



I OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 5 KM

B4SPORT

Organizator: TKKF Koszalin
Data: 2016-10-20
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 0.2km	Start_All 0.6km	Start_All 1km	Start_All 1.4km	Start_All 1.8km	Start_All 2.2km	Start_All 2.6km	Start_All 3km	Start_All 3.4km	Start_All 3.8km	Start_All 4.2km	Start_All 4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	WITKOWSKI Mateusz	422		Mężczyźni	1	00:00:38	00:01:54	00:03:16	00:04:37	00:05:58	00:07:18	00:08:39	00:10:00	00:11:23	00:12:43	00:14:03	00:15:22	00:16:37.55	00:16:37.55		3:19	18.1 (100%)
2	BEDNARZ Paweł	401		Mężczyźni	2	00:00:38	00:01:54	00:03:16	00:04:37	00:05:59	00:07:23	00:08:46	00:10:11	00:11:36	00:13:03	00:14:29	00:15:55	00:17:13.35	00:17:13.35	+00:00:35 (3.5%)	3:26	17.4 (96.1%)
3	KOZAK Arkadiusz	413		Mężczyźni	3	00:00:41	00:02:03	00:03:25	00:04:48	00:06:11	00:07:35	00:09:02	00:10:28	00:11:55	00:13:22	00:14:50	00:16:15	00:17:36.75	00:17:36.75	+00:00:59 (5.6%)	3:31	17 (93.9%)
4	JAŻWIŃSKI Dawid	406		Mężczyźni	4	00:00:41	00:02:06	00:03:34	00:05:03	00:06:33	00:08:06	00:09:42	00:11:14	00:12:50	00:14:26	00:16:04	00:17:39	00:19:05.90	00:19:05.90	+00:02:28 (12.9%)	3:49	15.7 (86.7%)
5	WÓJCIK Damian	448		Mężczyźni	5	00:00:46	00:02:21	00:03:58	00:05:34	00:07:11	00:08:50	00:10:29	00:12:08	00:13:47	00:15:26	00:17:04	00:18:43	00:20:15.40	00:20:15.40	+00:03:37 (17.9%)	4:03	14.8 (81.8%)
6	ZUKAL Piotr	423		Mężczyźni	6	00:00:47	00:02:24	00:04:04	00:05:46	00:07:28	00:09:10	00:10:52	00:12:33	00:14:13	00:15:54	00:17:37	00:19:18	00:20:55.15	00:20:55.15	+00:04:17 (20.5%)	4:11	14.3 (79.0%)
7	WEBER Paweł	421		Mężczyźni	7	00:00:44	00:02:18	00:03:59	00:05:42	00:07:25	00:09:07	00:10:52	00:12:35	00:14:20	00:16:05	00:17:53	00:19:41	00:21:22.70	00:21:22.70	+00:04:45 (22.2%)	4:16	14 (77.3%)
8	JAROSZ Dariusz	405		Mężczyźni	8	00:00:47	00:02:30	00:04:14	00:05:59	00:07:43	00:09:28	00:11:13	00:12:57	00:14:42	00:16:27	00:18:13	00:19:57	00:21:34.10	00:21:34.10	+00:04:56 (22.9%)	4:18	13.9 (76.8%)
9	IWANIEC Dariusz	436		Mężczyźni	9	00:00:54	00:02:43	00:04:35	00:06:26	00:08:15	00:10:04	00:11:51	00:13:37	00:15:24	00:17:14	00:19:01	00:20:48	00:22:26.50	00:22:26.50	+00:05:48 (25.9%)	4:29	13.4 (74.0%)
10	PUŚCIAN Krzysztof	416		Mężczyźni	10	00:00:50	00:02:42	00:04:36	00:06:27	00:08:17	00:10:07	00:11:54	00:13:45	00:15:34	00:17:24	00:19:11	00:20:56	00:22:28.05	00:22:28.05	+00:05:50 (26.0%)	4:29	13.4 (74.0%)
11	TESKA Bartosz	446		Mężczyźni	11	00:00:54	00:02:43	00:04:33	00:06:23	00:08:13	00:10:05	00:11:55	00:13:45	00:15:36	00:17:24	00:19:12	00:20:57	00:22:32.15	00:22:32.15	+00:05:54 (26.2%)	4:30	13.3 (73.5%)
12	KAMYK Piotr	407		Mężczyźni	12	00:00:48	00:02:29	00:04:15	00:06:02	00:07:50	00:09:43	00:11:35	00:13:29	00:15:22	00:17:20	00:19:12	00:21:08	00:22:56.60	00:22:56.60	+00:06:19 (27.4%)	4:35	13.1 (72.4%)
