



I ULTRA MARATON BIESZCZADZKI

B4SPORT
INTELLIGENTNE ZAWODY SPORTOWE

Organizator: OTK Rzeźnik
Data: 2013-10-13
Miejsce: Cisna
Dystans: 47 km

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Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 47km	Czas brutto 47km	Różn	Tempo min/km	Tempo km/h
1	CICHOŃ Maciej	5	42.195 WEJHEROWO	M40	1	04:32:43.00	04:32:43.00		5:14	11.4 (100%)
2	GARDENER Jacek	6	JACEKBIEGA BY POWERGYM	M40	2	04:34:35.00	04:34:35.00	+00:01:52 (0.7%)	5:16	11.4 (100%)
3	KUCZEWSKI Tomasz	13	NIEZRZESZONY	M40	3	04:40:09.00	04:40:09.00	+00:07:26 (2.7%)	5:23	11.1 (97.4%)
4	BŁĘDOWSKI Jakub	25	TRUCHTACZ.PL	M40	4	04:55:47.00	04:55:47.00	+00:23:04 (7.8%)	5:41	10.5 (92.1%)
5	BARANIAK Radosław	26		M40	5	04:58:58.00	04:58:58.00	+00:26:15 (8.8%)	5:44	10.4 (91.2%)
6	JASTRZĄB Piotr	27	DEKAN LESKO	M40	6	04:59:15.00	04:59:15.00	+00:26:32 (8.9%)	5:45	10.4 (91.2%)
7	WOŁOSZYN Ryszard	31	KLINGSPOR BIELSKO-BIAŁA	M40	7	05:02:33.00	05:02:33.00	+00:29:50 (9.9%)	5:49	10.3 (90.4%)
8	HADAM Jacek	32	KLUB BIEGACZA LUBACZÓW	M40	8	05:03:39.00	05:03:39.00	+00:30:56 (10.2%)	5:50	10.3 (90.4%)
9	CIESIŃSKI Mariusz	33		M40	9	05:04:16.00	05:04:16.00	+00:31:33 (10.4%)	5:51	10.3 (90.4%)
10	TKACZEWSKI Piotr	36	NIEZRZESZONY	M40	10	05:10:37.00	05:10:37.00	+00:37:54 (12.2%)	5:58	10 (87.7%)
11	MAJ Robert	37	TVP LUBLIN	M40	11	05:10:57.00	05:10:57.00	+00:38:14 (12.3%)	5:58	10 (87.7%)
12	WIDŁAK Janusz	41		M40	12	05:15:59.00	05:15:59.00	+00:43:16 (13.7%)	6:04	9.9 (86.8%)
13	KONOPKA Sławek	44	STOWARZYSZENIE RANNYCH I POSZKODOWANYCH W MISJACH POZA GRANICAMI KRAJU	M40	13	05:17:15.00	05:17:15.00	+00:44:32 (14.0%)	6:06	9.8 (86.0%)
14	DUBIECKI Jarema	53	ŁKB NA ZDROWIE	M40	14	05:25:40.00	05:25:40.00	+00:52:57 (16.3%)	6:15	9.6 (84.2%)
15	SZYSZKA Sebastian	58	TRUCHTACZ.PL	M40	15	05:28:05.00	05:28:05.00	+00:55:22 (16.9%)	6:18	9.5 (83.3%)
16	SUJAK Mirosław	59	MKB DREPTAK	M40	16	05:29:18.00	05:29:18.00	+00:56:35 (17.2%)	6:19	9.5 (83.3%)

