



Organizator:

Data:

Miejsce:

Dystans:

Urząd Gminy i Miasta w Jastrowiu

2016-04-16

Jastrowie

10.72 km

I CROSS JASTROWSKI - 10.72KM

B4SPORT
INTELEKTUALNE SĄDOWE SPORTOWE



Klasyfikacja: M-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	5.36km	10.36km	Czas netto 10.72km	Czas brutto 10.72km	Różn	Tempo min/km	Tempo km/h
1	DZIUBA Piotr	417	MARATOŃCZYK OKONEK	M-30	1	00:00:15	00:17:27	00:18:55	00:37:45	00:39:15.65	00:39:31.30		3:39	16.4 (100%)
2	ŁAWECKI Darek	448	WWW.LAWECCY.PL	M-30	2	00:00:16	00:19:15	00:20:46	00:40:20	00:41:47.30	00:42:03.35	+00:02:31 (6.0%)	3:53	15.4 (93.9%)
3	DORUSZYŃSKI Grzegorz	459		M-30	3	00:00:15	00:19:16	00:20:50	00:41:08	00:42:47.25	00:43:02.70	+00:03:31 (8.2%)	3:59	15 (91.5%)
4	KUŁAKOWSKI Artur	444	FLORIAN	M-30	4	00:00:20	00:20:07	00:21:43	00:41:52	00:43:22.05	00:43:42.70	+00:04:06 (9.5%)	4:02	14.8 (90.2%)
5	MAJEWSKI Artur	451	RUNMORS KALISZ POMORSKI/NADLEŚNICTWO MIROSŁAWIEC	M-30	5	00:00:16	00:20:21	00:21:58	00:42:34	00:44:06.20	00:44:22.30	+00:04:50 (11.0%)	4:06	14.6 (89.0%)
6	KUBIAK Piotr	443	PRECON POLSKA-JASTROWIE	M-30	6	00:00:17	00:20:41	00:22:18	00:43:53	00:45:28.10	00:45:45.45	+00:06:12 (13.7%)	4:14	14.1 (86.0%)
7	FRĄCZYK Bogdan	507		M-30	7	00:00:21	00:21:33	00:23:13	00:44:57	00:46:28.95	00:46:50.40	+00:07:13 (15.5%)	4:20	13.8 (84.1%)
8	KOPER Adam	505		M-30	8	00:00:17	00:21:51	00:23:39	00:46:06	00:47:52.45	00:48:09.85	+00:08:36 (18.0%)	4:27	13.4 (81.7%)
9	SULIK Krzysztof	399		M-30	9	00:00:16	00:21:43	00:23:29	00:46:54	00:48:36.15	00:48:52.50	+00:09:20 (19.2%)	4:32	13.2 (80.5%)
10	ROGAŁSKI Roberto	477	TKKF KOSZALIN	M-30	10	00:00:19	00:22:32	00:24:27	00:48:23	00:50:11.55	00:50:31.45	+00:10:55 (21.8%)	4:40	12.8 (78.0%)
11	ZIELIŃSKI Adam	501		M-30	11	00:00:18	00:23:43	00:25:44	00:49:20	00:51:09.40	00:51:27.60	+00:11:53 (23.3%)	4:46	12.6 (76.8%)
12	NOWAK Piotr	458	CZARNE BIEGA	M-30	12	00:00:26	00:23:06	00:25:01	00:50:42	00:52:42.05	00:53:08.70	+00:13:26 (25.5%)	4:54	12.2 (74.4%)
13	WIELGUS Paweł	498	OKONEK	M-30	13	00:00:18	00:23:59	00:25:54	00:51:07	00:53:01.75	00:53:20.55	+00:13:46 (26.0%)	4:56	12.1 (73.8%)
14	WICHA Rafał	497	PRECON POLSKA-JASTROWIE	M-30	14	00:00:21	00:24:13	00:26:15	00:52:47	00:54:49.10	00:55:10.35	+00:15:33 (28.4%)	5:06	11.7 (71.3%)
