



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

„I BIEG KOBIEC” W SZCZECINKU  
Stowarzyszenie Team Biegowy Szczecinek,  
2019-03-10  
Szczecinek  
5 km

## I BIEG KOBIEC W SZCZECINKU

B4SPORT



Klasyfikacja: Wszyscy

| Msc | Zawodnik                  | Numer | Klub                    | Kategoria | Mkat | Czas netto 5km | Różn              | Tempo min/km | Tempo km/h   |
|-----|---------------------------|-------|-------------------------|-----------|------|----------------|-------------------|--------------|--------------|
| 1   | KOWALIK Natalia           | 253   | MKL SZCZECINEK          | K-OPEN    | 1    | 00:21:10.60    |                   | 4:14         | 14.2 (100%)  |
| 2   | WERNER Kamila             | 337   | 'BIEGAJ Z CERKIEM'      | K-OPEN    | 2    | 00:21:12.35    | +00:00:01 (0.1%)  | 4:14         | 14.2 (100%)  |
| 3   | KOCZWARA Joanna           | 249   |                         | K-OPEN    | 3    | 00:22:24.95    | +00:01:14 (5.5%)  | 4:29         | 13.4 (94.4%) |
| 4   | FIŁONOWICZ Monika         | 223   |                         | K-OPEN    | 4    | 00:22:48.78    | +00:01:38 (7.2%)  | 4:33         | 13.2 (93.0%) |
| 5   | MAKSELON Anna             | 272   |                         | K-OPEN    | 5    | 00:23:19.82    | +00:02:09 (9.2%)  | 4:39         | 12.9 (90.8%) |
| 6   | JABŁOŃSKA-KIERSZK Beata   | 232   | TRIPAKA PRZECHELEWO     | K-OPEN    | 6    | 00:23:54.38    | +00:02:43 (11.4%) | 4:46         | 12.6 (88.7%) |
| 7   | PERLIK Katarzyna          | 292   | MTS HAMER MIASTKO       | K-OPEN    | 7    | 00:24:04.51    | +00:02:53 (12.0%) | 4:48         | 12.5 (88.0%) |
| 8   | GORBACZ Urszula           | 226   |                         | K-OPEN    | 8    | 00:24:12.16    | +00:03:01 (12.5%) | 4:50         | 12.4 (87.3%) |
| 9   | KASZUBOWSKA Martyna       | 243   |                         | K-OPEN    | 9    | 00:24:31.43    | +00:03:20 (13.6%) | 4:54         | 12.2 (85.9%) |
| 10  | WEJNER-POLASIK Ewelina    | 336   | TEAM BIEGOWY SZCZECINEK | K-OPEN    | 10   | 00:24:32.11    | +00:03:21 (13.7%) | 4:54         | 12.2 (85.9%) |
| 11  | JANKOWSKA Monika          | 233   | TEAM BIEGOWY SZCZECINEK | K-OPEN    | 11   | 00:24:51.05    | +00:03:40 (14.8%) | 4:58         | 12.1 (85.2%) |
| 12  | CHOJNACKA-ŚWIADEK Justyna | 210   |                         | K-OPEN    | 12   | 00:24:57.25    | +00:03:46 (15.1%) | 4:59         | 12 (84.5%)   |
| 13  | KORZENIOWSKA Ewa          | 251   |                         | K-OPEN    | 13   | 00:25:00.98    | +00:03:50 (15.3%) | 5:00         | 12 (84.5%)   |
| 14  | KAMIŃSKA Aleksandra       | 240   | TRIPAKA PRZECHELEWO     | K-OPEN    | 14   | 00:25:03.88    | +00:03:53 (15.5%) | 5:00         | 12 (84.5%)   |
| 15  | KUSIAK Joanna             | 264   |                         | K-OPEN    | 15   | 00:25:31.94    | +00:04:21 (17.1%) | 5:06         | 11.7 (82.4%) |
| 16  | CYWIŃSKA Agnieszka        | 212   | MTS HAMER MIASTKO       | K-OPEN    | 16   | 00:25:39.18    | +00:04:28 (17.4%) | 5:07         | 11.7 (82.4%) |
