



I ULTRA MARATON BIESZCZADZKI

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: OTK Rzeźnik
Data: 2013-10-13
Miejsce: Cisna
Dystans: 47 km

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Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 47km	Czas brutto 47km	Różn	Tempo min/km	Tempo km/h
1	JABŁOŃSKI Artur	2	JACEKBIEGA BY POWERGYM	M30	1	03:35:07.00	03:35:07.00		4:08	14.5 (100%)
2	GRINIUS Gediminas	3	D2G2 / SVIESOS KARIAI / HQ MNC NE	M30	2	03:53:08.00	03:53:08.00	+00:18:01 (7.7%)	4:29	13.4 (92.4%)
3	PAKUŁA Paweł	4	COLUMBIA / MKS "ŻAK" BIAŁA PODLASKA	M30	3	04:11:46.00	04:11:46.00	+00:36:39 (14.6%)	4:50	12.4 (85.5%)
4	KŁÓSEK Tomasz	7	JACEKBIEGA BY POWERGYM	M30	4	04:35:09.00	04:35:09.00	+01:00:02 (21.8%)	5:17	11.3 (77.9%)
5	LIPOWSKI Marcin	8	ART OF SPORT BIZUTERIASPORTOWA.PL	M30	5	04:35:32.00	04:35:32.00	+01:00:25 (21.9%)	5:17	11.3 (77.9%)
6	ZIOŁO Jarosław	11		M30	6	04:37:08.00	04:37:08.00	+01:02:01 (22.4%)	5:19	11.3 (77.9%)
7	KRZYSZTOŃ Marcin	12	GIEEMPE LASZY	M30	7	04:39:50.00	04:39:50.00	+01:04:43 (23.1%)	5:22	11.1 (76.6%)
8	WIERNUSZ Krzysztof	14		M30	8	04:41:50.00	04:41:50.00	+01:06:43 (23.7%)	5:25	11.1 (76.6%)
9	ŁUKASZUK Michał	19	SASKA KĘPA	M30	9	04:47:01.00	04:47:01.00	+01:11:54 (25.1%)	5:31	10.9 (75.2%)
10	SOCHA Maciej	22	WREDNY ZYGMUNT TEAM	M30	10	04:50:00.00	04:50:00.00	+01:14:53 (25.8%)	5:34	10.8 (74.5%)
11	BOBER Maciej	24		M30	11	04:54:28.00	04:54:28.00	+01:19:21 (26.9%)	5:39	10.6 (73.1%)
12	KOŁDER Tomasz	28	PAKO TEAM CIESZYN	M30	12	05:00:40.00	05:00:40.00	+01:25:33 (28.5%)	5:46	10.4 (71.7%)
12	PAWLAS Lucjan	29	PAKO TEAM CIESZYN	M30	12	05:00:40.00	05:00:40.00	+01:25:33 (28.5%)	5:46	10.4 (71.7%)
14	KOMISARZ Tomasz	30		M30	14	05:00:41.00	05:00:41.00	+01:25:34 (28.5%)	5:46	10.4 (71.7%)
15	WITT Bartosz	35	BULL RACING TEAM	M30	15	05:10:27.00	05:10:27.00	+01:35:20 (30.7%)	5:58	10 (69.0%)
16	PRĘDKI Mirosław	39		M30	16	05:13:21.00	05:13:21.00	+01:38:14 (31.3%)	6:01	10 (69.0%)
17	ADAMCZUK Mariusz	40	NAPIERAMY!	M30	17	05:15:00.00	05:15:00.00	+01:39:53 (31.7%)	6:03	9.9 (68.3%)
18	KĄKOL Łukasz	42	HEINEKEN RUNNERS	M30	18	05:16:11.00	05:16:11.00	+01:41:04 (32.0%)	6:04	9.9 (68.3%)
