



I CROSS JASTROWSKI - 5.36KM

B4SPORT

Organizator:
Data:
Miejsce:
Dystans:

Urząd Gminy i Miasta w Jastrowiu
2016-04-16
Jastrowie
5.36 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 5.36km	Czas brutto 5.36km	Różn	Tempo min/km	Tempo km/h
1	RYCHTER Antonina	392	MKL SZCZECINEK	K-30	1	00:00:15	00:20:33	00:22:08.20	00:22:24.00		4:07	14.5 (100%)
2	SZMAGLIŃSKA Karolina	385	FLORIAN CHONICE	K-30	2	00:00:16	00:23:24	00:25:18.00	00:25:34.75	+00:03:09 (12.5%)	4:43	12.7 (87.6%)
3	FRONTCZAK Izabela	312	TKKF KOSZALIN	K-18	1	00:00:19	00:23:58	00:25:47.50	00:26:07.05	+00:03:39 (14.2%)	4:48	12.5 (86.2%)
4	GÓRA Agnieszka	319		K-30	3	00:00:19	00:24:04	00:25:54.35	00:26:14.15	+00:03:46 (14.5%)	4:50	12.4 (85.5%)
5	FABIŚ Izabela	372	3:33 TEAM JASTROWIE	K-30	4	00:00:20	00:24:47	00:26:40.60	00:27:01.55	+00:04:32 (17.0%)	4:58	12.1 (83.4%)
6	ROZMUS Malwina	352		K-18	2	00:00:19	00:24:54	00:26:46.70	00:27:06.45	+00:04:38 (17.3%)	4:59	12 (82.8%)
7	OSIÓW Aleksandra	388		K-18	3	00:00:21	00:25:11	00:27:00.55	00:27:22.15	+00:04:52 (18.0%)	5:02	11.9 (82.1%)
8	CHODOR Izabela	377		K-30	5	00:00:25	00:26:43	00:28:38.40	00:29:04.30	+00:06:30 (22.7%)	5:20	11.2 (77.2%)
9	WALCZAK Agnieszka	391	TKKF KOSZALIN	K-40	1	00:00:27	00:26:40	00:28:41.05	00:29:08.10	+00:06:32 (22.8%)	5:21	11.2 (77.2%)
10	NITA Kasia	336	VILLAGE PUNK RUN	K-40	2	00:00:25	00:27:07	00:29:14.50	00:29:39.60	+00:07:06 (24.3%)	5:27	11 (75.9%)
11	WNUK Żanetta	395		K-30	6	00:00:19	00:28:23	00:30:38.60	00:30:57.60	+00:08:30 (27.8%)	5:42	10.5 (72.4%)
12	PONICKA Izabela	345		K-40	3	00:00:29	00:28:46	00:31:07.30	00:31:37.00	+00:08:59 (28.9%)	5:48	10.3 (71.0%)
13	STASZEWSKA Aneta	390		K-40	4	00:00:27	00:28:55	00:31:10.45	00:31:38.20	+00:09:02 (29.0%)	5:49	10.3 (71.0%)
14	BLICHARZ-GŁOWACKA Małgorzata	303		K-40	5	00:00:18	00:29:12	00:31:29.65	00:31:48.30	+00:09:21 (29.7%)	5:52	10.2 (70.3%)
15	CIEŚLIK Aneta	305		K-30	7	00:00:19	00:29:10	00:31:31.10	00:31:50.55	+00:09:22 (29.8%)	5:52	10.2 (70.3%)
16	PAWŁOWSKA Beata	339	DREAM TEAM	K-40	6	00:00:24	00:29:12	00:31:33.00	00:31:57.15	+00:09:24 (29.8%)	5:53	10.2 (70.3%)
17	POLACZEK Jolanta	376		K-30	8	00:00:24	00:29:29	00:31:46.30	00:32:10.75	+00:09:38 (30.3%)	5:55	10.1 (69.7%)
18	RZEMYKOWSKA Katarzyna	353	DREAM TEAM	K-40	7	00:00:24	00:30:25	00:32:47.15	00:33:11.15	+00:10:38 (32.5%)	6:06	9.8 (67.6%)
19	BIRECKA Beata	302		K-30	9	00:00:19	00:31:33	00:33:58.75	00:34:17.85	+00:11:50 (34.9%)	6:20	9.5 (65.5%)
20	BUZAŁA Jowita	387		K-18	4	00:00:19	00:31:37	00:34:00.85	00:34:20.60	+00:11:52 (34.9%)	6:20	9.5 (65.5%)
21	DWORANOWSKA Karolina	309		K-18	5	00:00:28	00:32:41	00:35:01.65	00:35:30.05	+00:12:53 (36.8%)	6:32	9.2 (63.4%)
22	MICHALCZYK Małgorzata	333		K-18	6	00:00:26	00:32:33	00:35:13.75	00:35:39.90	+00:13:05 (37.2%)	6:34	9.1 (62.8%)
23	WINCASZEK Maria	364		K-40	8	00:00:19	00:33:05	00:35:44.80	00:36:04.35	+00:13:36 (38.1%)	6:40	9 (62.1%)
24	WYRWIŃSKA Adriana	367		K-40	9	00:00:26	00:33:49	00:36:15.15	00:36:41.95	+00:14:06 (38.9%)	6:45	8.9 (61.4%)
25	WACHOWIEC Katarzyna	360		K-30	10	00:00:28	00:35:00	00:37:35.40	00:38:04.30	+00:15:27 (41.1%)	7:00	8.6 (59.3%)
26	SETLAK Agnieszka	354		K-30	11	00:00:19	00:34:57	00:37:38.65	00:37:58.20	+00:15:30 (41.2%)	7:01	8.5 (58.6%)
27	WILKOWSKA Małgorzata	362	ROZBIEGANY KOSZALIN	K-30	12	00:00:30	00:35:42	00:38:20.60	00:38:51.25	+00:16:12 (42.3%)	7:09	8.4 (57.9%)

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28	WNUK Jolanta	366		K-40	10	00:00:20	00:35:41	00:38:25.20	00:38:45.25	+00:16:17 (42.4%)	7:10	8.4 (57.9%)
29	PINKOWSKA Katarzyna	342		K-30	13	00:00:28	00:36:27	00:39:13.40	00:39:42.00	+00:17:05 (43.6%)	7:19	8.2 (56.6%)

Znaleziono 29 wynik(ów)