| 17  | ROLIK Ania                | 308   |                         | K-OPEN    | 17   | 00:25:41.69    | +00:04:31 (17.6%) | 5:08         | 11.7 (82.4%) |
| 18  | NERC Patrycja             | 285   | MKL PŁYWACKI SZCZECINEK | K-OPEN    | 18   | 00:25:45.95    | +00:04:35 (17.8%) | 5:09         | 11.6 (81.7%) |
| 19  | HARACEWIAT Agnieszka      | 229   |                         | K-OPEN    | 19   | 00:25:50.11    | +00:04:39 (18.0%) | 5:10         | 11.6 (81.7%) |
| 20  | GAJDA Ilona               | 224   | LILL SPORT ŻŁOTÓW       | K-OPEN    | 20   | 00:26:23.77    | +00:05:13 (19.8%) | 5:16         | 11.4 (80.3%) |
| 21  | MARCINKIEWICZ Paulina     | 276   |                         | K-OPEN    | 21   | 00:26:27.57    | +00:05:16 (20.0%) | 5:17         | 11.3 (79.6%) |
| 22  | BRYGAŁA Magdalena         | 209   |                         | K-OPEN    | 22   | 00:26:33.69    | +00:05:23 (20.3%) | 5:18         | 11.3 (79.6%) |
| 23  | TRYBUŁA Magdalena         | 329   |                         | K-OPEN    | 23   | 00:26:49.18    | +00:05:38 (21.0%) | 5:21         | 11.2 (78.9%) |
| 24  | DOLAT Justyna             | 215   | HUSARIA RACE TEAM       | K-OPEN    | 24   | 00:26:53.27    | +00:05:42 (21.2%) | 5:22         | 11.2 (78.9%) |
| 25  | ZARĘBA Anna               | 347   |                         | K-OPEN    | 25   | 00:27:08.01    | +00:05:57 (22.0%) | 5:25         | 11.1 (78.2%) |
| 26  | KLUK Sylwia               | 245   |                         | K-OPEN    | 26   | 00:27:11.19    | +00:06:00 (22.1%) | 5:26         | 11 (77.5%)   |
| 27  | MINKO Mariola             | 282   |                         | K-OPEN    | 27   | 00:27:22.55    | +00:06:11 (22.6%) | 5:28         | 11 (77.5%)   |

| Msc | Zawodnik                    | Numer | Klub                                | Kategoria | Mkat | Czas netto 5km | Różn              | Tempo min/km | Tempo km/h   |
|-----|-----------------------------|-------|-------------------------------------|-----------|------|----------------|-------------------|--------------|--------------|
| 28  | RUMIŃSKA Ewelina            | 310   | SAILING TEAM FERAJNA                | K-OPEN    | 28   | 00:27:36.35    | +00:06:25 (23.3%) | 5:31         | 10.9 (76.8%) |
| 29  | MAKSYMIUK Monika            | 273   |                                     | K-OPEN    | 29   | 00:27:39.30    | +00:06:28 (23.4%) | 5:31         | 10.8 (76.1%) |
| 30  | USZYŁO Agnieszka            | 330   |                                     | K-OPEN    | 30   | 00:27:39.97    | +00:06:29 (23.5%) | 5:32         | 10.8 (76.1%) |
| 31  | MATEJKO Hanna               | 278   |                                     | K-OPEN    | 31   | 00:27:42.48    | +00:06:31 (23.6%) | 5:32         | 10.8 (76.1%) |
| 32  | SOKÓŁ (BEM) Monika          | 313   |                                     | K-OPEN    | 32   | 00:27:47.62    | +00:06:37 (23.8%) | 5:33         | 10.8 (76.1%) |
| 33  | SUBIETA Magdalena           | 315   |                                     | K-OPEN    | 33   | 00:27:51.79    | +00:06:41 (24.0%) | 5:34         | 10.8 (76.1%) |