19	GRUSZKA Darek	45	CENERIA.PL	M30	19	05:17:34.00	05:17:34.00	+01:42:27 (32.3%)	6:06	9.8 (67.6%)
20	FIGURA Marcin	47	KWIDZYN RUN	M30	20	05:21:09.00	05:21:09.00	+01:46:02 (33.0%)	6:10	9.7 (66.9%)
21	BRUŻ Filip	51	BULL RACING TEAM	M30	21	05:24:46.00	05:24:46.00	+01:49:39 (33.8%)	6:14	9.6 (66.2%)
22	WODER Olaf	57	TRUCHTACZ.PL	M30	22	05:28:05.00	05:28:05.00	+01:52:58 (34.4%)	6:18	9.5 (65.5%)
23	REGUŁA Paweł	62	SZCZĘŚCIE W NIESZCZĘŚCIU	M30	23	05:31:01.00	05:31:01.00	+01:55:54 (35.0%)	6:21	9.4 (64.8%)
24	BRZOZOWSKI Jacek	65	JACEK BRZOZOWSKI	M30	24	05:31:46.00	05:31:46.00	+01:56:39 (35.2%)	6:22	9.4 (64.8%)
25	MACYSZYN Wojciech	67	NGB KŁOBUCK	M30	25	05:32:40.00	05:32:40.00	+01:57:33 (35.3%)	6:23	9.4 (64.8%)
26	WISZNIEWSKI Wojciech	69		M30	26	05:34:06.00	05:34:06.00	+01:58:59 (35.6%)	6:25	9.3 (64.1%)
27	HELOWICZ Stanisław	70		M30	27	05:35:21.00	05:35:21.00	+02:00:14 (35.9%)	6:26	9.3 (64.1%)
28	DETLAFF Mariusz	72	WATAHA WILCZA GÓRA	M30	28	05:36:20.00	05:36:20.00	+02:01:13 (36.0%)	6:28	9.3 (64.1%)
29	ŁUBIAN Michał	74		M30	29	05:36:57.00	05:36:57.00	+02:01:50 (36.2%)	6:28	9.3 (64.1%)
30	ZWOLIŃSKI Lukasz	77	AKADEMIABIEGANIA.PL	M30	30	05:40:23.00	05:40:23.00	+02:05:16 (36.8%)	6:32	9.2 (63.4%)

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31	KAISER Krzysztof	78		M30	31	05:41:27.00	05:41:27.00	+02:06:20 (37.0%)	6:33	9.1 (62.8%)
32	GAJOS Daniel	84		M30	32	05:43:10.00	05:43:10.00	+02:08:03 (37.3%)	6:35	9.1 (62.8%)
32	PIECHOTA Roman	85		M30	32	05:43:10.00	05:43:10.00	+02:08:03 (37.3%)	6:35	9.1 (62.8%)
34	ZWIERZYŃSKI Wojciech	86	WWW.BANGBANGDESIGN.PL	M30	34	05:43:46.00	05:43:46.00	+02:08:39 (37.4%)	6:36	9.1 (62.8%)
35	CZYŻ Marcin	89	SZCZĘŚCIE W NIESZCZĘŚCIU	M30	35	05:47:17.00	05:47:17.00	+02:12:10 (38.1%)	6:40	9 (62.1%)
36	BANAŚ Adam	90	KW TROJMIASTO	M30	36	05:47:51.00	05:47:51.00	+02:12:44 (38.2%)	6:41	9 (62.1%)
37	CZOSNOWSKI Tomasz	97	ZATYRANY	M30	37	05:51:03.00	05:51:03.00	+02:15:56 (38.7%)	6:45	8.9 (61.4%)
38	FAFARA Marek	98	ZEPHYR KĘDZIERZYN-KOŹLE	M30	38	05:51:18.00	05:51:18.00	+02:16:11 (38.8%)	6:45	8.9 (61.4%)
39	SĘK Tomasz	99		M30	39	05:51:22.00	05:51:22.00	+02:16:15 (38.8%)	6:45	8.9 (61.4%)
