



I MARATON RZEŹNIKA

B4SPORT

Wydarzenie: VIII FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2022-06-16
Miejsce: Cisna
Dystans: 52 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
1	RAJCHERT Joanna	1342		K40	1		01:53:35	03:29:12	05:21:40	07:00:54.80	07:01:11.20		8:05	7.4 (100%)
2	ŁUKOWICZ Elzbieta	1467		K40	2		02:02:54	03:47:54	05:49:05	07:31:16.90	07:31:54.85	+00:30:43 (6.8%)	8:40	6.9 (93.2%)
3	KOCHANOWSKA Michalina	1297	KRISS COACHING	K40	3		01:55:48	03:34:53	05:45:28	07:39:45.50	07:40:31.20	+00:39:20 (8.5%)	8:50	6.8 (91.9%)
4	MOLTZAN-MAŁKOWSKA Magdalena	1259	CROSSFIT TORUŃ	K40	4		01:55:45	03:40:25	05:53:14	07:43:00.80	07:43:10.90	+00:41:59 (9.1%)	8:54	6.7 (90.5%)
5	WOJCIECHOWSKA Dorota	1125	-	K40	5		01:54:04	03:39:20	06:07:29	08:05:11.90	08:05:27.60	+01:04:16 (13.2%)	9:19	6.4 (86.5%)
6	DOBROWOLSKA Agnieszka	5		K40	6	Tak	02:00:06	03:49:50	06:05:09	08:07:44.20	08:08:00.60	+01:06:49 (13.7%)	9:22	6.4 (86.5%)
7	DYŚ Małgorzata	1318	STAY INSANE	K40	7		01:54:48	03:44:43	06:07:24	08:11:54.15	08:12:10.40	+01:10:59 (14.4%)	9:27	6.3 (85.1%)
8	SOKOŁOWSKA Anna	1412		K40	8		02:01:09	03:48:37	06:08:05	08:18:32.25	08:19:00.85	+01:17:49 (15.6%)	9:35	6.3 (85.1%)
9	PAWLIKOWSKA Monika	1089		K40	9		02:08:16	03:59:19	06:22:40	08:21:57.95	08:22:27.40	+01:21:16 (16.2%)	9:39	6.2 (83.8%)
10	KOCZUR Tamara	1455	AMBITNI AMATORZY	K40	10		02:00:45	03:46:22	06:04:16	07:48:02.30	08:25:50.30	+01:24:39 (16.7%)	9:00	6.7 (90.5%)
11	BUDNY Aleksandra	1502		K40	11		02:10:16	04:07:54	06:35:57	08:41:54.15	08:42:01.20	+01:40:50 (19.3%)	10:02	6 (81.1%)
12	WIŚNIEWSKA Agnieszka	1496		K40	12		02:10:19	04:07:54	06:35:55	08:41:53.45	08:42:01.40	+01:40:50 (19.3%)	10:02	6 (81.1%)
13	KIERZEK Ewa	1047		K40	13		02:06:30	04:07:14	06:35:27	08:42:42.40	08:43:06.80	+01:41:55 (19.5%)	10:03	6 (81.1%)
14	HERBEĆ-LABOCHA Magdalena	1076		K40	14		02:01:08	03:57:15	06:31:42	08:51:26.05	08:52:05.60	+01:50:54 (20.8%)	10:13	5.9 (79.7%)
15	SOCHA Dorota	1413		K40	15		01:58:55	03:48:36	06:19:18	08:54:21.90	08:54:50.65	+01:53:39 (21.3%)	10:16	5.8 (78.4%)

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							Roztoki I 15km	Solinka 28km	Roztoki II 41km					
16	GROTH Marzena	1122		K40	16		02:05:10	04:00:13	06:41:18	09:02:02.20	09:02:02.20	+02:00:51 (22.3%)	10:25	5.8 (78.4%)
