



# I MIĘDZYNARODOWY POLONIJNY FESTIWAL BIEGOWY - BIEG PO PUSZCZY BIAŁEJ

**Wydarzenie:** I MIĘDZYNARODOWY POLONIJNY FESTIWAL BIEGOWY PUŁTUSK 2018  
**Organizator:** Stowarzyszenie Wspólnota Polska  
**Data:** 2018-08-26  
**Miejsce:** Pułtusk  
**Dystans:** 10 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Split_Pul 10km	Czas netto 21.975km	Czas brutto 21.975km	Różn	Tempo min/km	Tempo km/h
1	<b>ŻEBROWSKI Krzysztof</b>	<b>175</b>		M16-29	1		<b>00:33:10.75</b>	<b>00:33:12.50</b>		1:30	39.7 (100%)
2	<b>JATEJKO Tomas</b>	<b>49</b>		M16-29	2		<b>00:34:17.25</b>	<b>00:34:19.45</b>	+00:01:06 (3.3%)	1:33	38.5 (97.0%)
3	<b>LELIS Ernestas</b>	<b>48</b>		M16-29	3		<b>00:34:51.85</b>	<b>00:34:53.80</b>	+00:01:41 (4.8%)	1:35	37.8 (95.2%)
4	<b>WIŚNIEWSKI Piotr</b>	<b>140</b>		M16-29	4		<b>00:35:30.45</b>	<b>00:35:33.15</b>	+00:02:20 (6.6%)	1:36	37.1 (93.5%)
5	<b>SMOLSKIJ Jaroslav</b>	<b>181</b>		M30-49	1		<b>00:36:16.30</b>	<b>00:36:18.35</b>	+00:03:05 (8.5%)	1:38	36.4 (91.7%)
6	<b>DOBRINSKIJ Ernest</b>	<b>45</b>		M16-29	5		<b>00:37:05.10</b>	<b>00:37:06.55</b>	+00:03:54 (10.5%)	1:41	35.6 (89.7%)
7	<b>ZALEWSKI Adam</b>	<b>131</b>		M16-29	6		<b>00:37:41.35</b>	<b>00:37:44.45</b>	+00:04:31 (12.0%)	1:42	35 (88.2%)
8	<b>ALEKSANDROW Radosław</b>	<b>46</b>		M16-29	7		<b>00:38:49.90</b>	<b>00:38:52.55</b>	+00:05:40 (14.6%)	1:46	34 (85.6%)
9	<b>MALINOWSKI Łukasz</b>	<b>159</b>		M16-29	8		<b>00:39:37.80</b>	<b>00:39:41.05</b>	+00:06:28 (16.3%)	1:48	33.3 (83.9%)
10	<b>WÓJTOWICZ Robert</b>	<b>75</b>		M30-49	2		<b>00:40:20.45</b>	<b>00:40:23.00</b>	+00:07:10 (17.8%)	1:50	32.7 (82.4%)
11	<b>LEPIOCHIN Arnold</b>	<b>47</b>		M16-29	9		<b>00:40:28.60</b>	<b>00:40:31.55</b>	+00:07:19 (18.1%)	1:50	32.6 (82.1%)
12	<b>SIERZPUTOWSKI Robert</b>	<b>138</b>		M30-49	3		<b>00:40:38.15</b>	<b>00:40:41.70</b>	+00:07:29 (18.4%)	1:50	32.5 (81.9%)
13	<b>MARTYNEK Władysław</b>	<b>58</b>		M50+	1		<b>00:41:00.70</b>	<b>00:41:02.60</b>	+00:07:50 (19.1%)	1:51	32.2 (81.1%)
14	<b>STIEPASZICHIN Walery</b>	<b>165</b>		M30-49	4		<b>00:41:16.00</b>	<b>00:41:16.00</b>	+00:08:03 (19.5%)	1:52	32 (80.6%)
15	<b>OLKOWSKA Wiktoria</b>	<b>26</b>		K16-29	1		<b>00:41:47.90</b>	<b>00:41:50.15</b>	+00:08:37 (20.6%)	1:54	31.6 (79.6%)
16	<b>SŁOWIOCZEK Roman</b>	<b>59</b>		M50+	2		<b>00:41:57.90</b>	<b>00:42:01.00</b>	+00:08:48 (21.0%)	1:54	31.4 (79.1%)
17	<b>BRODOWSKI Paweł</b>	<b>184</b>		M30-49	5		<b>00:42:11.15</b>	<b>00:42:15.20</b>	+00:09:02 (21.4%)	1:55	31.3 (78.8%)
18	<b>WIŚNIEWSKI Krzysztof</b>	<b>139</b>		M30-49	6		<b>00:42:57.85</b>	<b>00:43:00.95</b>	+00:09:48 (22.8%)	1:57	30.7 (77.3%)