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17	RĘKAWEK Artur	61		M40	17	05:30:55.00	05:30:55.00	+00:58:12 (17.6%)	6:21	9.4 (82.5%)
18	DĄBKOWSKI Kamil	63		M40	18	05:31:06.00	05:31:06.00	+00:58:23 (17.6%)	6:22	9.4 (82.5%)
19	JAREMA Robert	64	LOKOMOTIV MAJDAN	M40	19	05:31:25.00	05:31:25.00	+00:58:42 (17.7%)	6:22	9.4 (82.5%)
20	KITLAS Dariusz	66	PĘDZIWIATR BIAŁYSTOK SOCHONIE	M40	20	05:32:09.00	05:32:09.00	+00:59:26 (17.9%)	6:23	9.4 (82.5%)
21	HERNIK Dariusz	68	BIEGIEM RADOM!	M40	21	05:33:01.00	05:33:01.00	+01:00:18 (18.1%)	6:24	9.4 (82.5%)
22	SKROK Dariusz	75	HARDCORE HOLIDAYS	M40	22	05:37:33.00	05:37:33.00	+01:04:50 (19.2%)	6:29	9.2 (80.7%)
23	SALSKI Rafał	87		M40	23	05:45:22.00	05:45:22.00	+01:12:39 (21.0%)	6:38	9 (78.9%)
24	DARSKI Rafał	107		M40	24	05:54:54.00	05:54:54.00	+01:22:11 (23.2%)	6:49	8.8 (77.2%)
25	RAKOWSKI Tomek	110	TVP MARATON LUBELSKI	M40	25	06:01:00.00	06:01:00.00	+01:28:17 (24.5%)	6:56	8.6 (75.4%)
26	KONIECZNY Mariusz	111	AGONA W&M	M40	26	06:01:08.00	06:01:08.00	+01:28:25 (24.5%)	6:56	8.6 (75.4%)
26	SZYBIAK Waldemar	112	AGONA W&M	M40	26	06:01:08.00	06:01:08.00	+01:28:25 (24.5%)	6:56	8.6 (75.4%)
28	MADEJ Mirosław	114	STR KRAKÓW	M40	28	06:01:43.00	06:01:43.00	+01:29:00 (24.6%)	6:57	8.6 (75.4%)
29	MAZURKIEWICZ Tomasz	119		M40	29	06:05:41.00	06:05:41.00	+01:32:58 (25.4%)	7:01	8.5 (74.6%)
30	PIECH Krzysztof	121	SPARTANIE DZIECIOM	M40	30	06:07:53.00	06:07:53.00	+01:35:10 (25.9%)	7:04	8.5 (74.6%)
31	WOŹNIAK Ryszard	123	POLITECHNIKA WARSZAWSKA	M40	31	06:09:23.00	06:09:23.00	+01:36:40 (26.2%)	7:06	8.4 (73.7%)
32	WOJCIECHOWSKI Paweł	125	0	M40	32	06:10:45.00	06:10:45.00	+01:38:02 (26.4%)	7:07	8.4 (73.7%)
33	SZYSZKOWSKI Włodzimierz	128		M40	33	06:11:10.00	06:11:10.00	+01:38:27 (26.5%)	7:08	8.4 (73.7%)
34	ZAKRZEWSKI Krzysztof	129	3:33 TEAM	M40	34	06:13:10.00	06:13:10.00	+01:40:27 (26.9%)	7:10	8.4 (73.7%)
35	BŁOCH Marek	131		M40	35	06:14:03.00	06:14:03.00	+01:41:20 (27.1%)	7:11	8.3 (72.8%)
36	MISIUREWICZ Paweł	137	PASSUS SPORT TEAM	M40	36	06:21:57.00	06:21:57.00	+01:49:14 (28.6%)	7:20	8.2 (71.9%)
37	BONDARCZUK Igor	140	BONDARCZUK.COM	M40	37	06:24:21.00	06:24:21.00	+01:51:38 (29.0%)	7:23	8.1 (71.1%)
38	WIŚNIEWSKI Piotr	143	AKTYWNI KOCIEWIACY	M40	38	06:25:40.00	06:25:40.00	+01:52:57 (29.3%)	7:25	8.1 (71.1%)
39	HRYNIEWSKI Ryszard	153	BRAK	M40	39	06:31:44.00	06:31:44.00	+01:59:01 (30.4%)	7:32	8 (70.2%)

