



I ETAP PUCHARU BIAŁORUSI NORDIC WALKING - 10 KM

B4SPORT

Wydarzenie:
Organizator:

Puchar Republiki Białoruś Nordic Walking
Białoruska Federacja Nordic Walking; Ministerstwo
sportu i turystyki

Data:
Miejsce:
Dystans:

2019-02-16
Grodno
10 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żół. kartki | Czer. kartki | Start_All 2.5km | Start_All 5km | Start_All 7.5km | Czas netto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|------------|----------------------------------|-----------|------|----------------|-----------------|--------------------|------------------|--------------------|-----------------------|----------------------|-----------------|----------------|
| 1 | OLUWAGBEMI Melvin | 109 | БРЕСТСКИЙ ОБЛАСТНОЙ ЛИЦЕЙ | M18-29 | 1 | | | 00:16:33 | 00:33:02 | 00:49:19 | 01:05:43.60 | | 6:34 | 9.1 (100%) |
| 2 | РОВДО Алексей | 131 | КРОКИ | M50-59 | 1 | | | 00:16:34 | 00:33:04 | 00:49:33 | 01:05:45.35 | +00:00:01 (0.0%) | 6:34 | 9.1 (100%) |
| 3 | HAŁAS Marcin | 103 | POLSKA TEAM | M30-39 | 1 | | | 00:16:56 | 00:34:03 | 00:51:32 | 01:09:19.03 | +00:03:35 (5.2%) | 6:55 | 8.7 (95.6%) |
| 4 | KUZICH Ihar | 106 | БРЕСТСКИЙ ОБЛАСТНОЙ ЛИЦЕЙ | M40-49 | 1 | | | 00:10:17 | 00:30:28 | 00:33:28 | 01:10:19.00 | +00:04:35 (6.5%) | 7:01 | 8.5 (93.4%) |
| 5 | ЦЯК Александр | 142 | СОКОЛ | M30-39 | 2 | | | 00:17:19 | 00:34:46 | 00:52:35 | 01:11:23.39 | +00:05:39 (7.9%) | 7:08 | 8.4 (92.3%) |
| 6 | СКОРБ Леонид | 137 | HORDIC-START ПРОГРЕСС-ВЕРТЕЛИШКИ | M30-39 | 3 | | | 00:17:28 | 00:35:31 | 00:53:55 | 01:11:44.91 | +00:06:01 (8.4%) | 7:10 | 8.4 (92.3%) |
| 7 | ЯНКОВСКИЙ Александр | 151 | ЛОКОМОТИВ | M30-39 | 4 | | | 00:19:00 | 00:37:19 | 00:54:56 | 01:11:51.93 | +00:06:08 (8.5%) | 7:11 | 8.3 (91.2%) |
| 8 | ХАРИТОНЮК Михаил | 143 | HORDIC-START ПРОГРЕСС-ВЕРТЕЛИШКИ | M50-59 | 2 | | | 00:17:45 | 00:35:51 | 00:53:55 | 01:11:53.01 | +00:06:09 (8.6%) | 7:11 | 8.3 (91.2%) |
| 9 | СКОРБ Николай | 136 | HORDIC-START ПРОГРЕСС-ВЕРТЕЛИШКИ | M18-29 | 2 | | | 00:17:37 | 00:35:32 | 00:53:56 | 01:11:57.47 | +00:06:13 (8.7%) | 7:11 | 8.3 (91.2%) |
| 10 | WOLNIEWICZ Katarzyna | 112 | POLSKA TEAM | K40-49 | 1 | | | 00:18:03 | 00:36:17 | 00:54:40 | 01:13:06.81 | +00:07:23 (10.1%) | 7:18 | 8.2 (90.1%) |
| 11 | ГУТНИК Алеся | 118 | СОКОЛ | K30-39 | 1 | | | 00:18:12 | 00:36:44 | 00:55:17 | 01:13:53.13 | +00:08:09 (11.0%) | 7:23 | 8.1 (89.0%) |
| 12 | KRYSHTAL Aliaksandr | 105 | КРОКИ | M30-39 | 5 | | | 00:17:34 | 00:35:32 | 00:54:30 | 01:14:45.17 | +00:09:01 (12.1%) | 7:28 | 8 (87.9%) |
| 13 | IVANOV Alexey | 104 | | M30-39 | 6 | | | 00:18:57 | 00:37:21 | 00:56:24 | 01:14:52.17 | +00:09:08 (12.2%) | 7:29 | 8 (87.9%) |
| 14 | ЛИТВИНСКАЯ Людмила | 125 | ЗВЕЗДА | K40-49 | 2 | | | 00:18:11 | 00:36:43 | 00:55:51 | 01:14:54.84 | +00:09:11 (12.3%) | 7:29 | 8 (87.9%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żół. kartki | Czer. kartki | Start_All 2.5km | Start_All 5km | Start_All 7.5km | Czas | | Tempo min/km | Tempo km/h |
|-----|----------------------------------|------------|--------------------------------------|-----------|------|----------------|-----------------|--------------------|------------------|--------------------|--------------------|----------------------|-----------------|----------------|
| | | | | | | | | | | | netto 10km | Różn | | |
