



II BIEG DLA WOŚP

B4SPORT

Wydarzenie: II Bieg i Marsz Nordic Walking dla WOŚP
Organizator: Sztab WOŚP przy Szkole Podstawowej w Okonku
Data: 2019-01-12
Miejsce: Okonek
Dystans: 0.61 km

 **HERKULES**
www.herkules.org.pl

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
1	GARAPUCZYK Agnieszka	248	TRIPAKA METROŻERCY	Drużynowo	10	21	0	4:35	13.1 (100%)		00:02:47
0.61km: 00:02:29 1.22km: 00:05:15 1.83km: 00:08:02 2.44km: 00:10:47 3.05km: 00:13:30 3.66km: 00:16:13 4.27km: 00:18:55 4.88km: 00:21:39 5.49km: 00:24:21 6.1km: 00:27:05 6.71km: 00:29:53 7.32km: 00:32:41 7.93km: 00:35:30 8.54km: 00:38:20 9.15km: 00:41:09 9.76km: 00:44:00 10.37km: 00:46:56 10.98km: 00:49:52 11.59km: 00:52:47 12.2km: 00:55:45 12.81km: 00:58:44											
2	FIŁONOWICZ Monika	22	RUNDORFINA CZAPLINEK	Drużynowo	14	20	-1	4:42	12.7 (96.9%)		00:02:52
0.61km: 00:02:39 1.22km: 00:05:31 1.83km: 00:08:24 2.44km: 00:11:17 3.05km: 00:14:10 3.66km: 00:17:03 4.27km: 00:19:57 4.88km: 00:22:56 5.49km: 00:25:53 6.1km: 00:28:49 6.71km: 00:31:43 7.32km: 00:34:36 7.93km: 00:37:26 8.54km: 00:40:17 9.15km: 00:43:07 9.76km: 00:46:01 10.37km: 00:48:54 10.98km: 00:51:45 11.59km: 00:54:39 12.2km: 00:57:32											
3	CHODOR Martyna	14	TKKF KOSZALIN*	Drużynowo	18	20	-1	4:53	12.3 (93.9%)		00:02:59
0.61km: 00:02:57 1.22km: 00:05:54 1.83km: 00:08:51 2.44km: 00:11:43 3.05km: 00:14:35 3.66km: 00:17:30 4.27km: 00:20:27 4.88km: 00:23:24 5.49km: 00:26:23 6.1km: 00:29:24 6.71km: 00:32:25 7.32km: 00:35:27 7.93km: 00:38:27 8.54km: 00:41:31 9.15km: 00:44:33 9.76km: 00:47:36 10.37km: 00:50:42 10.98km: 00:53:49 11.59km: 00:56:55 12.2km: 00:59:40											
4	SKROBANEK Hanna	144	MIEJSKI KLUB PŁYWACKI SZCZECINEK	Drużynowo	21	19	-2	4:56	12.1 (92.4%)		00:03:00
0.61km: 00:02:46 1.22km: 00:05:45 1.83km: 00:08:43 2.44km: 00:11:43 3.05km: 00:14:39 3.66km: 00:17:44 4.27km: 00:20:43 4.88km: 00:23:44 5.49km: 00:26:46 6.1km: 00:29:50 6.71km: 00:32:54 7.32km: 00:35:55 7.93km: 00:39:01 8.54km: 00:42:04 9.15km: 00:45:09 9.76km: 00:48:12 10.37km: 00:51:15 10.98km: 00:54:19 11.59km: 00:57:16											
5	GÓRA Agnieszka	30	#ZABIEGANINOCA*	Drużynowo	23	19	-2	4:58	12 (91.6%)		00:03:02
0.61km: 00:03:02 1.22km: 00:06:00 1.83km: 00:09:01 2.44km: 00:12:02 3.05km: 00:15:01 3.66km: 00:18:04 4.27km: 00:21:02 4.88km: 00:24:02 5.49km: 00:27:01 6.1km: 00:30:02 6.71km: 00:33:02 7.32km: 00:36:02 7.93km: 00:39:02 8.54km: 00:42:01 9.15km: 00:45:01 9.76km: 00:48:04 10.37km: 00:51:25 10.98km: 00:54:37 11.59km: 00:57:43											
6	ŁAWNICZAK Justyna	85	#ZABIEGANINOCA*	Drużynowo	24	19	-2	4:58	12 (91.6%)		00:03:02
