	237		K-OPEN	24	00:47:36.84	+00:09:42 (20.4%)	9:31	6.3 (79.7%)
26	ZIĘBA Halina	350	PSEUDOBIEGACZKI	K-OPEN	25	00:48:05.52	+00:10:11 (21.2%)	9:37	6.2 (78.5%)
27	WRONA Jolanta	345		K-OPEN	26	00:48:05.88	+00:10:11 (21.2%)	9:37	6.2 (78.5%)

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28	BOGDANOWICZ Wioletta	206	TEAM BIEGOWY SZCZECINEK	K-OPEN	27	00:48:12.87	+00:10:18 (21.4%)	9:38	6.2 (78.5%)
29	PIOTROWSKA Danuta	297	LILL SPORT ZŁOTÓW	K-OPEN	28	00:48:29.39	+00:10:35 (21.8%)	9:41	6.2 (78.5%)
30	SZYMAŃSKA-STAWIAK Iwona	324		K-OPEN	29	00:48:31.48	+00:10:37 (21.9%)	9:42	6.2 (78.5%)
31	SZYMAŃSKA Halina	323		K-OPEN	30	00:48:32.14	+00:10:38 (21.9%)	9:42	6.2 (78.5%)
32	NIWINSKA Jolanta	287		K-OPEN	31	00:49:17.74	+00:11:23 (23.1%)	9:51	6.1 (77.2%)
33	WIRWICKA Agnieszka	341		K-OPEN	32	00:50:13.21	+00:12:19 (24.5%)	10:02	6 (75.9%)
34	STYŚ Halina	290		K-OPEN	33	00:51:37.51	+00:13:43 (26.6%)	10:19	5.8 (73.4%)
35	ZALEWSKA-NOWAKOWSKA Agnieszka	346	GAJA	K-OPEN	34	00:51:48.61	+00:13:54 (26.8%)	10:21	5.8 (73.4%)
36	ŁUCZKO Grażyna	269	GAJA	K-OPEN	35	00:51:49.39	+00:13:55 (26.9%)	10:22	5.8 (73.4%)
37	PAWLICZUK Teresa	291		K-OPEN	36	00:57:46.74	+00:19:52 (34.4%)	11:33	5.2 (65.8%)
38	JENSZAK Maja	238		K-OPEN	37	01:00:51.78	+00:22:57 (37.7%)	12:10	4.9 (62.0%)

Znaleziono 38 wynik(ów)