

# I BIEG KOBIET W SZCZECINKU - NORDIC WALKING

B4SPORT

**Wydarzenie:** „I BIEG KOBIET” W SZCZECINKU  
**Organizator:** Stowarzyszenie Team Biegowy Szczecinek,  
**Data:** 2019-03-10  
**Miejsce:** Szczecinek  
**Dystans:** 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>RAKOWSKA Justyna</b>	<b>306</b>		K-OPEN	1	<b>00:37:54.14</b>		7:34	7.9 (100%)
2	<b>PIENKOS Lidia</b>	<b>295</b>		K-OPEN	2	<b>00:39:17.51</b>	+00:01:23 (3.5%)	7:51	7.6 (96.2%)
3	<b>KUCHARCZYK Patrycja</b>	<b>260</b>		K-OPEN	3	<b>00:40:03.52</b>	+00:02:09 (5.4%)	8:00	7.5 (94.9%)
4	<b>ŁOBACZEWSKA Elżbieta</b>	<b>268</b>		K-OPEN	4	<b>00:40:15.68</b>	+00:02:21 (5.9%)	8:03	7.5 (94.9%)
5	<b>KUICH Anna</b>	<b>261</b>	LILL SPORT ŻŁOTÓW	K-OPEN	5	<b>00:40:30.01</b>	+00:02:35 (6.4%)	8:06	7.4 (93.7%)
6	<b>KOWALIK Renata</b>	<b>254</b>		K-OPEN	6	<b>00:41:05.97</b>	+00:03:11 (7.8%)	8:13	7.3 (92.4%)
7	<b>TORSKA-SZABAŁOWSKA Iwona</b>	<b>327</b>		K-OPEN	7	<b>00:42:48.02</b>	+00:04:53 (11.4%)	8:33	7 (88.6%)
8	<b>DENESZEWSKA Halina</b>	<b>214</b>		K-OPEN	8	<b>00:42:49.05</b>	+00:04:54 (11.5%)	8:33	7 (88.6%)
9	<b>MARCINIAK Jolanta</b>	<b>275</b>		K-OPEN	9	<b>00:43:36.82</b>	+00:05:42 (13.1%)	8:43	6.9 (87.3%)
10	<b>WIĘCŁAWSKA Aneta</b>	<b>338</b>		K-OPEN	10	<b>00:43:53.63</b>	+00:05:59 (13.6%)	8:46	6.8 (86.1%)
11	<b>WAJDA Izabela</b>	<b>332</b>		K-OPEN	11	<b>00:44:05.26</b>	+00:06:11 (14.0%)	8:49	6.8 (86.1%)
12	<b>KOWALSKA Katarzyna</b>	<b>255</b>		K-OPEN	12	<b>00:44:05.63</b>	+00:06:11 (14.0%)	8:49	6.8 (86.1%)
13	<b>SZYMAŃSKA Małgorzata</b>	<b>322</b>	TEAM BIEGOWY SZCZECINEK	K-OPEN	13	<b>00:44:08.75</b>	+00:06:14 (14.1%)	8:49	6.8 (86.1%)
14	<b>BIADOŃ Agnieszka</b>	<b>205</b>	LILL SPORT ŻŁOTÓW	K-OPEN	14	<b>00:44:31.53</b>	+00:06:37 (14.9%)	8:54	6.7 (84.8%)
15	<b>GRZYSTEK Madzia</b>	<b>227</b>		K-OPEN	15	<b>00:44:33.78</b>	+00:06:39 (14.9%)	8:54	6.7 (84.8%)
16	<b>PIASKOWIAK Karolina</b>	<b>293</b>	BORNE BIEGA	K-OPEN	16	<b>00:44:46.75</b>	+00:06:52 (15.4%)	8:57	6.7 (84.8%)
17	<b>KACZMARSKA Marzena</b>	<b>239</b>	CZARNE BIEGA	K-OPEN	17	<b>00:45:01.52</b>	+00:07:07 (15.8%)	9:00	6.7 (84.8%)
18	<b>BOŁTUĆ Sylwia</b>	<b>207</b>		K-OPEN	18	<b>00:45:15.08</b>	+00:07:20 (16.2%)	9:03	6.6 (83.5%)
19	<b>ADAMCZUK Iwona</b>	<b>201</b>		M-OPEN	1	<b>00:45:23.25</b>	+00:07:29 (16.5%)	9:04	6.6 (83.5%)
20	<b>JANKOWSKA Alicja</b>	<b>234</b>		K-OPEN	19	<b>00:45:39.47</b>	+00:07:45 (17.0%)	9:08	6.6 (83.5%)
21	<b>POLASIK Bożena</b>	<b>298</b>		K-OPEN	20	<b>00:45:52.46</b>	+00:07:58 (17.4%)	9:10	6.5 (82.3%)
22	<b>TADYCH Danuta</b>	<b>326</b>		K-OPEN	21	<b>00:46:39.23</b>	+00:08:45 (18.8%)	9:19	6.4 (81.0%)
23	<b>SUSIAK Ewelina</b>	<b>319</b>		K-OPEN	22	<b>00:46:49.71</b>	+00:08:55 (19.1%)	9:22	6.4 (81.0%)
24	<b>HENCEL Maria</b>	<b>231</b>		K-OPEN	23	<b>00:47:36.13</b>	+00:09:41 (20.4%)	9:31	6.3 (79.7%)
25	<b>JASKÓŁKA-STANISZ Paulina</b>	<b>237</b>		K-OPEN	24	<b>00:47:36.84</b>	+00:09:42 (20.4%)	9:31	6.3 (79.7%)
26	<b>ZIĘBA Halina</b>	<b>350</b>	PSEUDOBIEGACZKI	K-OPEN	25	<b>00:48:05.52</b>	+00:10:11 (21.2%)	9:37	6.2 (78.5%)
27	<b>WRONA Jolanta</b>	<b>345</b>		K-OPEN	26	<b>00:48:05.88</b>	+00:10:11 (21.2%)	9:37	6.2 (78.5%)