0.61km: 00:03:02 1.22km: 00:06:00 1.83km: 00:09:01 2.44km: 00:12:02 3.05km: 00:15:00 3.66km: 00:18:03 4.27km: 00:21:03 4.88km: 00:24:02 5.49km: 00:27:01 6.1km: 00:30:02 6.71km: 00:33:02 7.32km: 00:36:02 7.93km: 00:39:02 8.54km: 00:42:01 9.15km: 00:45:01 9.76km: 00:48:04 10.37km: 00:51:25 10.98km: 00:54:37 11.59km: 00:57:43											
7	KRZEWIŃSKA Małgorzata	72	TKKF KOSZALIN*	Drużynowo	28	19	-2	5:05	11.8 (90.1%)		00:03:06
0.61km: 00:03:00 1.22km: 00:05:59 1.83km: 00:09:00 2.44km: 00:12:04 3.05km: 00:15:10 3.66km: 00:18:16 4.27km: 00:21:23 4.88km: 00:24:29 5.49km: 00:27:37 6.1km: 00:30:47 6.71km: 00:33:56 7.32km: 00:37:08 7.93km: 00:40:18 8.54km: 00:43:27 9.15km: 00:46:36 9.76km: 00:49:48 10.37km: 00:52:56 10.98km: 00:56:05 11.59km: 00:59:01											

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
8	CHODOR Izabela	13	TKKF KOSZALIN*	Drużynowo	29	19	-2	5:05	11.8 (90.1%)		00:03:06
0.61km: 00:03:00 1.22km: 00:05:58 1.83km: 00:09:00 2.44km: 00:12:04 3.05km: 00:15:09 3.66km: 00:18:17 4.27km: 00:21:23 4.88km: 00:24:29 5.49km: 00:27:37 6.1km: 00:30:47 6.71km: 00:33:56 7.32km: 00:37:09 7.93km: 00:40:19 8.54km: 00:43:27 9.15km: 00:46:37 9.76km: 00:49:48 10.37km: 00:52:56 10.98km: 00:56:05 11.59km: 00:59:01											
9	JANKOWSKA Monika	40		Drużynowo	32	19	-2	5:08	11.7 (89.3%)		00:03:08
0.61km: 00:02:46 1.22km: 00:05:45 1.83km: 00:08:45 2.44km: 00:11:50 3.05km: 00:14:57 3.66km: 00:18:05 4.27km: 00:21:14 4.88km: 00:24:27 5.49km: 00:27:40 6.1km: 00:30:53 6.71km: 00:34:09 7.32km: 00:37:25 7.93km: 00:40:38 8.54km: 00:43:52 9.15km: 00:47:08 9.76km: 00:50:21 10.37km: 00:53:37 10.98km: 00:56:46 11.59km: 00:59:39											
10	GORBACZ Urszula	28		Drużynowo	36	18	-3	5:13	11.5 (87.8%)		00:03:11
0.61km: 00:03:07 1.22km: 00:06:21 1.83km: 00:09:34 2.44km: 00:12:45 3.05km: 00:15:59 3.66km: 00:19:15 4.27km: 00:22:23 4.88km: 00:25:30 5.49km: 00:28:36 6.1km: 00:31:50 6.71km: 00:35:01 7.32km: 00:38:12 7.93km: 00:41:24 8.54km: 00:44:39 9.15km: 00:47:49 9.76km: 00:51:00 10.37km: 00:54:12 10.98km: 00:57:18											
11	PLUTA Magdalena	117		Drużynowo	38	18	-3	5:13	11.5 (87.8%)		00:03:11
0.61km: 00:02:34 1.22km: 00:05:37 1.83km: 00:08:47 2.44km: 00:11:57 3.05km: 00:15:04 3.66km: 00:18:17 4.27km: 00:21:34 4.88km: 00:24:51 5.49km: 00:28:03 6.1km: 00:31:17 6.71km: 00:34:29 7.32km: 00:37:44 7.93km: 00:41:01 8.54km: 00:44:19 9.15km: 00:47:32 9.76km: 00:50:49 10.37km: 00:54:07 10.98km: 00:57:25											
12	MACIEJEWSKA Katarzyna	88		Drużynowo	40	18	-3	5:14	11.5 (87.8%)		00:03:11
0.61km: 00:02:33 1.22km: 00:05:27 1.83km: 00:08:24 2.44km: 00:11:28 3.05km: 00:14:22 3.66km: 00:17:33 4.27km: 00:20:54 4.88km: 00:24:13 5.49km: 00:27:31 6.1km: 00:30:45 6.71km: 00:34:16 7.32km: 00:37:41 7.93km: 00:40:47 8.54km: 00:44:13 9.15km: 00:47:36 9.76km: 00:51:03 10.37km: 00:54:14 10.98km: 00:57:30											
