

Event: I Mikołajkowe zmagania sportowe o nagrody
Rektora Państwowej Wyższej Szkoły Zawodowej w
Koszalinie
Organiser: PWSZ Koszalin
Date: 2017-12-06
Place: Koszalin
Distance: 5 km



Classification: M-OPEN

Place	Participant	Number	Club	Category	MCat	Finish_All 1.5km	Finish_All 3km	Net time 5km	Gap	Pace min/km	Pace km/h
1	KĘPKA Adrian	132	PWSZ KOSZALIN	M18-29	1	00:05:34	00:11:31	00:17:27.90		3:29	17.2 (100%)
2	IGNACZAK Piotr	184	KB 10 BIAŁOGARD	M18-29	2	00:05:51	00:12:04	00:18:05.20	+00:00:37 (3.4%)	3:37	16.6 (96.5%)
3	JURCZYSZYN Rafał	125	A&R	M30-39	1	00:06:05	00:12:21	00:18:26.45	+00:00:58 (5.3%)	3:41	16.3 (94.8%)
4	WICHER Krzysztof	169	ADWOKATURA	M30-39	2	00:06:15	00:12:52	00:19:27.05	+00:01:59 (10.2%)	3:53	15.4 (89.5%)
5	PRZEWŁOCKI Michał	148	INTER-METAL	M30-39	3	00:06:22	00:13:03	00:19:55.10	+00:02:27 (12.3%)	3:59	15.1 (87.8%)
6	URBAŃSKI Tomasz	166	KARLINO BIEGAJ	M40-49	1	00:06:26	00:13:12	00:19:59.00	+00:02:31 (12.6%)	3:59	15 (87.2%)
7	ZIELIŃSKI Kacper	178		M18-29	3	00:06:45	00:13:23	00:19:59.55	+00:02:31 (12.6%)	4:00	15 (87.2%)
8	FAMULSKI Cezary	111	PWSZ KOSZALIN /JW 1223 KOSZALIN	M30-39	4	00:06:29	00:13:17	00:20:20.90	+00:02:53 (14.2%)	4:04	14.7 (85.5%)
9	FASTYN Bartłomiej	181		M18-29	4	00:06:28	00:13:18	00:20:33.65	+00:03:05 (15.1%)	4:06	14.6 (84.9%)
10	JAŻWIŃSKI Dawid	124	TKKF KOSZALIN	M13-17	1	00:06:28	00:14:07	00:20:47.60	+00:03:19 (16.0%)	4:09	14.4 (83.7%)
11	ROBAKOWSKI Marek	150	ELEKTRONIK	M13-17	2	00:07:01	00:14:06	00:20:50.45	+00:03:22 (16.2%)	4:10	14.4 (83.7%)
12	MIKOŁAJCZAK Radosław	141		M18-29	5	00:06:40	00:14:05	00:21:18.55	+00:03:50 (18.0%)	4:15	14.1 (82.0%)
13	GRZELĄZKA Sylwester	183		M30-39	5	00:06:56	00:14:08	00:21:27.10	+00:03:59 (18.6%)	4:17	14 (81.4%)
14	ZACHOLSKI Wojciech	175	PWSZ KOSZALIN	M18-29	6	00:06:35	00:14:06	00:21:41.40	+00:04:13 (19.5%)	4:20	13.8 (80.2%)
15	RUDZIŃSKI Radosław	151	TYCHOWO TEAM	M30-39	6	00:06:56	00:14:20	00:21:45.45	+00:04:17 (19.7%)	4:21	13.8 (80.2%)
16	MAJCHRZAK Kacper	139	ELEKTRONIK	M13-17	3	00:07:00	00:14:14	00:21:58.90	+00:04:31 (20.5%)	4:23	13.6 (79.1%)
17	WIELECHOWSKI Filip	170	PWSZ KOSZALIN	M18-29	7	00:06:57	00:14:35	00:22:07.70	+00:04:39 (21.1%)	4:25	13.6 (79.1%)
18	WRÓBLEWSKI Jacek	174	TKKF KOSZALIN	M13-17	4	00:06:54	00:14:57	00:22:20.70	+00:04:52 (21.8%)	4:28	13.4 (77.9%)
19	ĆWIKOWSKI Tomasz	109	PWSZ KOSZALIN	M18-29	8	00:06:35	00:14:33	00:22:21.65	+00:04:53 (21.9%)	4:28	13.4 (77.9%)
20	DAWIDOWICZ Radosław	110	PWSZ	M18-29	9	00:07:31	00:15:10	00:22:37.20	+00:05:09 (22.8%)	4:31	13.3 (77.3%)
21	CHODOROWSKI Tomasz	106	PWSZ KOSZALIN	M18-29	10	00:07:38	00:15:36	00:22:53.20	+00:05:25 (23.7%)	4:34	13.1 (76.2%)
22	SZEWCZYK Paweł	162		M13-17	5	00:07:26	00:15:26	00:23:02.10	+00:05:34 (24.2%)	4:36	13 (75.6%)
23	SZEWCZYK Dawid	163		M13-17	6	00:05:48	00:12:11	00:23:10.15	+00:05:42 (24.6%)	4:38	12.9 (75.0%)
24	URBAŃSKI Paweł	182	KU AZS-PWSZ KOSZALIN	M18-29	11	00:07:29	00:15:05	00:23:11.05	+00:05:43 (24.7%)	4:38	12.9 (75.0%)
25	WIOREK Paweł	185		M18-29	12	00:07:13	00:15:28	00:23:12.35	+00:05:44 (24.7%)	4:38	12.9 (75.0%)
26	ŻUKOWSKI Cezary	180	MIGAWKOWE.PL	M30-39	7	00:07:23	00:15:31	00:23:29.35	+00:06:01 (25.6%)	4:41	12.8 (74.4%)
27	ŚNIADECKI Wojciech	165	PWSZ KOSZALIN WF	M18-29	13	00:06:37	00:15:09	00:23:29.75	+00:06:01 (25.7%)	4:42	12.8 (74.4%)

