



Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

I KRWIOBIEG BYDGOSZCZ - 5KM

I KRWIOBIEG BYDGOSZCZ
Kujawsko - Pomorski Oddział Okręgowy Polskiego
Czerwonego Krzyża
2019-10-05
Bydgoszcz
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

B4SPORT

Klasyfikacja: Open M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	PRUSIK Łukasz	230		Open M	1	00:19:39.95	00:19:41.00		3:56	15.3 (100%)
2	ŁAZARSKI Marian	30		Open M	2	00:20:13.20	00:20:14.65	+00:00:33 (2.8%)	4:02	14.8 (96.7%)
3	KABACIŃSKI Marcin	164		Open M	3	00:20:33.00	00:20:34.15	+00:00:53 (4.3%)	4:06	14.6 (95.4%)
4	JEŻEWSKI Łukasz	114		Open M	4	00:20:47.65	00:20:49.80	+00:01:08 (5.5%)	4:09	14.4 (94.1%)
5	STOSIK Krzysztof	247		Open M	5	00:21:11.75	00:21:36.80	+00:01:55 (8.9%)	4:14	14.2 (92.8%)
6	MACIŃSKI Waldemar	163		Open M	6	00:22:05.15	00:22:06.95	+00:02:25 (11.0%)	4:25	13.6 (88.9%)
7	BARANOWSKI Tomasz	248		Open M	7	00:22:30.95	00:22:32.30	+00:02:51 (12.7%)	4:30	13.3 (86.9%)
8	JANISZEWSKI Radosław	286		Open M	8	00:22:47.15	00:22:49.85	+00:03:08 (13.8%)	4:33	13.2 (86.3%)
9	LEWICKI Maciej	226		Open M	9	00:22:53.15	00:22:57.55	+00:03:16 (14.3%)	4:34	13.1 (85.6%)
10	WAŻYŃSKI Łukasz	105		Open M	10	00:23:24.00	00:23:26.90	+00:03:45 (16.1%)	4:40	12.8 (83.7%)
11	ŻEGLICZ Marek	155		Open M	11	00:23:19.80	00:23:29.90	+00:03:48 (16.2%)	4:39	12.9 (84.3%)
12	KRETOWICZ Piotr	17		Open M	12	00:23:14.65	00:23:30.25	+00:03:49 (16.3%)	4:39	12.9 (84.3%)
13	NOWOTNIK Mariusz	264		Open M	13	00:23:32.50	00:23:36.90	+00:03:55 (16.6%)	4:42	12.7 (83.0%)
14	WITKOWSKI Błażej	20		Open M	14	00:23:17.60	00:23:40.35	+00:03:59 (16.9%)	4:39	12.9 (84.3%)
15	GRZYWIŃSKI Łukasz	33		Open M	15	00:23:37.70	00:23:41.25	+00:04:00 (16.9%)	4:43	12.7 (83.0%)
16	KRYSZTOFIAK Michał	106		Open M	16	00:23:35.20	00:23:41.55	+00:04:00 (16.9%)	4:43	12.7 (83.0%)
17	KŁYZA Aleksander	62		Open M	17	00:23:37.75	00:23:48.90	+00:04:07 (17.3%)	4:43	12.7 (83.0%)
18	STEFAŃSKI Marcin	96		Open M	18	00:23:48.35	00:23:59.60	+00:04:18 (18.0%)	4:45	12.6 (82.4%)
19	WOJTECKI Łukasz	143		Open M	19	00:23:55.50	00:24:05.00	+00:04:24 (18.3%)	4:47	12.5 (81.7%)
20	KRAJNIK Wojciech	154		Open M	20	00:24:09.60	00:24:21.35	+00:04:40 (19.2%)	4:50	12.4 (81.0%)
21	MAZAN Arkadiusz	188		Open M	21	00:24:26.65	00:24:32.35	+00:04:51 (19.8%)	4:53	12.3 (80.4%)
22	MACIEJCZAK Marcin	156		Open M	22	00:24:17.50	00:24:36.90	+00:04:55 (20.0%)	4:51	12.4 (81.0%)
23	WIŚNIEWSKI Leszek	161		Open M	23	00:24:51.00	00:25:04.05	+00:05:23 (21.5%)	4:58	12.1 (79.1%)
24	MANIKOWSKI Dominik	84		Open M	24	00:25:01.40	00:25:06.55	+00:05:25 (21.6%)	5:00	12 (78.4%)
