



I CROSS JASTROWSKI - 10.72KM

B4SPORT

Organizator: Urząd Gminy i Miasta w Jastrowiu
Data: 2016-04-16
Miejsce: Jastrowie
Dystans: 10.72 km



Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	5.36km	10.36km	Czas netto 10.72km	Czas brutto 10.72km	Różn	Tempo min/km	Tempo km/h
1	GAŃSKA Magdalena	421	MKS FIGHTER	K-40	1	00:00:16	00:21:18	00:23:03	00:45:25	00:47:07.85	00:47:24.30		4:23	13.6 (100%)
2	KSZAK-KRZYŻANOWSKA Anna	442	SYSTEM 11 WAŁCZ	K-40	2	00:00:17	00:23:14	00:25:08	00:49:30	00:51:27.20	00:51:44.80	+00:04:19 (8.4%)	4:47	12.5 (91.9%)
3	ZIOMEK Joanna	516	TKKF KOSZALIN	K-40	3	00:00:19	00:24:08	00:26:06	00:51:34	00:53:32.20	00:53:51.30	+00:06:24 (12.0%)	4:59	12 (88.2%)
4	FRANASZEK Ewa	418	SYSTEM 11 WAŁCZ	K-40	4	00:00:25	00:27:25	00:29:33	00:56:56	00:59:07.25	00:59:33.10	+00:11:59 (20.3%)	5:30	10.9 (80.1%)
5	KLUPŚ Monika	437		K-40	5	00:00:24	00:27:11	00:29:23	00:57:15	00:59:15.15	00:59:39.90	+00:12:07 (20.5%)	5:31	10.9 (80.1%)
6	GRZEBYTA Zdzisława	426	KPP PIŁA	K-40	6	00:00:20	00:27:36	00:29:50	00:58:54	01:01:05.90	01:01:26.45	+00:13:58 (22.9%)	5:41	10.5 (77.2%)
7	DZIEWIATOWSKA Agnieszka	416		K-40	7	00:00:18	00:26:54	00:29:18	00:59:10	01:01:30.55	01:01:49.35	+00:14:22 (23.4%)	5:44	10.5 (77.2%)
8	MYCZEK Ewa	456	SYSTEM 11 WAŁCZ	K-40	8	00:00:25	00:29:50	00:32:11	01:02:23	01:04:36.80	01:05:02.35	+00:17:28 (27.1%)	6:01	10 (73.5%)
9	BRĄCZYK Ewa	405	TKKF WODNIK WIĘCBORK	K-40	9	00:00:25	00:31:21	00:33:50	01:05:08	01:07:10.95	01:07:36.25	+00:20:03 (29.8%)	6:16	9.6 (70.6%)
10	PAWŁOWSKA Anna	463		K-40	10	00:00:24	00:30:05	00:32:36	01:04:59	01:07:21.35	01:07:45.85	+00:20:13 (30.0%)	6:16	9.6 (70.6%)
11	SZYMCZAK Anna	489	SYSTEM 11 WAŁCZ	K-40	11	00:00:26	00:30:48	00:33:22	01:06:22	01:08:44.40	01:09:10.40	+00:21:36 (31.4%)	6:24	9.4 (69.1%)

Znaleziono 11 wynik(ów)