

# I BIEG KOBIEC W SZCZECINKU

B4SPORT

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

„I BIEG KOBIEC” W SZCZECINKU  
Stowarzyszenie Team Biegowy Szczecinek,  
2019-03-10  
Szczecinek  
5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	KOWALIK Natalia	253	MKL SZCZECINEK	K-OPEN	1	00:21:10.60		4:14	14.2 (100%)
2	WERNER Kamila	337	'BIEGAJ Z CERKIEM'	K-OPEN	2	00:21:12.35	+00:00:01 (0.1%)	4:14	14.2 (100%)
3	KOCZWARA Joanna	249		K-OPEN	3	00:22:24.95	+00:01:14 (5.5%)	4:29	13.4 (94.4%)
4	FIŁONOWICZ Monika	223		K-OPEN	4	00:22:48.78	+00:01:38 (7.2%)	4:33	13.2 (93.0%)
5	MAKSELON Anna	272		K-OPEN	5	00:23:19.82	+00:02:09 (9.2%)	4:39	12.9 (90.8%)
6	JABŁOŃSKA-KIERSZK Beata	232	TRIPAKA PRZECHELEWO	K-OPEN	6	00:23:54.38	+00:02:43 (11.4%)	4:46	12.6 (88.7%)
7	PERLIK Katarzyna	292	MTS HAMER MIASTKO	K-OPEN	7	00:24:04.51	+00:02:53 (12.0%)	4:48	12.5 (88.0%)
8	GORBACZ Urszula	226		K-OPEN	8	00:24:12.16	+00:03:01 (12.5%)	4:50	12.4 (87.3%)
9	KASZUBOWSKA Martyna	243		K-OPEN	9	00:24:31.43	+00:03:20 (13.6%)	4:54	12.2 (85.9%)
10	WEJNER-POLASIK Ewelina	336	TEAM BIEGOWY SZCZECINEK	K-OPEN	10	00:24:32.11	+00:03:21 (13.7%)	4:54	12.2 (85.9%)
11	JANKOWSKA Monika	233	TEAM BIEGOWY SZCZECINEK	K-OPEN	11	00:24:51.05	+00:03:40 (14.8%)	4:58	12.1 (85.2%)
12	CHOJNACKA-ŚWIADEK Justyna	210		K-OPEN	12	00:24:57.25	+00:03:46 (15.1%)	4:59	12 (84.5%)
13	KORZENIOWSKA Ewa	251		K-OPEN	13	00:25:00.98	+00:03:50 (15.3%)	5:00	12 (84.5%)
14	KAMIŃSKA Aleksandra	240	TRIPAKA PRZECHELEWO	K-OPEN	14	00:25:03.88	+00:03:53 (15.5%)	5:00	12 (84.5%)
15	KUSIAK Joanna	264		K-OPEN	15	00:25:31.94	+00:04:21 (17.1%)	5:06	11.7 (82.4%)
16	CYWIŃSKA Agnieszka	212	MTS HAMER MIASTKO	K-OPEN	16	00:25:39.18	+00:04:28 (17.4%)	5:07	11.7 (82.4%)
17	ROLIK Ania	308		K-OPEN	17	00:25:41.69	+00:04:31 (17.6%)	5:08	11.7 (82.4%)
18	NERĆ Patrycja	285	MKL PŁYWACKI SZCZECINEK	K-OPEN	18	00:25:45.95	+00:04:35 (17.8%)	5:09	11.6 (81.7%)
19	HARACEWIAT Agnieszka	229		K-OPEN	19	00:25:50.11	+00:04:39 (18.0%)	5:10	11.6 (81.7%)
20	GAJDA Ilona	224	LILL SPORT ŻŁOTÓW	K-OPEN	20	00:26:23.77	+00:05:13 (19.8%)	5:16	11.4 (80.3%)
21	MARCINKIEWICZ Paulina	276		K-OPEN	21	00:26:27.57	+00:05:16 (20.0%)	5:17	11.3 (79.6%)
22	BRYGAŁA Magdalena	209		K-OPEN	22	00:26:33.69	+00:05:23 (20.3%)	5:18	11.3 (79.6%)
