

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	SZENK Marta	397		K-30	1	00:00:01	00:19:09	00:39:28.60	00:39:29.85		3:56	15.2 (100%)
2	WOŹNIAKOWSKA Agata	457	RUN BYDGOSZCZ	K-30	2	00:00:03	00:21:42	00:44:38.15	00:44:41.90	+00:05:09 (11.6%)	4:27	13.4 (88.2%)
3	WUJEK Magdalena	461		K-30	3	00:00:06	00:22:03	00:45:27.75	00:45:33.85	+00:05:59 (13.2%)	4:32	13.2 (86.8%)
4	WRÓBLEWSKA Dagmara	459	TKKF KOLEJARZ BYDGOSZCZ	K-30	4	00:00:07	00:22:52	00:47:19.20	00:47:26.50	+00:07:50 (16.6%)	4:43	12.7 (83.6%)
5	DERING Hanna	66		K-30	5	00:00:24	00:23:55	00:48:24.00	00:48:48.50	+00:08:55 (18.4%)	4:50	12.4 (81.6%)
6	TARNOWSKA Nika	413	KM TRUCHCIK ŁUBIANKA	K-30	6	00:00:14	00:24:15	00:48:46.10	00:49:01.05	+00:09:17 (19.1%)	4:52	12.3 (80.9%)
7	TATULIŃSKA Aleksandra	414	RUN BYDGOSZCZ	K-30	7	00:00:24	00:25:18	00:50:33.85	00:50:58.35	+00:11:05 (21.9%)	5:03	11.9 (78.3%)
8	PALACZ Wioletta	295		K-30	8	00:00:10	00:24:09	00:50:42.60	00:50:53.50	+00:11:14 (22.2%)	5:04	11.8 (77.6%)
9	SĄDEJ Małgorzata	358	INFRACORR TEAM	K-30	9	00:00:26	00:24:48	00:51:31.60	00:51:57.80	+00:12:03 (23.4%)	5:09	11.6 (76.3%)
10	WYSZKOWSKA Marzena	462	-	K-30	10	00:00:28	00:25:49	00:52:10.45	00:52:38.85	+00:12:41 (24.3%)	5:13	11.5 (75.7%)
11	URBAŃSKA Emilia	424	GALA24.PL	K-30	11	00:00:17	00:25:20	00:52:42.90	00:53:00.85	+00:13:14 (25.1%)	5:16	11.4 (75.0%)
12	PRUS Justyna	323	-	K-30	12	00:00:13	00:25:34	00:53:21.70	00:53:35.20	+00:13:53 (26.0%)	5:20	11.2 (73.7%)