25	UMIŃSKI Robert	140		Open M	25	00:25:00.00	00:25:13.00	+00:05:32 (21.9%)	5:00	12 (78.4%)
26	MAKUSZEWSKI Mateusz	280		Open M	26	00:25:10.45	00:25:17.45	+00:05:36 (22.2%)	5:02	11.9 (77.8%)
27	WALEWSKI Andrzej	165		Open M	27	00:25:22.65	00:25:26.00	+00:05:45 (22.6%)	5:04	11.8 (77.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						5km	5km			
28	PUCHACZ Marcin	269		Open M	28	00:25:23.55	00:25:31.35	+00:05:50 (22.9%)	5:04	11.8 (77.1%)
29	GLINKOWSKI Dariusz	51		Open M	29	00:25:29.15	00:25:34.00	+00:05:53 (23.0%)	5:06	11.8 (77.1%)
30	LUBERDA Łukasz	240		Open M	30	00:25:27.00	00:25:37.05	+00:05:56 (23.2%)	5:05	11.8 (77.1%)
31	GREINERT Michał	126		Open M	31	00:25:37.75	00:25:39.80	+00:05:58 (23.3%)	5:07	11.7 (76.5%)
32	ŚWIATOWY Ryszard	277		Open M	32	00:25:49.20	00:25:58.50	+00:06:17 (24.2%)	5:09	11.6 (75.8%)
33	DANIELEK Piotr	41		Open M	33	00:26:05.40	00:26:09.50	+00:06:28 (24.8%)	5:13	11.5 (75.2%)
34	DOBIECKI Szczepan	19		Open M	34	00:26:07.00	00:26:12.95	+00:06:31 (24.9%)	5:13	11.5 (75.2%)
35	MICHALAK Mariusz	236		Open M	35	00:26:08.20	00:26:15.05	+00:06:34 (25.0%)	5:13	11.5 (75.2%)
36	JASTRZĘBSKI Krzysztof	149		Open M	36	00:26:00.10	00:26:17.55	+00:06:36 (25.1%)	5:12	11.5 (75.2%)
37	NURKIEWICZ Jarosław	190		Open M	37	00:26:15.70	00:26:18.90	+00:06:37 (25.2%)	5:15	11.4 (74.5%)
38	STĘPIEŃ Michał	211		Open M	38	00:26:06.20	00:26:26.55	+00:06:45 (25.6%)	5:13	11.5 (75.2%)
39	JAGIEŁO Radek	78		Open M	39	00:26:11.15	00:26:33.40	+00:06:52 (25.9%)	5:14	11.5 (75.2%)
40	BURNICKI Mariusz	53		Open M	40	00:26:26.90	00:26:46.00	+00:07:05 (26.5%)	5:17	11.3 (73.9%)
41	DAMBECKI Piotr	59		Open M	41	00:26:31.60	00:26:53.15	+00:07:12 (26.8%)	5:18	11.3 (73.9%)
42	TADRZAK Michał	55		Open M	42	00:26:47.30	00:26:54.85	+00:07:13 (26.9%)	5:21	11.2 (73.2%)
43	BOROWSKI Rafał	123		Open M	43	00:26:45.30	00:26:58.30	+00:07:17 (27.0%)	5:21	11.2 (73.2%)
44	MACIEJEWSKI Mateusz	77		Open M	44	00:26:40.95	00:27:07.25	+00:07:26 (27.4%)	5:20	11.2 (73.2%)
45	SADZIKOWSKI Tomasz	257		Open M	45	00:27:06.50	00:27:09.55	+00:07:28 (27.5%)	5:25	11.1 (72.5%)
46	WASTOWSKI Dawid	281		Open M	46	00:26:57.25	00:27:10.85	+00:07:29 (27.6%)	5:23	11.1 (72.5%)
47	WIOSNA Tomasz	191		Open M	47	00:26:54.25	00:27:11.80	+00:07:30 (27.6%)	5:22	11.2 (73.2%)
48	LAKS Krzysztof	192		Open M	48	00:26:56.90	00:27:14.60	+00:07:33 (27.7%)	5:23	11.1 (72.5%)
49	BERNACKI Andrzej	36		Open M	49	00:27:18.65	00:27:23.45	+00:07:42 (28.1%)	5:27	11 (71.9%)
50	OWCZARZ Marek	227		Open M	50	00:27:30.15	00:27:30.15	+00:07:49 (28.4%)	5:30	10.9 (71.2%)
51	TURKOWSKI Stanisław	206		Open M	51	00:27:33.35	00:27:35.80	+00:07:54 (28.7%)	5:30	10.9 (71.2%)