23	TRYBUŁA Magdalena	329		K-OPEN	23	00:26:49.18	+00:05:38 (21.0%)	5:21	11.2 (78.9%)
24	DOLAT Justyna	215	HUSARIA RACE TEAM	K-OPEN	24	00:26:53.27	+00:05:42 (21.2%)	5:22	11.2 (78.9%)
25	ZARĘBA Anna	347		K-OPEN	25	00:27:08.01	+00:05:57 (22.0%)	5:25	11.1 (78.2%)
26	KLUK Sylwia	245		K-OPEN	26	00:27:11.19	+00:06:00 (22.1%)	5:26	11 (77.5%)
27	MINKO Mariola	282		K-OPEN	27	00:27:22.55	+00:06:11 (22.6%)	5:28	11 (77.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
28	<b>RUMIŃSKA Ewelina</b>	<b>310</b>	SAILING TEAM FERAJNA	K-OPEN	28	<b>00:27:36.35</b>	+00:06:25 (23.3%)	5:31	10.9 (76.8%)
29	<b>MAKSYMIUK Monika</b>	<b>273</b>		K-OPEN	29	<b>00:27:39.30</b>	+00:06:28 (23.4%)	5:31	10.8 (76.1%)
30	<b>USZYŁO Agnieszka</b>	<b>330</b>		K-OPEN	30	<b>00:27:39.97</b>	+00:06:29 (23.5%)	5:32	10.8 (76.1%)
31	<b>MATEJKO Hanna</b>	<b>278</b>		K-OPEN	31	<b>00:27:42.48</b>	+00:06:31 (23.6%)	5:32	10.8 (76.1%)
32	<b>SOKÓŁ (BEM) Monika</b>	<b>313</b>		K-OPEN	32	<b>00:27:47.62</b>	+00:06:37 (23.8%)	5:33	10.8 (76.1%)
33	<b>SUBIETA Magdalena</b>	<b>315</b>		K-OPEN	33	<b>00:27:51.79</b>	+00:06:41 (24.0%)	5:34	10.8 (76.1%)
34	<b>KUREK Aneta</b>	<b>262</b>		K-OPEN	34	<b>00:27:56.35</b>	+00:06:45 (24.2%)	5:35	10.7 (75.4%)
35	<b>PIOTROWICZ Anna</b>	<b>296</b>	2PI	K-OPEN	35	<b>00:28:00.79</b>	+00:06:50 (24.4%)	5:36	10.7 (75.4%)
36	<b>LENIO Beata</b>	<b>266</b>		K-OPEN	36	<b>00:28:19.30</b>	+00:07:08 (25.2%)	5:39	10.6 (74.6%)
37	<b>METKOWSKA Beata</b>	<b>280</b>	HUSARIA RACE TEAM	K-OPEN	37	<b>00:28:21.72</b>	+00:07:11 (25.3%)	5:40	10.6 (74.6%)
38	<b>BANACZYK Wioletta</b>	<b>202</b>	LILL SPORT ZŁOTÓW	K-OPEN	38	<b>00:28:23.65</b>	+00:07:13 (25.4%)	5:40	10.6 (74.6%)
39	<b>PYDYN Regina</b>	<b>304</b>		K-OPEN	39	<b>00:28:29.86</b>	+00:07:19 (25.7%)	5:42	10.5 (73.9%)
40	<b>MALINOWSKA Joanna</b>	<b>274</b>		K-OPEN	40	<b>00:28:30.13</b>	+00:07:19 (25.7%)	5:42	10.5 (73.9%)
41	<b>BRACH Karolina</b>	<b>208</b>	TEAM BIEGOWY SZCZECINEK	K-OPEN	41	<b>00:28:30.89</b>	+00:07:20 (25.7%)	5:42	10.5 (73.9%)
42	<b>ROKITA Emilia</b>	<b>307</b>	CZARNE BIEGA	K-OPEN	42	<b>00:28:33.44</b>	+00:07:22 (25.8%)	5:42	10.5 (73.9%)
43	<b>OPORSKA Izabela</b>	<b>289</b>		K-OPEN	43	<b>00:28:34.76</b>	+00:07:24 (25.9%)	5:43	10.5 (73.9%)
44	<b>DUCHNOWSKA Kamila</b>	<b>217</b>	HUSARIA RACE TEAM	K-OPEN	44	<b>00:28:40.69</b>	+00:07:30 (26.2%)	5:44	10.5 (73.9%)
