



# I MIĘDZYNARODOWY POLONIJNY FESTIWAL BIEGOWY - POLONIJNY PÓŁMARATON

**Wydarzenie:** I MIĘDZYNARODOWY POLONIJNY FESTIWAL BIEGOWY PUŁTUSK 2018  
**Organizator:** Stowarzyszenie Wspólnota Polska  
**Data:** 2018-08-25  
**Miejsce:** Pułtusk  
**Dystans:** 21.975 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Split_Pul 10km	Czas netto 21.975km	Czas brutto 21.975km	Różn	Tempo min/km	Tempo km/h
1	STARZYŃSKI Andrzej	103		M16-29	1	00:37:39	01:10:47.50	01:10:48.55		3:13	18.6 (100%)
2	ŻEBROWSKI Krzysztof	175		M16-29	2	00:38:17	01:11:12.55	01:11:14.05	+00:00:25 (0.6%)	3:14	18.5 (99.5%)
3	GORBUSKO Mykola	37		M16-29	3	00:38:40	01:13:53.15	01:13:54.70	+00:03:06 (4.2%)	3:21	17.8 (95.7%)
4	WIERCHARODKIN Henryk	164		M30-49	1	00:39:39	01:14:18.55	01:14:20.45	+00:03:31 (4.8%)	3:22	17.7 (95.2%)
5	FISKOVCYCH Sergii	36		M30-49	2	00:41:32	01:18:46.65	01:18:47.60	+00:07:59 (10.1%)	3:35	16.7 (89.8%)
6	ORZEŁ Michał	29		M30-49	3	00:42:38	01:19:46.90	01:19:49.30	+00:09:00 (11.3%)	3:37	16.5 (88.7%)
7	JATEJKO Tomasz	49		M16-29	4	00:44:31	01:24:25.25	01:24:25.25	+00:13:36 (16.1%)	3:50	15.6 (83.9%)
8	SMOLSKI Jarosław	181		M30-49	4	00:44:29	01:24:23.80	01:24:25.45	+00:13:36 (16.1%)	3:50	15.6 (83.9%)
9	ZALEWSKI Adam	131		M16-29	5	00:46:11	01:26:02.10	01:26:04.95	+00:15:16 (17.7%)	3:54	15.3 (82.3%)
10	DOBRIŃSKI Ernest	45		M16-29	6	00:45:29	01:26:18.40	01:26:19.25	+00:15:30 (18.0%)	3:55	15.3 (82.3%)
11	SMOWJENKO Olesea	35		K16-29	1	00:45:36	01:26:31.55	01:26:32.90	+00:15:44 (18.2%)	3:56	15.2 (81.7%)
12	GREGAJTYS Jacek	112		M30-49	5		01:30:30.15	01:30:30.15	+00:19:41 (21.8%)	4:07	14.6 (78.5%)
13	TOMCZAK Marcin	98		M30-49	6	00:47:50	01:31:10.75	01:31:13.50	+00:20:24 (22.4%)	4:08	14.5 (78.0%)
14	KUCHARSKI Marek	152		M30-49	7	00:48:59	01:32:11.05	01:32:15.05	+00:21:26 (23.2%)	4:11	14.3 (76.9%)
15	PĘDZICH Waldemar	17		M50+	1	00:50:21	01:32:36.50	01:32:39.05	+00:21:50 (23.6%)	4:12	14.2 (76.3%)
16	DIATLOVA Yulia	143		K16-29	2	00:50:23	01:32:51.30	01:32:52.50	+00:22:03 (23.8%)	4:13	14.2 (76.3%)
17	STIEPASZICHIN Walery	165		M30-49	8	00:49:51	01:33:20.00	01:33:20.00	+00:22:31 (24.1%)	4:14	14.1 (75.8%)
18	KOSTRZEWSKA Justyna	30		K30-49	1	00:50:33	01:33:23.55	01:33:27.20	+00:22:38 (24.2%)	4:14	14.1 (75.8%)
19	PIETRZAK Krzysztof	56		M30-49	9	00:50:32	01:33:25.70	01:33:29.40	+00:22:40 (24.3%)	4:15	14.1 (75.8%)
20	MULIK Piotr	119		M30-49	10	00:51:26	01:34:56.95	01:35:00.45	+00:24:11 (25.5%)	4:19	13.9 (74.7%)
21	MARTYNEK Władysław	58		M50+	2	00:50:17	01:35:08.90	01:35:10.75	+00:24:22 (25.6%)	4:19	13.9 (74.7%)
22	DUDA Tomasz	20		M30-49	11	00:50:57	01:36:50.20	01:36:52.65	+00:26:04 (26.9%)	4:24	13.6 (73.1%)
23	GRZYMKOWSKA Monika	57		K30-49	2	00:52:07	01:38:43.75	01:38:47.50	+00:27:58 (28.3%)	4:29	13.4 (72.0%)