| 34  | KUREK Aneta                 | 262   |                                     | K-OPEN    | 34   | 00:27:56.35    | +00:06:45 (24.2%) | 5:35         | 10.7 (75.4%) |
| 35  | PIOTROWICZ Anna             | 296   | 2PI                                 | K-OPEN    | 35   | 00:28:00.79    | +00:06:50 (24.4%) | 5:36         | 10.7 (75.4%) |
| 36  | LENIO Beata                 | 266   |                                     | K-OPEN    | 36   | 00:28:19.30    | +00:07:08 (25.2%) | 5:39         | 10.6 (74.6%) |
| 37  | METKOWSKA Beata             | 280   | HUSARIA RACE TEAM                   | K-OPEN    | 37   | 00:28:21.72    | +00:07:11 (25.3%) | 5:40         | 10.6 (74.6%) |
| 38  | BANACZYK Wioletta           | 202   | LILL SPORT ZŁOTÓW                   | K-OPEN    | 38   | 00:28:23.65    | +00:07:13 (25.4%) | 5:40         | 10.6 (74.6%) |
| 39  | PYDYN Regina                | 304   |                                     | K-OPEN    | 39   | 00:28:29.86    | +00:07:19 (25.7%) | 5:42         | 10.5 (73.9%) |
| 40  | MALINOWSKA Joanna           | 274   |                                     | K-OPEN    | 40   | 00:28:30.13    | +00:07:19 (25.7%) | 5:42         | 10.5 (73.9%) |
| 41  | BRACH Karolina              | 208   | TEAM BIEGOWY SZCZECINEK             | K-OPEN    | 41   | 00:28:30.89    | +00:07:20 (25.7%) | 5:42         | 10.5 (73.9%) |
| 42  | ROKITA Emilia               | 307   | CZARNE BIEGA                        | K-OPEN    | 42   | 00:28:33.44    | +00:07:22 (25.8%) | 5:42         | 10.5 (73.9%) |
| 43  | OPORSKA Izabela             | 289   |                                     | K-OPEN    | 43   | 00:28:34.76    | +00:07:24 (25.9%) | 5:43         | 10.5 (73.9%) |
| 44  | DUCHNOWSKA Kamila           | 217   | HUSARIA RACE TEAM                   | K-OPEN    | 44   | 00:28:40.69    | +00:07:30 (26.2%) | 5:44         | 10.5 (73.9%) |
| 45  | SUPROŃ Izabela              | 317   |                                     | K-OPEN    | 45   | 00:28:58.83    | +00:07:48 (26.9%) | 5:47         | 10.4 (73.2%) |
| 46  | PRZEDNÓWEK Mariola          | 302   | CZARNE BIEGA                        | K-OPEN    | 46   | 00:29:03.46    | +00:07:52 (27.1%) | 5:48         | 10.3 (72.5%) |
| 47  | KURZAWIŃSKA-JABŁOŃSKA Kasia | 263   | CZARNE BIEGA                        | K-OPEN    | 47   | 00:29:03.98    | +00:07:53 (27.1%) | 5:48         | 10.3 (72.5%) |
| 48  | SEMERDA Magdalena           | 271   |                                     | K-OPEN    | 48   | 00:29:20.59    | +00:08:09 (27.8%) | 5:52         | 10.2 (71.8%) |
| 49  | SZWEJDA Dorota              | 320   |                                     | K-OPEN    | 49   | 00:29:22.05    | +00:08:11 (27.9%) | 5:52         | 10.2 (71.8%) |
| 50  | RADDATZ Alicja              | 305   | HUSARIA RACE TEAM                   | K-OPEN    | 50   | 00:29:22.56    | +00:08:11 (27.9%) | 5:52         | 10.2 (71.8%) |
| 51  | CZUSZEL Marta               | 213   |                                     | K-OPEN    | 51   | 00:29:28.24    | +00:08:17 (28.1%) | 5:53         | 10.2 (71.8%) |