17	ADAMCZUK Agnieszka	1139	MARKOWI BIEGACZE	K40	17		02:04:46	03:56:46	06:45:10	09:01:55.40	09:02:13.15	+02:01:01 (22.3%)	10:25	5.8 (78.4%)
18	TOKARSKA Bożena	1429	#ADAMCZERWIŃSKITEAM	K40	18		02:08:58	04:06:08	06:51:27	09:06:01.70	09:06:44.00	+02:05:32 (23.0%)	10:30	5.7 (77.0%)
19	SZULECKA Kamila	1228	AGB TORFY	K40	19		02:14:35	04:21:14	06:48:49	09:14:28.35	09:14:51.80	+02:13:40 (24.1%)	10:39	5.6 (75.7%)
20	GRANECKA Monika	1236	DZIK KOMANDO	K40	20		02:22:41	04:31:45	07:07:46	09:15:47.10	09:16:02.25	+02:14:51 (24.3%)	10:41	5.6 (75.7%)
21	GIDASZEWSKA Jolanta	1243	#BIEGAJLESZNO	K40	21		02:20:38	04:25:24	07:05:50	09:17:58.55	09:18:13.30	+02:17:02 (24.5%)	10:43	5.6 (75.7%)
22	JAGODZIŃSKA Aleksandra	1267	JAGODA TEAM	K40	22		02:10:58	04:16:29	07:07:23	09:25:07.40	09:25:17.90	+02:24:06 (25.5%)	10:52	5.5 (74.3%)
23	PRYCIŃSKA Wiesława	1304		K40	23		02:13:33	04:16:49	07:03:03	09:27:24.35	09:27:44.65	+02:26:33 (25.8%)	10:54	5.5 (74.3%)
24	GUSZCZA Ewa	1190	MARKOWI BIEGACZE	K40	24		02:10:01	04:23:03	07:15:44	09:31:56.45	09:32:16.35	+02:31:05 (26.4%)	10:59	5.5 (74.3%)
25	CHARKIEWICZ Monika	1226	SUT STRASZYN ULTRA TEAM	K40	25		02:16:43	04:14:25	06:59:52	09:33:19.00	09:33:57.65	+02:32:46 (26.6%)	11:01	5.4 (73.0%)
26	BALEWSKA Iwona	1508	SPC	K40	26		02:19:36	04:35:42	07:23:18	09:35:08.50	09:35:41.25	+02:34:30 (26.8%)	11:03	5.4 (73.0%)
27	SURDEL Aleksandra	1028		K40	27		02:20:57	04:31:50	07:25:01	09:44:45.75	09:45:08.40	+02:43:57 (28.0%)	11:14	5.3 (71.6%)
28	CZECH Dorota	1293	ASICS FRONTRUNNER POLAND	K40	28		02:23:08	04:36:55	07:24:37	09:53:07.80	09:53:29.90	+02:52:18 (29.0%)	11:24	5.3 (71.6%)
29	SZULC Edyta	1420	ADIDAS RUNNERS WARSAW	K40	29		02:32:49	04:48:07	07:45:11	10:04:11.30	10:04:11.30	+03:03:00 (30.3%)	11:37	5.2 (70.3%)
30	JAROS Marzena	1400		K40	30		02:19:55	04:38:49	07:40:51	10:11:01.20	10:11:09.90	+03:09:58 (31.1%)	11:45	5.1 (68.9%)
31	ZBROJA-HAMANOWICZ Magdalena	1009	BIEGAM BO LUBIĘ BIAŁYSTOK	K40	31		02:24:23	04:41:06	07:41:16	10:17:47.70	10:18:08.80	+03:16:57 (31.9%)	11:52	5.1 (68.9%)
32	MARCINIAK Anna	1078		K40	32		02:19:16	04:30:47	07:34:11	10:20:11.15	10:20:52.55	+03:19:41 (32.2%)	11:55	5 (67.6%)
33	WOJTASIK Marta	1397		K40	33		02:23:06	04:37:46	07:41:05	10:20:31.10	10:20:54.05	+03:19:42 (32.2%)	11:55	5 (67.6%)
