



I KRWIOBIEG BYDGOSZCZ - 10KM

B4SPORT

Wydarzenie: I KRWIOBIEG BYDGOSZCZ
Organizator: Kujawsko - Pomorski Oddział Okręgowy Polskiego Czerwonego Krzyża
Data: 2019-10-05
Miejsce: Bydgoszcz
Dystans: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	SULKOWSKI Zdzisław	392		Open M	1	00:36:38.45	00:36:40.50		3:39	16.4
2	KRYSKE Bartosz	448		Open M	2	00:37:52.45	00:37:56.85	+00:01:16	3:47	15.8
3	OLEJNIK Krzysztof	439		Open M	3	00:39:55.15	00:39:58.90	+00:03:18	3:59	15
4	DĘBOWCZYK Łukasz	408		Open M	4	00:40:44.40	00:40:47.55	+00:04:07	4:04	14.7
5	SZYMAŃSKI Adam	459		Open M	5	00:41:05.60	00:41:09.05	+00:04:28	4:06	14.6
6	NAWROCKI Radosław	298		Open M	6	00:41:33.40	00:41:36.85	+00:04:56	4:09	14.4
7	MASIAKOWSKI Dawid	418		Open M	7	00:42:29.80	00:42:36.50	+00:05:56	4:15	14.1
8	PRĄDZYŃSKI Marcin	365		Open M	8	00:43:04.60	00:43:11.25	+00:06:30	4:18	13.9
9	PAPROCKI Rafał	358		Open M	9	00:43:43.80	00:43:46.35	+00:07:05	4:22	13.7
10	KUNKE Tomasz	361		Open M	10	00:44:21.95	00:44:27.85	+00:07:47	4:26	13.5
11	DROSDOWSKI Sebastian	355		Open M	11	00:44:34.40	00:44:37.15	+00:07:56	4:27	13.5
12	MENDEL Patryk	378		Open M	12	00:44:57.80	00:45:00.75	+00:08:20	4:29	13.3
13	OSTROWSKI Jan	368		Open M	13	00:45:02.20	00:45:05.95	+00:08:25	4:30	13.3
14	TOMCZYK Agata	377		Open K	1	00:45:11.30	00:45:14.30	+00:08:33	4:31	13.3
15	PASZKIET Remigiusz	294		Open M	14	00:45:11.60	00:45:14.95	+00:08:34	4:31	13.3
16	SIKORA Sylwia	384		Open K	2	00:45:29.10	00:45:31.95	+00:08:51	4:32	13.2
17	NELKE Aleksander	423		Open M	15	00:45:39.90	00:45:46.40	+00:09:05	4:34	13.1
18	BUKOWSKI Wojciech	431		Open M	16	00:45:52.85	00:45:57.60	+00:09:17	4:35	13.1
19	ZWOLIŃSKI Zbigniew	359		Open M	17	00:46:08.85	00:46:16.40	+00:09:35	4:36	13
20	KORYCKI Daniel	375		Open M	18	00:46:21.60	00:46:26.00	+00:09:45	4:38	12.9
21	MATYSZEWSKI Amadeusz	296		Open M	19	00:46:21.05	00:46:28.60	+00:09:48	4:38	12.9
22	MACIEJEWSKA Kamila	397		Open K	3	00:46:37.90	00:46:41.45	+00:10:00	4:39	12.9
23	BAKAJ Marcin	424		Open M	20	00:46:40.50	00:46:48.45	+00:10:07	4:40	12.9
24	RENC Patryk	440		Open M	21	00:46:32.75	00:46:48.65	+00:10:08	4:39	12.9
25	PIASECKI Michał	441		Open M	22	00:46:46.40	00:46:54.15	+00:10:13	4:40	12.8
26	FILIPEK Patryk	304		Open M	23	00:46:47.40	00:47:00.55	+00:10:20	4:40	12.8
27	ARENDR Paweł	398		Open M	24	00:46:57.85	00:47:01.60	+00:10:21	4:41	12.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
