

Wydarzenie:
Organizator:

Bieg Krynicki
Fundacja Silni Ciałem Niezłomni Duchem; Sportevo
Triathlon Team

Data:
Miejsce:
Dystans:

2018-05-05
Krynica Morska
5 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|------------|----------------------------------|-----------|------|--------------------|-------------------|--------------|--------------|
| 1 | RAKOCZY Marcin | 59 | ITEN - THE HOME OF CHAMPIONS | M18-29 | 1 | 00:17:54.95 | | 3:35 | 16.7 (100%) |
| 2 | ILNICKI Darek | 30 | OCRTRAINING | M30-39 | 1 | 00:18:26.65 | +00:00:31 (2.9%) | 3:41 | 16.3 (97.6%) |
| 3 | POCHRANOWICZ Aleksandra | 96 | MKL SZCZECINEK | K18-29 | 1 | 00:19:53.40 | +00:01:58 (9.9%) | 3:58 | 15.1 (90.4%) |
| 4 | SZARKO Maciej | 76 | | M40-49 | 1 | 00:20:14.65 | +00:02:19 (11.5%) | 4:02 | 14.8 (88.6%) |
| 5 | KONAT Grześ | 38 | POLSKA | M40-49 | 2 | 00:21:29.30 | +00:03:34 (16.6%) | 4:17 | 14 (83.8%) |
| 6 | TONGA Jan | 82 | | M30-39 | 2 | 00:21:40.35 | +00:03:45 (17.3%) | 4:20 | 13.8 (82.6%) |
| 7 | BABEROWSKI Marek | 3 | | M50-59 | 1 | 00:21:40.80 | +00:03:45 (17.4%) | 4:20 | 13.8 (82.6%) |
| 8 | MARCINKOWSKI Michał | 50 | ORLEN RUNNING TEAM | M30-39 | 3 | 00:21:42.20 | +00:03:47 (17.5%) | 4:20 | 13.8 (82.6%) |
| 9 | KUĆ Rafał | 102 | | M30-39 | 4 | 00:22:14.10 | +00:04:19 (19.4%) | 4:26 | 13.5 (80.8%) |
| 10 | AMBROZIAK Lesław | 1 | SPORTEVO | M40-49 | 3 | 00:22:40.80 | +00:04:45 (21.0%) | 4:32 | 13.2 (79.0%) |
| 11 | JAGODZIŃSKI Damian | 33 | | M18-29 | 2 | 00:23:10.55 | +00:05:15 (22.7%) | 4:38 | 12.9 (77.2%) |
| 12 | KUCINSKI Łukasz | 44 | | M18-29 | 3 | 00:23:21.75 | +00:05:26 (23.3%) | 4:40 | 12.8 (76.6%) |
| 13 | STANISZEWSKA Joanna | 70 | SPORTEVO | K30-39 | 1 | 00:23:46.25 | +00:05:51 (24.6%) | 4:45 | 12.6 (75.4%) |
| 14 | PODOLSKA Joanna | 106 | | K30-39 | 2 | 00:23:49.55 | +00:05:54 (24.8%) | 4:46 | 12.6 (75.4%) |
| 15 | GAŁĄZKA Krzysztof | 18 | | M40-49 | 4 | 00:24:29.65 | +00:06:34 (26.9%) | 4:54 | 12.2 (73.1%) |
| 16 | BŁASZAK Magdalena | 9 | | K30-39 | 3 | 00:24:46.25 | +00:06:51 (27.7%) | 4:57 | 12.1 (72.5%) |
| 17 | KOZIARA Grzegorz | 42 | SREBRNI BIEGACZE TARNOWSKIE GÓRY | M60-69 | 1 | 00:26:04.85 | +00:08:09 (31.3%) | 5:13 | 11.5 (68.9%) |
| 18 | BALA Mariusz | 107 | | M30-39 | 5 | 00:26:25.65 | +00:08:30 (32.2%) | 5:17 | 11.3 (67.7%) |
| 19 | GRZĄDKA Monika | 99 | SPORTEVO | K30-39 | 4 | 00:26:35.80 | +00:08:40 (32.6%) | 5:19 | 11.3 (67.7%) |
| 20 | FLIS Kamila | 16 | ETER-MED | K30-39 | 5 | 00:26:43.75 | +00:08:48 (33.0%) | 5:20 | 11.2 (67.1%) |
| 21 | HELWICZ Wojciech | 104 | PTA | M30-39 | 6 | 00:26:47.35 | +00:08:52 (33.1%) | 5:21 | 11.2 (67.1%) |
| 22 | SWAT Katarzyna | 75 | | K40-49 | 1 | 00:27:24.95 | +00:09:30 (34.7%) | 5:29 | 10.9 (65.3%) |
| 23 | GWARDYŃSKI Paweł | 28 | | M30-39 | 7 | 00:27:26.30 | +00:09:31 (34.7%) | 5:29 | 10.9 (65.3%) |
| 24 | GRABOWSKI Sebastian | 27 | STRASZYN BIEGA | M30-39 | 8 | 00:27:31.05 | +00:09:36 (34.9%) | 5:30 | 10.9 (65.3%) |
| 25 | GRABKOWSKI Andrzej | 25 | | M70+ | 1 | 00:27:35.50 | +00:09:40 (35.1%) | 5:31 | 10.9 (65.3%) |
| 26 | BABEROWSKA Jolanta | 2 | | K40-49 | 2 | 00:27:49.40 | +00:09:54 (35.6%) | 5:33 | 10.8 (64.7%) |
| 27 | PRĄTNICKA Kasia | 58 | | K40-49 | 3 | 00:27:51.70 | +00:09:56 (35.7%) | 5:34 | 10.8 (64.7%) |

