



I MIĘDZYNARODOWY POLONIJNY FESTIWAL BIEGOWY - BIEG PO PUSZCZY BIAŁEJ

Wydarzenie: I MIĘDZYNARODOWY POLONIJNY FESTIWAL BIEGOWY PUŁTUSK 2018
Organizator: Stowarzyszenie Wspólnota Polska
Data: 2018-08-26
Miejsce: Pułtusk
Dystans: 10 km



Klasyfikacja: Open M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Split_Pul 10km	Czas netto 21.975km	Czas brutto 21.975km	Różn	Tempo min/km	Tempo km/h
1	ŻEBROWSKI Krzysztof	175		M16-29	1		00:33:10.75	00:33:12.50		1:30	39.7 (100%)
2	JATEJKO Tomas	49		M16-29	2		00:34:17.25	00:34:19.45	+00:01:06 (3.3%)	1:33	38.5 (97.0%)
3	LELIS Ernestas	48		M16-29	3		00:34:51.85	00:34:53.80	+00:01:41 (4.8%)	1:35	37.8 (95.2%)
4	WIŚNIEWSKI Piotr	140		M16-29	4		00:35:30.45	00:35:33.15	+00:02:20 (6.6%)	1:36	37.1 (93.5%)
5	SMOLSKIJ Jaroslav	181		M30-49	1		00:36:16.30	00:36:18.35	+00:03:05 (8.5%)	1:38	36.4 (91.7%)
6	DOBRINSKIJ Ernest	45		M16-29	5		00:37:05.10	00:37:06.55	+00:03:54 (10.5%)	1:41	35.6 (89.7%)
7	ZALEWSKI Adam	131		M16-29	6		00:37:41.35	00:37:44.45	+00:04:31 (12.0%)	1:42	35 (88.2%)
8	ALEKSANDROW Radosław	46		M16-29	7		00:38:49.90	00:38:52.55	+00:05:40 (14.6%)	1:46	34 (85.6%)
9	MALINOWSKI Łukasz	159		M16-29	8		00:39:37.80	00:39:41.05	+00:06:28 (16.3%)	1:48	33.3 (83.9%)
10	WÓJTOWICZ Robert	75		M30-49	2		00:40:20.45	00:40:23.00	+00:07:10 (17.8%)	1:50	32.7 (82.4%)
11	LEPIOCHIN Arnold	47		M16-29	9		00:40:28.60	00:40:31.55	+00:07:19 (18.1%)	1:50	32.6 (82.1%)
12	SIERZPUTOWSKI Robert	138		M30-49	3		00:40:38.15	00:40:41.70	+00:07:29 (18.4%)	1:50	32.5 (81.9%)
13	MARTYNEK Władysław	58		M50+	1		00:41:00.70	00:41:02.60	+00:07:50 (19.1%)	1:51	32.2 (81.1%)
14	STIEPASZICHIN Walery	165		M30-49	4		00:41:16.00	00:41:16.00	+00:08:03 (19.5%)	1:52	32 (80.6%)
15	SŁOWIOCZEK Roman	59		M50+	2		00:41:57.90	00:42:01.00	+00:08:48 (21.0%)	1:54	31.4 (79.1%)
16	BRODOWSKI Paweł	184		M30-49	5		00:42:11.15	00:42:15.20	+00:09:02 (21.4%)	1:55	31.3 (78.8%)
17	WIŚNIEWSKI Krzysztof	139		M30-49	6		00:42:57.85	00:43:00.95	+00:09:48 (22.8%)	1:57	30.7 (77.3%)
18	SOBOTA Krzysztof	177	BRAVEHEARTS LEGIONOWO	M30-49	7		00:43:40.25	00:43:43.75	+00:10:31 (24.1%)	1:59	30.2 (76.1%)
19	SARZAŁA Dariusz	90		M50+	3		00:44:22.75	00:44:25.00	+00:11:12 (25.2%)	2:01	29.7 (74.8%)
20	SERHIAYEVICH Aliaksandr	86		M16-29	10		00:44:53.20	00:44:58.60	+00:11:46 (26.2%)	2:02	29.4 (74.1%)
21	SZCZUBEŁEK Waldemar	77		M50+	4		00:45:05.05	00:45:07.45	+00:11:54 (26.4%)	2:03	29.3 (73.8%)
22	OPAŁKA Jan	183		M50+	5		00:45:07.80	00:45:11.55	+00:11:59 (26.5%)	2:03	29.2 (73.6%)
23	SUMIŃSKI Jacek	89		M30-49	8		00:46:54.80	00:46:58.60	+00:13:46 (29.3%)	2:08	28.1 (70.8%)
24	WITKOWSKI Łukasz	85		M30-49	9		00:47:09.60	00:47:14.75	+00:14:02 (29.7%)	2:08	28 (70.5%)
25	OSIAL Mariusz	76		M30-49	10		00:47:20.05	00:47:24.30	+00:14:11 (29.9%)	2:09	27.9 (70.3%)
26	SARZAŁA Bartłomiej	91		M16-29	11		00:47:27.40	00:47:29.90	+00:14:17 (30.1%)	2:09	27.8 (70.0%)
27	MAJKOWSKI Łukasz	81		M30-49	11		00:49:00.50	00:49:04.85	+00:15:52 (32.3%)	2:13	26.9 (67.8%)