24	SŁOWIACZEK Roman	59		M50+	3	00:51:48	01:39:30.30	01:39:32.45	+00:28:43 (28.9%)	4:31	13.3 (71.5%)
25	LISIECKI Jakub	92		M16-29	7	00:52:43	01:39:46.10	01:39:50.95	+00:29:02 (29.1%)	4:32	13.2 (71.0%)
26	GRANOSZEK Iwona	113		K30-49	3	00:53:53	01:39:51.50	01:39:55.50	+00:29:06 (29.1%)	4:32	13.2 (71.0%)
27	GRANOSZEK Przemysław	99		M30-49	12	00:53:54	01:39:53.00	01:39:57.05	+00:29:08 (29.2%)	4:32	13.2 (71.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Split_Pul 10km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 21.975km	brutto 21.975km			
28	<b>LEWANDOWSKA Karolina</b>	<b>110</b>		K30-49	4	00:53:55	<b>01:40:42.10</b>	<b>01:40:45.15</b>	+00:29:56 (29.7%)	4:34	13.1 (70.4%)
29	<b>MARUT Ryszard</b>	<b>147</b>		M50+	4	00:53:20	<b>01:40:55.75</b>	<b>01:41:00.00</b>	+00:30:11 (29.9%)	4:35	13.1 (70.4%)
30	<b>SARZAŁA Dariusz</b>	<b>90</b>		M50+	5	00:55:48	<b>01:42:00.50</b>	<b>01:42:03.50</b>	+00:31:14 (30.6%)	4:38	12.9 (69.4%)
31	<b>SUŁKOWSKI Michał</b>	<b>11</b>		M16-29	8	00:55:49	<b>01:42:13.30</b>	<b>01:42:17.75</b>	+00:31:29 (30.8%)	4:39	12.9 (69.4%)
32	<b>KOWALSKA Joanna</b>	<b>22</b>		K30-49	5	00:55:13	<b>01:43:59.75</b>	<b>01:44:01.55</b>	+00:33:13 (31.9%)	4:43	12.7 (68.3%)
33	<b>WOJNAR Barbara</b>	<b>19</b>		K30-49	6	00:56:06	<b>01:44:35.60</b>	<b>01:44:37.75</b>	+00:33:49 (32.3%)	4:45	12.6 (67.7%)
34	<b>SILIUK Renata</b>	<b>43</b>		K30-49	7	00:56:33	<b>01:45:01.45</b>	<b>01:45:03.35</b>	+00:34:14 (32.6%)	4:46	12.6 (67.7%)
35	<b>PRĘDKI Marcin</b>	<b>39</b>		M30-49	13	00:57:57	<b>01:46:22.95</b>	<b>01:46:28.10</b>	+00:35:39 (33.5%)	4:50	12.4 (66.7%)
36	<b>WITKOWSKI Łukasz</b>	<b>85</b>		M30-49	14	00:57:42	<b>01:46:36.20</b>	<b>01:46:44.25</b>	+00:35:55 (33.7%)	4:50	12.4 (66.7%)
37	<b>TRZCIŃSKI Wiesław</b>	<b>1</b>		M50+	6	00:57:04	<b>01:47:24.25</b>	<b>01:47:25.55</b>	+00:36:37 (34.1%)	4:53	12.3 (66.1%)
38	<b>DARKOWSKI Rafał</b>	<b>87</b>		M30-49	15	00:57:14	<b>01:47:24.45</b>	<b>01:47:29.80</b>	+00:36:41 (34.1%)	4:53	12.3 (66.1%)
39	<b>JAKUBOWSKI Dariusz</b>	<b>96</b>		M30-49	16	00:57:14	<b>01:47:27.30</b>	<b>01:47:32.45</b>	+00:36:43 (34.2%)	4:53	12.3 (66.1%)
40	<b>CIUTNIK Alesia</b>	<b>168</b>		K30-49	8	00:53:58	<b>01:47:39.90</b>	<b>01:47:41.70</b>	+00:36:53 (34.3%)	4:53	12.2 (65.6%)
41	<b>OLKOWSKA Wiktoria</b>	<b>26</b>		K16-29	3	00:56:23	<b>01:49:40.70</b>	<b>01:49:42.50</b>	+00:38:53 (35.5%)	4:59	12 (64.5%)
42	<b>SARZAŁA Bartłomiej</b>	<b>91</b>		M16-29	9	00:59:08	<b>01:50:37.75</b>	<b>01:50:40.45</b>	+00:39:51 (36.0%)	5:02	11.9 (64.0%)
43	<b>GRYŚ Piotr</b>	<b>52</b>		M30-49	17	01:00:11	<b>01:51:35.20</b>	<b>01:51:39.85</b>	+00:40:51 (36.6%)	5:04	11.8 (63.4%)
