



I BIEG RYBAKA - 5.3 KM

B4SPORT

Wydarzenie:
Organizator:

I BIEG RYBAKA W CZAPLINKU
Stowarzyszenie Sportowe Grupa Biegowa
Rundorfina; Gmina Czaplonek
2018-09-29
Czaplonek
5.3 km

Data:
Miejsce:
Dystans:



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czap_All 2.8km	Czas netto 5.3km	Różn	Tempo min/km	Tempo km/h
1	JAROCKI Bartosz	23		M-OPEN	1	00:09:55	00:19:15.82		3:37	16.5 (100%)
2	GĄSIOREK Mariusz	19	NOVARTIS POLSKA	M-OPEN	2	00:10:27	00:19:45.36	+00:00:29 (2.5%)	3:43	16.1 (97.6%)
3	MARET Robert	49	LOKATOR NIERUCHOMOŚCI PIŁA	M-OPEN	3	00:10:47	00:20:18.88	+00:01:03 (5.2%)	3:50	15.7 (95.2%)
4	KACZMAREK Maciej	111	BROS TEAM	M-OPEN	4	00:10:31	00:20:40.35	+00:01:24 (6.8%)	3:54	15.4 (93.3%)
5	PAWŁOWICZ Roland	60	HUSARIA RACE TEAM	M-OPEN	5	00:10:42	00:20:53.42	+00:01:37 (7.8%)	3:56	15.2 (92.1%)
6	ROMANOWICZ Piotr	72	RUNGRYF GRYFICE	M-OPEN	6	00:11:17	00:21:26.74	+00:02:10 (10.2%)	4:02	14.8 (89.7%)
7	BIAŁCZYK Mariusz	6	LOKATOR NIERUCHOMOŚCI PIŁA	M-OPEN	7	00:11:25	00:21:42.90	+00:02:27 (11.3%)	4:05	14.6 (88.5%)
8	ZIELIŃSKA Anna	108	TRUCHT ŁOBEZ	K-OPEN	1	00:11:22	00:21:45.08	+00:02:29 (11.4%)	4:06	14.6 (88.5%)
9	KACZOR Agnieszka	27		K-OPEN	2	00:11:03	00:21:48.18	+00:02:32 (11.6%)	4:06	14.6 (88.5%)
10	SZŁAPAK Krzysztof	86	ZDRUN EXTREME	M-OPEN	8	00:11:27	00:21:50.90	+00:02:35 (11.8%)	4:07	14.6 (88.5%)
11	KUBIŚ Paweł	39		M-OPEN	9	00:11:33	00:22:00.24	+00:02:44 (12.5%)	4:09	14.4 (87.3%)
12	SULIK Krzysztof	247		M-OPEN	10	00:11:23	00:22:09.30	+00:02:53 (13.1%)	4:10	14.4 (87.3%)
13	SKONIECZNY Michał	80	PRO BODY FITNESS & STOWARZYSZENIE AKTYWNEGO WAŁU POMORSKIEGO	M-OPEN	11	00:11:31	00:22:56.38	+00:03:40 (16.0%)	4:19	13.9 (84.2%)
14	KOZIARZ Mirosław	33	2 BRYGADA ZMECHANIZOWANA	M-OPEN	12	00:12:15	00:23:21.54	+00:04:05 (17.5%)	4:24	13.6 (82.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czap_All 2.8km	Czas netto 5.3km	Różn	Tempo min/km	Tempo km/h
15	PIETRZAK Michał	62		M-OPEN	13	00:12:06	00:23:22.44	+00:04:06 (17.6%)	4:24	13.6 (82.4%)
16	WIŚNIEWSKA Magdalena	103		K-OPEN	3	00:12:19	00:23:53.01	+00:04:37 (19.3%)	4:30	13.3 (80.6%)
17	ŚWIERCZ Dariusz	91		M-OPEN	14	00:12:37	00:24:33.78	+00:05:17 (21.6%)	4:37	13 (78.8%)