| 52  | KLUPŚ Agata                 | 246   | ROZBIEGANE JASTROWIE                | K-OPEN    | 52   | 00:29:30.07    | +00:08:19 (28.2%) | 5:54         | 10.2 (71.8%) |
| 53  | LEONIAK Łucja               | 267   | HUSARIA RACE TEAM                   | K-OPEN    | 53   | 00:29:44.15    | +00:08:33 (28.8%) | 5:56         | 10.1 (71.1%) |
| 54  | WODZYŃSKA Katarzyna         | 344   | #ZABIEGANI NOCĄ                     | K-OPEN    | 54   | 00:29:45.45    | +00:08:34 (28.8%) | 5:57         | 10.1 (71.1%) |
| 55  | POŁUBIŃSKA Emilia           | 300   | BORNE BIEGA                         | K-OPEN    | 55   | 00:29:51.74    | +00:08:41 (29.1%) | 5:58         | 10.1 (71.1%) |
| 56  | RUDNICKA Mariola            | 309   |                                     | K-OPEN    | 56   | 00:30:26.98    | +00:09:16 (30.5%) | 6:05         | 9.9 (69.7%)  |
| 57  | KOCIK Magdalena             | 248   |                                     | K-OPEN    | 57   | 00:30:32.12    | +00:09:21 (30.6%) | 6:06         | 9.8 (69.0%)  |
| 58  | KOZŁOWSKA Karolina          | 256   |                                     | K-OPEN    | 58   | 00:31:07.94    | +00:09:57 (32.0%) | 6:13         | 9.6 (67.6%)  |
| 59  | WDOWIAK Kasia               | 335   |                                     | K-OPEN    | 59   | 00:31:08.05    | +00:09:57 (32.0%) | 6:13         | 9.6 (67.6%)  |
| 60  | DZIEMIANKO Ilona            | 220   |                                     | K-OPEN    | 60   | 00:31:08.71    | +00:09:58 (32.0%) | 6:13         | 9.6 (67.6%)  |
| 61  | POWAŁKA Jadwiga             | 301   |                                     | K-OPEN    | 61   | 00:31:10.60    | +00:10:00 (32.1%) | 6:14         | 9.6 (67.6%)  |
| 62  | NIEDZIELA Dorota            | 286   | LILL SPORT ZŁOTÓW                   | K-OPEN    | 62   | 00:31:22.00    | +00:10:11 (32.5%) | 6:16         | 9.6 (67.6%)  |
| 63  | SIDORYK Irena               | 311   |                                     | K-OPEN    | 63   | 00:31:30.74    | +00:10:20 (32.8%) | 6:18         | 9.5 (66.9%)  |
| 64  | STAŚ Adrianna               | 314   |                                     | K-OPEN    | 64   | 00:31:31.22    | +00:10:20 (32.8%) | 6:18         | 9.5 (66.9%)  |
| 65  | WAWRZONOWSKA Katarzyna      | 334   | ENDORFINY WAŁCZ                     | K-OPEN    | 65   | 00:31:42.47    | +00:10:31 (33.2%) | 6:20         | 9.5 (66.9%)  |
| 66  | KĘDZIORA Lucyna             | 244   | ENDORFINY WAŁCZ                     | K-OPEN    | 66   | 00:31:50.03    | +00:10:39 (33.5%) | 6:22         | 9.4 (66.2%)  |
| 67  | KUBIAK Danuta               | 259   | CZARNE BIEGA                        | K-OPEN    | 67   | 00:32:11.21    | +00:11:00 (34.2%) | 6:26         | 9.3 (65.5%)  |
| 68  | KNAJDROWSKA Beata           | 247   |                                     | K-OPEN    | 68   | 00:32:17.69    | +00:11:07 (34.4%) | 6:27         | 9.3 (65.5%)  |
| 69  | PIECHOTA Elżbieta           | 294   | WATAHA WAŁCZ                        | K-OPEN    | 69   | 00:32:52.36    | +00:11:41 (35.6%) | 6:34         | 9.1 (64.1%)  |
| 70  | KRYSTOSIK Paulina           | 258   | BIEGAM BO LUBIE , BIEGAM DLA SIEBIE | K-OPEN    | 70   | 00:33:01.86    | +00:11:51 (35.9%) | 6:36         | 9.1 (64.1%)  |