52	KUŻAJ Sławomir	254		Open M	52	00:27:33.65	00:27:36.85	+00:07:55 (28.7%)	5:30	10.9 (71.2%)
53	BRZEZIŃSKI Karol	210		Open M	53	00:27:20.40	00:27:39.95	+00:07:58 (28.9%)	5:28	11 (71.9%)
54	MAREK Lucjan	40		Open M	54	00:27:44.95	00:27:49.20	+00:08:08 (29.2%)	5:33	10.8 (70.6%)
55	ZGÓRSKI Maciej	148		Open M	55	00:27:41.75	00:27:51.55	+00:08:10 (29.3%)	5:32	10.8 (70.6%)
56	KUBSKI Jarosław	119		Open M	56	00:27:55.05	00:27:57.30	+00:08:16 (29.6%)	5:35	10.7 (69.9%)
57	GOTOWICZ Mariusz	134		Open M	57	00:27:53.30	00:28:04.15	+00:08:23 (29.9%)	5:34	10.8 (70.6%)
58	JURCZYK Piotr	90		Open M	58	00:28:14.50	00:28:24.00	+00:08:43 (30.7%)	5:39	10.6 (69.3%)
59	KOSTECKI Dawid	66		Open M	59	00:28:27.90	00:28:31.70	+00:08:50 (31.0%)	5:41	10.5 (68.6%)
60	JURCZYK Piotr	311		Open M	60	00:28:30.30	00:28:41.65	+00:09:00 (31.4%)	5:42	10.5 (68.6%)
61	GROCHAŁA Michał	223		Open M	61	00:28:27.95	00:28:42.85	+00:09:01 (31.5%)	5:41	10.5 (68.6%)
62	DAHMS Łukasz	31		Open M	62	00:28:17.65	00:28:43.60	+00:09:02 (31.5%)	5:39	10.6 (69.3%)
63	RAMBOWICZ Andrzej	21		Open M	63	00:28:32.75	00:28:44.10	+00:09:03 (31.5%)	5:42	10.5 (68.6%)
64	OPALA Marcin	194		Open M	64	00:28:28.95	00:28:47.45	+00:09:06 (31.6%)	5:41	10.5 (68.6%)
65	KAJTEK Patryk	141		Open M	65	00:28:27.75	00:28:49.40	+00:09:08 (31.7%)	5:41	10.5 (68.6%)
66	MAKUSZEWSKI Łukasz	250		Open M	66	00:28:43.35	00:28:49.90	+00:09:08 (31.7%)	5:44	10.4 (68.0%)
67	SZTOLIN Jacek	222		Open M	67	00:28:30.90	00:28:52.95	+00:09:11 (31.9%)	5:42	10.5 (68.6%)
68	BARTNIK Andrzej	261		Open M	68	00:28:54.80	00:28:58.15	+00:09:17 (32.1%)	5:47	10.4 (68.0%)
69	SOŚNICKI Bartosz	172		Open M	69	00:28:42.55	00:29:01.20	+00:09:20 (32.2%)	5:44	10.4 (68.0%)
70	OJRZANOWSKI Waldemar	159		Open M	70	00:28:53.45	00:29:01.40	+00:09:20 (32.2%)	5:46	10.4 (68.0%)
71	NOWIŃSKI Jarosław	233		Open M	71	00:28:56.20	00:29:01.70	+00:09:20 (32.2%)	5:47	10.4 (68.0%)

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						5km	5km			
72	CHMIELEWSKI Ireneusz	99		Open M	72	00:29:07.85	00:29:17.00	+00:09:36 (32.8%)	5:49	10.3 (67.3%)
73	ANDRUSZKIEWICZ Stanisław	88		Open M	73	00:29:16.50	00:29:19.55	+00:09:38 (32.9%)	5:51	10.3 (67.3%)
74	KLEIN Kamil	120		Open M	74	00:29:18.70	00:29:20.75	+00:09:39 (32.9%)	5:51	10.2 (66.7%)
75	BYSTRZYŃSKI Jan	61		Open M	75	00:29:06.25	00:29:22.60	+00:09:41 (33.0%)	5:49	10.3 (67.3%)
76	WAJDA Bartosz	217		Open M	76	00:29:23.80	00:29:25.05	+00:09:44 (33.1%)	5:52	10.2 (66.7%)
77	MAKOWSKI Tomasz	110		Open M	77	00:29:34.15	00:29:39.25	+00:09:58 (33.6%)	5:54	10.1 (66.0%)
78	WOLNY Tomasz	238		Open M	78	00:29:40.95	00:29:47.65	+00:10:06 (33.9%)	5:56	10.1 (66.0%)