18	PASTUSZEK Rafał	57	PASTUSZEKTEAM	M-OPEN	15	00:12:36	00:24:38.47	+00:05:22 (21.8%)	4:38	12.9 (78.2%)
19	RAK Anna	228		K-OPEN	4	00:12:51	00:24:45.80	+00:05:29 (22.2%)	4:40	12.8 (77.6%)
20	KUZIO Justyna	43		K-OPEN	5	00:13:01	00:24:48.39	+00:05:32 (22.3%)	4:40	12.8 (77.6%)
21	NOSAL Mariusz	54		M-OPEN	16	00:12:36	00:25:00.90	+00:05:45 (23.0%)	4:43	12.7 (77.0%)
22	SZŁAPAK Beata	87	ZDRUN EXTREME	K-OPEN	6	00:13:02	00:25:14.88	+00:05:59 (23.7%)	4:45	12.6 (76.4%)
23	DMOCHOWSKI Radosław	119		M-OPEN	17	00:13:11	00:25:15.56	+00:05:59 (23.7%)	4:46	12.6 (76.4%)
24	SKIBICKA Marta	79		K-OPEN	7	00:13:05	00:25:17.21	+00:06:01 (23.8%)	4:46	12.6 (76.4%)
25	SEPIOTEK Kamil	76		M-OPEN	18	00:13:41	00:25:22.47	+00:06:06 (24.1%)	4:47	12.5 (75.8%)
26	JAROSZEWICZ Andrzej	25		M-OPEN	19	00:12:41	00:25:27.55	+00:06:11 (24.3%)	4:48	12.5 (75.8%)
27	DZIURDZ Joanna	17		K-OPEN	8	00:13:38	00:25:52.28	+00:06:36 (25.5%)	4:52	12.3 (74.5%)
28	GĘBALA Paweł	120		M-OPEN	20	00:13:55	00:25:58.42	+00:06:42 (25.8%)	4:53	12.2 (73.9%)
29	SKUZA Piotr	81		M-OPEN	21	00:13:34	00:26:02.70	+00:06:46 (26.0%)	4:54	12.2 (73.9%)
30	PODSTAWSKI Jakub	65		M-OPEN	22	00:14:06	00:26:21.94	+00:07:06 (26.9%)	4:58	12.1 (73.3%)
31	RYCERSKI Rafał	73		M-OPEN	23	00:13:47	00:26:28.16	+00:07:12 (27.2%)	4:59	12 (72.7%)
32	PIĘTOSA Daniel	64	1974	M-OPEN	24	00:13:53	00:26:37.69	+00:07:21 (27.7%)	5:01	11.9 (72.1%)
33	KURZAWIŃSKA-JABŁOŃSKA Kasia	41		K-OPEN	9	00:14:05	00:26:51.53	+00:07:35 (28.3%)	5:03	11.8 (71.5%)
34	BANY Mirela	4		K-OPEN	10	00:13:40	00:26:58.76	+00:07:42 (28.6%)	5:05	11.8 (71.5%)
35	BOŃKOWSKI Jakub	10		M-OPEN	25	00:14:07	00:27:06.30	+00:07:50 (28.9%)	5:06	11.7 (70.9%)
36	ROKITA Emilia	70		K-OPEN	11	00:14:05	00:27:10.52	+00:07:54 (29.1%)	5:07	11.7 (70.9%)
37	ROMAN KOPERSKA Agnieszka	71		K-OPEN	12	00:14:22	00:27:14.69	+00:07:58 (29.3%)	5:08	11.7 (70.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czap_All 2.8km	Czas		Różn	Tempo min/km	Tempo km/h
							5.3km				
38	WAŚNIEWSKI Arek	97	RUNDORFINA	M-OPEN	26	00:14:12	00:27:27.40	+00:08:11 (29.8%)	5:10	11.6 (70.3%)	
39	BOŃKOWSKI Cezar	9	RUNDORFINA	M-OPEN	27	00:14:41	00:27:47.61	+00:08:31 (30.7%)	5:14	11.4 (69.1%)	
