



I BIEG RYBAKA - 10.6 KM

B4SPORT

Wydarzenie: I BIEG RYBAKA W CZAPLINKU
Organizator: Stowarzyszenie Sportowe Grupa Biegowa Rundorfina; Gmina Czaplonek
Data: 2018-09-29
Miejsce: Czaplonek
Dystans: 10.6 km



Klasyfikacja: M30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czap_All 2.8km	Herk_All 5.3km	Czap_All 8.1km	Czas netto 10.6km	Różn	Tempo min/km	Tempo km/h
1	KĘDZIERSKI Andrzej	189		M30-39	1	00:09:54	00:19:28	00:30:16	00:40:02.13		3:46	15.9 (100%)
2	ŚWIERAD Przemysław	255	100 BATALION ŁĄCZNOŚĆ	M30-39	2	00:10:59	00:20:47	00:31:54	00:41:15.28	+00:01:13 (3.0%)	3:53	15.4 (96.9%)
3	MALISZEWSKI Piotr	214	RAZ SZCZECIN	M30-39	3	00:10:43	00:20:27	00:31:35	00:41:17.88	+00:01:15 (3.1%)	3:53	15.4 (96.9%)
4	KRUKOWSKI Adam	198	BIEGAM DLA SIEBIE.....)	M30-39	4	00:11:11	00:21:24	00:32:54	00:42:59.43	+00:02:57 (6.9%)	4:03	14.8 (93.1%)
5	LESZCZYSZYN Paweł	203		M30-39	5	00:11:03	00:21:16	00:32:52	00:43:11.41	+00:03:09 (7.3%)	4:04	14.7 (92.5%)
6	ŁUKASIEWICZ Michał	209		M30-39	6	00:11:51	00:22:24	00:34:30	00:45:02.90	+00:05:00 (11.1%)	4:15	14.1 (88.7%)
7	CIASTOŃ Tomasz	161	ORSKOV FOODS TEAM	M30-39	7	00:11:49	00:22:43	00:35:13	00:46:15.14	+00:06:13 (13.4%)	4:21	13.8 (86.8%)
8	KWIETNIEWSKI Daniel	202		M30-39	8	00:11:51	00:23:02	00:36:11	00:47:20.04	+00:07:17 (15.4%)	4:27	13.4 (84.3%)
9	SZUĆKO Andrzej	249	5 PINŻ	M30-39	9	00:12:02	00:23:12	00:36:16	00:47:40.18	+00:07:38 (16.0%)	4:29	13.3 (83.6%)
10	CHUPTYŚ Adrian	160	RUNDORFINA	M30-39	10	00:11:32	00:23:03	00:36:21	00:47:55.58	+00:07:53 (16.5%)	4:31	13.3 (83.6%)
11	KAPKOWSKI Paweł	186		M30-39	11	00:11:44	00:23:19	00:36:32	00:48:06.63	+00:08:04 (16.8%)	4:32	13.2 (83.0%)
12	BARANOWSKI Kamil	153	RUNDORFINA	M30-39	12	00:13:04	00:24:30	00:37:36	00:48:43.83	+00:08:41 (17.8%)	4:35	13.1 (82.4%)
13	JARKOWSKI Łukasz	276		M30-39	13	00:12:37	00:24:30	00:38:27	00:50:16.86	+00:10:14 (20.4%)	4:44	12.6 (79.2%)
14	ŁADWIKOWSKI Bartosz	207		M30-39	14	00:12:11	00:24:23	00:38:05	00:50:27.24	+00:10:25 (20.6%)	4:45	12.6 (79.2%)
15	ANTONIAK Krzysztof	151		M30-39	15	00:13:13	00:25:22	00:38:57	00:50:42.81	+00:10:40 (21.1%)	4:47	12.5 (78.6%)
16	SAPIŃSKI Robert	235		M30-39	16	00:13:03	00:25:17	00:39:21	00:51:42.34	+00:11:40 (22.6%)	4:52	12.3 (77.4%)
17	TYLMAN Piotr	260	RUNDORFINA	M30-39	17	00:12:32	00:24:41	00:39:18	00:52:50.23	+00:12:48 (24.2%)	4:59	12 (75.5%)
18	SZWAJA Maciej	250	PAULINA SZWAJA	M30-39	18	00:14:06	00:26:47	00:40:58	00:52:55.78	+00:12:53 (24.4%)	4:59	12 (75.5%)
19	KOPERSKI Grzegorz	194		M30-39	19	00:13:38	00:26:27	00:41:00	00:53:31.91	+00:13:29 (25.2%)	5:03	11.9 (74.8%)
20	SZYMAŃSKI Adam	252	KRÓLICZKI W PLECAKU	M30-39	20	00:14:23	00:27:04	00:41:20	00:53:39.16	+00:13:37 (25.4%)	5:03	11.9 (74.8%)
21	SIWCZYŃSKI Filip	238	KRÓLICZKI W PLECAKU	M30-39	21	00:14:23	00:27:04	00:41:22	00:53:42.35	+00:13:40 (25.5%)	5:03	11.8 (74.2%)
22	WOJTANOWSKI Michał	283		M30-39	22	00:15:25	00:28:11	00:41:47	00:53:43.19	+00:13:41 (25.5%)	5:04	11.8 (74.2%)
23	ZIMNICKI Tomasz	269		M30-39	23	00:14:14	00:27:24	00:42:28	00:55:18.31	+00:15:16 (27.6%)	5:13	11.5 (72.3%)
24	GRACZYKOWSKI Tomasz	274		M30-39	24	00:13:59	00:27:16	00:42:27	00:55:28.10	+00:15:25 (27.8%)	5:14	11.5 (72.3%)
25	BILL Łukasz	155		M30-39	25	00:13:50	00:26:59	00:42:15	00:56:02.02	+00:15:59 (28.6%)	5:17	11.4 (71.7%)
26	GOŁUCH Łukasz	172		M30-39	26	00:14:59	00:27:57	00:42:51	00:56:06.48	+00:16:04 (28.6%)	5:17	11.3 (71.1%)
27	KOZŁOWSKI Piotr	195	HUSARIA RACE TEAM	M30-39	27	00:14:13	00:28:02	00:43:55	00:57:51.15	+00:17:49 (30.8%)	5:27	11 (69.2%)

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						Czap_All 2.8km	Herk_All 5.3km	Czap_All 8.1km	Czas netto 10.6km	Różn	Tempo min/km	Tempo km/h
28	CHOMICZ Dawid	158		M30-39	28	00:14:48	00:29:00	00:44:37	00:59:08.47	+00:19:06 (32.3%)	5:34	10.8 (67.9%)
29	ŻYGOWSKI Marcin	270		M30-39	29	00:15:32	00:29:22	00:45:15	00:59:16.61	+00:19:14 (32.5%)	5:35	10.7 (67.3%)
30	WOJTANOWSKI Tomasz	266	KB. SPRINT ŚWIDWIN	M30-39	30	00:15:02	00:28:53	00:45:38	01:00:08.83	+00:20:06 (33.4%)	5:40	10.6 (66.7%)
31	GRZYSTEK Marcin	177		M30-39	31	00:17:24	00:33:20	00:51:55	01:09:00.62	+00:28:58 (42.0%)	6:30	9.2 (57.9%)

Znaleziono 31 wynik(ów)