



I KOŁOBRZESKI PÓLMARATON BRZEGIEM BAŁTYKU

B4SPORT

Organizator: Kołobrzegskie Stowarzyszenie Biegów Ulicznych
„Nadmorscy Biegacze”
Data: 2024-05-19
Miejsce: Kołobrzeg
Dystans: 21.1 km



Klasyfikacja: M-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Powiat Kołobrzeg	10.6km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	SZYMAŃSKI Piotr, Krzysztof	246		M-30	1		00:40:12	01:23:11.26		3:56	15.2 (100%)
2	SKORYCH Andrii	218	YULI	M-30	2		00:42:04	01:24:42.52	+00:01:31 (1.8%)	4:00	14.9 (98.0%)
3	GOSTKOWSKI Łukasz	67	KB GOCH BYTÓW	M-30	3		00:42:08	01:25:04.89	+00:01:53 (2.2%)	4:01	14.9 (98.0%)
4	STADNIK Rafał	223		M-30	4	TAK	00:42:34	01:26:17.57	+00:03:06 (3.6%)	4:05	14.7 (96.7%)
5	MACIEJCZYK Mateusz	139		M-30	5		00:42:36	01:26:34.35	+00:03:23 (3.9%)	4:06	14.6 (96.1%)
6	KOCIUBA Przemysław	107	TT SZCZECIN	M-30	6		00:44:39	01:31:16.95	+00:08:05 (8.9%)	4:19	13.9 (91.4%)
7	FELSKI Jakub	53	MŻS WOŁCZA MAŁA	M-30	7		00:46:58	01:34:34.75	+00:11:23 (12.0%)	4:28	13.4 (88.2%)
8	KURCZAK Łukasz	132		M-30	8		00:45:44	01:35:08.61	+00:11:57 (12.6%)	4:30	13.3 (87.5%)
9	KUBIŚ Paweł	128		M-30	9		00:48:04	01:36:03.83	+00:12:52 (13.4%)	4:33	13.2 (86.8%)
10	WŁADYKO Rafał	279	PSP KOSZALIN	M-30	10		00:45:32	01:36:30.11	+00:13:18 (13.8%)	4:34	13.1 (86.2%)
11	MŁYNAREK Mirosław	163		M-30	11		00:48:52	01:40:07.12	+00:16:55 (16.9%)	4:44	12.6 (82.9%)
12	KRÓL Marek	121		M-30	12		00:50:00	01:40:12.08	+00:17:00 (17.0%)	4:44	12.6 (82.9%)
13	KAMINSKI Gracjan	99		M-30	13		00:49:59	01:40:19.48	+00:17:08 (17.1%)	4:45	12.6 (82.9%)
14	MOSZYŃSKI Maciej	165	EKOPROJEKT RUN TEAM	M-30	14		00:48:11	01:40:24.44	+00:17:13 (17.1%)	4:45	12.6 (82.9%)
15	STASZAK Wojciech	309	KMP KOSZALIN	M-30	15		00:48:12	01:42:01.06	+00:18:49 (18.5%)	4:50	12.4 (81.6%)
16	ZYGOŃ Artur	297		M-30	16		00:49:38	01:42:29.73	+00:19:18 (18.8%)	4:51	12.4 (81.6%)
17	KUDAŚ Piotr	131	GNM TEAM	M-30	17		00:48:33	01:43:27.81	+00:20:16 (19.6%)	4:54	12.2 (80.3%)
18	MIELNIK Piotr	307		M-30	18		00:51:24	01:44:52.23	+00:21:40 (20.7%)	4:58	12.1 (79.6%)
19	HERZBERG Przemysław	82	-	M-30	19		00:52:52	01:45:26.63	+00:22:15 (21.1%)	4:59	12 (78.9%)
20	PIETRZAK Norbert	190	SLB	M-30	20	TAK	00:50:55	01:45:37.16	+00:22:25 (21.2%)	5:00	12 (78.9%)
21	FLORCZYK Wojtek	56		M-30	21		00:51:04	01:46:40.69	+00:23:29 (22.0%)	5:03	11.9 (78.3%)
22	JUSZCZAK Jarosław	92		M-30	22	TAK	00:54:21	01:46:52.81	+00:23:41 (22.2%)	5:03	11.8 (77.6%)
23	KLESZCZ Dawid	106	MŻS WOŁCZA MAŁA	M-30	23		00:53:37	01:48:41.64	+00:25:30 (23.5%)	5:09	11.6 (76.3%)
24	GALANT Krzysztof	58		M-30	24		00:50:40	01:49:31.75	+00:26:20 (24.0%)	5:11	11.6 (76.3%)
25	WOŹNIAK Marcin	284		M-30	25		00:54:33	01:49:33.64	+00:26:22 (24.1%)	5:11	11.6 (76.3%)
26	SILSKI Michał	214		M-30	26		00:56:34	01:50:06.62	+00:26:55 (24.5%)	5:13	11.5 (75.7%)
27	TRZECIAKIEWICZ Rafał	259		M-30	27		00:55:53	01:50:38.15	+00:27:26 (24.8%)	5:14	11.4 (75.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Powiat Kołobrzeg	10.6km	Czas		Tempo min/km	Tempo km/h