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28	<b>BOGDANOWICZ Wioletta</b>	<b>206</b>	TEAM BIEGOWY SZCZECINEK	K-OPEN	27	<b>00:48:12.87</b>	+00:10:18 (21.4%)	9:38	6.2 (78.5%)
29	<b>PIOTROWSKA Danuta</b>	<b>297</b>	LILL SPORT ZŁOTÓW	K-OPEN	28	<b>00:48:29.39</b>	+00:10:35 (21.8%)	9:41	6.2 (78.5%)
30	<b>SZYMAŃSKA-STAWIAK Iwona</b>	<b>324</b>		K-OPEN	29	<b>00:48:31.48</b>	+00:10:37 (21.9%)	9:42	6.2 (78.5%)
31	<b>SZYMAŃSKA Halina</b>	<b>323</b>		K-OPEN	30	<b>00:48:32.14</b>	+00:10:38 (21.9%)	9:42	6.2 (78.5%)
32	<b>NIWINSKA Jolanta</b>	<b>287</b>		K-OPEN	31	<b>00:49:17.74</b>	+00:11:23 (23.1%)	9:51	6.1 (77.2%)
33	<b>WIRWICKA Agnieszka</b>	<b>341</b>		K-OPEN	32	<b>00:50:13.21</b>	+00:12:19 (24.5%)	10:02	6 (75.9%)
34	<b>STYŚ Halina</b>	<b>290</b>		K-OPEN	33	<b>00:51:37.51</b>	+00:13:43 (26.6%)	10:19	5.8 (73.4%)
35	<b>ZALEWSKA-NOWAKOWSKA Agnieszka</b>	<b>346</b>	GAJA	K-OPEN	34	<b>00:51:48.61</b>	+00:13:54 (26.8%)	10:21	5.8 (73.4%)
36	<b>ŁUCZKO Grażyna</b>	<b>269</b>	GAJA	K-OPEN	35	<b>00:51:49.39</b>	+00:13:55 (26.9%)	10:22	5.8 (73.4%)
37	<b>PAWLICZUK Teresa</b>	<b>291</b>		K-OPEN	36	<b>00:57:46.74</b>	+00:19:52 (34.4%)	11:33	5.2 (65.8%)
38	<b>JENSZAK Maja</b>	<b>238</b>		K-OPEN	37	<b>01:00:51.78</b>	+00:22:57 (37.7%)	12:10	4.9 (62.0%)

Znaleziono 38 wynik(ów)