13	RUTKOWSKI Artur	419		Mężczyźni	13	00:00:52	00:02:40	00:04:27	00:06:15	00:08:10	00:10:04	00:11:57	00:13:51	00:15:44	00:17:37	00:19:25	00:21:20	00:22:58.10	00:22:58.10	+00:06:20 (27.6%)	4:35	13.1 (72.4%)
14	SKOWYRSKI Janusz	420		Mężczyźni	14	00:00:54	00:02:43	00:04:35	00:06:27	00:08:16	00:10:06	00:11:54	00:13:45	00:15:36	00:17:28	00:19:22	00:21:17	00:23:02.60	00:23:02.60	+00:06:25 (27.8%)	4:36	13 (71.8%)
15	RUTKOWSKI Ryszard	418		Mężczyźni	15	00:00:56	00:02:48	00:04:43	00:06:39	00:08:35	00:10:31	00:12:27	00:14:23	00:16:18	00:18:12	00:20:08	00:22:03	00:23:38.05	00:23:38.05	+00:07:00 (29.7%)	4:43	12.7 (70.2%)
16	OSTROWSKI Krzysztof	444		Mężczyźni	16	00:00:55	00:02:50	00:04:47	00:06:41	00:08:33	00:10:28	00:12:22	00:14:17	00:16:11	00:18:09	00:20:05	00:22:01	00:23:39.30	00:23:39.30	+00:07:01 (29.7%)	4:43	12.7 (70.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						0.2km	0.6km	1km	1.4km	1.8km	2.2km	2.6km	3km	3.4km	3.8km	4.2km	4.6km	5km	5km			
17	KISIELIŃSKI Igor	437		Mężczyźni	17	00:00:56	00:02:55	00:04:55	00:07:00	00:08:58	00:10:52	00:12:45	00:14:40	00:16:33	00:18:25	00:20:16	00:22:07	00:23:43.75	00:23:43.75	+00:07:06 (29.9%)	4:44	12.6 (69.6%)
18	MICERSKI Tomasz	443		Mężczyźni	18	00:00:55	00:02:44	00:04:36	00:06:29	00:08:20	00:10:17	00:12:13	00:14:08	00:16:04	00:18:00	00:19:57	00:21:51	00:23:47.10	00:23:47.10	+00:07:09 (30.1%)	4:45	12.6 (69.6%)
19	GROCHOWSKI Rafał	433		Mężczyźni	19	00:00:48	00:02:39	00:04:32	00:06:24	00:08:15	00:10:10	00:12:07	00:14:05	00:16:06	00:18:09	00:20:07	00:22:06	00:23:50.65	00:23:50.65	+00:07:13 (30.3%)	4:46	12.6 (69.6%)
20	DZIESZUK Dariusz	432		Mężczyźni	20	00:00:56	00:02:54	00:04:55	00:06:54	00:08:52	00:10:47	00:12:46	00:14:42	00:16:37	00:18:35	00:20:32	00:22:22	00:24:03.10	00:24:03.10	+00:07:25 (30.9%)	4:48	12.5 (69.1%)
21	GRZYBOWSKI Piotr	434		Mężczyźni	21	00:00:56	00:02:58	00:04:59	00:06:57	00:08:59	00:10:58	00:13:03	00:15:06	00:17:08	00:19:12	00:21:15	00:23:16	00:25:04.40	00:25:04.40	+00:08:26 (33.7%)	5:00	12 (66.3%)
22	KOZŁOWIECKI Waldemar	438		Mężczyźni	22	00:01:00	00:03:04	00:05:07	00:07:12	00:09:16	00:11:19	00:13:23	00:15:25	00:17:28	00:19:30	00:21:32	00:23:33	00:25:31.75	00:25:31.75	+00:08:54 (34.9%)	5:06	11.8 (65.2%)
23	ZIĘBA Paweł	447		Mężczyźni	23	00:00:55	00:02:52	00:04:55	00:06:58	00:09:02	00:11:10	00:13:20	00:15:30	00:17:42	00:19:55	00:22:05	00:24:17	00:26:49.70	00:26:49.70	+00:10:12 (38.0%)	5:21	11.2 (61.9%)
24	BARTNIK Marian	425		Mężczyźni	24	00:01:14	00:04:24	00:07:37	00:10:58	00:14:19	00:17:44	00:21:14	00:24:46	00:28:16	00:31:53	00:35:49	00:39:38	00:43:49.00	00:43:49.00	+00:27:11 (62.1%)	8:45	6.8 (37.6%)

Znaleziono 24 wynik(ów)