28	CHOJNACKI Bartosz	373		Open M	25	00:47:04.75	00:47:10.20	+00:10:29	4:42	12.7
29	JUSZCZAK Łukasz	415		Open M	26	00:47:04.10	00:47:15.70	+00:10:35	4:42	12.7
30	JAŹDŹEWSKI Dawid	353		Open M	27	00:47:11.70	00:47:15.80	+00:10:35	4:43	12.7
31	GRZELAK Radosław	349		Open M	28	00:47:04.70	00:47:16.60	+00:10:36	4:42	12.7
32	HERMANOWSKI Łukasz	421		Open M	29	00:47:06.30	00:47:18.45	+00:10:37	4:42	12.7
33	MUSZYŃSKI Łukasz	346		Open M	30	00:47:19.70	00:47:29.45	+00:10:48	4:44	12.7
34	ŁATKA Marcin	429		Open M	31	00:47:30.00	00:47:35.15	+00:10:54	4:45	12.6
35	BARAŃSKI Władysław	362		Open M	32	00:47:52.70	00:47:58.35	+00:11:17	4:47	12.5
36	SZEWCHYKOWSKI Grzegorz	370		Open M	33	00:47:52.15	00:48:05.20	+00:11:24	4:47	12.5
37	ABDOUL Romaric	426		Open M	34	00:47:47.55	00:48:05.80	+00:11:25	4:46	12.6
38	FOTYN Patryk	303		Open M	35	00:48:12.60	00:48:23.10	+00:11:42	4:49	12.4
39	KUJAWA Daniel	419		Open M	36	00:48:22.80	00:48:27.05	+00:11:46	4:50	12.4
40	LEWANDOWSKA Marlena	452		Open K	4	00:48:24.10	00:48:33.05	+00:11:52	4:50	12.4
41	ŚWIĘCICKI Andrzej	409		Open M	37	00:48:27.00	00:48:40.65	+00:12:00	4:50	12.4
42	KONIECZNY Robert	425		Open M	38	00:48:53.20	00:48:53.20	+00:12:12	4:53	12.3
43	ZIMNY Marek	352		Open M	39	00:48:53.95	00:49:02.80	+00:12:22	4:53	12.3
44	WONS Rafał	464		Open M	40	00:48:56.90	00:49:04.05	+00:12:23	4:53	12.3
45	ZIĘTARA Marek	449		Open M	41	00:49:06.85	00:49:13.15	+00:12:32	4:54	12.2
46	MALEC Karol	432		Open M	42	00:49:01.85	00:49:20.75	+00:12:40	4:54	12.2
47	REPKA Marek	390		Open M	43	00:49:42.20	00:49:47.50	+00:13:07	4:58	12.1
48	MAZUR Dawid	438		Open M	44	00:49:30.40	00:49:47.90	+00:13:07	4:57	12.1
49	FORBOT Piotr	313		Open M	45	00:49:53.65	00:50:15.45	+00:13:34	4:59	12
50	SMEJA Ewa	454		Open K	5	00:50:07.70	00:50:19.90	+00:13:39	5:00	12
51	GUDANIEC Krzysztof	340		Open M	46	00:50:22.25	00:50:33.25	+00:13:52	5:02	11.9
52	LEWANDOWSKI Kamil	427		Open M	47	00:50:14.70	00:50:35.00	+00:13:54	5:01	11.9
53	KRASIŃSKI Piotr	387		Open M	48	00:50:25.55	00:50:39.25	+00:13:58	5:02	11.9
54	CIEPŁUCH Zofia	325		Open K	6	00:51:04.55	00:51:11.35	+00:14:30	5:06	11.7
55	GIERSZ Krzysztof	347		Open M	49	00:50:58.55	00:51:14.85	+00:14:34	5:05	11.8
56	ŻOŁNIERKIEWICZ Bartosz	379		Open M	50	00:51:10.15	00:51:21.25	+00:14:40	5:07	11.7
57	DRÓŹDŹ Małgorzata	341		Open K	7	00:51:14.75	00:51:21.35	+00:14:40	5:07	11.7
58	GROBELNA Angelika	299		Open K	8	00:51:14.55	00:51:26.85	+00:14:46	5:07	11.7