13	ROLIK Anna	134		Drużynowo	41	18	-3	5:17	11.3 (86.3%)		00:03:13
0.61km: 00:03:04 1.22km: 00:06:06 1.83km: 00:09:11 2.44km: 00:12:13 3.05km: 00:15:23 3.66km: 00:18:36 4.27km: 00:21:53 4.88km: 00:25:10 5.49km: 00:28:26 6.1km: 00:31:43 6.71km: 00:35:02 7.32km: 00:38:23 7.93km: 00:41:41 8.54km: 00:45:01 9.15km: 00:48:22 9.76km: 00:51:35 10.37km: 00:54:51 10.98km: 00:58:10											
14	KUSMIDER Katarzyna	79	RUNDORFINA CZAPLINEK	Drużynowo	44	18	-3	5:21	11.2 (85.5%)		00:03:15
0.61km: 00:02:58 1.22km: 00:06:04 1.83km: 00:09:12 2.44km: 00:12:24 3.05km: 00:15:35 3.66km: 00:18:48 4.27km: 00:21:55 4.88km: 00:25:07 5.49km: 00:28:25 6.1km: 00:31:38 6.71km: 00:34:51 7.32km: 00:38:13 7.93km: 00:41:27 8.54km: 00:44:50 9.15km: 00:48:15 9.76km: 00:51:40 10.37km: 00:55:06 10.98km: 00:58:45											
15	RUTKOWSKA Anna	136	WATAHA WAŁCZ	Drużynowo	48	17	-4	5:26	11 (84.0%)		00:03:18
0.61km: 00:03:20 1.22km: 00:06:41 1.83km: 00:09:56 2.44km: 00:13:14 3.05km: 00:16:33 3.66km: 00:19:49 4.27km: 00:23:09 4.88km: 00:26:27 5.49km: 00:29:46 6.1km: 00:33:03 6.71km: 00:36:23 7.32km: 00:39:43 7.93km: 00:43:02 8.54km: 00:46:21 9.15km: 00:49:39 9.76km: 00:53:02 10.37km: 00:56:21											
16	BARANEK Aleksandra	5	MIEJSKI KLUB PŁYWACKI SZCZECINEK	Drużynowo	51	17	-4	5:31	10.9 (83.2%)		00:03:21
0.61km: 00:03:13 1.22km: 00:06:38 1.83km: 00:10:02 2.44km: 00:13:27 3.05km: 00:16:51 3.66km: 00:20:16 4.27km: 00:23:41 4.88km: 00:27:07 5.49km: 00:30:30 6.1km: 00:33:59 6.71km: 00:37:24 7.32km: 00:40:45 7.93km: 00:44:06 8.54km: 00:47:23 9.15km: 00:50:43 9.76km: 00:53:59 10.37km: 00:57:13											
17	NERĆ Patrycja	102	MIEJSKI KLUB PŁYWACKI SZCZECINEK	Drużynowo	52	17	-4	5:31	10.9 (83.2%)		00:03:21
0.61km: 00:03:13 1.22km: 00:06:37 1.83km: 00:10:02 2.44km: 00:13:26 3.05km: 00:16:51 3.66km: 00:20:16 4.27km: 00:23:41 4.88km: 00:27:07 5.49km: 00:30:30 6.1km: 00:33:59 6.71km: 00:37:24 7.32km: 00:40:45 7.93km: 00:44:05 8.54km: 00:47:23 9.15km: 00:50:43 9.76km: 00:53:59 10.37km: 00:57:13											
18	KARABASZ Sylwia	52		Drużynowo	53	17	-4	5:31	10.9 (83.2%)		00:03:22
0.61km: 00:02:51 1.22km: 00:05:57 1.83km: 00:09:08 2.44km: 00:12:24 3.05km: 00:15:45 3.66km: 00:19:11 4.27km: 00:22:42 4.88km: 00:27:18 5.49km: 00:30:47 6.1km: 00:34:15 6.71km: 00:37:35 7.32km: 00:40:50 7.93km: 00:44:03 8.54km: 00:47:21 9.15km: 00:50:43 9.76km: 00:54:01 10.37km: 00:57:14											
19	SKOCZYLAS Bożena	142	BIEGAM BO LUBIE	Drużynowo	56	17	-4	5:33	10.8 (82.4%)		00:03:23
