



II BIEG BEZ SPINY

B4SPORT

Organizator: Urząd Gminy Malechowo; Wójt Gminy Malechowo; OSP Malechowo; SP w Malechowie.
Data: 2019-08-31
Miejsce: Malechowo
Dystans: 10 km



Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	NIECKARZ Monika	57	KB SPOKO SŁAWNO	K30-39	1	00:46:40.60		4:40	12.9 (100%)
2	KONKEL Agnieszka	31		K30-39	2	00:46:44.85	+00:00:04 (0.2%)	4:40	12.8 (99.2%)
3	PERLIK Katarzyna	64	MTS HAMER MIASTKO	K18-29	1	00:47:12.10	+00:00:31 (1.1%)	4:43	12.7 (98.4%)
4	MUDŹ Anna	56	CENTRUM SZKOLENIA MARYNARKI WOJENNEJ	K18-29	2	00:49:03.45	+00:02:22 (4.9%)	4:54	12.2 (94.6%)
5	KRZEWIŃSKA Małgorzata	41	TKKF KOSZALIN	K60+	1	00:49:09.80	+00:02:29 (5.1%)	4:54	12.2 (94.6%)
6	KACZMAREK Marta	20	KB SPOKO SŁAWNO	K30-39	3	00:50:14.90	+00:03:34 (7.1%)	5:01	11.9 (92.2%)
7	KULCZYK Katarzyna	106	KB BRYZA POSTOMINO	K30-39	4	00:50:51.55	+00:04:10 (8.2%)	5:05	11.8 (91.5%)
8	DRULIK-HOŁUB Marta	11	TORNADO KOSZALIN	K40-49	1	00:53:26.10	+00:06:45 (12.6%)	5:20	11.2 (86.8%)
9	SARAPUK Gabriela	80	TKKF KOSZALIN	K40-49	2	00:55:06.40	+00:08:25 (15.3%)	5:30	10.9 (84.5%)
10	APANEL Marta	2		K30-39	5	00:56:15.95	+00:09:35 (17.0%)	5:37	10.7 (82.9%)
11	ANTOSIK Grażyna	1	KS OLSZEWSKI I SYNOWIE	K30-39	6	00:56:35.90	+00:09:55 (17.5%)	5:39	10.6 (82.2%)
12	PRYZWAN Karolina	70		K30-39	7	00:58:08.60	+00:11:28 (19.7%)	5:48	10.3 (79.8%)
13	ŁUBKOWSKA Magdalena	44		K40-49	3	01:01:19.60	+00:14:39 (23.9%)	6:07	9.8 (76.0%)
14	KONKEL Joanna	33	MKS 'ŚWIĘC' SŁAWNO	K50-59	1	01:01:34.40	+00:14:53 (24.2%)	6:09	9.7 (75.2%)
15	MOTYKOWSKA Ksenia	54	KB SPOKO SŁAWNO	K30-39	8	01:02:37.10	+00:15:56 (25.5%)	6:15	9.6 (74.4%)
16	ZARZYCKA Izabela	100	W.P.K SŁOŃ TEAM USTKA	K40-49	4	01:03:00.70	+00:16:20 (25.9%)	6:18	9.5 (73.6%)
17	DRZEWIECKA Justyna	12	DARŁOWSKIE CHARTY	K30-39	9	01:03:21.85	+00:16:41 (26.3%)	6:20	9.5 (73.6%)
18	MARCZAK Małgorzata	48		K50-59	2	01:03:30.15	+00:16:49 (26.5%)	6:21	9.4 (72.9%)
19	WERNER Dominika	95	NKS DARŻEWO	K18-29	3	01:03:36.60	+00:16:56 (26.6%)	6:21	9.4 (72.9%)
20	BUDZYŃSKA Elżbieta	7		K50-59	3	01:04:15.90	+00:17:35 (27.4%)	6:25	9.3 (72.1%)
21	SUŁEK Dorota	111	KB BRYZA POSTOMINO	K30-39	10	01:04:57.25	+00:18:16 (28.1%)	6:29	9.2 (71.3%)
22	KRAWCZUK Aleksandra	38	GEPARD GLEŻNOWO	K30-39	11	01:05:24.40	+00:18:43 (28.6%)	6:32	9.2 (71.3%)
23	PROTASEWICZ Renata	69	KB SPOKO SŁAWNO	K30-39	12	01:06:59.90	+00:20:19 (30.3%)	6:41	9 (69.8%)
24	HARASIMOWICZ-POLAKOWSKA Małgorzata	16	NIEZRZESZONA	K40-49	5	01:09:22.65	+00:22:42 (32.7%)	6:56	8.6 (66.7%)
25	WACHHOLZ Beata	113	KB BRYZA POSTOMINO	K40-49	6	01:10:23.55	+00:23:42 (33.7%)	7:02	8.5 (65.9%)
26	KOZŁOWIECKA Małgorzata	36		K50-59	4	01:10:40.45	+00:23:59 (34.0%)	7:04	8.5 (65.9%)
27	KOMAR Agnieszka	30	KB SPOKO SŁAWNO	K30-39	13	01:12:14.05	+00:25:33 (35.4%)	7:13	8.3 (64.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
28	TYRKA Małgorzata	93		K30-39	14	01:14:13.35	+00:27:32 (37.1%)	7:25	8.1 (62.8%)
29	PEŁKA Iwona	63		K50-59	5	01:21:33.90	+00:34:53 (42.8%)	8:09	7.4 (57.4%)

Znaleziono 29 wynik(ów)