



I BIEG PRZEŁAJOWY "MARYNARSKA DYCHA" IM. ADMIRAŁA FLOTY ANDRZEJA KARWETY - 10 KM

B4SPORT

Organiser: CENTRUM SZKOLENIA MARYNARKI WOJENNEJ
(CSMW)
Date: 2016-04-09
Place: Ustka
Distance: 10 km

 **HERKULES**
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Classification: K-OPEN

Place	Participant	Number	Club	Category	MCat	Start time	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	TEREFENKO Joanna	157		K-20	1	00:00:00	00:41:16.20	00:41:17.10		4:07	14.5 (100%)
2	NOWODWORSKA Justyna	85	ŚCIGAŁ TEAM	K-30	1	00:00:01	00:49:15.95	00:49:17.90	+00:07:59 (16.2%)	4:55	12.2 (84.1%)
3	CHORAŻY Karolina	17	FADOMODA TEAM	K-40	1	00:00:02	00:49:20.00	00:49:22.70	+00:08:03 (16.3%)	4:56	12.2 (84.1%)
4	KLUCZEWSKA Emilia	47		K-30	2	00:00:02	00:52:12.30	00:52:14.30	+00:10:56 (20.9%)	5:13	11.5 (79.3%)
5	CAŁKA Magdalena	15	NIGHT RUNNERS SŁUPSK	K-20	2	00:00:03	00:52:44.70	00:52:48.15	+00:11:28 (21.8%)	5:16	11.4 (78.6%)
6	MASZKA Emilia	75	OSP BORZYTUCHOM	K-30	3	00:00:01	00:53:44.45	00:53:46.40	+00:12:28 (23.2%)	5:22	11.2 (77.2%)
7	HRYHOROWICZ Joanna	33	NIGHT RUNNERS SŁUPSK	K-30	4	00:00:03	00:54:30.70	00:54:33.80	+00:13:14 (24.3%)	5:27	11 (75.9%)
8	WOŹNIAK Monika	142		K-30	5	00:00:12	00:55:41.20	00:55:53.45	+00:14:25 (25.9%)	5:34	10.8 (74.5%)
9	BOGUSZ Marietta	9	NIGHT RANNERS SŁUPSK	K-20	3	00:00:04	00:57:09.60	00:57:13.85	+00:15:53 (27.8%)	5:42	10.5 (72.4%)
10	KURZYŃSKA Natalia	61	17. WOG	K-30	6	00:00:06	00:59:08.95	00:59:15.50	+00:17:52 (30.2%)	5:54	10.1 (69.7%)
11	PACAN Mirosława	87	ŚWIAT PŁYTEK U KRYSPINA	K-20	4	00:00:04	00:59:51.40	00:59:55.65	+00:18:35 (31.1%)	5:59	10 (69.0%)
12	ŻYŁKA Milena	152		K-30	7	00:00:04	01:00:26.25	01:00:30.55	+00:19:10 (31.7%)	6:02	9.9 (68.3%)
13	SULL Agnieszka	122	NIGHT RUNNERS SŁUPSK	K-40	2	00:00:08	01:03:02.75	01:03:11.35	+00:21:46 (34.5%)	6:18	9.5 (65.5%)
14	SZUDOBAJ Marta	129	STOPA SŁUPSK	K-20	5	00:00:12	01:03:34.35	01:03:46.55	+00:22:18 (35.1%)	6:21	9.4 (64.8%)
15	MARCZAK Małgorzata	69		K-50	1	00:00:03	01:03:38.90	01:03:41.95	+00:22:22 (35.2%)	6:21	9.4 (64.8%)
16	KARPOWICZ Joanna	44		K-30	8	00:00:14	01:04:44.35	01:04:58.60	+00:23:28 (36.3%)	6:28	9.3 (64.1%)
17	RYBA Anna	110		K-40	3	00:00:06	01:05:46.50	01:05:53.20	+00:24:30 (37.3%)	6:34	9.1 (62.8%)
18	SOLARCZYK Urszula	115		K-20	6	00:00:07	01:08:34.20	01:08:42.15	+00:27:18 (39.8%)	6:51	8.7 (60.0%)
19	PIKTEL Urszula	95	HELSKIE MORSY 'COLD WATER'	K-30	9	00:00:04	01:08:34.30	01:08:38.55	+00:27:18 (39.8%)	6:51	8.8 (60.7%)
20	TRACZ Joanna	133	BDOW MW	K-40	4	00:00:10	01:11:51.80	01:12:02.15	+00:30:35 (42.6%)	7:11	8.3 (57.2%)
21	STEMPNIAK Katarzyna	119	REBELS LEGION TEAM	K-30	10	00:00:11	01:11:54.95	01:12:06.35	+00:30:38 (42.6%)	7:11	8.3 (57.2%)
22	MARCZAK Monika	74		K-30	11	00:00:11	01:15:58.70	01:16:09.75	+00:34:42 (45.7%)	7:35	7.9 (54.5%)

Total 22 results.