79	POLAWSKI Marcin	252		Open M	79	00:29:37.85	00:29:53.05	+00:10:12 (34.1%)	5:55	10.1 (66.0%)
80	TRZASKA Józef	80		Open M	80	00:29:50.25	00:29:56.95	+00:10:15 (34.3%)	5:58	10.1 (66.0%)
81	CZAPLICKI Bartłomiej	23		Open M	81	00:29:37.25	00:29:57.85	+00:10:16 (34.3%)	5:55	10.1 (66.0%)
82	ZIELIŃSKI Krzysztof	86		Open M	82	00:30:01.25	00:30:10.10	+00:10:29 (34.8%)	6:00	10 (65.4%)
83	ROGUSZCZAK Maciej	245		Open M	83	00:29:59.80	00:30:11.25	+00:10:30 (34.8%)	6:00	10 (65.4%)
84	MRELA Adrian	244		Open M	84	00:30:13.25	00:30:17.95	+00:10:36 (35.0%)	6:02	9.9 (64.7%)
85	RZĄDKOWSKI Marcin	167		Open M	85	00:29:59.50	00:30:23.80	+00:10:42 (35.2%)	5:59	10 (65.4%)
86	GRUSZKA Marek	82		Open M	86	00:30:24.15	00:30:30.15	+00:10:49 (35.5%)	6:04	9.9 (64.7%)
87	GŁĄB Sławomir	249		Open M	87	00:30:25.05	00:30:32.20	+00:10:51 (35.5%)	6:05	9.9 (64.7%)
88	ZAJĄC Michał	255		Open M	88	00:30:25.45	00:30:46.05	+00:11:05 (36.0%)	6:05	9.9 (64.7%)
89	LEWANDOWSKI Daniel	215		Open M	89	00:30:30.00	00:30:49.45	+00:11:08 (36.1%)	6:06	9.8 (64.1%)
90	MURAWKA Łukasz	177		Open M	90	00:30:25.85	00:30:50.95	+00:11:09 (36.2%)	6:05	9.9 (64.7%)
91	ZAWADZKI Jacek	76		Open M	91	00:30:34.15	00:30:54.00	+00:11:13 (36.3%)	6:07	9.8 (64.1%)
92	KUTRA Paweł	262		Open M	92	00:30:43.60	00:31:09.60	+00:11:28 (36.8%)	6:08	9.8 (64.1%)
93	ŚWIETLIK Tomasz	271		Open M	93	00:31:05.25	00:31:11.60	+00:11:30 (36.9%)	6:13	9.7 (63.4%)
94	WOJANOWSKI Zbigniew	68		Open M	94	00:31:07.45	00:31:14.60	+00:11:33 (37.0%)	6:13	9.6 (62.7%)
95	GOLIK Krzysztof	49		Open M	95	00:31:17.60	00:31:17.60	+00:11:36 (37.1%)	6:15	9.6 (62.7%)
96	BITNER Jan	235		Open M	96	00:31:00.40	00:31:21.10	+00:11:40 (37.2%)	6:12	9.7 (63.4%)
97	GROBELNY Michał	178		Open M	97	00:31:11.80	00:31:22.40	+00:11:41 (37.3%)	6:14	9.6 (62.7%)
98	FALKOWSKI Mariusz	170		Open M	98	00:31:14.20	00:31:26.85	+00:11:45 (37.4%)	6:14	9.6 (62.7%)
99	KONARSKI Szymon	285		Open M	99	00:31:14.65	00:31:28.55	+00:11:47 (37.5%)	6:15	9.6 (62.7%)
100	KURAŚ Marcin	246		Open M	100	00:31:20.35	00:31:32.40	+00:11:51 (37.6%)	6:16	9.6 (62.7%)
101	NIEDBALSKI Krzysztof	183		Open M	101	00:31:28.00	00:31:44.10	+00:12:03 (38.0%)	6:17	9.5 (62.1%)
102	MIŁOSZ Mariusz	9		Open M	102	00:31:57.65	00:32:14.10	+00:12:33 (38.9%)	6:23	9.4 (61.4%)
103	ŻURAWSKI Michał	185		Open M	103	00:31:56.20	00:32:22.10	+00:12:41 (39.2%)	6:23	9.4 (61.4%)
104	KASZUBOWSKI Daniel	144		Open M	104	00:32:12.95	00:32:31.80	+00:12:50 (39.5%)	6:26	9.3 (60.8%)
105	SOBIECHOWSKI Tomasz	279		Open M	105	00:32:25.85	00:32:36.40	+00:12:55 (39.6%)	6:29	9.2 (60.1%)
106	TOMASZEWSKI Dominik	29		Open M	106	00:32:34.60	00:32:38.60	+00:12:57 (39.7%)	6:30	9.2 (60.1%)