0.61km: 00:03:01 1.22km: 00:06:06 1.83km: 00:09:13 2.44km: 00:12:29 3.05km: 00:15:46 3.66km: 00:19:05 4.27km: 00:22:33 4.88km: 00:25:59 5.49km: 00:29:23 6.1km: 00:32:49 6.71km: 00:36:14 7.32km: 00:39:44 7.93km: 00:43:13 8.54km: 00:46:45 9.15km: 00:50:27 9.76km: 00:53:59 10.37km: 00:57:38											
20	KLUPŚ Monika	59	ROZBIEGANE JASTROWIE	Drużynowo	57	17	-4	5:34	10.7 (81.7%)		00:03:24
0.61km: 00:03:03 1.22km: 00:06:24 1.83km: 00:09:48 2.44km: 00:13:08 3.05km: 00:16:26 3.66km: 00:19:53 4.27km: 00:23:18 4.88km: 00:26:42 5.49km: 00:30:11 6.1km: 00:33:39 6.71km: 00:37:12 7.32km: 00:40:40 7.93km: 00:44:12 8.54km: 00:47:42 9.15km: 00:51:06 9.76km: 00:54:32 10.37km: 00:57:53											
21	GRABOWSKA-LESISZ Aneta	32		Drużynowo	58	17	-4	5:37	10.7 (81.7%)		00:03:26

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
	0.61km: 00:03:14 1.22km: 00:06:47 1.83km: 00:10:23 2.44km: 00:13:57 3.05km: 00:17:40 3.66km: 00:21:16 4.27km: 00:24:55 4.88km: 00:28:33 5.49km: 00:32:17 6.1km: 00:36:00 6.71km: 00:39:45 7.32km: 00:43:33 7.93km: 00:47:28 8.54km: 00:51:23 9.15km: 00:55:04 9.76km: 00:59:02										
35	TRYBUŁA Magdalena	163		Drużynowo	85	15	-6	6:04	9.9 (75.6%)		00:03:42
	0.61km: 00:03:10 1.22km: 00:06:35 1.83km: 00:10:03 2.44km: 00:13:30 3.05km: 00:17:13 3.66km: 00:20:59 4.27km: 00:24:48 4.88km: 00:28:34 5.49km: 00:32:21 6.1km: 00:36:15 6.71km: 00:40:13 7.32km: 00:44:13 7.93km: 00:48:12 8.54km: 00:52:03 9.15km: 00:55:39										
36	KAROLCZAK Katarzyna	55	#ZABIEGANINOCA-	Drużynowo	87	15	-6	6:11	9.7 (74.0%)		00:03:46
	0.61km: 00:03:33 1.22km: 00:07:17 1.83km: 00:10:55 2.44km: 00:14:38 3.05km: 00:18:18 3.66km: 00:21:50 4.27km: 00:25:37 4.88km: 00:29:31 5.49km: 00:33:21 6.1km: 00:37:12 6.71km: 00:41:05 7.32km: 00:45:02 7.93km: 00:48:53 8.54km: 00:52:46 9.15km: 00:56:36										
37	GZELA Olga	36		Drużynowo	88	15	-6	6:17	9.5 (72.5%)		00:03:50
	0.61km: 00:03:48 1.22km: 00:07:32 1.83km: 00:11:15 2.44km: 00:14:57 3.05km: 00:18:38 3.66km: 00:22:24 4.27km: 00:26:11 4.88km: 00:29:57 5.49km: 00:34:02 6.1km: 00:37:51 6.71km: 00:41:53 7.32km: 00:45:44 7.93km: 00:49:45 8.54km: 00:53:38 9.15km: 00:57:32										
38	PORUCZNIK Anna Maria	121		Drużynowo	90	15	-6	6:17	9.5 (72.5%)		00:03:50
	0.61km: 00:03:33 1.22km: 00:07:20 1.83km: 00:10:53 2.44km: 00:14:36 3.05km: 00:18:22 3.66km: 00:22:13 4.27km: 00:26:03 4.88km: 00:29:51 5.49km: 00:33:48 6.1km: 00:37:55 6.71km: 00:42:10 7.32km: 00:46:12 7.93km: 00:49:53 8.54km: 00:53:49 9.15km: 00:57:37										
39	NOSAL Martyna	105	MIEJSKI KLUB PŁYWACKI SZCZECINEK*	Drużynowo	91	15	-6	6:18	9.5 (72.5%)		00:03:50
	0.61km: 00:03:47 1.22km: 00:07:25 1.83km: 00:11:19 2.44km: 00:14:41 3.05km: 00:18:21 3.66km: 00:21:54 4.27km: 00:25:47 4.88km: 00:29:35 5.49km: 00:33:30 6.1km: 00:37:23 6.71km: 00:40:53 7.32km: 00:45:05 7.93km: 00:49:14 8.54km: 00:53:43 9.15km: 00:57:39										