40	DWORAK Norbert	100		M30	40	05:51:24.00	05:51:24.00	+02:16:17 (38.8%)	6:45	8.9 (61.4%)
41	SZEFER Maciej	102		M30	41	05:51:38.00	05:51:38.00	+02:16:31 (38.8%)	6:45	8.9 (61.4%)
42	BRODA Przemysław	104	RUNNING-TEAM-ZABRZE	M30	42	05:53:19.00	05:53:19.00	+02:18:12 (39.1%)	6:47	8.8 (60.7%)
43	KSIĘŻAK Bartłomiej	105	BIEGSZLAKTRAFI.PL	M30	43	05:53:21.00	05:53:21.00	+02:18:14 (39.1%)	6:47	8.8 (60.7%)
44	WIŚNIEWSKI Artur	106	INTRO	M30	44	05:53:54.00	05:53:54.00	+02:18:47 (39.2%)	6:48	8.8 (60.7%)
45	ŚLĄCZKA Arkadiusz	108		M30	45	05:56:18.00	05:56:18.00	+02:21:11 (39.6%)	6:51	8.8 (60.7%)
46	CHOROŚ Piotr	113	VEGE RUNNERS	M30	46	06:01:43.00	06:01:43.00	+02:26:36 (40.5%)	6:57	8.6 (59.3%)
47	KOZIOŁ Łukasz	115	ZABIEGANI MIELEC	M30	47	06:01:45.00	06:01:45.00	+02:26:38 (40.5%)	6:57	8.6 (59.3%)
48	KRZYSZTOŃ Piotr	126	GIEEMPE LASY	M30	48	06:10:57.00	06:10:57.00	+02:35:50 (42.0%)	7:08	8.4 (57.9%)
49	WESOŁOWSKI Robert	130	SKRZAT TEAM	M30	49	06:13:50.00	06:13:50.00	+02:38:43 (42.5%)	7:11	8.3 (57.2%)
50	MUSIAŁOWSKI Marcin	132	ESKA TEAM-USTRYZKI GÓRNE	M30	50	06:14:43.00	06:14:43.00	+02:39:36 (42.6%)	7:12	8.3 (57.2%)
51	SKRZYPCZAK Piotr	134		M30	51	06:17:49.00	06:17:49.00	+02:42:42 (43.1%)	7:15	8.3 (57.2%)
52	GAZDA Bartłomiej	135		M30	52	06:18:44.00	06:18:44.00	+02:43:37 (43.2%)	7:17	8.2 (56.6%)
53	NOWAK Artur	138		M30	53	06:22:03.00	06:22:03.00	+02:46:56 (43.7%)	7:20	8.2 (56.6%)
54	JACKOWIAK Michał	139	BULL RACING TEAM	M30	54	06:22:15.00	06:22:15.00	+02:47:08 (43.7%)	7:21	8.2 (56.6%)
55	RAK Łukasz	141	JASIELSKIE STOWARZYSZENIE C YKLISTÓW	M30	55	06:25:15.00	06:25:15.00	+02:50:08 (44.2%)	7:24	8.1 (55.9%)
56	CYPARSKI Artur	144	4 PORY ROKU BRZOZÓW	M30	56	06:26:24.00	06:26:24.00	+02:51:17 (44.3%)	7:25	8.1 (55.9%)
57	GROSSE Paweł	145		M30	57	06:26:36.00	06:26:36.00	+02:51:29 (44.4%)	7:26	8.1 (55.9%)
58	ULAS Maciej	146		M30	58	06:27:55.00	06:27:55.00	+02:52:48 (44.5%)	7:27	8 (55.2%)
59	ŻOLEK Artur	148	WHTK	M30	59	06:28:27.00	06:28:27.00	+02:53:20 (44.6%)	7:28	8 (55.2%)
60	RUSZNICA Tomasz	152		M30	60	06:31:33.00	06:31:33.00	+02:56:26 (45.1%)	7:31	8 (55.2%)