59	SIUDA Marek	405		Open M	51	00:51:26.10	00:51:39.95	+00:14:59	5:08	11.7
60	KLISZEWSKI Damian	400		Open M	52	00:51:32.90	00:51:48.65	+00:15:08	5:09	11.6
61	KALISZ Dawid	462		Open M	53	00:51:49.95	00:51:49.95	+00:15:09	5:10	11.6
62	GRECHUTA Tomasz	410		Open M	54	00:51:50.75	00:51:58.85	+00:15:18	5:11	11.6
63	WÓJCIK Jacek	306		Open M	55	00:51:51.55	00:52:08.20	+00:15:27	5:11	11.6
64	DEKOWSKA Ania	309		Open K	9	00:52:02.45	00:52:10.95	+00:15:30	5:12	11.5
65	KUŚ Marcin	297		Open M	56	00:52:10.35	00:52:23.05	+00:15:42	5:13	11.5
66	BIEGAŁA Agnieszka	382		Open K	10	00:52:20.85	00:52:24.75	+00:15:44	5:14	11.5
67	ARACH Przemysław	457		Open M	57	00:52:24.60	00:52:37.25	+00:15:56	5:14	11.4
68	SKUPSZ Jędrzej Kazmierz	360		Open M	58	00:52:36.40	00:52:42.80	+00:16:02	5:15	11.4
69	JENDRZEJCZAK Robert	420		Open M	59	00:52:40.90	00:52:58.95	+00:16:18	5:16	11.4
70	NOWICKI Adam	374		Open M	60	00:52:39.50	00:53:01.15	+00:16:20	5:16	11.4
71	PYTLIŃSKI Paweł	404		Open M	61	00:52:53.85	00:53:08.50	+00:16:28	5:17	11.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
72	KRAUSE Rafał	344		Open M	62	00:53:06.35	00:53:26.65	+00:16:46	5:18	11.3
73	STASIEWSKI Mariusz	376		Open M	63	00:53:31.00	00:53:36.00	+00:16:55	5:21	11.2
74	PIECZYŃSKA Joanna	332		Open K	11	00:53:24.70	00:53:37.25	+00:16:56	5:20	11.2
75	ZAJĄC Tomasz	444		Open M	64	00:53:30.80	00:53:41.30	+00:17:00	5:21	11.2
76	GDANIEC Grzegorz	295		Open M	65	00:53:39.05	00:53:44.50	+00:17:04	5:21	11.2
77	ROCZEŃ Tomasz	336		Open M	66	00:53:36.25	00:53:48.05	+00:17:07	5:21	11.2
78	REPKA Anna	389		Open K	12	00:53:50.45	00:53:57.00	+00:17:16	5:23	11.1
79	ŁUKASZEWICZ Dawid	407		Open M	67	00:53:51.45	00:53:59.90	+00:17:19	5:23	11.1
80	WIŚNIEWSKI Tomasz	307		Open M	68	00:53:50.15	00:54:05.25	+00:17:24	5:23	11.1
81	CHOJNACKI Patryk	456		Open M	69	00:53:49.65	00:54:05.55	+00:17:25	5:23	11.1
82	KOZIŃSKI Tomasz	403		Open M	70	00:54:08.85	00:54:22.55	+00:17:42	5:24	11.1
83	KARCZEWSKI Filip	416		Open M	71	00:54:25.85	00:54:43.45	+00:18:02	5:26	11
84	BRZOZOWSKI Jarosław	326		Open M	72	00:54:47.25	00:55:01.85	+00:18:21	5:28	11
85	KACPRZYK Iwona	394		Open K	13	00:54:50.75	00:55:03.70	+00:18:23	5:29	10.9
86	KLEMENSOWICZ Gracjan	314		Open M	73	00:55:07.15	00:55:22.05	+00:18:41	5:30	10.9
87	WINKLEWSKI Krzysztof	435		Open M	74	00:55:14.05	00:55:28.10	+00:18:47	5:31	10.9
88	KULIKOWSKI Tomasz	288		Open M	75	00:55:20.90	00:55:30.35	+00:18:49	5:32	10.8