40	WOJTECZKO Magdalena	169	RUNDORFINA CZAPLINEK	Drużynowo	92	15	-6	6:19	9.5 (72.5%)		00:03:51
	0.61km: 00:03:20 1.22km: 00:07:01 1.83km: 00:10:45 2.44km: 00:14:33 3.05km: 00:18:21 3.66km: 00:22:09 4.27km: 00:26:03 4.88km: 00:30:00 5.49km: 00:33:58 6.1km: 00:37:58 6.71km: 00:41:53 7.32km: 00:45:50 7.93km: 00:49:58 8.54km: 00:53:54 9.15km: 00:57:48										
41	RĘBIŚ Monika	130		Drużynowo	94	15	-6	6:20	9.4 (71.8%)		00:03:52
	0.61km: 00:03:50 1.22km: 00:07:38 1.83km: 00:11:30 2.44km: 00:15:24 3.05km: 00:19:16 3.66km: 00:23:08 4.27km: 00:27:00 4.88km: 00:30:56 5.49km: 00:34:54 6.1km: 00:38:51 6.71km: 00:42:44 7.32km: 00:46:39 7.93km: 00:50:32 8.54km: 00:54:21 9.15km: 00:58:06										
42	DĄBROWSKA Katarzyna	17	RUNDORFINA CZAPLINEK	Drużynowo	98	15	-6	6:23	9.4 (71.8%)		00:03:53
	0.61km: 00:03:20 1.22km: 00:07:01 1.83km: 00:10:45 2.44km: 00:14:33 3.05km: 00:18:21 3.66km: 00:22:09 4.27km: 00:26:03 4.88km: 00:30:00 5.49km: 00:33:58 6.1km: 00:37:58 6.71km: 00:41:53 7.32km: 00:45:50 7.93km: 00:50:02 8.54km: 00:54:18 9.15km: 00:58:26										
43	KUKLINSKA Joanna	75	TRIPAKA METROŻERCY	Drużynowo	100	15	-6	6:23	9.4 (71.8%)		00:03:53
	0.61km: 00:03:16 1.22km: 00:06:53 1.83km: 00:10:41 2.44km: 00:14:30 3.05km: 00:18:21 3.66km: 00:22:10 4.27km: 00:26:04 4.88km: 00:30:03 5.49km: 00:34:00 6.1km: 00:38:05 6.71km: 00:42:04 7.32km: 00:46:10 7.93km: 00:50:17 8.54km: 00:54:19 9.15km: 00:58:29										
44	MICKIEWICZ Kinga	94	#ZABIEGANINOCA+	Drużynowo	103	15	-6	6:24	9.4 (71.8%)		00:03:54
	0.61km: 00:03:30 1.22km: 00:07:14 1.83km: 00:11:01 2.44km: 00:14:51 3.05km: 00:18:45 3.66km: 00:22:44 4.27km: 00:26:42 4.88km: 00:30:51 5.49km: 00:34:50 6.1km: 00:38:48 6.71km: 00:42:50 7.32km: 00:46:54 7.93km: 00:50:58 8.54km: 00:54:51 9.15km: 00:58:42										
45	JAROSZEWICZ Joanna	43		Drużynowo	104	15	-6	6:25	9.3 (71.0%)		00:03:55
	0.61km: 00:03:04 1.22km: 00:06:42 1.83km: 00:10:28 2.44km: 00:14:15 3.05km: 00:18:05 3.66km: 00:22:02 4.27km: 00:26:02 4.88km: 00:30:07 5.49km: 00:34:20 6.1km: 00:38:26 6.71km: 00:42:27 7.32km: 00:46:38 7.93km: 00:50:42 8.54km: 00:54:35 9.15km: 00:58:46										
46	PRZEDNÓWEK Mariola	123	CZARNE BIEGA	Drużynowo	105	15	-6	6:25	9.3 (71.0%)		00:03:55
	0.61km: 00:03:37 1.22km: 00:07:19 1.83km: 00:10:51 2.44km: 00:14:23 3.05km: 00:18:01 3.66km: 00:21:50 4.27km: 00:25:38 4.88km: 00:29:31 5.49km: 00:33:29 6.1km: 00:37:33 6.71km: 00:41:43 7.32km: 00:46:02 7.93km: 00:50:10 8.54km: 00:54:14 9.15km: 00:58:50										
47	KURZAWIŃSKA-JABŁOŃSKA Kasia	78	CZARNE BIEGA	Drużynowo	106	15	-6	6:25	9.3 (71.0%)		00:03:55