61	GOŁĘBIEWSKI Ludwik	154		M30	61	06:32:53.00	06:32:53.00	+02:57:46 (45.2%)	7:33	7.9 (54.5%)
62	JAREMA Maciej	161	LOKOMOTIV MAJDAN	M30	62	06:39:54.00	06:39:54.00	+03:04:47 (46.2%)	7:41	7.8 (53.8%)
63	SOPAŁA Jakub	164		M30	63	06:43:24.00	06:43:24.00	+03:08:17 (46.7%)	7:45	7.7 (53.1%)
64	JÓZEFczyk Tomasz	169	BRAK	M30	64	06:45:40.00	06:45:40.00	+03:10:33 (47.0%)	7:48	7.7 (53.1%)
65	BUSZ Jacek	170	KORMORAN	M30	65	06:47:30.00	06:47:30.00	+03:12:23 (47.2%)	7:50	7.7 (53.1%)
66	DERWICH Łukasz	173	GOPR BIESZCZADY	M30	66	06:47:47.00	06:47:47.00	+03:12:40 (47.2%)	7:50	7.7 (53.1%)
67	PILECKI Maciej	175		M30	67	06:49:17.00	06:49:17.00	+03:14:10 (47.4%)	7:52	7.6 (52.4%)
68	MIELEC Daniel	177	WWW.USLUGIALPINISTYCZNE.PL	M30	68	06:52:50.00	06:52:50.00	+03:17:43 (47.9%)	7:56	7.6 (52.4%)
69	KACZMAREK Jakub	178	NIEZRZESZONY	M30	69	06:53:44.00	06:53:44.00	+03:18:37 (48.0%)	7:57	7.5 (51.7%)
70	FIJAŁKOWSKI Radosław	179	KOSTEK TEAM	M30	70	06:55:14.00	06:55:14.00	+03:20:07 (48.2%)	7:59	7.5 (51.7%)
71	DZIENISZEWSKI Tomasz	183		M30	71	06:58:59.00	06:58:59.00	+03:23:52 (48.7%)	8:03	7.4 (51.0%)
72	MIESZKIAN Krystian	184	TĘCZA	M30	72	07:00:13.00	07:00:13.00	+03:25:06 (48.8%)	8:04	7.4 (51.0%)
73	RUBAN Rafał	190	RUNNING TEAM ZABRZE	M30	73	07:04:46.00	07:04:46.00	+03:29:39 (49.4%)	8:10	7.3 (50.3%)
74	MOLEK Karol	191		M30	74	07:05:58.00	07:05:58.00	+03:30:51 (49.5%)	8:11	7.3 (50.3%)

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75	BABIK Łukasz	195		M30	75	07:09:47.00	07:09:47.00	+03:34:40 (49.9%)	8:15	7.3 (50.3%)
76	HAMROL Bartosz	203	WKSG WOLSZTYN GOPR BIESZCZADY	M30	76	07:18:07.00	07:18:07.00	+03:43:00 (50.9%)	8:25	7.1 (49.0%)
77	BEMBEN Roman	213		M30	77	07:27:41.00	07:27:41.00	+03:52:34 (51.9%)	8:36	7 (48.3%)
78	PAWŁOWSKI Tomek	214	ŁYSI, BRODACI, WĄSACI I CO SŁUCHAJĄ RM	M30	78	07:28:07.00	07:28:07.00	+03:53:00 (52.0%)	8:37	7 (48.3%)
79	GŁUCH Krzysztof	216		M30	79	07:30:13.00	07:30:13.00	+03:55:06 (52.2%)	8:39	6.9 (47.6%)
80	WAWRZOS Marek	220	MKB EKOSFERA	M30	80	07:34:11.00	07:34:11.00	+03:59:04 (52.6%)	8:44	6.9 (47.6%)
81	JULKE Sławomir	225	LOFTSPORT	M30	81	07:45:42.00	07:45:42.00	+04:10:35 (53.8%)	8:57	6.7 (46.2%)

Znaleziono 81 wynik(ów)