



I MARATON RZEŹNIKA

B4SPORT

Wydarzenie: VIII FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2022-06-16
Miejsce: Cisna
Dystans: 52 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
1	POLNY Daniel	1422	PASS RUNNING TEAM	M50	1		01:30:02	02:52:13	04:34:19	06:03:53.05	06:03:55.20		6:59	8.6 (100%)
2	MARKOWSKI Artur	1046	NOA	M50	2		01:36:08	03:05:44	05:08:01	06:54:23.00	06:54:27.30	+00:50:32 (12.2%)	7:58	7.5 (87.2%)
3	MICHALAK Michał	1329	MKB DREPTAK	M50	3		05:43:53			07:41:05.80	07:41:17.90	+01:37:22 (21.1%)	8:52	6.8 (79.1%)
4	HOLONA Maciek	1072	FORMA WODZISŁAW	M50	4		01:49:51	03:32:49	05:46:41	07:44:00.55	07:44:13.10	+01:40:17 (21.6%)	8:55	6.7 (77.9%)
5	PYTEL Waldek	1404	YULO RAN TEAM SIEDLCE	M50	5		01:52:45	03:33:14	05:47:56	07:45:30.15	07:45:34.45	+01:41:39 (21.8%)	8:57	6.7 (77.9%)
6	PIESIK Jarosław	1257	WOLSZTYŃSKI KLUB BIEGOWY	M50	6		01:55:45	03:41:13	05:56:01	07:46:45.65	07:47:11.35	+01:43:16 (22.1%)	8:58	6.7 (77.9%)
7	WOJTKOWIAK Paweł	1120		M50	7		01:50:01	03:29:33	05:44:32	07:50:04.40	07:50:36.00	+01:46:40 (22.7%)	9:02	6.6 (76.7%)
8	LORENZ Marcin	1511	GB GALOPUJĄCE ŚLIMAKI	M50	8		01:53:11	03:39:47	06:03:57	07:54:03.30	07:54:08.40	+01:50:13 (23.2%)	9:06	6.6 (76.7%)
9	LUDWICZAK Mariusz	1015	#WKURW-TEAM	M50	9		01:55:56	03:38:58	05:56:31	07:54:27.25	07:55:25.75	+01:51:30 (23.5%)	9:07	6.6 (76.7%)
10	FALKOWSKI Piotr	1503	KS PEGAZ PIASECZNO	M50	10		01:55:07	03:39:52	06:08:37	07:57:58.75	07:58:36.25	+01:54:41 (24.0%)	9:11	6.5 (75.6%)
11	RAKSZAWA Krzysztof	1506	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M50	11		01:45:29	03:16:54	05:39:28	07:58:55.70	07:59:00.30	+01:55:05 (24.0%)	9:12	6.5 (75.6%)
12	JĘDRO Tomasz	2	FC EIRE DIVISION	M50	12	Tak	01:55:56	03:45:05	06:07:35	08:02:02.30	08:02:32.60	+01:58:37 (24.6%)	9:16	6.5 (75.6%)
13	LASKOWSKI Piotr	1326		M50	13		02:01:49	03:49:43	06:03:02	08:05:21.05	08:05:36.50	+02:01:41 (25.1%)	9:20	6.4 (74.4%)
14	SZMAJDOWICZ Paweł	1151	FACHDOM TEAM	M50	14		01:51:53	03:40:51	06:14:17	08:18:20.80	08:18:32.20	+02:14:37 (27.0%)	9:35	6.3 (73.3%)
15	LIK Marek	12	CHEŁM BIEGA	M50	15	Tak	01:55:18	03:39:53	06:01:48	08:24:25.25	08:24:39.85	+02:20:44 (27.9%)	9:42	6.2 (72.1%)