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28	WOŁCZOK Roman	169	SOKÓŁ	M30-49	12		00:49:44.15	00:49:51.15	+00:16:38 (33.4%)	2:15	26.5 (66.8%)
29	PIETRAS Tomasz	70		M30-49	13		00:51:03.40	00:51:09.40	+00:17:56 (35.1%)	2:19	25.8 (65.0%)
30	GLINKA Karol	78		M30-49	14		00:51:27.65	00:51:32.30	+00:18:19 (35.6%)	2:20	25.6 (64.5%)
31	PRAKAPCHUK Yauheni	172		M16-29	12		00:51:41.90	00:51:45.20	+00:18:32 (35.8%)	2:21	25.5 (64.2%)
32	WIĘCKIEWICZ Andrzej	60		M50+	6		00:53:43.15	00:53:47.80	+00:20:35 (38.3%)	2:26	24.6 (62.0%)
33	HULANICKI Andrzej	14		M50+	7		00:54:25.80	00:54:32.10	+00:21:19 (39.1%)	2:28	24.2 (61.0%)
34	CZUPREBA Jerzy	170		M30-49	15		00:55:09.65	00:55:16.25	+00:22:03 (39.9%)	2:30	23.9 (60.2%)
35	GRZYBOWSKI Mikołaj	55		M30-49	16		00:55:30.10	00:55:36.00	+00:22:23 (40.3%)	2:31	23.8 (59.9%)
36	STACHACZ Mirosław	40		M50+	8		00:55:34.50	00:55:39.35	+00:22:26 (40.3%)	2:31	23.7 (59.7%)
37	KOŁODZIEJCZYK Krzysztof	88		M30-49	17		00:55:52.85	00:55:58.55	+00:22:46 (40.7%)	2:32	23.6 (59.4%)
38	RACHUBA Michał	53		M30-49	18		00:55:53.30	00:56:00.70	+00:22:48 (40.7%)	2:32	23.6 (59.4%)
39	SOKOŁOWICZ Czesław	105		M50+	9		00:55:57.55	00:56:00.75	+00:22:48 (40.7%)	2:32	23.6 (59.4%)
40	ZLETOW Aleksandr	162	SOKÓŁ	M30-49	19		00:56:28.85	00:56:35.65	+00:23:23 (41.3%)	2:34	23.3 (58.7%)
41	BORYSIEWICZ Kiryl	163		M30-49	20		00:56:28.90	00:56:35.75	+00:23:23 (41.3%)	2:34	23.3 (58.7%)
42	STONAWSKI Jerzy	71		M16-29	13		00:58:11.65	00:58:16.00	+00:25:03 (43.0%)	2:38	22.7 (57.2%)
43	KOPEĆ Krzysztof	61		M30-49	21		01:00:08.50	01:00:14.45	+00:27:01 (44.9%)	2:44	21.9 (55.2%)
44	BALCERZAK Paweł	83		M30-49	22		00:57:20.85	01:00:14.85	+00:27:02 (44.9%)	2:36	23 (57.9%)
45	JANKOWSKI Walenty	182		M30-49	23		01:00:58.50	01:01:03.60	+00:27:51 (45.6%)	2:46	21.6 (54.4%)

Znaleziono 45 wynik(ów)