



## II BIEG BEZ SPINY

B4SPORT

**Organizator:** Urząd Gminy Malechowo; Wójt Gminy Malechowo; OSP Malechowo; SP w Malechowie.  
**Data:** 2019-08-31  
**Miejsce:** Malechowo  
**Dystans:** 10 km



Klasyfikacja: M30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>JANISZEWSKI Marek</b>	<b>118</b>	DRUTEX	M30-39	1	<b>00:38:28.10</b>		3:50	15.6 (100%)
2	<b>MAJKOWICZ Rafał</b>	<b>46</b>		M30-39	2	<b>00:38:39.45</b>	+00:00:11 (0.5%)	3:51	15.5 (99.4%)
3	<b>RYKIEL Michał</b>	<b>79</b>	DĄBROWSKI TEAM	M30-39	3	<b>00:40:06.40</b>	+00:01:38 (4.1%)	4:00	15 (96.2%)
4	<b>CHRUSZCZ Dominik</b>	<b>124</b>		M30-39	4	<b>00:40:49.20</b>	+00:02:21 (5.8%)	4:04	14.7 (94.2%)
5	<b>ROKOSZ Radosław</b>	<b>128</b>	JW1223	M30-39	5	<b>00:41:29.30</b>	+00:03:01 (7.3%)	4:08	14.5 (92.9%)
6	<b>RYBICKI Andrzej</b>	<b>78</b>	KB SPOKO SŁAWNO	M30-39	6	<b>00:43:50.90</b>	+00:05:22 (12.3%)	4:23	13.7 (87.8%)
7	<b>KRAWCZUK Szymon</b>	<b>39</b>	DARŁOWSKIE CHARTY	M30-39	7	<b>00:44:58.40</b>	+00:06:30 (14.5%)	4:29	13.3 (85.3%)
8	<b>TŁUSTEK Łukasz</b>	<b>112</b>	KB BRYZA POSTOMINO	M30-39	8	<b>00:45:18.10</b>	+00:06:50 (15.1%)	4:31	13.2 (84.6%)
9	<b>SKOWROŃSKI Tomasz</b>	<b>83</b>		M30-39	9	<b>00:46:01.25</b>	+00:07:33 (16.4%)	4:36	13 (83.3%)
10	<b>NIECKARZ Krzysztof</b>	<b>58</b>	KB SPOKO SŁAWNO	M30-39	10	<b>00:46:02.85</b>	+00:07:34 (16.5%)	4:36	13 (83.3%)
11	<b>BIEŃKOWSKI Tomasz</b>	<b>4</b>	IQ CONSULTING	M30-39	11	<b>00:46:47.00</b>	+00:08:18 (17.8%)	4:40	12.8 (82.1%)
12	<b>KAMIŃSKI Sławomir</b>	<b>22</b>	KMP ŚWINOUJŚCIE	M30-39	12	<b>00:47:26.20</b>	+00:08:58 (18.9%)	4:44	12.6 (80.8%)
13	<b>WIELGAT Łukasz</b>	<b>114</b>	KB BRYZA POSTOMINO	M30-39	13	<b>00:48:08.05</b>	+00:09:39 (20.1%)	4:48	12.5 (80.1%)
14	<b>UJWARY Jakub</b>	<b>94</b>	NKS DARŻEWO	M30-39	14	<b>00:49:46.75</b>	+00:11:18 (22.7%)	4:58	12.1 (77.6%)
15	<b>STOPA Marcin</b>	<b>86</b>	OSP KARSINO	M30-39	15	<b>00:52:12.70</b>	+00:13:44 (26.3%)	5:13	11.5 (73.7%)
16	<b>OLSZAR Grzegorz</b>	<b>62</b>	DARŁOWSKIE CHARTY	M30-39	16	<b>00:52:44.50</b>	+00:14:16 (27.1%)	5:16	11.4 (73.1%)
17	<b>NOWAK Marek</b>	<b>59</b>		M30-39	17	<b>00:54:03.95</b>	+00:15:35 (28.8%)	5:24	11.1 (71.2%)
18	<b>ZIELIŃSKI Damian</b>	<b>101</b>		M30-39	18	<b>00:54:14.75</b>	+00:15:46 (29.1%)	5:25	11.1 (71.2%)
19	<b>KAZIMIEROWICZ Radosław</b>	<b>28</b>	VTT	M30-39	19	<b>01:04:06.90</b>	+00:25:38 (40.0%)	6:24	9.4 (60.3%)

Znaleziono 19 wynik(ów)