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|-----|-------------------------------|------------|---------------------------|-----------|------|--------------------|-------------------|--------------|--------------|
| 28 | KUBILUS Robert | 94 | BIEGAMY RAZEM | M40-49 | 5 | 00:27:52.80 | +00:09:57 (35.7%) | 5:34 | 10.8 (64.7%) |
| 29 | SANECKI Przemysław | 63 | KS BIEGAM BO LUBIĘ PASŁĘK | M18-29 | 4 | 00:28:03.45 | +00:10:08 (36.1%) | 5:36 | 10.7 (64.1%) |
| 30 | ROGOWSKA-KONAT Emilia | 62 | EKG MIKOSZEWO | K30-39 | 6 | 00:28:06.40 | +00:10:11 (36.3%) | 5:37 | 10.7 (64.1%) |
| 31 | DURAS Maciej | 108 | | M40-49 | 6 | 00:28:30.35 | +00:10:35 (37.2%) | 5:42 | 10.5 (62.9%) |
| 32 | JABŁOŃSKA Magda | 100 | GDAŃSK RUSINESS RUN | K40-49 | 4 | 00:28:49.80 | +00:10:54 (37.9%) | 5:46 | 10.4 (62.3%) |
| 33 | GŁOWACKA Anna | 19 | IKS ATAK ELBLĄG | K40-49 | 5 | 00:29:01.50 | +00:11:06 (38.3%) | 5:48 | 10.3 (61.7%) |
| 34 | STĘPIEŃ Agata | 72 | | K40-49 | 6 | 00:29:10.85 | +00:11:15 (38.6%) | 5:50 | 10.3 (61.7%) |
| 35 | SZPILMAN Katarzyna | 80 | | K50-59 | 1 | 00:29:11.60 | +00:11:16 (38.6%) | 5:50 | 10.3 (61.7%) |
| 36 | KAMIŃSKA Sonia | 35 | ANANASY | K30-39 | 7 | 00:29:19.60 | +00:11:24 (38.9%) | 5:51 | 10.2 (61.1%) |
| 37 | MALISZEWSKA Marianna | 49 | | K50-59 | 2 | 00:29:41.15 | +00:11:46 (39.6%) | 5:56 | 10.1 (60.5%) |
| 38 | BIELIŃSKA Natalia | 103 | | K18-29 | 2 | 00:30:12.45 | +00:12:17 (40.7%) | 6:02 | 9.9 (59.3%) |
| 39 | PŁODZICKA Ania | 55 | | K30-39 | 8 | 00:30:18.00 | +00:12:23 (40.9%) | 6:03 | 9.9 (59.3%) |
| 40 | SOBIESIAK Agnieszka | 65 | SAPIĄCE GAZELE | K40-49 | 7 | 00:30:31.60 | +00:12:36 (41.3%) | 6:06 | 9.8 (58.7%) |
| 41 | RESZCZYŃSKA Monika | 61 | | K40-49 | 8 | 00:30:34.65 | +00:12:39 (41.4%) | 6:07 | 9.8 (58.7%) |
| 42 | WURMAŃSKA Helena | 92 | | K30-39 | 9 | 00:31:09.90 | +00:13:14 (42.5%) | 6:14 | 9.6 (57.5%) |
| 43 | SZYLKA Justyna | 81 | | K18-29 | 3 | 00:31:18.65 | +00:13:23 (42.8%) | 6:15 | 9.6 (57.5%) |
| 44 | PIOTROWICZ-GNYP Sylwia | 54 | | K40-49 | 9 | 00:31:36.40 | +00:13:41 (43.3%) | 6:19 | 9.5 (56.9%) |
| 45 | BAKOWSKI Tomasz | 98 | PATI I TOMEK RT | M30-39 | 9 | 00:34:16.15 | +00:16:21 (47.7%) | 6:51 | 8.8 (52.7%) |
| 46 | TOMAS Patrycja | 97 | PATI I TOMEK RT | K30-39 | 10 | 00:34:16.70 | +00:16:21 (47.7%) | 6:51 | 8.8 (52.7%) |
| 47 | BARTCZAK Alicja | 7 | | K40-49 | 10 | 00:35:02.35 | +00:17:07 (48.9%) | 7:00 | 8.6 (51.5%) |
| 48 | SOWA Renia | 68 | IKS ATAK ELBLĄG | K40-49 | 11 | 00:35:31.55 | +00:17:36 (49.6%) | 7:06 | 8.4 (50.3%) |
| 49 | DYKTA Ryszard | 88 | | M70+ | 2 | 00:37:48.65 | +00:19:53 (52.6%) | 7:33 | 7.9 (47.3%) |
| 50 | WITT Henryk | 85 | NORBOSOFT.PL | M60-69 | 2 | 00:38:51.25 | +00:20:56 (53.9%) | 7:46 | 7.7 (46.1%) |

Znaleziono 50 wynik(ów)