								netto	Różn		
28	PIETROWICZ Darek	188	KB PIONIER SZCZECIN	M-30	28		00:51:31	01:53:21.39	+00:30:10 (26.6%)	5:22	11.2 (73.7%)
29	MAJEWSKI Adam	147		M-30	29		00:53:09	01:53:52.40	+00:30:41 (26.9%)	5:23	11.1 (73.0%)
30	GULBINOWICZ Karol	77		M-30	30		00:52:11	01:54:30.25	+00:31:18 (27.3%)	5:25	11.1 (73.0%)
31	GAWRYJOŁEK Szymon	61		M-30	31	TAK	00:53:47	01:55:17.45	+00:32:06 (27.8%)	5:27	11 (72.4%)
32	MAJCHRZAK Dominik	144		M-30	32		00:52:05	01:56:12.25	+00:33:00 (28.4%)	5:30	10.9 (71.7%)
33	ORLIKOWSKI Robert	178	POŁCZYŃ BIEGA ♥	M-30	33		00:55:31	01:57:01.90	+00:33:50 (28.9%)	5:32	10.8 (71.1%)
34	KOZŁOWSKI Mateusz	115		M-30	34		00:56:52	01:58:00.99	+00:34:49 (29.5%)	5:35	10.7 (70.4%)
35	ŚWIĄTEK Adam	248		M-30	35		00:55:34	01:59:25.54	+00:36:14 (30.3%)	5:39	10.6 (69.7%)
36	OCHWAT Bartłomiej	170		M-30	36	TAK	00:56:53	01:59:42.54	+00:36:31 (30.5%)	5:40	10.6 (69.7%)
37	MAKAŚ Sebastian	148		M-30	37		00:57:08	01:59:43.72	+00:36:32 (30.5%)	5:40	10.6 (69.7%)
38	WOJNOWSKI Wacław	281		M-30	38		00:57:57	01:59:56.66	+00:36:45 (30.6%)	5:41	10.6 (69.7%)
39	RZECHACZEK Karol	202		M-30	39		00:56:39	02:00:27.89	+00:37:16 (30.9%)	5:42	10.5 (69.1%)
40	BRZEZIŃSKI Krystian	27		M-30	40		00:56:30	02:03:17.99	+00:40:06 (32.5%)	5:50	10.3 (67.8%)
41	ŚWITLIŃSKI Damian	252		M-30	41	TAK	00:55:32	02:03:43.44	+00:40:32 (32.8%)	5:51	10.2 (67.1%)
42	KRAJDA Adrian	118		M-30	42	TAK	01:00:02	02:04:44.11	+00:41:32 (33.3%)	5:54	10.1 (66.4%)
43	MALYSH Vladyslav	151	BEZ KLUBU	M-30	43	TAK	00:59:16	02:06:01.73	+00:42:50 (34.0%)	5:58	10 (65.8%)
44	BUSZAC Paweł	30		M-30	44	TAK	01:02:03	02:06:42.40	+00:43:31 (34.3%)	6:00	10 (65.8%)
45	KUCZA Mateusz	130	NIEZRZESZONY	M-30	45	TAK	01:03:48	02:07:44.75	+00:44:33 (34.9%)	6:03	9.9 (65.1%)
46	SIADAK Dominik	210	ETUSIE	M-30	46		01:00:06	02:10:57.81	+00:47:46 (36.5%)	6:12	9.7 (63.8%)
47	RUTKOWSKI Artur	201	RUNKING / SPORTOWIEC.INFO	M-30	47		01:00:43	02:11:34.49	+00:48:23 (36.8%)	6:14	9.6 (63.2%)
48	KOZAR Paweł	112		M-30	48	TAK	01:06:22	02:11:46.78	+00:48:35 (36.9%)	6:14	9.6 (63.2%)
49	FRYDRYCH Michał	57	VIP NIERUCHOMOŚCI SZCZECIN	M-30	49		00:58:25	02:12:40.78	+00:49:29 (37.3%)	6:17	9.5 (62.5%)
50	GIERSEWSKI Mateusz	65		M-30	50		01:03:51	02:12:54.62	+00:49:43 (37.4%)	6:17	9.5 (62.5%)
51	SKALSKI Adrian	305		M-30	51		01:01:14	02:13:06.93	+00:49:55 (37.5%)	6:18	9.5 (62.5%)
52	PIETRUCZUK Radek	189	JBC SQUAD	M-30	52		00:59:53	02:15:08.14	+00:51:56 (38.4%)	6:24	9.4 (61.8%)
53	ZIÓLKOWSKI Bartłomiej	294		M-30	53	TAK	01:04:25	02:21:30.36	+00:58:19 (41.2%)	6:42	8.9 (58.6%)
54	PEŁECHATY Paweł	183		M-30	54		01:03:57	02:21:33.37	+00:58:22 (41.2%)	6:42	8.9 (58.6%)
55	TROJNACKI Rafał	256		M-30	55		01:07:20	02:23:52.53	+01:00:41 (42.2%)	6:49	8.8 (57.9%)
56	SAWICKI Łukasz	205	A MIAŁO BYĆ Z GÓRKI	M-30	56		01:04:22	02:28:57.10	+01:05:45 (44.2%)	7:03	8.5 (55.9%)
57	ZATOŃ Paweł	314		M-30	57		01:06:32	02:36:26.05	+01:13:14 (46.8%)	7:24	8.1 (53.3%)

Znaleziono 57 wynik(ów)