40	SUCHOŃSKI Tomasz	83		M-OPEN	28	00:14:34	00:27:50.70	+00:08:34 (30.8%)	5:15	11.4 (69.1%)	
41	RYNKIEWICZ Aleksandra	75	TEAM BIEGOWY WALDEK	K-OPEN	13	00:14:35	00:28:13.70	+00:08:57 (31.8%)	5:19	11.3 (68.5%)	
42	LUTYŃSKA Ewa	46		K-OPEN	14	00:14:32	00:28:20.09	+00:09:04 (32.0%)	5:20	11.2 (67.9%)	
43	JUSZCZAK Karolina	26	RUNDORFINA	K-OPEN	15	00:14:51	00:28:26.53	+00:09:10 (32.3%)	5:22	11.2 (67.9%)	
44	ŻBIKOWSKI Paweł	109		M-OPEN	29	00:14:50	00:28:30.05	+00:09:14 (32.4%)	5:22	11.2 (67.9%)	
45	GZUBICKI Piotr	21		M-OPEN	30	00:15:19	00:28:34.11	+00:09:18 (32.6%)	5:23	11.1 (67.3%)	
46	BARTOSIAK Tomasz	5	RUNNERS OF WAŁCZ	M-OPEN	31	00:15:04	00:28:44.11	+00:09:28 (33.0%)	5:25	11.1 (67.3%)	
47	OGONOWSKI Jacek	77	OGON'S TEAM	M-OPEN	32	00:14:47	00:28:45.69	+00:09:29 (33.0%)	5:25	11.1 (67.3%)	
48	WISNIEWSKA Marta	102	WIECZORNE BIEGANIE W SZCZECINIE	K-OPEN	16	00:14:54	00:28:52.24	+00:09:36 (33.3%)	5:26	11 (66.7%)	
49	CHODAK Monika	12		K-OPEN	17	00:15:07	00:29:14.06	+00:09:58 (34.1%)	5:30	10.9 (66.1%)	
50	DRZAZGA Zbigniew	15	SZCZECINEK	M-OPEN	33	00:14:36	00:29:19.57	+00:10:03 (34.3%)	5:31	10.8 (65.5%)	
51	BANACH Andrzej	3	RUNGRYF GRYFICE	M-OPEN	34	00:15:27	00:29:19.69	+00:10:03 (34.3%)	5:32	10.8 (65.5%)	
52	KUCHTA Emilia	40	RUNGRYF GRYFICE	K-OPEN	18	00:15:27	00:29:20.39	+00:10:04 (34.3%)	5:32	10.8 (65.5%)	
53	DZIEWIETKOWSKI Tomek	16	RUNDORFINA	M-OPEN	35	00:14:52	00:29:23.56	+00:10:07 (34.5%)	5:32	10.8 (65.5%)	
54	RYNKIEWICZ Piotr	74	TEAM BIEGOWY WALDEK	M-OPEN	36	00:15:18	00:29:33.17	+00:10:17 (34.8%)	5:34	10.8 (65.5%)	
55	BOŁDYSZ Iwona	8		K-OPEN	19	00:14:57	00:29:38.53	+00:10:22 (35.0%)	5:35	10.7 (64.8%)	
56	MARET Wacław	50	LOKATOR NIERUCHOMOŚCI PIŁA	M-OPEN	37	00:15:31	00:29:41.55	+00:10:25 (35.1%)	5:36	10.7 (64.8%)	
57	BURBULIS Agnieszka	11	LOKATOR NIERUCHOMOŚCI PIŁA	K-OPEN	20	00:15:32	00:29:42.16	+00:10:26 (35.1%)	5:36	10.7 (64.8%)	
58	GABRYŚ Ewelina	113		K-OPEN	21	00:15:21	00:29:50.12	+00:10:34 (35.4%)	5:37	10.7 (64.8%)	
59	JAROSZEWICZ Joanna	24		K-OPEN	22	00:15:22	00:29:54.98	+00:10:39 (35.6%)	5:38	10.6 (64.2%)	
60	WOJTECZKO Magdalena	105		K-OPEN	23	00:15:25	00:29:58.11	+00:10:42 (35.7%)	5:39	10.6 (64.2%)	