15	GWIZDAŁA Mariusz	397		M-30	15	00:00:28	00:24:49	00:26:52	00:53:00	00:54:49.80	00:55:18.40	+00:15:34 (28.4%)	5:06	11.7 (71.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas				Czas netto 10.72km	Czas brutto 10.72km	Różn	Tempo min/km	Tempo km/h
						startu	5km	5.36km	10.36km					
16	POŁUJAŃSKI Sebastian	470	OD AMATORA DO HARDCORA	M-30	16	00:00:16	00:25:15	00:27:12	00:53:07	00:54:52.05	00:55:08.50	+00:15:36 (28.4%)	5:07	11.7 (71.3%)
17	GUGAŁKA Jacek	512		M-30	17	00:00:27	00:25:08	00:27:09	00:52:58	00:54:52.90	00:55:20.70	+00:15:37 (28.5%)	5:07	11.7 (71.3%)
18	GRZEBYTA Adam	425	KPP PIŁA	M-30	18	00:00:17	00:24:55	00:26:54	00:53:29	00:55:21.90	00:55:38.90	+00:16:06 (29.1%)	5:09	11.6 (70.7%)
19	PYREK Krzysztof	472	2 BZ	M-30	19	00:00:21	00:25:15	00:27:17	00:53:39	00:55:44.25	00:56:05.35	+00:16:28 (29.6%)	5:11	11.5 (70.1%)
20	KUPREWICZ Grzegorz	445	ROZBIEGANY KOSZALIN	M-30	20	00:00:30	00:25:43	00:27:51	00:54:43	00:56:37.10	00:57:08.00	+00:17:21 (30.7%)	5:16	11.4 (69.5%)
21	CZECHOWSKI Grzegorz	412	JAHSTROWIE TEAM :)	M-30	21	00:00:18	00:26:01	00:28:04	00:56:33	00:58:39.55	00:58:58.05	+00:19:23 (33.1%)	5:28	11 (67.1%)
22	ANDRUSZKIEWICZ Grzegorz	402	PARKRUN SZCZECINEK	M-30	22	00:00:27	00:27:29	00:29:44	00:57:29	00:59:22.50	00:59:49.75	+00:20:06 (33.9%)	5:32	10.8 (65.9%)
23	MAŁASZKO Michał	452		M-30	23	00:00:28	00:27:03	00:29:20	00:57:30	00:59:39.35	01:00:07.40	+00:20:23 (34.2%)	5:33	10.8 (65.9%)
24	GAWLIK Artur	423	BIEGNIJMY.PL	M-30	24	00:00:32	00:27:51	00:30:06	00:59:31	01:01:32.00	01:02:04.65	+00:22:16 (36.2%)	5:44	10.5 (64.0%)
25	HRYCIÓW Paweł	429	JW 1223	M-30	25	00:00:29	00:26:55	00:29:19	00:59:36	01:01:54.70	01:02:24.00	+00:22:39 (36.6%)	5:46	10.4 (63.4%)
26	GORGOL Piotr	424	JW 1223	M-30	26	00:00:21	00:28:21	00:30:37	01:00:31	01:02:32.65	01:02:54.50	+00:23:17 (37.2%)	5:50	10.3 (62.8%)
27	HAMERSKI Mateusz	508		M-30	27	00:00:22	00:27:24	00:29:41	01:00:47	01:02:55.60	01:03:18.20	+00:23:39 (37.6%)	5:52	10.2 (62.2%)
28	SZULTKA Szymon	506	POLONIA JASTROWIE PRECON POLSKA JASTROWIE	M-30	28	00:00:22	00:31:45	00:34:01	01:02:50	01:04:40.15	01:05:02.35	+00:25:24 (39.3%)	6:01	9.9 (60.4%)
29	IWAŃSKI Piotr	509		M-30	29	00:00:22	00:33:35	00:36:05				+00:17:09	6:43	8.9 (54.3%)

Znaleziono 29 wynik(ów)