Place	Participant	Number	Club	Category	MCat	Finish_All 1.5km	Finish_All 3km	Net time 5km	Gap	Pace min/km	Pace km/h
28	SARNOWSKI Szymon	154	ELEKTRONIK	M13-17	7	00:07:04	00:15:08	00:23:49.70	+00:06:21 (26.7%)	4:45	12.6 (73.3%)
29	KRASIŃSKI Witold	136	JW1223	M40-49	2	00:08:08	00:16:17	00:24:07.75	+00:06:39 (27.6%)	4:49	12.4 (72.1%)
30	ZIOBRO Wiktor	186		M13-17	8	00:08:09	00:16:48	00:24:32.70	+00:07:04 (28.8%)	4:54	12.2 (70.9%)
31	WIŚNIEWSKI Damian	172		M18-29	14	00:07:52	00:16:56	00:25:11.80	+00:07:43 (30.7%)	5:02	11.9 (69.2%)
32	KAWALEC Maciej	131	PWSZ KOSZALIN	M18-29	15	00:08:27	00:17:10	00:25:15.55	+00:07:47 (30.9%)	5:03	11.9 (69.2%)
33	HEIB Michał	116	ELEKTRONIK	M18-29	16	00:08:25	00:16:51	00:25:16.65	+00:07:48 (30.9%)	5:03	11.9 (69.2%)
34	KOWALCZYK Piotr	134		M30-39	8	00:08:10	00:16:42	00:25:40.35	+00:08:12 (32.0%)	5:08	11.7 (68.0%)
35	KARNICKI Zygmunt	129	TKKF KOSZALIN	M60-69	1	00:08:20	00:17:02	00:25:53.10	+00:08:25 (32.5%)	5:10	11.6 (67.4%)
36	BORUCH Mateusz	104	ELEKTRONIK	M13-17	9	00:08:13	00:17:09	00:25:56.55	+00:08:28 (32.7%)	5:11	11.6 (67.4%)
37	HRYCIÓW Paweł	119	JW1223	M30-39	9	00:08:36	00:17:27	00:26:00.00	+00:08:32 (32.8%)	5:12	11.5 (66.9%)
38	JUSZCZAK Krzysztof	126		M60-69	2	00:08:38	00:17:25	00:26:20.50	+00:08:52 (33.7%)	5:16	11.4 (66.3%)
39	CIEŚLAK Radosław	107	KU AZS PWSZ KOSZALIN	M18-29	17	00:09:01	00:17:56	00:26:21.35	+00:08:53 (33.7%)	5:16	11.4 (66.3%)
40	JANAS Filip	121		M18-29	18	00:08:57	00:18:06	00:26:35.70	+00:09:07 (34.3%)	5:19	11.3 (65.7%)
41	KURŁOWICZ Krzysztof	187		M30-39	10	00:08:19	00:17:47	00:27:11.05	+00:09:43 (35.8%)	5:26	11 (64.0%)
42	STATKIEWICZ Jakub	159	PWSZ	M18-29	19	00:07:54	00:18:28	00:27:40.45	+00:10:12 (36.9%)	5:32	10.8 (62.8%)
43	USAREK Karol	167	PWSZ	M18-29	20	00:09:07	00:18:34	00:28:40.55	+00:11:12 (39.1%)	5:44	10.5 (61.0%)
44	ANTKOWIAK Sebastian	101	DB ACTIVE	M40-49	3	00:09:17	00:19:12	00:29:42.70	+00:12:14 (41.2%)	5:56	10.1 (58.7%)
45	HELLER Zdzisław	117	NIEZRZESZONY	M60-69	3	00:09:45	00:19:47	00:29:44.60	+00:12:16 (41.3%)	5:56	10.1 (58.7%)
46	HAJDAMOWICZ Bartek	114	PWSZ	M18-29	21	00:09:29	00:19:29	00:30:15.60	+00:12:47 (42.3%)	6:03	9.9 (57.6%)
47	WALKOWIAK Dariusz	168		M40-49	4	00:09:21	00:20:10	00:31:06.80	+00:13:38 (43.9%)	6:13	9.6 (55.8%)
	RUDZIŃSKI Jacek	152	TYCHOWO TEAM	M40-49		00:08:28 DNF	DNF	DNF	-	-	- (0.0%)
	MODRZEJEWSKI Marcin	142		M18-29		DNF	DNF	DNF	-	-	- (0.0%)
	HUBKO Kacper	120	PWSZ	M18-29		DNF	DNF	DNF	-	-	- (0.0%)

Total 50 results.