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							15km	Solinka 28km	II 41km					
16	KARPIŃSKI Robert	3	SPARTANIE DZIECIOM	M50	16	Tak	02:07:03	04:02:18	06:28:54	08:29:37.15	08:29:49.10	+02:25:53 (28.6%)	9:48	6.1 (70.9%)
17	PORĘBA Eugeniusz	1482	MIECHÓW	M50	17		02:13:48	04:07:23	06:34:45	08:33:25.95	08:33:38.80	+02:29:43 (29.1%)	9:52	6.1 (70.9%)
18	BANEK Krzysztof	1408	CHRISS	M50	18		06:47:01			08:49:30.90	08:50:19.55	+02:46:24 (31.4%)	10:10	5.9 (68.6%)
19	SKOWRONEK Dariusz	1127	#BYLEDOMETRY	M50	19		02:02:16	04:07:39	06:32:43	08:50:15.20	08:50:19.60	+02:46:24 (31.4%)	10:11	5.9 (68.6%)
20	ADAMSKI Sławomir	1346		M50	20		02:01:07	03:54:50	06:32:50	08:51:05.90	08:51:31.30	+02:47:36 (31.5%)	10:12	5.9 (68.6%)
21	ROSIŃSKI Krzysztof	1395		M50	21		02:06:26	03:59:13	06:30:07	08:57:20.25	08:57:57.40	+02:54:02 (32.4%)	10:20	5.8 (67.4%)
22	FRANKOWSKI Dariusz	1431	SZAMANI W TRANSIE	M50	22		02:06:47	04:08:06	06:44:09	08:59:03.25	08:59:15.20	+02:55:20 (32.5%)	10:21	5.8 (67.4%)
23	SUDAKOWSKI Tomasz	1437	RAWA TIM ZAWSZE SLIM	M50	23		02:13:56	04:06:00	06:27:16	08:59:51.85	08:59:59.80	+02:56:04 (32.6%)	10:22	5.8 (67.4%)
24	STASZEWSKI Piotr	1470		M50	24		02:06:56	04:07:35	06:54:08	09:01:17.30	09:01:59.85	+02:58:04 (32.9%)	10:24	5.8 (67.4%)
25	GROTH Grzegorz	1353		M50	25		02:06:19	04:00:00	06:36:49	09:01:57.30	09:02:02.40	+02:58:07 (32.9%)	10:25	5.8 (67.4%)
26	WALIGÓRSKI Krzysztof	1126	MARKOWI BIEGACZE	M50	26		02:03:59	04:02:04	06:45:09	09:07:38.85	09:07:57.65	+03:04:02 (33.6%)	10:31	5.7 (66.3%)
27	RUCIŃSKI Adam	1007		M50	27		02:18:49	04:20:18	06:55:46	09:11:11.95	09:11:46.40	+03:07:51 (34.0%)	10:35	5.7 (66.3%)
28	OLBERT Ireneusz	1214	PCC ULTRA RUNNERS	M50	28		01:59:44	04:34:11	07:08:22	09:25:13.00	09:25:16.45	+03:21:21 (35.6%)	10:52	5.5 (64.0%)
29	POLSKI Jacek	1336		M50	29		02:14:19	04:23:07	07:05:31	09:26:46.50	09:27:06.10	+03:23:10 (35.8%)	10:53	5.5 (64.0%)
30	KONIECPOLSKI Krzysztof	1204		M50	30		02:41:14	04:47:40	07:27:37	09:33:45.65	09:34:33.70	+03:30:38 (36.7%)	11:02	5.4 (62.8%)
31	ŁABĘDZKI Piotr	1295	PIO-RUN	M50	31		02:04:36	04:08:46	07:12:55	09:35:00.70	09:35:08.95	+03:31:13 (36.7%)	11:03	5.4 (62.8%)
32	RADWAN Andrzej	1490	NOWA HUTA TEAM	M50	32		02:10:11	04:09:05	07:10:45	09:36:13.75	09:36:32.15	+03:32:36 (36.9%)	11:04	5.4 (62.8%)
33	BURY Marek	1450		M50	33		02:19:14	04:24:42	07:10:01	09:37:22.80	09:37:46.75	+03:33:51 (37.0%)	11:06	5.4 (62.8%)
34	PIETRUS Piotr	1238	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M50	34		02:05:28	04:08:45	07:12:45	09:43:33.30	09:44:03.90	+03:40:08 (37.7%)	11:13	5.3 (61.6%)
35	SIKORSKI Grzegorz	1066		M50	35		02:13:48	04:20:57	07:13:33	09:44:30.70	09:45:08.70	+03:41:13 (37.8%)	11:14	5.3 (61.6%)
36	PNIEWSKI Rafał	1006	1ON1TEAM	M50	36		02:18:24	04:33:31	07:22:57	09:52:30.05	09:53:11.50	+03:49:16 (38.7%)	11:23	5.3 (61.6%)
37	IMIOŁEK Arek	1025	ED - CERT	M50	37		02:19:36	04:48:29	07:35:55	09:57:01.70	09:57:25.35	+03:53:30 (39.1%)	11:28	5.2 (60.5%)
38	SZYGENDA Waldemar	1115		M50	38		02:15:18	04:21:21	07:23:02	09:57:39.70	09:58:12.80	+03:54:17 (39.2%)	11:29	5.2 (60.5%)