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							5.3km				
61	WILK Klaudia	100	RUNDORFINA	K-OPEN	24	00:15:31	00:30:34.06	+00:11:18 (37.0%)	5:46	10.4 (63.0%)	
62	FIRLEJ Agnieszka	18	STOWARZYSZENIE SPORTOWE GRUPA BIEGOWA RUNDORFINA	K-OPEN	25	00:15:54	00:30:39.70	+00:11:23 (37.2%)	5:47	10.4 (63.0%)	
63	SYDOR Kasia	84	RUNDORFINA	K-OPEN	26	00:15:54	00:30:54.29	+00:11:38 (37.7%)	5:49	10.3 (62.4%)	
64	KOZŁOWSKA Karolina	35	ZABIEGANI NOCA	K-OPEN	27	00:16:38	00:30:57.52	+00:11:41 (37.8%)	5:50	10.3 (62.4%)	
65	NOSAL Anna	53		K-OPEN	28	00:16:08	00:31:02.43	+00:11:46 (37.9%)	5:51	10.2 (61.8%)	
66	PAWLIK Wojciech	59		M-OPEN	38	00:16:24	00:31:08.09	+00:11:52 (38.1%)	5:52	10.2 (61.8%)	
67	DMOCHOWSKA Monika	14		K-OPEN	29	00:16:20	00:31:10.61	+00:11:54 (38.2%)	5:53	10.2 (61.8%)	
68	WILK Adam	101		M-OPEN	39	00:15:59	00:31:12.62	+00:11:56 (38.3%)	5:53	10.2 (61.8%)	
69	KOCIELSKA Agata	30	BORNE BIEGA	K-OPEN	30	00:16:00	00:31:12.91	+00:11:57 (38.3%)	5:53	10.2 (61.8%)	
70	CZERNIA Sylwia	117		K-OPEN	31	00:16:22	00:31:19.38	+00:12:03 (38.5%)	5:54	10.1 (61.2%)	
71	GRACZYKOWSKA Kamila	118		K-OPEN	32	00:16:22	00:31:23.70	+00:12:07 (38.6%)	5:55	10.1 (61.2%)	
72	SZMID Katarzyna	88		K-OPEN	33	00:16:20	00:31:29.45	+00:12:13 (38.8%)	5:56	10.1 (61.2%)	
73	WOŹNIAK Iwona	106	RUNGRYF GRYFICE	K-OPEN	34	00:15:56	00:31:29.95	+00:12:14 (38.8%)	5:56	10.1 (61.2%)	
74	KOZŁOWSKA Paulina	36	ZA-BIEGANE BABECZKI NOWOGARD	K-OPEN	35	00:16:31	00:31:31.76	+00:12:15 (38.9%)	5:56	10.1 (61.2%)	
75	ŻUBRECKA Sylwia	110	WAŁECKIE BULDOŻERY	K-OPEN	36	00:16:31	00:31:53.73	+00:12:37 (39.6%)	6:01	10 (60.6%)	
76	GRUBIZNA Marta	20	RUNDORFINA	K-OPEN	37	00:16:29	00:31:53.87	+00:12:38 (39.6%)	6:01	10 (60.6%)	
77	JANAS-HANZEL Milena	22	WAŁECKIE BULDOŻERY	K-OPEN	38	00:16:31	00:31:53.88	+00:12:38 (39.6%)	6:01	10 (60.6%)	
78	WICHER Alicja	98	WAŁECKIE BULDOŻERY	K-OPEN	39	00:16:31	00:31:54.32	+00:12:38 (39.6%)	6:01	10 (60.6%)	
79	DĄBROWSKA Katarzyna	13	RUNDORFINA	K-OPEN	40	00:16:29	00:32:06.79	+00:12:50 (40.0%)	6:03	9.9 (60.0%)	
80	MOWCZAN Regina	52		K-OPEN	41	00:16:52	00:32:10.17	+00:12:54 (40.1%)	6:04	9.9 (60.0%)	
81	BIERNAT Tomek	7		M-OPEN	40	00:16:20	00:32:11.73	+00:12:55 (40.2%)	6:04	9.9 (60.0%)	
82	APANEL Iwona	2		K-OPEN	42	00:16:27	00:32:14.22	+00:12:58 (40.2%)	6:05	9.9 (60.0%)	
83	SZCZECHOWSKI Adrian	85	STOWARZYSZENIE AKTYWNEGO WAŁU POMORSKIEGO & PROBODYFITNESS	M-OPEN	41	00:16:00	00:32:20.09	+00:13:04 (40.4%)	6:06	9.8 (59.4%)	