44	<b>BIAŁOBRZESKI Witold</b>	<b>80</b>		M50+	7	00:59:51	<b>01:52:42.45</b>	<b>01:52:45.65</b>	+00:41:57 (37.2%)	5:07	11.7 (62.9%)
45	<b>NIESLUCHOWSKI Sławomir</b>	<b>148</b>		M30-49	18	01:00:20	<b>01:53:40.10</b>	<b>01:53:46.95</b>	+00:42:58 (37.8%)	5:10	11.6 (62.4%)
46	<b>FALĘCKI Artur</b>	<b>28</b>		M30-49	19	01:01:13	<b>01:54:06.75</b>	<b>01:54:09.95</b>	+00:43:21 (38.0%)	5:11	11.6 (62.4%)
47	<b>WRONKA Artur</b>	<b>42</b>		M30-49	20	01:01:56	<b>01:55:00.35</b>	<b>01:55:05.30</b>	+00:44:16 (38.5%)	5:13	11.5 (61.8%)
48	<b>KOWALSKI Marek</b>	<b>179</b>		M30-49	21	01:02:55	<b>01:58:07.00</b>	<b>01:58:07.00</b>	+00:47:18 (40.1%)	5:22	11.2 (60.2%)
49	<b>POPOWSKA-STAWISKA Monika</b>	<b>136</b>		K16-29	4	01:00:22	<b>02:00:07.35</b>	<b>02:00:11.05</b>	+00:49:22 (41.1%)	5:27	11 (59.1%)
50	<b>ROZE Paweł</b>	<b>178</b>		M30-49	22	01:02:54	<b>02:00:35.85</b>	<b>02:00:39.60</b>	+00:49:51 (41.3%)	5:29	10.9 (58.6%)
51	<b>RIDECKI Oleg</b>	<b>166</b>		Open M	1	01:03:16	<b>02:01:35.60</b>	<b>02:01:38.80</b>	+00:50:50 (41.8%)	5:31	10.8 (58.1%)
52	<b>KRAJEWSKI Przemysław</b>	<b>126</b>		M30-49	23	01:05:15	<b>02:01:38.55</b>	<b>02:01:43.45</b>	+00:50:54 (41.8%)	5:32	10.8 (58.1%)
53	<b>TURCZYŃSKA Monika</b>	<b>21</b>		K30-49	9	01:05:19	<b>02:01:39.10</b>	<b>02:01:43.65</b>	+00:50:55 (41.8%)	5:32	10.8 (58.1%)
54	<b>HULANICKI Andrzej</b>	<b>14</b>		M50+	8	01:07:02	<b>02:05:54.95</b>	<b>02:06:00.90</b>	+00:55:12 (43.8%)	5:43	10.5 (56.5%)
55	<b>BIAŁAS Stanisław</b>	<b>5</b>		M50+	9	01:07:04	<b>02:06:24.30</b>	<b>02:06:28.20</b>	+00:55:39 (44.0%)	5:45	10.4 (55.9%)
56	<b>DWORECKA5 Agnieszka</b>	<b>129</b>		K30-49	10	01:07:18	<b>02:07:37.50</b>	<b>02:07:43.25</b>	+00:56:54 (44.6%)	5:48	10.3 (55.4%)
57	<b>SOBCZYŃSKA Krystyna</b>	<b>133</b>		K30-49	11	01:07:01	<b>02:08:53.70</b>	<b>02:09:00.10</b>	+00:58:11 (45.1%)	5:51	10.2 (54.8%)
58	<b>OGÓREK Agnieszka</b>	<b>132</b>		K30-49	12	01:07:02	<b>02:08:53.95</b>	<b>02:09:00.15</b>	+00:58:11 (45.1%)	5:51	10.2 (54.8%)
59	<b>WIŚNIEWSKA Marta</b>	<b>38</b>		K30-49	13	01:07:59	<b>02:12:19.40</b>	<b>02:12:25.05</b>	+01:01:36 (46.5%)	6:01	10 (53.8%)
60	<b>WOJNAR Dariusz</b>	<b>121</b>		M30-49	24	01:20:11	<b>02:32:21.10</b>	<b>02:32:23.80</b>	+01:21:35 (53.5%)	6:55	8.7 (46.8%)
61	<b>SIROCH Aliona</b>	<b>174</b>		K50+	1	01:16:15	<b>02:35:57.05</b>	<b>02:36:03.50</b>	+01:25:14 (54.6%)	7:05	8.5 (45.7%)
62	<b>PIETREK Paulina</b>	<b>180</b>		K16-29	5	01:28:06	<b>02:52:34.70</b>	<b>02:52:37.85</b>	+01:41:49 (59.0%)	7:51	7.6 (40.9%)
	<b>MALINOWSKI Łukasz</b>	<b>159</b>		M16-29		DNF	<b>DNF</b>	<b>DNF</b>	-	-	-(0.0%)
	<b>BLAHODIR Yuriy</b>	<b>142</b>		M30-49		DNF	<b>DNF</b>	<b>DNF</b>	-	-	-(0.0%)

Znaleziono 64 wynik(ów)