



# I CROSS JASTROWSKI - 10.72KM

B4SPORT

**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Urząd Gminy i Miasta w Jastrowiu  
2016-04-16  
Jastrowie  
10.72 km



Klasyfikacja: M-50

| Msc | Zawodnik                   | Numer      | Klub                                   | Kategoria | Mkat | Czas startu | 5km      | 5.36km   | 10.36km  | Czas netto 10.72km | Czas brutto 10.72km | Różn              | Tempo min/km | Tempo km/h   |
|-----|----------------------------|------------|--|-----------|------|-------------|----------|----------|----------|--------------------|---------------------|-------------------|--------------|--------------|
| 1   | <b>GAŁAN Leszek</b>        | <b>420</b> |  | M-50      | 1    | 00:00:17    | 00:20:28 | 00:22:09 | 00:43:16 | <b>00:44:55.50</b> | <b>00:45:12.90</b>  |                   | 4:11         | 14.3 (100%)  |
| 2   | <b>DZIADCZYK Krzysztof</b> | <b>414</b> | FLORIAN CHOJNICE                       | M-50      | 2    | 00:00:18    | 00:21:05 | 00:22:48 | 00:44:43 | <b>00:46:25.45</b> | <b>00:46:44.25</b>  | +00:01:29 (3.2%)  | 4:19         | 13.9 (97.2%) |
| 3   | <b>SZYMCZAK Krzysztof</b>  | <b>488</b> | SYSTEM 11 WAŁCZ                        | M-50      | 3    | 00:00:16    | 00:22:30 | 00:24:22 | 00:48:15 | <b>00:49:59.30</b> | <b>00:50:16.05</b>  | +00:05:03 (10.1%) | 4:39         | 12.9 (90.2%) |
| 4   | <b>MAŃKOWSKI Dariusz</b>   | <b>486</b> |  | M-50      | 4    | 00:00:16    | 00:23:10 | 00:25:01 | 00:48:48 | <b>00:50:30.65</b> | <b>00:50:46.65</b>  | +00:05:35 (11.1%) | 4:42         | 12.7 (88.8%) |
| 5   | <b>SKOWYRSKI Janusz</b>    | <b>481</b> | TKKF KOSZALIN/ ROWERIA KOSZALIN        | M-50      | 5    | 00:00:21    | 00:23:25 | 00:25:20 | 00:49:55 | <b>00:51:45.35</b> | <b>00:52:06.90</b>  | +00:06:49 (13.2%) | 4:49         | 12.4 (86.7%) |
| 6   | <b>KOWALSKI Zbigniew</b>   | <b>517</b> | STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO | M-50      | 6    | 00:00:19    | 00:24:03 | 00:26:01 | 00:51:56 | <b>00:53:50.15</b> | <b>00:54:09.95</b>  | +00:08:54 (16.6%) | 5:01         | 11.9 (83.2%) |
| 7   | <b>PAECH Ziemowit</b>      | <b>462</b> | TRI4FUN ZŁOTÓW                         | M-50      | 7    | 00:00:23    | 00:25:10 | 00:27:09 | 00:53:30 | <b>00:55:34.95</b> | <b>00:55:58.15</b>  | +00:10:39 (19.2%) | 5:11         | 11.6 (81.1%) |
| 8   | <b>JANUSZEWSKI Jacek</b>   | <b>518</b> | 17WOG KOSZALIN                         | M-50      | 8    | 00:00:22    | 00:24:49 | 00:26:56 | 00:54:15 | <b>00:56:18.20</b> | <b>00:56:40.80</b>  | +00:11:22 (20.2%) | 5:15         | 11.4 (79.7%) |
| 9   | <b>LATOS Piotr</b>         | <b>446</b> | PRECON POLSKA-JASTROWIE                | M-50      | 9    | 00:00:27    | 00:27:03 | 00:29:14 | 00:56:09 | <b>00:57:54.80</b> | <b>00:58:22.40</b>  | +00:12:59 (22.4%) | 5:24         | 11.1 (77.6%) |
| 10  | <b>KRÓLIKOWSKI Andrzej</b> | <b>441</b> |  | M-50      | 10   | 00:00:23    | 00:26:33 | 00:28:50 | 00:57:42 | <b>00:59:50.80</b> | <b>01:00:14.60</b>  | +00:14:55 (24.9%) | 5:34         | 10.7 (74.8%) |
| 11  | <b>PLECETY Andrzej</b>     | <b>469</b> | PRECON POLSKA-JASTROWIE                | M-50      | 11   | 00:00:27    | 00:27:21 | 00:29:34 | 00:59:14 | <b>01:01:28.40</b> | <b>01:01:56.20</b>  | +00:16:32 (26.9%) | 5:44         | 10.5 (73.4%) |

Znaleziono 11 wynik(ów)