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39	BAKUN Mariusz	1002	CHEŁM BIEGA	M50	39		02:09:23	04:06:52	07:04:06	10:02:56.35	10:03:43.30	+03:59:48 (39.7%)	11:35	5.2 (60.5%)
40	SMORAWIŃSKI Marcin	1357		M50	40		02:17:20	04:28:51	07:25:20	10:04:06.50	10:04:21.40	+04:00:26 (39.8%)	11:37	5.2 (60.5%)
41	BALICKI Marek	1193		M50	41		02:38:32	04:44:02	07:24:45	10:04:52.75	10:05:10.35	+04:01:15 (39.9%)	11:37	5.2 (60.5%)
42	LEWARDOWSKI Konrad	1339	KTB KUNY	M50	42		02:10:05	04:33:22	07:39:37	10:10:17.35	10:11:11.65	+04:07:16 (40.5%)	11:44	5.1 (59.3%)
43	PRUSZKOWSKI Mariusz	1082	CHEŁM BIEGA / CROSSFITTER BOX CHEŁM	M50	43		02:17:58	04:27:11	07:41:00	10:15:29.35	10:15:42.65	+04:11:47 (40.9%)	11:50	5.1 (59.3%)
44	GÓRSKI Krzysztof	1011	MK-NET	M50	44		02:19:09	04:27:31	07:28:43	10:16:48.30	10:17:00.10	+04:13:04 (41.0%)	11:51	5.1 (59.3%)
45	NASTAZIAK Andrzej	1439	ZABIEGANY WOŁOMIN	M50	45		02:02:49	04:33:55	07:48:24	10:17:11.35	10:17:31.70	+04:13:36 (41.1%)	11:52	5.1 (59.3%)
46	PENAR Arkadiusz	1160		M50	46		02:25:54	04:47:19	07:45:47	10:26:15.65	10:27:02.80	+04:23:07 (42.0%)	12:02	5 (58.1%)
47	CZARNECKI Robert	1142		M50	47		02:30:41	05:01:44	08:09:01	10:44:01.75	10:44:48.40	+04:40:53 (43.6%)	12:23	4.8 (55.8%)
48	TYDA Rafał	1121		M50	48		02:34:08	05:10:26	08:25:58	11:19:01.40	11:19:38.75	+05:15:43 (46.5%)	13:03	4.6 (53.5%)
49	GRZESZCZAK Adam	1446	BIEGAMYRAZEM.PL	M50	49		02:34:28	04:57:36	08:09:31	11:29:49.40	11:30:21.25	+05:26:26 (47.3%)	13:15	4.5 (52.3%)
50	DASZCZYŃSKI Adam	1010	ADASKO TEAM	M50	50		02:37:26	05:10:36	08:29:36	11:36:38.15	11:37:05.25	+05:33:10 (47.8%)	13:23	4.5 (52.3%)
51	JAGODA Adam	1097	FUCHS OIL TEAM	M50	51		02:40:48	05:13:36	08:44:42	11:48:47.60	11:49:39.60	+05:45:44 (48.7%)	13:37	4.4 (51.2%)
52	HORN Rafał	1341		M50	52		02:23:39	04:53:34	08:28:41	11:50:10.50	11:50:22.80	+05:46:27 (48.8%)	13:39	4.4 (51.2%)
53	SZCZEPOCKI Andrzej	1182	NIEPOŁOMICE BIEGAJĄ	M50	53		02:39:28	05:12:52	08:52:58	11:50:29.10	11:51:03.70	+05:47:08 (48.8%)	13:39	4.4 (51.2%)
	KORNIŁOW Piotr	1499		M50			03:08:12 DNF	06:15:55 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 54 wynik(ów)