



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VIII FESTIWAL BIEGU RZEŹNIKA
Fundacja Bieg Rzeźnika
2022-06-16
Cisna
52 km

I MARATON RZEŹNIKA

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
1	GAWLIK Sławek	11	DYNAFIT	M30	1	Tak	01:26:46	02:44:05	04:15:34	05:36:34.45	05:36:35.85		6:28	9.3 (100%)
2	WASIAK Tomasz	1449	ADIDAS RUNNERS ZURICH	M30	2		01:25:25	02:43:15	04:21:45	05:44:58.30	05:45:01.55	+00:08:25 (2.4%)	6:38	9 (96.8%)
3	WETHACZ Dariusz	1465	ONRUNNING	M30	3		01:27:37	02:47:51	04:23:22	05:48:56.60	05:48:58.45	+00:12:22 (3.5%)	6:42	8.9 (95.7%)
4	DWORNICKI Kamil	10		M30	4	Tak	01:31:48	02:55:49	04:34:34	06:00:56.70	06:01:02.20	+00:24:26 (6.8%)	6:56	8.6 (92.5%)
5	TROJNAR Damian	1311	KS JANUSZE	M30	5		01:34:07	02:59:23	04:43:34	06:13:34.80	06:13:41.55	+00:37:05 (9.9%)	7:11	8.4 (90.3%)
6	KĄKOL Grzegorz	1051		M30	6		01:29:18	02:51:21	04:34:05	06:14:34.50	06:15:01.75	+00:38:25 (10.2%)	7:12	8.3 (89.2%)
7	CHWEDCZUK Robert	1248	ŻÓRAWSKI TEAM	M30	7		01:31:15	02:55:44	04:43:14	06:24:27.60	06:24:33.80	+00:47:57 (12.5%)	7:23	8.1 (87.1%)
8	SADOWSKI Rafał	13	KB SPARTAKUS BEŁCHATÓW	M30	8	Tak	01:36:29	03:05:37	04:59:04	06:36:37.05	06:36:42.40	+01:00:06 (15.2%)	7:37	7.9 (84.9%)
9	BARANOWSKI Maciej	14	JACEKBIEGA RUNNING TEAM	M30	9	Tak	01:41:42	03:17:53	05:06:59	06:36:36.50	06:37:08.95	+01:00:33 (15.2%)	7:37	7.9 (84.9%)
10	PABIAN Paweł	1427	DYNAFIT OBERALP	M30	10		01:32:49	02:57:06	04:51:51	06:38:50.15	06:39:01.80	+01:02:25 (15.6%)	7:40	7.8 (83.9%)
11	SULIKOWSKI Rafał	1418		M30	11		01:40:53	03:10:02	05:02:08	06:38:26.65	06:39:09.95	+01:02:34 (15.7%)	7:39	7.8 (83.9%)
12	RAK Wojciech	1030	SII RUNNING TEAM	M30	12		01:34:40	03:00:43	04:59:32	06:40:11.90	06:40:21.50	+01:03:45 (15.9%)	7:41	7.8 (83.9%)
13	KARCZMARCZYK Mateusz	1334		M30	13		01:36:26	03:02:48	05:05:10	06:43:59.40	06:44:05.20	+01:07:29 (16.7%)	7:46	7.7 (82.8%)
14	WILK Krzysztof	1231	SARNI TĘTENT	M30	14		01:38:34	03:10:20	05:03:20	06:49:11.50	06:49:16.50	+01:12:40 (17.8%)	7:52	7.6 (81.7%)
15	KAMIŃSKI Marek	1403		M30	15		01:33:37	03:02:35	05:03:09	06:50:39.40	06:50:46.20	+01:14:10 (18.1%)	7:53	7.6 (81.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
16	KOZŁOWSKI Michał	1371	MATNER RUNNING TEAM	M30	16		01:42:12	03:10:38	05:12:54	06:53:59.65	06:54:08.20	+01:17:32 (18.7%)	7:57	7.5 (80.6%)
17	STAWIARZ Paweł	1232	140MINUT.PL	M30	17		01:44:46	03:19:34	05:23:19	06:57:20.25	06:57:31.95	+01:20:56 (19.4%)	8:01	7.5 (80.6%)
18	STEFAŃSKI Krystian	1491		M30	18					07:03:44.00	07:03:44.00	+01:27:08 (20.6%)	8:08	7.4 (79.6%)
19	KURCEWICZ Paweł	1035		M30	19		01:41:33	03:15:30	05:22:04	07:06:53.40	07:06:56.05	+01:30:20 (21.2%)	8:12	7.3 (78.5%)