| 71  | MASTYŁA Suzana              | 277   | HUSARIA RACE TEAM                   | K-OPEN    | 71   | 00:33:06.57    | +00:11:55 (36.0%) | 6:37         | 9.1 (64.1%)  |

| Msc | Zawodnik                            | Numer      | Klub                    | Kategoria | Mkat | Czas netto 5km     | Różn              | Tempo min/km | Tempo km/h  |
|-----|-------------------------------------|------------|-------------------------|-----------|------|--------------------|-------------------|--------------|-------------|
| 72  | <b>ZIEMBIŃSKA Eleonora</b>          | <b>349</b> |                         | K-OPEN    | 72   | <b>00:33:09.29</b> | +00:11:58 (36.1%) | 6:38         | 9 (63.4%)   |
| 73  | <b>MICHALSKA Magda</b>              | <b>281</b> |                         | K-OPEN    | 73   | <b>00:33:22.25</b> | +00:12:11 (36.5%) | 6:40         | 9 (63.4%)   |
| 74  | <b>CIŻMOWSKA Barbara</b>            | <b>211</b> | MTS HAMER MIASTKO       | K-OPEN    | 74   | <b>00:33:29.02</b> | +00:12:18 (36.8%) | 6:41         | 9 (63.4%)   |
| 75  | <b>DORAWA Natalia</b>               | <b>216</b> |                         | K-OPEN    | 75   | <b>00:33:33.37</b> | +00:12:22 (36.9%) | 6:42         | 8.9 (62.7%) |
| 76  | <b>ŁABĘDŹ Ilona</b>                 | <b>250</b> |                         | K-OPEN    | 76   | <b>00:33:33.69</b> | +00:12:23 (36.9%) | 6:42         | 8.9 (62.7%) |
| 77  | <b>DZIADUL Monika</b>               | <b>219</b> |                         | K-OPEN    | 77   | <b>00:33:51.74</b> | +00:12:41 (37.5%) | 6:46         | 8.9 (62.7%) |
| 78  | <b>KOZŁOWSKA Anna</b>               | <b>257</b> |                         | K-OPEN    | 78   | <b>00:34:02.75</b> | +00:12:52 (37.8%) | 6:48         | 8.8 (62.0%) |
| 79  | <b>WIŚNIK Joanna</b>                | <b>343</b> | ROZBIEGANE JASTROWIE    | K-OPEN    | 79   | <b>00:34:06.94</b> | +00:12:56 (37.9%) | 6:49         | 8.8 (62.0%) |
| 80  | <b>MAZUR Anna</b>                   | <b>279</b> | ROZBIEGANE JASTROWIE    | K-OPEN    | 80   | <b>00:34:07.45</b> | +00:12:56 (37.9%) | 6:49         | 8.8 (62.0%) |
| 81  | <b>ZIĘBA-BŁASZKIEWICZ Agnieszka</b> | <b>351</b> | PSEUDOBIEGACZKI         | K-OPEN    | 81   | <b>00:34:09.38</b> | +00:12:58 (38.0%) | 6:49         | 8.8 (62.0%) |
| 82  | <b>TRĘBSKA Marta</b>                | <b>328</b> | #ZABIEGANINOCA          | K-OPEN    | 82   | <b>00:34:35.25</b> | +00:13:24 (38.8%) | 6:55         | 8.7 (61.3%) |
| 83  | <b>SULIGA-KRAKOWIAK Agnieszka</b>   | <b>316</b> | CZARNE BIEGA            | K-OPEN    | 83   | <b>00:34:48.90</b> | +00:13:38 (39.2%) | 6:57         | 8.6 (60.6%) |
| 84  | <b>WIRKUS-LASKOWSKA Magda</b>       | <b>340</b> |                         | K-OPEN    | 84   | <b>00:34:55.57</b> | +00:13:44 (39.4%) | 6:59         | 8.6 (60.6%) |
| 85  | <b>PRZYSŁUPSKA Justyna</b>          | <b>303</b> |                         | K-OPEN    | 85   | <b>00:34:55.98</b> | +00:13:45 (39.4%) | 6:59         | 8.6 (60.6%) |