89	RUDOWICZ Marcin	430		Open M	76	00:55:21.60	00:55:36.05	+00:18:55	5:32	10.8
90	ZIUZIAKOWSKA Katarzyna	395		Open K	14	00:55:32.70	00:55:37.10	+00:18:56	5:33	10.8
91	ALBEKIER Karolina	369		Open K	15	00:55:32.90	00:55:37.15	+00:18:56	5:33	10.8
92	HERNIK Marcin	372		Open M	77	00:55:35.75	00:55:40.45	+00:18:59	5:33	10.8
93	ZIELIŃSKA Marysia	402		Open K	16	00:55:42.90	00:55:48.10	+00:19:07	5:34	10.8
94	BŁAŻEJEWski Dariusz	406		Open M	78	00:55:41.40	00:55:51.45	+00:19:10	5:34	10.8
95	KASPROWICZ Piotr	292		Open M	79	00:55:42.95	00:55:53.75	+00:19:13	5:34	10.8
96	NAGORZYSKA Sylwia	357		Open K	17	00:55:46.10	00:55:54.45	+00:19:13	5:34	10.8
97	JĘDRZEJEWSKI Adrian	302		Open M	80	00:55:58.70	00:56:04.75	+00:19:24	5:35	10.7
98	GRZONKA Emilia	318		Open K	18	00:56:21.10	00:56:26.60	+00:19:46	5:38	10.6
99	KUBSKI Dawid	442		Open M	81	00:56:11.70	00:56:27.10	+00:19:46	5:37	10.7
100	SZUMIŃSKI Jan	413		Open M	82	00:56:21.35	00:56:27.70	+00:19:47	5:38	10.6
101	JENDRZEJCZAK Dawid	417		Open M	83	00:56:11.25	00:56:27.85	+00:19:47	5:37	10.7
102	GROTT Bartłomiej	343		Open M	84	00:56:21.30	00:56:33.20	+00:19:52	5:38	10.6
103	BUKOWSKI Krzysztof	367		Open M	85	00:56:32.25	00:56:41.85	+00:20:01	5:39	10.6
104	JACKOWIAK-ZALEWSKA Agnieszka	458		Open K	19	00:56:53.15	00:56:58.15	+00:20:17	5:41	10.5
105	RATAJ Maciej	327		Open M	86	00:56:47.15	00:56:58.25	+00:20:17	5:40	10.6
106	SAJUR Sylwia	453		Open K	20	00:56:51.70	00:57:01.75	+00:20:21	5:41	10.6
107	PACZKOWSKA Joanna	455		Open K	21	00:57:09.65	00:57:16.50	+00:20:36	5:43	10.5
108	KRUKOWSKI Michał	461		Open M	87	00:57:11.90	00:57:24.55	+00:20:44	5:43	10.5
109	PAWLAK Waldemar	328		Open M	88	00:57:28.05	00:57:49.00	+00:21:08	5:44	10.4
110	NALEWALSKA Justyna	385		Open K	22	00:58:24.30	00:58:40.35	+00:21:59	5:50	10.3
111	ROJEWSKI Jarosław	443		Open M	89	00:58:32.10	00:58:42.80	+00:22:02	5:51	10.3
112	HAŁAS Aleksander	412		Open M	90	00:59:06.55	00:59:12.45	+00:22:31	5:54	10.1
113	SIENKIEWICZ Artur	381		Open M	91	00:59:27.35	00:59:43.35	+00:23:02	5:56	10.1
114	RYGIEWICZ Wojciech	436		Open M	92	00:59:42.45	00:59:51.75	+00:23:11	5:58	10.1
115	KRZEMIŃSKA Jolanta	348		Open K	23	00:59:43.00	00:59:51.85	+00:23:11	5:58	10

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
116	KLAWCZYŃSKI Zbigniew	334		Open M	93	00:59:49.20	00:59:52.05	+00:23:11	5:59	10
117	STENZEL Karol	366		Open M	94	00:59:37.90	00:59:56.85	+00:23:16	5:57	10.1
118	SZYMECZKO Aleksandra	324		Open K	24	00:59:53.60	01:00:04.10	+00:23:23	5:59	10