45	<b>SUPROŃ Izabela</b>	<b>317</b>		K-OPEN	45	<b>00:28:58.83</b>	+00:07:48 (26.9%)	5:47	10.4 (73.2%)
46	<b>PRZEDNÓWEK Mariola</b>	<b>302</b>	CZARNE BIEGA	K-OPEN	46	<b>00:29:03.46</b>	+00:07:52 (27.1%)	5:48	10.3 (72.5%)
47	<b>KURZAWIŃSKA-JABŁOŃSKA Kasia</b>	<b>263</b>	CZARNE BIEGA	K-OPEN	47	<b>00:29:03.98</b>	+00:07:53 (27.1%)	5:48	10.3 (72.5%)
48	<b>SEMERDA Magdalena</b>	<b>271</b>		K-OPEN	48	<b>00:29:20.59</b>	+00:08:09 (27.8%)	5:52	10.2 (71.8%)
49	<b>SZWEJDA Dorota</b>	<b>320</b>		K-OPEN	49	<b>00:29:22.05</b>	+00:08:11 (27.9%)	5:52	10.2 (71.8%)
50	<b>RADDATZ Alicja</b>	<b>305</b>	HUSARIA RACE TEAM	K-OPEN	50	<b>00:29:22.56</b>	+00:08:11 (27.9%)	5:52	10.2 (71.8%)
51	<b>CZUSZEL Marta</b>	<b>213</b>		K-OPEN	51	<b>00:29:28.24</b>	+00:08:17 (28.1%)	5:53	10.2 (71.8%)
52	<b>KLUPŚ Agata</b>	<b>246</b>	ROZBIEGANE JASTROWIE	K-OPEN	52	<b>00:29:30.07</b>	+00:08:19 (28.2%)	5:54	10.2 (71.8%)
53	<b>LEONIAK Łucja</b>	<b>267</b>	HUSARIA RACE TEAM	K-OPEN	53	<b>00:29:44.15</b>	+00:08:33 (28.8%)	5:56	10.1 (71.1%)
54	<b>WODZYŃSKA Katarzyna</b>	<b>344</b>	#ZABIEGANI NOCĄ	K-OPEN	54	<b>00:29:45.45</b>	+00:08:34 (28.8%)	5:57	10.1 (71.1%)
55	<b>POŁUBIŃSKA Emilia</b>	<b>300</b>	BORNE BIEGA	K-OPEN	55	<b>00:29:51.74</b>	+00:08:41 (29.1%)	5:58	10.1 (71.1%)
56	<b>RUDNICKA Mariola</b>	<b>309</b>		K-OPEN	56	<b>00:30:26.98</b>	+00:09:16 (30.5%)	6:05	9.9 (69.7%)
57	<b>KOCIK Magdalena</b>	<b>248</b>		K-OPEN	57	<b>00:30:32.12</b>	+00:09:21 (30.6%)	6:06	9.8 (69.0%)
58	<b>KOZŁOWSKA Karolina</b>	<b>256</b>		K-OPEN	58	<b>00:31:07.94</b>	+00:09:57 (32.0%)	6:13	9.6 (67.6%)
59	<b>WDOWIAK Kasia</b>	<b>335</b>		K-OPEN	59	<b>00:31:08.05</b>	+00:09:57 (32.0%)	6:13	9.6 (67.6%)
60	<b>DZIEMIANKO Ilona</b>	<b>220</b>		K-OPEN	60	<b>00:31:08.71</b>	+00:09:58 (32.0%)	6:13	9.6 (67.6%)
61	<b>POWAŁKA Jadwiga</b>	<b>301</b>		K-OPEN	61	<b>00:31:10.60</b>	+00:10:00 (32.1%)	6:14	9.6 (67.6%)
62	<b>NIEDZIELA Dorota</b>	<b>286</b>	LILL SPORT ZŁOTÓW	K-OPEN	62	<b>00:31:22.00</b>	+00:10:11 (32.5%)	6:16	9.6 (67.6%)
63	<b>SIDORYK Irena</b>	<b>311</b>		K-OPEN	63	<b>00:31:30.74</b>	+00:10:20 (32.8%)	6:18	9.5 (66.9%)
64	<b>STAŚ Adrianna</b>	<b>314</b>		K-OPEN	64	<b>00:31:31.22</b>	+00:10:20 (32.8%)	6:18	9.5 (66.9%)