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13	POLANSKA Asia	318		K-30	13	00:00:23	00:26:41	00:54:24.15	00:54:47.35	+00:14:55 (27.4%)	5:26	11 (72.4%)
14	WOŹNIAK Anna	454		K-30	14	00:00:19	00:25:56	00:54:32.70	00:54:52.35	+00:15:04 (27.6%)	5:27	11 (72.4%)
15	POTRZEBOWSKA Agata	322	NIE MAM	K-30	15	00:00:16	00:26:38	00:54:38.90	00:54:55.80	+00:15:10 (27.8%)	5:27	11 (72.4%)
16	SZULC Małgorzata	400		K-30	16	00:00:28	00:26:08	00:54:46.70	00:55:15.35	+00:15:18 (27.9%)	5:28	11 (72.4%)
17	SOBECKA Anna	365		K-30	17	00:00:19	00:26:49	00:54:58.25	00:55:17.65	+00:15:29 (28.2%)	5:29	10.9 (71.7%)
18	CZAPLEWSKA Agnieszka	51	KB ŁAPKA	K-30	18	00:00:34	00:27:26	00:55:15.75	00:55:50.00	+00:15:47 (28.6%)	5:31	10.9 (71.7%)
19	BICKOWSKA Magdalena	16	RUN BYDGOSZCZ	K-30	19	00:00:12	00:26:43	00:56:36.60	00:56:49.35	+00:17:08 (30.3%)	5:39	10.6 (69.7%)
20	SZCZEPAŃSKA Anna	393	REMKAN POZNAŃ	K-30	20	00:00:30	00:27:30	00:56:44.25	00:57:15.20	+00:17:15 (30.4%)	5:40	10.6 (69.7%)
21	ZAMIATOWSKA Kinga	464	RUN BYDGOSZCZ	K-30	21	00:00:29	00:27:53	00:57:47.30	00:58:16.55	+00:18:18 (31.7%)	5:46	10.4 (68.4%)
22	MARKOWSKA Izabela	235		K-30	22	00:00:36	00:29:21	00:58:08.45	00:58:45.30	+00:18:39 (32.1%)	5:48	10.3 (67.8%)
23	GONCERZ Katarzyna	96	MWIK BYDGOSZCZ	K-30	23	00:00:20	00:27:08	00:58:16.15	00:58:36.30	+00:18:47 (32.3%)	5:49	10.3 (67.8%)
24	LEMAŃCZYK Bożena	204		K-30	24	00:00:21	00:27:49	00:58:41.40	00:59:02.80	+00:19:12 (32.7%)	5:52	10.2 (67.1%)
25	NAGÓRKA Ania	265		K-30	25	00:00:32	00:28:08	00:59:00.00	00:59:32.80	+00:19:31 (33.1%)	5:54	10.2 (67.1%)
26	JAKUBIAK Małgorzata	124		K-30	26	00:00:38	00:28:30	00:59:03.35	00:59:41.55	+00:19:34 (33.2%)	5:54	10.2 (67.1%)
27	SIEWERT Hanna	360		K-30	27	00:00:49	00:29:19	00:59:08.40	00:59:57.90	+00:19:39 (33.2%)	5:54	10.1 (66.4%)
28	ORACKA Maja	283	VCR	K-30	28	00:00:32	00:28:34	00:59:12.40	00:59:44.85	+00:19:43 (33.3%)	5:55	10.1 (66.4%)
29	WOŹNIAK Beata	456		K-30	29	00:00:43	00:28:45	00:59:30.80	01:00:14.55	+00:20:02 (33.7%)	5:57	10.1 (66.4%)
30	ĆWIKLIŃSKA Anna	58	KLONIKTEAM	K-30	30	00:00:29	00:27:40	00:59:39.70	01:00:09.40	+00:20:11 (33.8%)	5:58	10.1 (66.4%)
31	MUCYK Małgorzata	479		K-30	31	00:00:31	00:28:58	00:59:52.25	01:00:24.00	+00:20:23 (34.1%)	5:59	10 (65.8%)
32	OŚKA Beata	290		K-30	32	00:00:30	00:29:09	01:00:36.95	01:01:07.60	+00:21:08 (34.9%)	6:03	9.9 (65.1%)
33	BEDNAREK Algvida	12	ALNOR SYSTEMY WENTYLACJI SP. Z O.O.	K-30	33	00:00:29	00:29:12	01:00:59.50	01:01:29.40	+00:21:30 (35.3%)	6:06	9.8 (64.5%)
34	NIKOŁAJEW Monika	270		K-30	34	00:00:36	00:29:30	01:01:01.85	01:01:37.95	+00:21:33 (35.3%)	6:06	9.8 (64.5%)
35	JADCZAK Katarzyna	121	BRAK	K-30	35	00:00:36	00:29:14	01:01:57.85	01:02:34.25	+00:22:29 (36.3%)	6:11	9.7 (63.8%)