| 15 | PASIŃSKA - SKOWRON Sylwia | 110 | POLSKA TEAM | K40-49 | 3 | | | 00:18:14 | 00:37:17 | 00:56:21 | 01:15:32.66 | +00:09:49 (13.0%) | 7:33 | 7.9 (86.8%) |
| 16 | ЯНКОВСКИЙ Владимир | 150 | ЛОКОМОТИВ | M40-49 | 2 | | | 00:19:05 | 00:37:51 | 00:56:33 | 01:15:47.06 | +00:10:03 (13.3%) | 7:34 | 7.9 (86.8%) |
| 17 | СИРОЧ Татьяна | 135 | СОКОЛ | K18-29 | 1 | | | 00:18:45 | 00:37:45 | 00:56:58 | 01:16:00.22 | +00:10:16 (13.5%) | 7:36 | 7.9 (86.8%) |
| 18 | БУЗУН Татьяна | 115 | HORDIC-START ПРОГРЕСС-ВЕРТЕЛИШКИ | K40-49 | 4 | | | 00:18:36 | 00:37:22 | 00:56:36 | 01:16:15.10 | +00:10:31 (13.8%) | 7:37 | 7.9 (86.8%) |
| 19 | ЧУПРЕТА Юрий | 147 | СОКОЛ | M40-49 | 3 | | | 00:18:34 | 00:37:35 | 00:56:55 | 01:16:28.20 | +00:10:44 (14.0%) | 7:38 | 7.8 (85.7%) |
| 20 | ДОЛЬНИКОВ Игорь | 119 | ЛОКОМОТИВ | M30-39 | 7 | | | 00:19:11 | 00:38:16 | 00:57:34 | 01:16:35.29 | +00:10:51 (14.2%) | 7:39 | 7.8 (85.7%) |
| 21 | КАЗАНЦЕВ Владимир | 122 | ЗВЕЗДА | M60-69 | 1 | | | 00:19:09 | 00:38:50 | 00:58:34 | 01:17:48.02 | +00:12:04 (15.5%) | 7:46 | 7.7 (84.6%) |
| 22 | ТОКАРЕВА Ирина | 141 | КРОКИ | K40-49 | 5 | | | 00:19:21 | 00:38:31 | 00:57:55 | 01:17:52.70 | +00:12:09 (15.6%) | 7:47 | 7.7 (84.6%) |
| 23 | ЛАПЦЕВИЧ Наталья | 124 | ЗВЕЗДА | K30-39 | 2 | | | 00:18:56 | 00:38:37 | 00:58:38 | 01:18:50.83 | +00:13:07 (16.6%) | 7:53 | 7.6 (83.5%) |
| 24 | СИРОЧ Алена | 134 | СОКОЛ | K50-59 | 1 | | | 00:18:52 | 00:38:23 | 00:58:21 | 01:18:54.73 | +00:13:11 (16.7%) | 7:53 | 7.6 (83.5%) |
| 25 | ВАЛЮШКО Дмитрий | 116 | СПК ДЕНЬЩИКОВА | M40-49 | 4 | | | 00:19:39 | 00:39:38 | 00:59:17 | 01:18:59.98 | +00:13:16 (16.8%) | 7:54 | 7.6 (83.5%) |
| 26 | АГРАФЕНИНА Юлия | 113 | РОССИЙСКАЯ ФЕДЕРАЦИЯ СЕВЕРНОЙ ХОДЬБЫ | K30-39 | 3 | | | 00:19:26 | 00:39:22 | 00:59:38 | 01:19:52.00 | +00:14:08 (17.7%) | 7:59 | 7.5 (82.4%) |
| 27 | НАУМЕНКО Татьяна | 127 | СПК ДЕНЬЩИКОВА | K30-39 | 4 | | | 00:19:59 | 00:40:15 | 01:00:17 | 01:20:00.37 | +00:14:16 (17.8%) | 8:00 | 7.5 (82.4%) |
| 28 | ЧЕРНЕЦКИЙ Павел | 146 | СОКОЛ | M40-49 | 5 | | | 00:19:47 | 00:39:37 | 00:59:37 | 01:20:15.50 | +00:14:31 (18.1%) | 8:01 | 7.5 (82.4%) |
| 29 | ЧЕРЕПКО Анна | 145 | СПК ДЕНЬЩИКОВА | K30-39 | 5 | | | 00:20:00 | 00:40:12 | 01:00:19 | 01:20:26.09 | +00:14:42 (18.3%) | 8:02 | 7.5 (82.4%) |
| 30 | ОБИДИЕНТОВ Сергей | 128 | ЗВЕЗДА | M60-69 | 2 | | | 00:19:50 | 00:39:44 | 00:59:48 | 01:20:36.56 | +00:14:52 (18.5%) | 8:03 | 7.4 (81.3%) |
| 31 | СКОРБ Ирина | 138 | HORDIC-START ПРОГРЕСС-ВЕРТЕЛИШКИ | K30-39 | 6 | | | 00:19:25 | 00:39:56 | 01:00:20 | 01:21:27.81 | +00:15:44 (19.3%) | 8:08 | 7.4 (81.3%) |
| 32 | ПОЛУЙЧИК Сергей | 129 | МОЛОЧНЫЙ МИР | M50-59 | 3 | | | 00:19:07 | 00:39:28 | 01:00:15 | 01:21:32.68 | +00:15:49 (19.4%) | 8:09 | 7.4 (81.3%) |
| 33 | САЛЬНИКОВ Вячеслав | 132 | КРОКИ | M70+ | 1 | | | 00:20:35 | 00:41:00 | 01:01:55 | 01:23:10.08 | +00:17:26 (21.0%) | 8:19 | 7.2 (79.1%) |
| 34 | САПЕШКО Елена | 133 | ЛОКОМОТИВ | K50-59 | 2 | | | 00:20:55 | 00:41:53 | 01:03:01 | 01:24:16.54 | +00:18:32 (22.0%) | 8:25 | 7.1 (78.0%) |
| 35 | ЕРЕМЕЕВА Ольга | 120 | КРОКИ | K50-59 | 3 | | | 00:20:55 | 00:41:53 | 01:03:02 | 01:24:17.16 | +00:18:33 (22.0%) | 8:25 | 7.1 (78.0%) |
| 36 | ЗЕЛЕНСКАЯ Ирина | 121 | ЛОКОМОТИВ | K18-29 | 2 | | | 00:20:49 | 00:41:48 | 01:04:08 | 01:26:52.86 | +00:21:09 (24.3%) | 8:41 | 6.9 (75.8%) |
| 37 | ГАНЕВИЧ Анатолий | 117 | | M40-49 | 6 | | | 00:20:12 | 00:41:57 | 01:04:22 | 01:27:17.47 | +00:21:33 (24.7%) | 8:43 | 6.9 (75.8%) |