65	<b>WAWRZONOWSKA Katarzyna</b>	<b>334</b>	ENDORFINY WAŁCZ	K-OPEN	65	<b>00:31:42.47</b>	+00:10:31 (33.2%)	6:20	9.5 (66.9%)
66	<b>KĘDZIORA Lucyna</b>	<b>244</b>	ENDORFINY WAŁCZ	K-OPEN	66	<b>00:31:50.03</b>	+00:10:39 (33.5%)	6:22	9.4 (66.2%)
67	<b>KUBIAK Danuta</b>	<b>259</b>	CZARNE BIEGA	K-OPEN	67	<b>00:32:11.21</b>	+00:11:00 (34.2%)	6:26	9.3 (65.5%)
68	<b>KNAJDROWSKA Beata</b>	<b>247</b>		K-OPEN	68	<b>00:32:17.69</b>	+00:11:07 (34.4%)	6:27	9.3 (65.5%)
69	<b>PIECHOTA Elżbieta</b>	<b>294</b>	WATAHA WAŁCZ	K-OPEN	69	<b>00:32:52.36</b>	+00:11:41 (35.6%)	6:34	9.1 (64.1%)
70	<b>KRYSTOSIK Paulina</b>	<b>258</b>	BIEGAM BO LUBIE , BIEGAM DLA SIEBIE	K-OPEN	70	<b>00:33:01.86</b>	+00:11:51 (35.9%)	6:36	9.1 (64.1%)
71	<b>MASTYŁA Suzana</b>	<b>277</b>	HUSARIA RACE TEAM	K-OPEN	71	<b>00:33:06.57</b>	+00:11:55 (36.0%)	6:37	9.1 (64.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
72	<b>ZIEMBIŃSKA Eleonora</b>	<b>349</b>		K-OPEN	72	<b>00:33:09.29</b>	+00:11:58 (36.1%)	6:38	9 (63.4%)
73	<b>MICHALSKA Magda</b>	<b>281</b>		K-OPEN	73	<b>00:33:22.25</b>	+00:12:11 (36.5%)	6:40	9 (63.4%)
74	<b>CIŻMOWSKA Barbara</b>	<b>211</b>	MTS HAMER MIASTKO	K-OPEN	74	<b>00:33:29.02</b>	+00:12:18 (36.8%)	6:41	9 (63.4%)
75	<b>DORAWA Natalia</b>	<b>216</b>		K-OPEN	75	<b>00:33:33.37</b>	+00:12:22 (36.9%)	6:42	8.9 (62.7%)
76	<b>ŁABĘDŹ Ilona</b>	<b>250</b>		K-OPEN	76	<b>00:33:33.69</b>	+00:12:23 (36.9%)	6:42	8.9 (62.7%)
77	<b>DZIADUL Monika</b>	<b>219</b>		K-OPEN	77	<b>00:33:51.74</b>	+00:12:41 (37.5%)	6:46	8.9 (62.7%)
78	<b>KOZŁOWSKA Anna</b>	<b>257</b>		K-OPEN	78	<b>00:34:02.75</b>	+00:12:52 (37.8%)	6:48	8.8 (62.0%)
79	<b>WIŚNIK Joanna</b>	<b>343</b>	ROZBIEGANE JASTROWIE	K-OPEN	79	<b>00:34:06.94</b>	+00:12:56 (37.9%)	6:49	8.8 (62.0%)
80	<b>MAZUR Anna</b>	<b>279</b>	ROZBIEGANE JASTROWIE	K-OPEN	80	<b>00:34:07.45</b>	+00:12:56 (37.9%)	6:49	8.8 (62.0%)
81	<b>ZIĘBA-BŁASZKIEWICZ Agnieszka</b>	<b>351</b>	PSEUDOBIEGACZKI	K-OPEN	81	<b>00:34:09.38</b>	+00:12:58 (38.0%)	6:49	8.8 (62.0%)
82	<b>TRĘBSKA Marta</b>	<b>328</b>	#ZABIEGANINOCA	K-OPEN	82	<b>00:34:35.25</b>	+00:13:24 (38.8%)	6:55	8.7 (61.3%)
83	<b>SULIGA-KRAKOWIAK Agnieszka</b>	<b>316</b>	CZARNE BIEGA	K-OPEN	83	<b>00:34:48.90</b>	+00:13:38 (39.2%)	6:57	8.6 (60.6%)
84	<b>WIRKUS-LASKOWSKA Magda</b>	<b>340</b>		K-OPEN	84	<b>00:34:55.57</b>	+00:13:44 (39.4%)	6:59	8.6 (60.6%)