| 86  | <b>JARDINE Katarzyna</b>            | <b>235</b> |                         | K-OPEN    | 86   | <b>00:35:29.91</b> | +00:14:19 (40.3%) | 7:06         | 8.5 (59.9%) |
| 87  | <b>VON MALLEK-KURZYDŁOWSKA Ida</b>  | <b>331</b> | HUSARIA RACE TEAM       | K-OPEN    | 87   | <b>00:36:45.60</b> | +00:15:35 (42.4%) | 7:21         | 8.2 (57.7%) |
| 88  | <b>KARKUT Wioletta</b>              | <b>242</b> | NIEPOKONANI             | K-OPEN    | 88   | <b>00:37:19.28</b> | +00:16:08 (43.3%) | 7:27         | 8 (56.3%)   |
| 89  | <b>MOWCZAN Regina</b>               | <b>283</b> |                         | K-OPEN    | 89   | <b>00:38:25.55</b> | +00:17:14 (44.9%) | 7:41         | 7.8 (54.9%) |
| 90  | <b>WILCZYŃSKA Agata</b>             | <b>339</b> |                         | K-OPEN    | 90   | <b>00:38:25.60</b> | +00:17:15 (44.9%) | 7:41         | 7.8 (54.9%) |
| 91  | <b>BEKER-ZABROCKA Aleksandra</b>    | <b>204</b> |                         | K-OPEN    | 91   | <b>00:38:53.13</b> | +00:17:42 (45.5%) | 7:46         | 7.7 (54.2%) |
| 92  | <b>WIŚNIK Agnieszka</b>             | <b>342</b> |                         | K-OPEN    | 92   | <b>00:39:23.34</b> | +00:18:12 (46.2%) | 7:52         | 7.6 (53.5%) |
| 93  | <b>MYLKE Katarzyna</b>              | <b>284</b> |                         | K-OPEN    | 93   | <b>00:39:36.63</b> | +00:18:26 (46.5%) | 7:55         | 7.6 (53.5%) |
| 94  | <b>DZIUBCZYŃSKA Ewa</b>             | <b>221</b> | WAŁECKA ŚCIEMA          | K-OPEN    | 94   | <b>00:39:50.16</b> | +00:18:39 (46.8%) | 7:58         | 7.5 (52.8%) |
| 95  | <b>ŚWIERCZ Beata</b>                | <b>325</b> |                         | K-OPEN    | 95   | <b>00:39:50.25</b> | +00:18:39 (46.8%) | 7:58         | 7.5 (52.8%) |
| 96  | <b>HARDIE-DOUGLAS Joanna</b>        | <b>230</b> | MKL SZCZECINEK          | K-OPEN    | 96   | <b>00:40:12.08</b> | +00:19:01 (47.3%) | 8:02         | 7.5 (52.8%) |
| 97  | <b>LECHMAN Bożena</b>               | <b>265</b> | TEAM BIEGOWY SZCZECINEK | K-OPEN    | 97   | <b>00:40:15.94</b> | +00:19:05 (47.4%) | 8:03         | 7.5 (52.8%) |
| 98  | <b>KARCZEWSKA Agnieszka</b>         | <b>241</b> | TEAM BIEGOWY SZCZECINEK | K-OPEN    | 98   | <b>00:40:16.32</b> | +00:19:05 (47.4%) | 8:03         | 7.5 (52.8%) |
| 99  | <b>SZYMAŃSKA Ewa</b>                | <b>321</b> | TEAM BIEGOWY SZCZECINEK | K-OPEN    | 99   | <b>00:40:16.36</b> | +00:19:05 (47.4%) | 8:03         | 7.5 (52.8%) |
| 100 | <b>FIJAŁKOWSKA Małgorzata</b>       | <b>222</b> | TEAM BIEGOWY SZCZECINEK | K-OPEN    | 100  | <b>00:40:16.77</b> | +00:19:06 (47.4%) | 8:03         | 7.4 (52.1%) |
| 101 | <b>POLIWKA-KISIEL Małgorzata</b>    | <b>299</b> | TEAM BIEGOWY SZCZECINEK | K-OPEN    | 101  | <b>00:40:17.16</b> | +00:19:06 (47.4%) | 8:03         | 7.4 (52.1%) |
| 102 | <b>OGONOWSKA Magdalena</b>          | <b>288</b> | TEAM BIEGOWY SZCZECINEK | K-OPEN    | 102  | <b>00:40:17.81</b> | +00:19:07 (47.4%) | 8:03         | 7.4 (52.1%) |
| 103 | <b>ŁUKASIK Ewa</b>                  | <b>270</b> | TEAM BIEGOWY SZCZECINEK | K-OPEN    | 103  | <b>00:40:18.25</b> | +00:19:07 (47.5%) | 8:03         | 7.4 (52.1%) |

Znaleziono 103 wynik(ów)