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36	HEIDER Anna	116	LASKI GARMINA	K-30	36	00:00:33	00:30:39	01:02:01.55	01:02:34.85	+00:22:32 (36.4%)	6:12	9.7 (63.8%)
37	KOLASIŃSKA Joanna	156	RUN BYDGOSZCZ	K-30	37	00:00:54	00:30:58	01:03:42.50	01:04:36.65	+00:24:13 (38.0%)	6:22	9.4 (61.8%)
38	DUTKIEWICZ Urszula	77	TKKF KOLEJARZ BYDGOSZCZ	K-30	38	00:00:20	00:30:23	01:03:56.55	01:04:17.15	+00:24:27 (38.3%)	6:23	9.4 (61.8%)
39	MARCINIAK Justyna	230		K-30	39	00:00:47	00:30:44	01:04:06.25	01:04:53.60	+00:24:37 (38.4%)	6:24	9.4 (61.8%)
40	JURECKA Anna	137	REMKAN POZNAŃ	K-30	40	00:00:31	00:32:01	01:04:27.65	01:04:59.00	+00:24:59 (38.8%)	6:26	9.3 (61.2%)
41	KUZIEMSKA Anna	200	ELEKTRO.INFO	K-30	41	00:00:37	00:32:07	01:04:59.70	01:05:37.00	+00:25:31 (39.3%)	6:30	9.2 (60.5%)
42	GROCHOWALSKA Marzena	110	BYDGOSZCZ	K-30	42	00:00:45	00:30:58	01:05:10.90	01:05:56.50	+00:25:42 (39.4%)	6:31	9.2 (60.5%)
43	GMAJ Karolina	94		K-30	43	00:00:26	00:29:07	01:05:31.20	01:05:57.35	+00:26:02 (39.7%)	6:33	9.2 (60.5%)
44	PASIEKA Magda	297	MAM TĘ MOC	K-30	44	00:00:39	00:31:59	01:06:10.00	01:06:49.00	+00:26:41 (40.3%)	6:37	9.1 (59.9%)
45	PIECYK-CZAJA Sonia	308		K-30	45	00:00:43	00:32:04	01:06:45.75	01:07:29.55	+00:27:17 (40.9%)	6:40	9 (59.2%)
46	CUDAK Małgorzata	46	AQUA 4	K-30	46	00:00:44	00:31:44	01:06:52.25	01:07:36.80	+00:27:23 (41.0%)	6:41	9 (59.2%)
47	CZYŻEWSKA Justyna	57		K-30	47	00:00:38	00:31:46	01:07:41.00	01:08:19.60	+00:28:12 (41.7%)	6:46	8.9 (58.6%)
48	SZEWCZYK Karolina	398		K-30	48	00:00:31	00:31:06	01:08:37.10	01:09:08.90	+00:29:08 (42.5%)	6:51	8.7 (57.2%)
49	WALENTYNOWICZ Aneta	475	PRUSZCZ BIEGA	K-30	49	00:00:41	00:32:46	01:09:13.15	01:09:54.40	+00:29:44 (43.0%)	6:55	8.7 (57.2%)
50	MICHALSKA Grażyna	244	KLIMAT SOLEC	K-30	50	00:00:48	00:32:32	01:09:19.05	01:10:07.75	+00:29:50 (43.0%)	6:55	8.7 (57.2%)
51	BUBLIK Marta	29	RUN BYDGOSZCZ	K-30	51	00:00:56	00:33:35	01:10:15.30	01:11:11.95	+00:30:46 (43.8%)	7:01	8.5 (55.9%)
52	SOBOCZYŃSKA-ŚLEDŹ Joanna	366		K-30	52	00:00:31	00:33:32	01:11:01.40	01:11:33.20	+00:31:32 (44.4%)	7:06	8.4 (55.3%)
53	MAN Beata	226	KLIMAT SOLEC	K-30	53	00:00:44	00:33:57	01:11:10.50	01:11:55.40	+00:31:41 (44.5%)	7:07	8.4 (55.3%)
54	SZALA Monika	388		K-30	54	00:00:46	00:34:38	01:11:50.00	01:12:36.20	+00:32:21 (45.0%)	7:11	8.4 (55.3%)
55	IDZIAK Sylwia	117	ALNOR SYSTEMY WENTYLACJI SP. Z O.O.	K-30	55	00:00:29	00:32:10	01:11:50.25	01:12:19.70	+00:32:21 (45.0%)	7:11	8.4 (55.3%)
56	BIELIŃSKA Hania	18	ZP SERWIS	K-30	56	00:00:54	00:34:49	01:14:28.10	01:15:22.25	+00:34:59 (47.0%)	7:26	8.1 (53.3%)
57	GIL Magdalena	91		K-30	57	00:00:54	00:36:01	01:17:20.15	01:18:15.05	+00:37:51 (49.0%)	7:44	7.8 (51.3%)
58	ŚPIAKOWSKA Dorota	409		K-30	58	00:00:49	00:37:15	01:22:33.75	01:23:23.60	+00:43:05 (52.2%)	8:15	7.3 (48.0%)

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59	SAMUL Ewa	355	MALTAŃCZYCY	K-30	59	00:00:58	00:39:20	01:25:27.25	01:26:25.50	+00:45:58 (53.8%)	8:32	7 (46.1%)

Znaleziono 59 wynik(ów)