20	ŁOWIGUS Michał	1171		M30	20		01:47:10	03:27:08	05:34:00	07:10:07.35	07:10:31.05	+01:33:55 (21.8%)	8:16	7.3 (78.5%)
21	MENDYKA Łukasz	1299	KB AKTYWNI ŚRODA WLKP.	M30	21		01:50:13	03:27:26	05:29:17	07:10:12.40	07:10:34.60	+01:33:58 (21.8%)	8:16	7.3 (78.5%)
22	SZYMAŃSKI Jarosław	1209	MIĘDZYRZECKA GRUPA BIEGOWA	M30	22		01:44:45	03:18:23	05:28:13	07:13:46.60	07:14:14.05	+01:37:38 (22.5%)	8:20	7.2 (77.4%)
23	SMACZNY Bartłomiej	1202		M30	23		01:48:52	03:26:35	05:33:40	07:14:46.30	07:15:26.70	+01:38:50 (22.7%)	8:21	7.2 (77.4%)
24	KUŚMIERZAK Piotr	1023	PRZEDWOJEWSKI TEAM/STAY INSANE	M30	24		01:37:49	03:10:42	05:20:25	07:15:37.85	07:15:40.90	+01:39:05 (22.7%)	8:22	7.2 (77.4%)
25	WOŁK Mariusz	1312	#ZALINIAMIETYTEAM	M30	25		01:42:48	03:18:39	05:25:31	07:16:00.10	07:16:03.80	+01:39:27 (22.8%)	8:23	7.2 (77.4%)
26	ROSIAK Radosław	1266		M30	26		05:26:08			07:19:33.40	07:19:40.20	+01:43:04 (23.4%)	8:27	7.1 (76.3%)
27	ROGOWSKI Krzysztof	1283		M30	27		01:43:32	03:17:13	05:32:17	07:22:31.15	07:22:38.65	+01:46:02 (24.0%)	8:30	7.1 (76.3%)
28	KACZMAREK Maciej	1351		M30	28		01:45:56	03:23:15	05:34:29	07:23:21.25	07:23:23.10	+01:46:47 (24.1%)	8:31	7 (75.3%)
29	MAJOREK Krzysztof	1241		M30	29		01:53:34	03:31:39	05:38:51	07:25:22.65	07:25:28.35	+01:48:52 (24.4%)	8:33	7 (75.3%)
30	NIEMCZYK Dominik	1029	EUROCLEAR RUNNING TEAM	M30	30		01:53:14	03:35:53	05:46:47	07:27:52.05	07:27:55.30	+01:51:19 (24.9%)	8:36	7 (75.3%)
31	ORŁOWSKI Jakub	1321	WARCHLACZKI	M30	31		01:38:32	03:18:37	05:25:30	07:31:44.00	07:31:49.95	+01:55:14 (25.5%)	8:41	6.9 (74.2%)
32	SKOTNICZNY Michał	1084		M30	32		01:47:18	03:19:54	05:27:23	07:31:59.60	07:32:02.10	+01:55:26 (25.5%)	8:41	6.9 (74.2%)
33	DOBEK Maciej Dobek	1448	SWORDS WARSAW	M30	33		01:47:11	03:27:07	05:34:04	07:34:59.70	07:35:23.70	+01:58:47 (26.1%)	8:44	6.9 (74.2%)
34	ODOLAK Piotr	1036	STANWEX LL	M30	34		01:53:28	03:48:01	05:57:03	07:35:48.90	07:36:21.20	+01:59:45 (26.2%)	8:45	6.8 (73.1%)
35	SZAFRAŃSKI Mateusz	1045	CROSSFIT 72D	M30	35		01:49:32	03:28:39	05:44:35	07:36:35.80	07:37:18.35	+02:00:42 (26.4%)	8:46	6.8 (73.1%)
36	HOŁYŃSKI Leszek	1116	KM PSP SZCZECIN	M30	36		01:50:10	03:27:39	05:40:52	07:37:45.20	07:38:08.65	+02:01:32 (26.5%)	8:48	6.8 (73.1%)
37	RUSINEK Łukasz	1070	NOCNY BÓR TEAM	M30	37		01:55:21	03:39:33	05:48:53	07:40:08.70	07:40:30.50	+02:03:54 (26.9%)	8:50	6.8 (73.1%)
38	WYWIAŁ Łukasz	1416	SAINT-GOBAIN SQUAD	M30	38		01:55:11	03:32:04	05:45:51	07:40:52.50	07:41:30.15	+02:04:54 (27.1%)	8:51	6.8 (73.1%)

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							Roztoki I 15km	Solinka 28km	Roztoki II 41km					