119	KABACIŃSKA Kinga	319		Open K	25	01:00:01.10	01:00:10.55	+00:23:30	6:00	10
120	CZYŻEWSKA Justyna	414		Open K	26	01:00:15.80	01:00:24.85	+00:23:44	6:01	10
121	TYCZKOWSKI Gracjan	351		Open M	95	01:00:14.25	01:00:28.30	+00:23:47	6:01	10
122	WIŚNIEWSKA Lucyna	433		Open K	27	01:00:23.25	01:00:29.90	+00:23:49	6:02	9.9
123	OŹDŹYNSKA Patrycja	300		Open K	28	01:00:29.65	01:00:42.60	+00:24:02	6:03	9.9
124	SZULC Joanna	342		Open K	29	01:00:42.25	01:00:53.80	+00:24:13	6:04	9.9
125	SZULC Michał	339		Open M	96	01:00:43.10	01:00:54.10	+00:24:13	6:04	9.9
126	BANCEWICZ Joanna	333		Open K	30	01:00:42.95	01:00:54.25	+00:24:13	6:04	9.9
127	MAINKA Maciej	463		Open M	97	01:00:58.80	01:00:58.80	+00:24:18	6:05	9.8
128	JAGIELSKA Patrycja	320		Open K	31	01:00:58.85	01:01:08.30	+00:24:27	6:05	9.8
129	PIJANOWSKA Marta	391		Open K	32	01:01:13.75	01:01:24.00	+00:24:43	6:07	9.8
130	CEGLARSKI Dariusz	371		Open M	98	01:00:44.50	01:01:25.25	+00:24:44	6:04	9.9
131	CHĘSY Jacek	383		Open M	99	01:01:30.00	01:01:37.45	+00:24:56	6:09	9.8
132	CISZEWSKI Paweł	411		Open M	100	01:01:28.95	01:01:47.40	+00:25:06	6:08	9.8
133	ARENDR Marlena	399		Open K	33	01:02:10.30	01:02:14.75	+00:25:34	6:13	9.7
134	GACKOWSKA Izabela	316		Open K	34	01:02:07.70	01:02:17.75	+00:25:37	6:12	9.7
135	KRUSZYŃSKI Mariusz	396		Open M	101	01:03:09.15	01:03:23.15	+00:26:42	6:18	9.5
136	WIŚNIEWSKI Krzysztof	434		Open M	102	01:03:25.15	01:03:32.60	+00:26:52	6:20	9.5
137	SZUKALSKI Piotr	350		Open M	103	01:03:28.40	01:03:43.55	+00:27:03	6:20	9.5
138	JANKOWSKI Damian	468		Open M	104	01:03:54.40	01:04:09.30	+00:27:28	6:23	9.4
139	BECZAK Kalina	460		Open K	35	01:04:01.10	01:04:10.75	+00:27:30	6:24	9.4
140	DROSDOWSKA Klara	354		Open K	36	01:04:31.35	01:04:35.10	+00:27:54	6:27	9.3
141	BARAŃSKA Sylwia	386		Open K	37	01:05:03.40	01:05:16.25	+00:28:35	6:30	9.2
142	TOKARSKA Alicja	338		Open K	38	01:05:34.45	01:05:52.90	+00:29:12	6:33	9.2
143	PIETRZAK Maciej	335		Open M	105	01:10:46.95	01:11:00.10	+00:34:19	7:04	8.5
144	JEŻAKOWSKI Marek	317		Open M	106	01:12:30.20	01:12:39.05	+00:35:58	7:15	8.3
145	GRACZYKOWSKA Anna	401		Open K	39	01:14:26.10	01:14:40.70	+00:38:00	7:26	8.1
146	TOMASZEWSKA Magdalena	308		Open K	40	01:16:33.95	01:16:42.05	+00:40:01	7:39	7.8
146	PIÓRKOWSKA Aga	291		Open K	40	01:16:24.20	01:16:42.05	+00:40:01	7:38	7.9
	NAGORZYSKI Arkadiusz	356		Open M		DNF	DNF	-	-	-

Znaleziono 148 wynik(ów)