34	PTAK Magdalena	1305		K40	34		02:18:43	04:30:23	07:31:48	09:47:36.05	10:25:24.05	+03:24:12 (32.7%)	11:18	5.3 (71.6%)
35	WILCZYŃSKA-KOGUT Aleksandra	1391	BANDA Z POLUDNIA	K40	35		02:31:31	04:57:25	07:56:46	10:36:00.35	10:36:06.05	+03:34:54 (33.8%)	12:13	4.9 (66.2%)
36	FAFARA Agnieszka	1004	BIEGNIĘTE LASKI	K40	36		02:34:04	04:52:18	07:52:46	10:35:24.95	10:36:07.50	+03:34:56 (33.8%)	12:13	4.9 (66.2%)
37	MASZEWSKA-WACH Mariola	1492		K40	37		02:39:49	05:08:31	08:10:10	10:36:52.85	10:37:02.75	+03:35:51 (33.9%)	12:14	4.9 (66.2%)
38	PŁUCIENNICZAK Barbara	1020		K40	38		02:25:09	04:40:37	07:46:05	10:37:18.40	10:37:38.00	+03:36:26 (33.9%)	12:15	4.9 (66.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Roztoki			Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
							Roztoki I 15km	Solinka 28km	II 41km					
39	MOĆKO Anita	1158	MARKOWI BIEGACZE	K40	39		02:29:19	04:48:06	08:00:41	10:40:39.05	10:41:00.60	+03:39:49 (34.3%)	12:19	4.9 (66.2%)
40	KURAS-SMOLNIK Magdalena	1216		K40	40		02:24:15	04:43:22	07:51:46	10:43:37.45	10:44:07.25	+03:42:56 (34.6%)	12:22	4.8 (64.9%)
41	WEILAND Emila	1471		K40	41		02:44:48	05:29:54	08:33:08	11:23:41.85	11:24:03.75	+04:22:52 (38.4%)	13:08	4.6 (62.2%)
42	GRZESZCZAK Małgorzata	1184	BIEGAMYRAZEM.PL	K40	42		02:35:37	05:08:10		11:29:49.90	11:30:21.25	+04:29:10 (39.0%)	13:15	4.5 (60.8%)
43	OLSZEWSKA Ewa	1073	T. G. SOKÓŁ GNIEWKOWO	K40	43		02:44:04	05:19:44	08:39:01	11:40:50.05	11:41:39.00	+04:40:27 (40.0%)	13:28	4.5 (60.8%)
44	JUSZCZYK Małgorzata	1186	NIEPOŁOMICE BIEGAJĄ	K40	44		02:39:23	05:12:49	08:51:55	11:50:04.40	11:50:38.35	+04:49:27 (40.7%)	13:39	4.4 (59.5%)
45	SZKAMRUK Małgorzata	1258	EXTREMALNI RZEŹNICY NA RELAKSIE	K40	45		03:07:34	05:59:57	09:30:55	12:29:50.70	12:29:57.00	+05:28:45 (43.8%)	14:25	4.2 (56.8%)
46	MATERA Kinga	1375	GRUPA JURA.PL	K40	46		02:57:23	05:43:39	09:36:41	12:55:05.95	12:55:14.65	+05:54:03 (45.7%)	14:54	4 (54.1%)
47	FABJANCZYK Agnieszka	1402	GRUPA JURA PL	K40	47		02:57:03	05:43:41	09:36:41	12:55:06.55	12:55:14.70	+05:54:03 (45.7%)	14:54	4 (54.1%)
Przekroczony limit czasu: 13:00:00														
48	KARPIŃSKA Nina	1423	PAWKO RUNNER TEAM	K40	48		03:28:32	06:49:06		15:35:26.60	15:35:41.00	+08:34:29 (55.0%)	17:59	3.3 (44.6%)
	SKRZYNKOWSKA Joanna	1348		K40			03:54:37 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 49 wynik(ów)