

Event: Bieg Krynicki
Organiser: Fundacja Silni Ciałem Niezłomni Duchem; Sportevo Triathlon Team
Date: 2018-05-05
Place: Krynica Morska
Distance: 10 km



Classification: K-Open

Place	Participant	Number	Club	Category	MCat	Net time 10km	Gap	Pace min/km	Pace km/h
1	ARTER- KRZYŻEK Angelika	113		K30-39	1	00:43:38.30		4:21	13.7 (100%)
2	CZARNECKA Joanna	14		K30-39	2	00:45:26.20	+00:01:47 (4.0%)	4:32	13.2 (96.4%)
3	BARCIKOWSKA Wioletta	91		K40-49	1	00:46:43.70	+00:03:05 (6.6%)	4:40	12.8 (93.4%)
4	MATLEWSKA Marzena	51	NIEZRZESZONA	K40-49	2	00:49:03.45	+00:05:25 (11.0%)	4:54	12.2 (89.1%)
5	WITT Grażyna	84	MARATONYPOLSKIE.PL TEAM	K60-69	1	00:49:38.15	+00:05:59 (12.1%)	4:57	12.1 (88.3%)
6	KESZ-KARCZEWSKA Magdalena	37		K40-49	3	00:50:06.70	+00:06:28 (12.9%)	5:00	12 (87.6%)
7	BARANOWSKA Kornelia	5	SPORTEVO	K40-49	4	00:50:30.70	+00:06:52 (13.6%)	5:03	11.9 (86.9%)
8	MOLASY Dorota	112		K30-39	3	00:51:11.50	+00:07:33 (14.8%)	5:07	11.7 (85.4%)
9	GRABOWSKA Dagmara	26	STRASZYN BIEGA	K30-39	4	00:52:08.60	+00:08:30 (16.3%)	5:12	11.5 (83.9%)
10	KACHNIARZ Żaneta	34	PRUSZCZ BIEGA/STRASZYN BIEGA	K30-39	5	00:52:19.20	+00:08:40 (16.6%)	5:14	11.5 (83.9%)
11	ŁUKASZEWICZ Barbara	48	MARATONYPOLSKIE.PL TEAM	K40-49	5	00:52:26.50	+00:08:48 (16.8%)	5:14	11.4 (83.2%)
12	WITEK Sylwia	116		K40-49	6	00:58:22.50	+00:14:44 (25.2%)	5:50	10.3 (75.2%)
13	IZAK Aneta	32	WILLA CHABROWA	K18-29	1	00:59:19.05	+00:15:40 (26.4%)	5:55	10.1 (73.7%)
14	BARCIKOWSKA Agnieszka	90		K18-29	2	01:00:35.35	+00:16:57 (28.0%)	6:03	9.9 (72.3%)
15	MIECHOWSKA Iwona	53		K40-49	7	01:00:43.00	+00:17:04 (28.1%)	6:04	9.9 (72.3%)
16	CHUDAŚ Aleksandra	11		K30-39	6	01:04:46.60	+00:21:08 (32.6%)	6:28	9.3 (67.9%)
17	GOS Elżbieta	23	AKTYWNIE Z MOLKAMI	K40-49	8	01:07:39.80	+00:24:01 (35.5%)	6:46	8.9 (65.0%)
18	SZKLARSKA Alicja	78		K40-49	9	01:08:17.60	+00:24:39 (36.1%)	6:49	8.8 (64.2%)

Total 18 results.