



# I CROSS JASTROWSKI - 5.36KM

B4SPORT

**Organizator:** Urząd Gminy i Miasta w Jastrowiu  
**Data:** 2016-04-16  
**Miejsce:** Jastrowie  
**Dystans:** 5.36 km



Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 5.36km	Czas brutto 5.36km	Różn	Tempo min/km	Tempo km/h
1	<b>RYCHTER Antonina</b>	<b>392</b>	MKL SZCZECINEK	K-30	1	00:00:15	00:20:33	<b>00:22:08.20</b>	<b>00:22:24.00</b>		4:07	14.5 (100%)
2	<b>SZMAGLIŃSKA Karolina</b>	<b>385</b>	FLORIAN CHONICE	K-30	2	00:00:16	00:23:24	<b>00:25:18.00</b>	<b>00:25:34.75</b>	+00:03:09 (12.5%)	4:43	12.7 (87.6%)
3	<b>GÓRA Agnieszka</b>	<b>319</b>		K-30	3	00:00:19	00:24:04	<b>00:25:54.35</b>	<b>00:26:14.15</b>	+00:03:46 (14.5%)	4:50	12.4 (85.5%)
4	<b>FABIŚ Izabela</b>	<b>372</b>	3:33 TEAM JASTROWIE	K-30	4	00:00:20	00:24:47	<b>00:26:40.60</b>	<b>00:27:01.55</b>	+00:04:32 (17.0%)	4:58	12.1 (83.4%)
5	<b>CHODOR Izabela</b>	<b>377</b>		K-30	5	00:00:25	00:26:43	<b>00:28:38.40</b>	<b>00:29:04.30</b>	+00:06:30 (22.7%)	5:20	11.2 (77.2%)
6	<b>WNUK Żanetta</b>	<b>395</b>		K-30	6	00:00:19	00:28:23	<b>00:30:38.60</b>	<b>00:30:57.60</b>	+00:08:30 (27.8%)	5:42	10.5 (72.4%)
7	<b>CIEŚLIK Aneta</b>	<b>305</b>		K-30	7	00:00:19	00:29:10	<b>00:31:31.10</b>	<b>00:31:50.55</b>	+00:09:22 (29.8%)	5:52	10.2 (70.3%)
8	<b>POLACZEK Jolanta</b>	<b>376</b>		K-30	8	00:00:24	00:29:29	<b>00:31:46.30</b>	<b>00:32:10.75</b>	+00:09:38 (30.3%)	5:55	10.1 (69.7%)
9	<b>BIRECKA Beata</b>	<b>302</b>		K-30	9	00:00:19	00:31:33	<b>00:33:58.75</b>	<b>00:34:17.85</b>	+00:11:50 (34.9%)	6:20	9.5 (65.5%)
10	<b>WACHOWIEC Katarzyna</b>	<b>360</b>		K-30	10	00:00:28	00:35:00	<b>00:37:35.40</b>	<b>00:38:04.30</b>	+00:15:27 (41.1%)	7:00	8.6 (59.3%)
11	<b>SETLAK Agnieszka</b>	<b>354</b>		K-30	11	00:00:19	00:34:57	<b>00:37:38.65</b>	<b>00:37:58.20</b>	+00:15:30 (41.2%)	7:01	8.5 (58.6%)
12	<b>WILKOWSKA Małgorzata</b>	<b>362</b>	ROZBIEGANY KOSZALIN	K-30	12	00:00:30	00:35:42	<b>00:38:20.60</b>	<b>00:38:51.25</b>	+00:16:12 (42.3%)	7:09	8.4 (57.9%)
13	<b>PINKOWSKA Katarzyna</b>	<b>342</b>		K-30	13	00:00:28	00:36:27	<b>00:39:13.40</b>	<b>00:39:42.00</b>	+00:17:05 (43.6%)	7:19	8.2 (56.6%)

Znaleziono 13 wynik(ów)