19	<b>SOBOTA Krzysztof</b>	<b>177</b>	BRAVEHEARTS LEGIONOWO	M30-49	7		<b>00:43:40.25</b>	<b>00:43:43.75</b>	+00:10:31 (24.1%)	1:59	30.2 (76.1%)
20	<b>SARZAŁA Dariusz</b>	<b>90</b>		M50+	3		<b>00:44:22.75</b>	<b>00:44:25.00</b>	+00:11:12 (25.2%)	2:01	29.7 (74.8%)
21	<b>SERHIAYEVICH Aliaksandr</b>	<b>86</b>		M16-29	10		<b>00:44:53.20</b>	<b>00:44:58.60</b>	+00:11:46 (26.2%)	2:02	29.4 (74.1%)
22	<b>SZCZUBELEK Waldemar</b>	<b>77</b>		M50+	4		<b>00:45:05.05</b>	<b>00:45:07.45</b>	+00:11:54 (26.4%)	2:03	29.3 (73.8%)
23	<b>OPAŁKA Jan</b>	<b>183</b>		M50+	5		<b>00:45:07.80</b>	<b>00:45:11.55</b>	+00:11:59 (26.5%)	2:03	29.2 (73.6%)
24	<b>CIUTNIK Alesia</b>	<b>168</b>		K30-49	1		<b>00:45:15.25</b>	<b>00:45:18.80</b>	+00:12:06 (26.7%)	2:03	29.1 (73.3%)
25	<b>SUMIŃSKI Jacek</b>	<b>89</b>		M30-49	8		<b>00:46:54.80</b>	<b>00:46:58.60</b>	+00:13:46 (29.3%)	2:08	28.1 (70.8%)
26	<b>WITKOWSKI Łukasz</b>	<b>85</b>		M30-49	9		<b>00:47:09.60</b>	<b>00:47:14.75</b>	+00:14:02 (29.7%)	2:08	28 (70.5%)
27	<b>OSIAL Mariusz</b>	<b>76</b>		M30-49	10		<b>00:47:20.05</b>	<b>00:47:24.30</b>	+00:14:11 (29.9%)	2:09	27.9 (70.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Split_Pul 10km	Czas netto 21.975km	Czas brutto 21.975km	Różn	Tempo min/km	Tempo km/h
28	<b>SARZAŁA Bartłomiej</b>	<b>91</b>		M16-29	11		<b>00:47:27.40</b>	<b>00:47:29.90</b>	+00:14:17 (30.1%)	2:09	27.8 (70.0%)
29	<b>MASŁOWSKA Martyna</b>	<b>51</b>		K16-29	2		<b>00:48:48.55</b>	<b>00:48:52.65</b>	+00:15:40 (32.1%)	2:13	27 (68.0%)
30	<b>CHMIELOWIEC Anna</b>	<b>12</b>		K30-49	2		<b>00:48:50.00</b>	<b>00:48:53.80</b>	+00:15:41 (32.1%)	2:13	27 (68.0%)
31	<b>MAJKOWSKI Łukasz</b>	<b>81</b>		M30-49	11		<b>00:49:00.50</b>	<b>00:49:04.85</b>	+00:15:52 (32.3%)	2:13	26.9 (67.8%)
32	<b>WOŁCZOK Roman</b>	<b>169</b>	SOKÓŁ	M30-49	12		<b>00:49:44.15</b>	<b>00:49:51.15</b>	+00:16:38 (33.4%)	2:15	26.5 (66.8%)
33	<b>JURGAITYT Gabija</b>	<b>114</b>		K30-49	3		<b>00:50:14.70</b>	<b>00:50:18.85</b>	+00:17:06 (34.0%)	2:17	26.3 (66.2%)
34	<b>SILIUK Renata</b>	<b>43</b>		K30-49	4		<b>00:50:15.10</b>	<b>00:50:18.95</b>	+00:17:06 (34.0%)	2:17	26.2 (66.0%)
35	<b>PIETRAS Tomasz</b>	<b>70</b>		M30-49	13		<b>00:51:03.40</b>	<b>00:51:09.40</b>	+00:17:56 (35.1%)	2:19	25.8 (65.0%)
36	<b>GLINKA Karol</b>	<b>78</b>		M30-49	14		<b>00:51:27.65</b>	<b>00:51:32.30</b>	+00:18:19 (35.6%)	2:20	25.6 (64.5%)
37	<b>PRAKAPCHUK Yauheni</b>	<b>172</b>		M16-29	12		<b>00:51:41.90</b>	<b>00:51:45.20</b>	+00:18:32 (35.8%)	2:21	25.5 (64.2%)
38	<b>LEBEDZEVA Anita</b>	<b>173</b>		K16-29	3		<b>00:53:44.50</b>	<b>00:53:47.40</b>	+00:20:34 (38.3%)	2:26	24.5 (61.7%)
39	<b>WIĘCKIEWICZ Andrzej</b>	<b>60</b>		M50+	6		<b>00:53:43.15</b>	<b>00:53:47.80</b>	+00:20:35 (38.3%)	2:26	24.6 (62.0%)