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|-----|----------------------------|------------|----------------------------------|-----------|------|----------------|-----------------|--------------------|------------------|--------------------|-----------------------|----------------------|-----------------|----------------|
| 38 | SHEPOWALENKO Juri | 111 | KROKI | M70+ | 2 | | | 00:21:00 | 00:43:13 | 01:05:55 | 01:28:51.54 | +00:23:07 (26.0%) | 8:53 | 6.8 (74.7%) |
| 39 | MARCZYK Jerzy Paweł | 108 | FACE NORDIC WALKING TEAM | M60-69 | 3 | | | 00:21:39 | 00:43:51 | 01:06:18 | 01:29:06.99 | +00:23:23 (26.2%) | 8:54 | 6.7 (73.6%) |
| 40 | ТАРАС Алена | 140 | HORDIC-START ПРОГРЕСС-ВЕРТЕЛИШКИ | K18-29 | 3 | | | 00:22:37 | 00:45:53 | 01:09:47 | 01:34:25.10 | +00:28:41 (30.4%) | 9:26 | 6.4 (70.3%) |
| 41 | CHRAPEK Urszula | 102 | POLSKA TEAM | K30-39 | 7 | | | 00:23:44 | 00:47:53 | 01:11:52 | 01:36:06.41 | +00:30:22 (31.6%) | 9:36 | 6.2 (68.1%) |
| 42 | ХАРКО Анна | 144 | ЛОКОМОТИВ | K40-49 | 6 | | | 00:23:56 | 00:48:07 | 01:12:09 | 01:36:19.34 | +00:30:35 (31.8%) | 9:37 | 6.2 (68.1%) |
| 43 | БЛИЗНЕЦ Клавдия | 114 | ЗВЕЗДА | K60-69 | 1 | | | 00:24:43 | 00:50:10 | 01:15:25 | 01:40:14.26 | +00:34:30 (34.4%) | 10:01 | 6 (65.9%) |
| | ПЕТОРА Владислав | 101 | | M60-69 | | | | 00:23:12 DNF | 00:36:39 DNF | 01:11:23 DNF | DNF | | - | - (0.0%) |

Znaleziono 44 wynik(ów)