85	<b>PRZYSŁUPSKA Justyna</b>	<b>303</b>		K-OPEN	85	<b>00:34:55.98</b>	+00:13:45 (39.4%)	6:59	8.6 (60.6%)
86	<b>JARDINE Katarzyna</b>	<b>235</b>		K-OPEN	86	<b>00:35:29.91</b>	+00:14:19 (40.3%)	7:06	8.5 (59.9%)
87	<b>VON MALLEK-KURZYDŁOWSKA Ida</b>	<b>331</b>	HUSARIA RACE TEAM	K-OPEN	87	<b>00:36:45.60</b>	+00:15:35 (42.4%)	7:21	8.2 (57.7%)
88	<b>KARKUT Wioletta</b>	<b>242</b>	NIEPOKONANI	K-OPEN	88	<b>00:37:19.28</b>	+00:16:08 (43.3%)	7:27	8 (56.3%)
89	<b>MOWCZAN Regina</b>	<b>283</b>		K-OPEN	89	<b>00:38:25.55</b>	+00:17:14 (44.9%)	7:41	7.8 (54.9%)
90	<b>WILCZYŃSKA Agata</b>	<b>339</b>		K-OPEN	90	<b>00:38:25.60</b>	+00:17:15 (44.9%)	7:41	7.8 (54.9%)
91	<b>BEKER-ZABROCKA Aleksandra</b>	<b>204</b>		K-OPEN	91	<b>00:38:53.13</b>	+00:17:42 (45.5%)	7:46	7.7 (54.2%)
92	<b>WIŚNIK Agnieszka</b>	<b>342</b>		K-OPEN	92	<b>00:39:23.34</b>	+00:18:12 (46.2%)	7:52	7.6 (53.5%)
93	<b>MYLKE Katarzyna</b>	<b>284</b>		K-OPEN	93	<b>00:39:36.63</b>	+00:18:26 (46.5%)	7:55	7.6 (53.5%)
94	<b>DZIUBCZYŃSKA Ewa</b>	<b>221</b>	WAŁECKA ŚCIEMA	K-OPEN	94	<b>00:39:50.16</b>	+00:18:39 (46.8%)	7:58	7.5 (52.8%)
95	<b>ŚWIERCZ Beata</b>	<b>325</b>		K-OPEN	95	<b>00:39:50.25</b>	+00:18:39 (46.8%)	7:58	7.5 (52.8%)
96	<b>HARDIE-DOUGLAS Joanna</b>	<b>230</b>	MKL SZCZECINEK	K-OPEN	96	<b>00:40:12.08</b>	+00:19:01 (47.3%)	8:02	7.5 (52.8%)
97	<b>LECHMAN Bożena</b>	<b>265</b>	TEAM BIEGOWY SZCZECINEK	K-OPEN	97	<b>00:40:15.94</b>	+00:19:05 (47.4%)	8:03	7.5 (52.8%)
98	<b>KARCZEWSKA Agnieszka</b>	<b>241</b>	TEAM BIEGOWY SZCZECINEK	K-OPEN	98	<b>00:40:16.32</b>	+00:19:05 (47.4%)	8:03	7.5 (52.8%)
99	<b>SZYMAŃSKA Ewa</b>	<b>321</b>	TEAM BIEGOWY SZCZECINEK	K-OPEN	99	<b>00:40:16.36</b>	+00:19:05 (47.4%)	8:03	7.5 (52.8%)
100	<b>FIJAŁKOWSKA Małgorzata</b>	<b>222</b>	TEAM BIEGOWY SZCZECINEK	K-OPEN	100	<b>00:40:16.77</b>	+00:19:06 (47.4%)	8:03	7.4 (52.1%)
101	<b>POLIWKA-KISIEL Małgorzata</b>	<b>299</b>	TEAM BIEGOWY SZCZECINEK	K-OPEN	101	<b>00:40:17.16</b>	+00:19:06 (47.4%)	8:03	7.4 (52.1%)
102	<b>OGONOWSKA Magdalena</b>	<b>288</b>	TEAM BIEGOWY SZCZECINEK	K-OPEN	102	<b>00:40:17.81</b>	+00:19:07 (47.4%)	8:03	7.4 (52.1%)
103	<b>ŁUKASIK Ewa</b>	<b>270</b>	TEAM BIEGOWY SZCZECINEK	K-OPEN	103	<b>00:40:18.25</b>	+00:19:07 (47.5%)	8:03	7.4 (52.1%)

Znaleziono 103 wynik(ów)