39	MORAWSKI Grzegorz	1485		M30	39		01:52:00	03:33:56	05:49:11	07:45:01.10	07:45:07.05	+02:08:31 (27.6%)	8:56	6.7 (72.0%)
40	NIECHWIEJ Michał	1489		M30	40		01:41:50	03:19:39	05:49:31	07:46:59.30	07:47:48.70	+02:11:12 (28.0%)	8:58	6.7 (72.0%)
41	KURASZ Piotr	1096		M30	41		01:45:46	03:19:22	05:39:16	07:48:04.35	07:48:24.70	+02:11:48 (28.1%)	9:00	6.7 (72.0%)
42	KORZELECKI Wojciech	1104	GIANT PSIE POLE	M30	42		01:48:43	03:27:55	05:46:15	07:48:30.25	07:48:38.90	+02:12:03 (28.2%)	9:00	6.7 (72.0%)
43	PIŁAT Jakub	1388		M30	43		01:54:38	03:35:27	05:49:24	07:49:05.65	07:49:33.50	+02:12:57 (28.3%)	9:01	6.7 (72.0%)
44	WIĄCEK Damian	1447		M30	44		01:49:25	03:35:22	05:55:44	07:52:10.80	07:52:18.50	+02:15:42 (28.7%)	9:04	6.6 (71.0%)
45	ROGACKI Hubert	1237	MAVERICKS	M30	45		01:49:37	03:29:31	05:58:41	07:53:29.40	07:53:57.75	+02:17:21 (29.0%)	9:06	6.6 (71.0%)
46	BISAGA Sebastian	1265		M30	46		02:04:29	03:52:33	06:07:55	07:56:09.85	07:56:53.50	+02:20:17 (29.4%)	9:09	6.6 (71.0%)
47	FLORIAN Krzysztof	1210	WARTKIE PIERONY	M30	47		01:57:46	03:44:49	06:09:32	08:02:29.05	08:03:13.70	+02:26:37 (30.3%)	9:16	6.5 (69.9%)
48	BRYGAŁA Tomasz	1463	ADIDAS RUNNERS WARSAW	M30	48		01:50:57	03:29:19	05:55:21	08:02:29.35	08:03:16.90	+02:26:41 (30.4%)	9:16	6.5 (69.9%)
49	JELENIOWSKI Paweł	1244		M30	49		01:48:45	03:29:44	05:52:47	08:03:20.70	08:03:39.50	+02:27:03 (30.4%)	9:17	6.5 (69.9%)
50	NIEDZIELA Szymon	1361		M30	50		05:52:42			08:04:16.00	08:04:16.00	+02:27:40 (30.5%)	9:18	6.4 (68.8%)
51	CIERLAK Przemysław	1285	BRZYSKI TRI TEAM	M30	51		01:59:15	03:48:03	05:58:47	08:04:11.95	08:04:34.90	+02:27:59 (30.5%)	9:18	6.4 (68.8%)
52	MEISSNER Paweł	1128	TIGERS TEAM	M30	52		01:50:13	03:34:46	06:08:24	08:17:53.60	08:18:00.20	+02:41:24 (32.4%)	9:34	6.3 (67.7%)
53	WARAS Wojciech	1335	SILESIA MARATHON CLUB	M30	53		01:52:19	03:35:54	06:04:14	08:22:04.20	08:22:18.00	+02:45:42 (33.0%)	9:39	6.2 (66.7%)
54	KOLUCH Bartek	1401	BIELINY RĘDZINY	M30	54		01:50:01	03:29:09	06:11:23	08:24:23.20	08:24:39.90	+02:48:04 (33.3%)	9:41	6.2 (66.7%)
55	DASZKIEWICZ Emil	1360		M30	55		02:08:55	04:07:26	06:25:51	08:24:04.35	08:24:43.60	+02:48:07 (33.3%)	9:41	6.2 (66.7%)
56	PLIS Grzegorz	1227		M30	56		01:41:52	03:25:10	06:09:14	08:26:27.90	08:26:54.30	+02:50:18 (33.6%)	9:44	6.2 (66.7%)
57	ŁOŚ Kamil	1247	DZIK KOMANDO	M30	57		01:58:31	03:39:45	05:58:49	08:27:34.25	08:27:49.70	+02:51:13 (33.7%)	9:45	6.1 (65.6%)
58	KORNAS Szymon	1325		M30	58		01:56:34	03:56:37	06:31:10	08:29:02.45	08:29:06.45	+02:52:30 (33.9%)	9:47	6.1 (65.6%)
59	KRASOWSKI Mateusz	1442	PROSWIM	M30	59		01:51:13		06:11:19	08:31:31.00	08:31:31.00	+02:54:55 (34.2%)	9:50	6.1 (65.6%)