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							5.3km				
84	OGONOWSKA Anna	51	OGONS TEAM	K-OPEN	43	00:17:28	00:32:23.53	+00:13:07 (40.5%)	6:06	9.8 (59.4%)	
85	SIKORA Monika	78		K-OPEN	44	00:16:52	00:32:24.99	+00:13:09 (40.6%)	6:06	9.8 (59.4%)	
86	KOŚMIDER Adam	116	BURMISTRZ	M-OPEN	42	00:15:52	00:32:37.44	+00:13:21 (41.0%)	6:09	9.7 (58.8%)	
87	JURCZYSZYN Zyta	184	CZAPLINEK BIEGA	K-OPEN	45	00:16:33	00:32:56.31	+00:13:40 (41.5%)	6:13	9.7 (58.8%)	
88	OGONOWSKI Marek	55	OGON'S TEAM	M-OPEN	43	00:17:14	00:33:02.31	+00:13:46 (41.7%)	6:13	9.6 (58.2%)	
89	ZADROŻNA Magdalena	107		K-OPEN	46	00:17:11	00:33:05.47	+00:13:49 (41.8%)	6:14	9.6 (58.2%)	
90	RUCKA Ewelina	115	KWW MACIEJ NOWICKI CZAPLINEK Z PRZYSZŁOŚCIĄ	K-OPEN	47	00:17:18	00:33:08.76	+00:13:52 (41.9%)	6:15	9.6 (58.2%)	
91	NOWICKI Maciej	114	KWW MACIEJ NOWICKI CZAPLINEK Z PRZYSZŁOŚCIĄ	M-OPEN	44	00:17:10	00:33:08.76	+00:13:52 (41.9%)	6:15	9.6 (58.2%)	
92	OGONOWSKA Renata	123	OGON'S TEAM	K-OPEN	48	00:17:29	00:33:16.44	+00:14:00 (42.1%)	6:16	9.6 (58.2%)	
93	TOKARZ Emilia	94		K-OPEN	49	00:16:54	00:33:37.57	+00:14:21 (42.7%)	6:20	9.5 (57.6%)	
94	SUCHOŃSKA Joanna	82		K-OPEN	50	00:17:39	00:33:41.16	+00:14:25 (42.8%)	6:21	9.4 (57.0%)	
95	GRABKA Zuzanna	122		K-OPEN	51	00:17:37	00:33:45.07	+00:14:29 (42.9%)	6:22	9.4 (57.0%)	
96	KOZIARZ Joanna	34		K-OPEN	52	00:17:45	00:33:48.93	+00:14:33 (43.0%)	6:22	9.4 (57.0%)	
97	PAWŁOWICZ Ewelina	61	STARGARD. JA SIĘ NIE ŚCIGAM	K-OPEN	53	00:17:12	00:33:54.80	+00:14:38 (43.2%)	6:23	9.4 (57.0%)	
98	PASZKIEWICZ Aleksandra	58	RUNDORFUNA	K-OPEN	54	00:17:42	00:34:31.82	+00:15:16 (44.2%)	6:30	9.2 (55.8%)	
99	TRĘBSKA Marta	95	#ZABIEGANINOĄ	K-OPEN	55	00:17:58	00:34:48.35	+00:15:32 (44.7%)	6:33	9.1 (55.2%)	
100	WODZYŃSKA Katarzyna	104	ZABIEGANI NOCĄ OKONEK	K-OPEN	56	00:17:58	00:34:48.39	+00:15:32 (44.7%)	6:33	9.1 (55.2%)	
101	RACHUTA Marcin	67		M-OPEN	45	00:17:46	00:34:49.01	+00:15:33 (44.7%)	6:34	9.1 (55.2%)	
102	PIĘTKA Agnieszka	63		K-OPEN	57	00:16:51	00:34:52.97	+00:15:37 (44.8%)	6:34	9.1 (55.2%)	
103	ŚWITAJ Katarzyna	93	BRAVELESS_RUN	K-OPEN	58	00:18:10	00:36:02.52	+00:16:46 (46.6%)	6:48	8.8 (53.3%)	
104	PAJĄK Patrycja	56		K-OPEN	59	00:19:54	00:37:41.87	+00:18:26 (48.9%)	7:06	8.4 (50.9%)	
105	ŚWIERCZ Beata	92		K-OPEN	60	00:20:03	00:39:16.23	+00:20:00 (50.9%)	7:24	8.1 (49.1%)	
106	WILCZYŃSKA Agata	99		K-OPEN	61	00:20:04	00:39:16.41	+00:20:00 (51.0%)	7:24	8.1 (49.1%)	

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						Czap_All 2.8km	netto 5.3km			
107	DZIUBCZYŃSKA Ewa	121		K-OPEN	62	00:20:04	00:39:16.77	+00:20:00 (51.0%)	7:24	8.1 (49.1%)
108	UDYCZ Katarzyna	96		K-OPEN	63	00:21:17	00:40:55.78	+00:21:39 (52.9%)	7:43	7.8 (47.3%)
109	SZUĆKO Ilona	89		K-OPEN	64	00:21:39	00:42:23.78	+00:23:07 (54.6%)	8:00	7.5 (45.5%)
110	KRUKOWSKA Anna	38	DRZONOWO	K-OPEN	65	00:23:59	00:46:54.76	+00:27:38 (58.9%)	8:50	6.8 (41.2%)

Znaleziono 110 wynik(ów)