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40	LEŚNIEWICZ Tomasz	155		M40	40	06:33:21.00	06:33:21.00	+02:00:38 (30.7%)	7:33	7.9 (69.3%)
41	BŁACHOWICZ Rafał	156	ZABIEGANI MIELEC	M40	41	06:34:26.00	06:34:26.00	+02:01:43 (30.9%)	7:35	7.9 (69.3%)
42	ZAKRZEWSKI Paweł	157	KB-REBUS.PL	M40	42	06:34:36.00	06:34:36.00	+02:01:53 (30.9%)	7:35	7.9 (69.3%)
43	PALCZAK Rafał	158	0	M40	43	06:35:21.00	06:35:21.00	+02:02:38 (31.0%)	7:36	7.9 (69.3%)
44	BRZEZINSKI Marek	159	KORUP MOTION	M40	44	06:36:56.00	06:36:56.00	+02:04:13 (31.3%)	7:38	7.9 (69.3%)
45	BAUM Maciej	167		M40	45	06:45:29.00	06:45:29.00	+02:12:46 (32.7%)	7:47	7.7 (67.5%)
46	KIRKIEWICZ Ireneusz	168	KOLEGA MAĆKA OŁAWA	M40	46	06:45:35.00	06:45:35.00	+02:12:52 (32.8%)	7:47	7.7 (67.5%)
47	ZIELIŃSKI Michał	181		M40	47	06:55:38.00	06:55:38.00	+02:22:55 (34.4%)	7:59	7.5 (65.8%)
48	DĄBEK Paweł	185		M40	48	07:00:16.00	07:00:16.00	+02:27:33 (35.1%)	8:04	7.4 (64.9%)
49	KOSTKA Janusz	186	BRAK	M40	49	07:02:30.00	07:02:30.00	+02:29:47 (35.5%)	8:07	7.4 (64.9%)
50	GLÜCK Witold	189	KB "ARTURÓWEK" ŁÓDŹ	M40	50	07:03:20.00	07:03:20.00	+02:30:37 (35.6%)	8:08	7.4 (64.9%)
51	ZAMOJSKI Adam	192	AQUARIUS	M40	51	07:06:51.00	07:06:51.00	+02:34:08 (36.1%)	8:12	7.3 (64.0%)
52	DUDEK Arkadiusz	194	4 PORY ROKU	M40	52	07:08:02.00	07:08:02.00	+02:35:19 (36.3%)	8:13	7.3 (64.0%)
53	KUBALA Sylwester	196	NIEZRZESZONY	M40	53	07:09:47.00	07:09:47.00	+02:37:04 (36.5%)	8:15	7.3 (64.0%)
54	STARZYŃSKI Stefan	197	BBM	M40	54	07:10:01.00	07:10:01.00	+02:37:18 (36.6%)	8:16	7.3 (64.0%)
55	OCHAB Janusz	206		M40	55	07:20:26.00	07:20:26.00	+02:47:43 (38.1%)	8:28	7.1 (62.3%)
56	SMOLIŃSKI Robert	208	GLOBAL ADVENTURE TEAM	M40	56	07:20:54.00	07:20:54.00	+02:48:11 (38.1%)	8:28	7.1 (62.3%)
57	DABULIS Jarosław	209		M40	57	07:21:06.00	07:21:06.00	+02:48:23 (38.2%)	8:28	7.1 (62.3%)
58	KRUZEL Rafał	211		M40	58	07:22:23.00	07:22:23.00	+02:49:40 (38.4%)	8:30	7.1 (62.3%)
59	ŚMIECHOWICZ Gerard	212		M40	59	07:24:51.00	07:24:51.00	+02:52:08 (38.7%)	8:33	7 (61.4%)
60	KUPRAS Wiesław	226		M40	60	07:46:21.00	07:46:21.00	+03:13:38 (41.5%)	8:58	6.7 (58.8%)

Znaleziono 60 wynik(ów)