60	KRASOWSKI Łukasz	1328	PROSWIM	M30	60		01:50:25	03:40:51	06:16:50	08:31:25.45	08:31:31.90	+02:54:56 (34.2%)	9:50	6.1 (65.6%)
61	PYKA Arkadiusz	1347		M30	61		01:47:30	03:33:54	06:03:42	08:31:25.90	08:31:43.85	+02:55:08 (34.2%)	9:50	6.1 (65.6%)

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							Roztoki I 15km	Solinka 28km	Roztoki II 41km					
62	DĄBROWSKI Artur	1370		M30	62		01:58:07	03:49:21	06:28:21	08:32:39.20	08:33:13.80	+02:56:37 (34.4%)	9:51	6.1 (65.6%)
63	IWANEK Przemysław	1410		M30	63		01:57:03	03:46:03	06:30:18	08:41:55.25	08:42:24.15	+03:05:48 (35.6%)	10:02	6 (64.5%)
64	MISIURA Adam	1179	SZAKALE BAŁUT ŁÓDŹ	M30	64		02:06:02	04:06:28	06:41:59	08:43:12.80	08:43:52.35	+03:07:16 (35.7%)	10:03	6 (64.5%)
65	LEŚNIAK Marcin	1052	STANWEX II	M30	65		02:07:52	04:08:59	06:36:10	08:44:01.35	08:44:32.70	+03:07:56 (35.8%)	10:04	6 (64.5%)
66	CHECHELSKI Michał	1208	BIEGAM Z LENIWYM	M30	66		01:53:11	03:52:44	06:32:15	08:46:19.35	08:46:22.45	+03:09:46 (36.1%)	10:07	5.9 (63.4%)
67	KUŚ Jakub	1345		M30	67		02:04:39	04:01:44	06:45:48	08:54:15.10	08:54:25.90	+03:17:50 (37.0%)	10:16	5.8 (62.4%)
68	HABA Konrad	1381		M30	68		01:58:59	03:58:48	06:41:09	08:58:29.75	08:58:42.35	+03:22:06 (37.5%)	10:21	5.8 (62.4%)
69	ŻABIŃSKI Jakub	1055		M30	69		01:57:50	03:43:46	06:16:43	08:57:55.20	08:58:47.85	+03:22:12 (37.5%)	10:20	5.8 (62.4%)
70	KASPERCZYK Michał	1284	BRZYSKI TRI TEAM	M30	70		01:59:15	03:49:31	06:31:41	08:59:10.65	08:59:33.90	+03:22:58 (37.6%)	10:22	5.8 (62.4%)
71	DĄBROWSKI Michał	1191		M30	71		02:10:23	04:08:25	06:53:12	09:05:04.80	09:05:18.30	+03:28:42 (38.3%)	10:28	5.7 (61.3%)
72	ŚLIWIŃSKI Jakub	1323		M30	72		02:01:58	03:47:23	06:29:49	09:05:46.70	09:06:12.25	+03:29:36 (38.4%)	10:29	5.7 (61.3%)
73	SYCZYŃSKI Tomasz	1344	RAPTUSY URSUS	M30	73		07:07:56			09:10:06.85	09:10:18.80	+03:33:42 (38.8%)	10:34	5.7 (61.3%)
74	GMAJ Daniel	1189		M30	74		02:10:59	04:08:10	06:49:01	09:14:50.10	09:15:25.60	+03:38:49 (39.4%)	10:40	5.6 (60.2%)
75	LAUBACH Radosław	1090	RAAN	M30	75		02:24:59	04:27:48	07:01:47	09:15:52.50	09:16:14.25	+03:39:38 (39.5%)	10:41	5.6 (60.2%)
76	SYCHOWSKI Dawid	1017		M30	76		02:00:02	04:32:27	07:00:56	09:17:20.45	09:18:01.45	+03:41:25 (39.7%)	10:43	5.6 (60.2%)
77	ROGE Michał	1037		M30	77		02:10:37	04:09:37		09:19:41.05	09:20:13.50	+03:43:37 (39.9%)	10:45	5.6 (60.2%)
78	BRZozowski Kamil	1136		M30	78		02:02:09	04:32:29	07:05:52	09:28:51.90	09:29:27.20	+03:52:51 (40.9%)	10:56	5.5 (59.1%)
79	CZECHOWSKI Konrad	1144		M30	79		02:18:41	04:28:17	07:17:13	09:40:59.00	09:41:13.20	+04:04:37 (42.1%)	11:10	5.4 (58.1%)