107	JASIK Jarosław	199		Open M	107	00:32:29.95	00:32:53.50	+00:13:12 (40.2%)	6:30	9.2 (60.1%)
108	PRENTKI Adam	1		Open M	108	00:32:39.60	00:33:02.25	+00:13:21 (40.4%)	6:32	9.2 (60.1%)
109	WALCZAK Jacek	44		Open M	109	00:33:19.95	00:33:33.25	+00:13:52 (41.3%)	6:40	9 (58.8%)
110	PIETRUSZEWSKI Bogdan`	45		Open M	110	00:33:24.60	00:33:33.30	+00:13:52 (41.3%)	6:41	9 (58.8%)
111	JAKUBOWSKI Mateusz	101		Open M	111	00:33:42.40	00:33:57.40	+00:14:16 (42.0%)	6:44	8.9 (58.2%)
112	SŁOWIK Przemysław	69		Open M	112	00:33:44.50	00:34:00.55	+00:14:19 (42.1%)	6:44	8.9 (58.2%)
113	KUCHARSKI Adam	108		Open M	113	00:34:01.00	00:34:11.35	+00:14:30 (42.4%)	6:48	8.8 (57.5%)
114	JAKUBOWSKI Jan	100		Open M	114	00:34:16.50	00:34:30.60	+00:14:49 (43.0%)	6:51	8.8 (57.5%)
115	STAWICKI Bartosz	284		Open M	115	00:34:47.70	00:35:01.60	+00:15:20 (43.8%)	6:57	8.6 (56.2%)

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116	WALEWICZ Piotr	209		Open M	116	00:34:57.90	00:35:08.60	+00:15:27 (44.0%)	6:59	8.6 (56.2%)
117	ASTUKIEWICZ Tomasz	133		Open M	117	00:35:06.75	00:35:21.65	+00:15:40 (44.3%)	7:01	8.5 (55.6%)
118	MORDAKA Maciej	118		Open M	118	00:35:12.50	00:35:27.05	+00:15:46 (44.5%)	7:02	8.5 (55.6%)
119	BON Oliwier	266		Open M	119	00:35:25.20	00:35:43.15	+00:16:02 (44.9%)	7:05	8.5 (55.6%)
120	FRONTCZAK Arkadiusz	26		Open M	120	00:35:39.90	00:35:55.20	+00:16:14 (45.2%)	7:08	8.4 (54.9%)
121	ZIELIŃSKI Waldemar	5		Open M	121	00:36:05.70	00:36:25.70	+00:16:44 (46.0%)	7:13	8.3 (54.2%)
122	ZACHARA Piotr	74		Open M	122	00:37:09.20	00:37:18.10	+00:17:37 (47.2%)	7:26	8.1 (52.9%)
123	GORZYCKI Dariusz	12		Open M	123	00:37:24.80	00:37:42.15	+00:18:01 (47.8%)	7:29	8 (52.3%)
124	REDLAK Tomasz	174		Open M	124	00:39:17.25	00:39:41.85	+00:20:00 (50.4%)	7:51	7.6 (49.7%)
124	GRABIŃSKI Henryk	117		Open M	124	00:39:16.90	00:39:41.85	+00:20:00 (50.4%)	7:51	7.6 (49.7%)
126	ROSZAK Tomasz	157		Open M	126	00:39:16.75	00:39:41.95	+00:20:00 (50.4%)	7:51	7.6 (49.7%)
127	GÓRNY Łukasz	94		Open M	127	00:40:41.00	00:40:54.65	+00:21:13 (51.9%)	8:08	7.4 (48.4%)
128	TROJAŃCZYK Krzysztof	116		Open M	128	00:42:23.05	00:42:45.60	+00:23:04 (54.0%)	8:28	7.1 (46.4%)
129	MŁYNAREK Piotr	113		Open M	129	00:42:28.40	00:42:50.25	+00:23:09 (54.1%)	8:29	7.1 (46.4%)
130	BAJOREK Kacper	251		Open M	130	00:43:05.15	00:43:05.15	+00:23:24 (54.3%)	8:37	7 (45.8%)
131	CABAŃSKI Jacek	175		Open M	131	00:43:20.20	00:43:28.65	+00:23:47 (54.7%)	8:40	6.9 (45.1%)
132	PAŁECKI Adam	258		Open M	132	00:43:21.30	00:43:28.85	+00:23:47 (54.7%)	8:40	6.9 (45.1%)
133	SAPA Dariusz	38		Open M	133	00:43:45.15	00:43:51.40	+00:24:10 (55.1%)	8:45	6.9 (45.1%)

Znaleziono 133 wynik(ów)