40	<b>HULANICKI Andrzej</b>	<b>14</b>		M50+	7		<b>00:54:25.80</b>	<b>00:54:32.10</b>	+00:21:19 (39.1%)	2:28	24.2 (61.0%)
41	<b>SOCHA Dominika</b>	<b>186</b>		K30-49	5		<b>00:54:50.05</b>	<b>00:54:53.35</b>	+00:21:40 (39.5%)	2:29	24.1 (60.7%)
42	<b>JAKUBCZYK Edyta</b>	<b>137</b>		K30-49	6		<b>00:54:55.80</b>	<b>00:55:00.15</b>	+00:21:47 (39.6%)	2:29	24 (60.5%)
43	<b>CZUPREBA Jerzy</b>	<b>170</b>		M30-49	15		<b>00:55:09.65</b>	<b>00:55:16.25</b>	+00:22:03 (39.9%)	2:30	23.9 (60.2%)
44	<b>GRZYBOWSKI Mikołaj</b>	<b>55</b>		M30-49	16		<b>00:55:30.10</b>	<b>00:55:36.00</b>	+00:22:23 (40.3%)	2:31	23.8 (59.9%)
45	<b>STACHACZ Mirosław</b>	<b>40</b>		M50+	8		<b>00:55:34.50</b>	<b>00:55:39.35</b>	+00:22:26 (40.3%)	2:31	23.7 (59.7%)
46	<b>KOŁODZIEJCZYK Krzysztof</b>	<b>88</b>		M30-49	17		<b>00:55:52.85</b>	<b>00:55:58.55</b>	+00:22:46 (40.7%)	2:32	23.6 (59.4%)
47	<b>RACHUBA Michał</b>	<b>53</b>		M30-49	18		<b>00:55:53.30</b>	<b>00:56:00.70</b>	+00:22:48 (40.7%)	2:32	23.6 (59.4%)
48	<b>SOKOŁOWICZ Czesław</b>	<b>105</b>		M50+	9		<b>00:55:57.55</b>	<b>00:56:00.75</b>	+00:22:48 (40.7%)	2:32	23.6 (59.4%)
49	<b>WITKOWSKA Eliza</b>	<b>135</b>		K30-49	7		<b>00:55:55.35</b>	<b>00:56:01.05</b>	+00:22:48 (40.7%)	2:32	23.6 (59.4%)
50	<b>ZLETOW Aleksandr</b>	<b>162</b>	SOKÓŁ	M30-49	19		<b>00:56:28.85</b>	<b>00:56:35.65</b>	+00:23:23 (41.3%)	2:34	23.3 (58.7%)
51	<b>BORYSIEWICZ Kiryl</b>	<b>163</b>		M30-49	20		<b>00:56:28.90</b>	<b>00:56:35.75</b>	+00:23:23 (41.3%)	2:34	23.3 (58.7%)
52	<b>PIUTA Weronika</b>	<b>161</b>		K30-49	8		<b>00:56:29.55</b>	<b>00:56:35.90</b>	+00:23:23 (41.3%)	2:34	23.3 (58.7%)
53	<b>NADWODNA-PIERSA Dorota</b>	<b>106</b>		K50+	1		<b>00:57:18.65</b>	<b>00:57:23.90</b>	+00:24:11 (42.1%)	2:36	23 (57.9%)
54	<b>STONAWSKI Jerzy</b>	<b>71</b>		M16-29	13		<b>00:58:11.65</b>	<b>00:58:16.00</b>	+00:25:03 (43.0%)	2:38	22.7 (57.2%)
55	<b>KOPEĆ Katarzyna</b>	<b>62</b>		K30-49	9		<b>01:00:08.35</b>	<b>01:00:14.40</b>	+00:27:01 (44.9%)	2:44	21.9 (55.2%)
56	<b>KOPEĆ Krzysztof</b>	<b>61</b>		M30-49	21		<b>01:00:08.50</b>	<b>01:00:14.45</b>	+00:27:01 (44.9%)	2:44	21.9 (55.2%)
57	<b>BALCERZAK Paweł</b>	<b>83</b>		M30-49	22		<b>00:57:20.85</b>	<b>01:00:14.85</b>	+00:27:02 (44.9%)	2:36	23 (57.9%)
58	<b>PIERSA Małgorzata</b>	<b>79</b>		K30-49	10		<b>01:00:42.45</b>	<b>01:00:47.80</b>	+00:27:35 (45.4%)	2:45	21.7 (54.7%)
59	<b>JANKOWSKI Walenty</b>	<b>182</b>		M30-49	23		<b>01:00:58.50</b>	<b>01:01:03.60</b>	+00:27:51 (45.6%)	2:46	21.6 (54.4%)
60	<b>JANKOWSKA Alexandra</b>	<b>185</b>		K30-49	11		<b>01:00:58.10</b>	<b>01:01:03.75</b>	+00:27:51 (45.6%)	2:46	21.6 (54.4%)

Znaleziono 60 wynik(ów)