80	SANIAK Przemysław	1324	SII RUNNING TEAM	M30	80		02:18:42	04:29:26	07:24:56	09:43:33.45	09:43:59.80	+04:07:23 (42.4%)	11:13	5.3 (57.0%)
81	DERKOWSKI Rafał	1250		M30	81		02:07:14	04:08:36	07:09:35	09:44:06.90	09:44:20.40	+04:07:44 (42.4%)	11:13	5.3 (57.0%)
82	TARNOWSKI Michał	1256		M30	82		02:12:41	04:19:26	07:15:36	09:45:23.40	09:46:12.40	+04:09:36 (42.6%)	11:15	5.3 (57.0%)
83	OSLISŁOK Paweł	1056	SOCA	M30	83		01:47:43	03:35:19	07:06:05	09:49:30.00	09:49:41.00	+04:13:05 (42.9%)	11:20	5.3 (57.0%)
84	MAZUR Grzegorz Mazur	1176		M30	84		02:12:50	04:24:43	07:26:06	09:49:36.30	09:49:59.65	+04:13:23 (42.9%)	11:20	5.3 (57.0%)

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85	PUCHAŁA Łukasz	1269		M30	85		01:56:21	03:57:16	06:56:51	09:50:57.75	09:51:05.10	+04:14:29 (43.1%)	11:21	5.3 (57.0%)
86	ZARĘBA Bartłomiej	1178		M30	86		02:10:15	04:21:18	07:25:40	09:50:42.35	09:51:07.65	+04:14:31 (43.1%)	11:21	5.3 (57.0%)
87	GUZIŃSKI Emil	1264	DZIK KOMANDO	M30	87		02:25:00	04:28:34	07:24:58	09:58:06.50	09:58:23.50	+04:21:47 (43.7%)	11:30	5.2 (55.9%)
88	KWAŚNIK Sławomir	1319		M30	88		02:13:19	04:28:11	07:27:10	10:03:37.70	10:04:25.20	+04:27:49 (44.3%)	11:36	5.2 (55.9%)
89	POPKOWSKI Adam	1110		M30	89		02:18:34	04:37:02	07:47:04	10:26:13.20	10:26:20.60	+04:49:44 (46.3%)	12:02	5 (53.8%)
90	RADOSZ Jacek	1279		M30	90		02:20:23	04:22:07	07:10:15	10:37:14.50	10:37:21.75	+05:00:45 (47.2%)	12:15	4.9 (52.7%)
91	BIELOV Yuriy	1434		M30	91		01:56:37	04:39:50	08:03:05	10:39:33.90	10:39:38.90	+05:03:03 (47.4%)	12:17	4.9 (52.7%)
92	PFAJFER Marek	1027	SPÓJNIA BIAŁE BŁOTA	M30	92		02:23:02	04:31:51	07:53:44	10:39:51.30	10:40:44.60	+05:04:08 (47.5%)	12:18	4.9 (52.7%)
93	DUCZMAL Bartosz	1119		M30	93		02:15:18	04:20:23	07:50:44	10:45:23.20	10:46:07.40	+05:09:31 (47.9%)	12:24	4.8 (51.6%)
94	TRZYNA Marcin	1359	STYROPMIN	M30	94		02:26:30	04:51:47	08:09:55	10:46:17.30	10:46:53.25	+05:10:17 (48.0%)	12:25	4.8 (51.6%)
95	CZARNECKI Bartosz	1187		M30	95		02:42:30	05:38:49	08:36:01	11:16:33.60	11:17:19.30	+05:40:43 (50.3%)	13:00	4.6 (49.5%)
96	JAŁOWIEC Arkadiusz	1358		M30	96		02:29:54	05:02:57	08:36:19	11:37:02.00	11:37:44.85	+06:01:09 (51.8%)	13:24	4.5 (48.4%)
97	SZULC Waldemar	1254		M30	97		02:20:55	04:52:42	08:46:30	11:43:07.05	11:43:45.00	+06:07:09 (52.2%)	13:31	4.4 (47.3%)
98	PRZYBYLIK Oktawian	1044	DKL80	M30	98		02:40:52	05:29:49	09:07:24	12:28:50.20	12:29:17.30	+06:52:41 (55.1%)	14:24	4.2 (45.2%)
99	CZARNECKI Michał	1185		M30	99		02:42:35	05:38:55	09:20:35	12:47:05.80	12:47:51.20	+07:11:15 (56.2%)	14:45	4.1 (44.1%)
	KUŁACZKOWSKI Konrad	1034		M30			02:27:38 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 100 wynik(ów)