

Organizator: HVACR.pl  
Data: 2016-05-08  
Miejsce: Bydgoszcz  
Dystans: 10 km

Klasyfikacja: M-20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	GÓRCZYŃSKI Zbigniew	102	MPWIK WŁOCLAWEK	M-20	1	00:00:01	00:17:44	<b>00:36:42.90</b>	<b>00:36:44.05</b>		3:40	16.3 (100%)
2	TUCZYŃSKI Sylwester	421	BYDGOSKIE OKONIE	M-20	2	00:00:00	00:17:59	<b>00:37:50.35</b>	<b>00:37:51.05</b>	+00:01:07 (3.0%)	3:47	15.9 (97.5%)
3	MAĆKOWSKI Maciej	218	BRICO MARCHE ŻNIN	M-20	3	00:00:00	00:18:14	<b>00:37:59.65</b>	<b>00:38:00.40</b>	+00:01:16 (3.4%)	3:48	15.8 (96.9%)
4	WOJCIECHOWSKI Dawid	451	T'RUN'KOWI	M-20	4	00:00:02	00:18:30	<b>00:38:10.10</b>	<b>00:38:12.20</b>	+00:01:27 (3.8%)	3:49	15.7 (96.3%)
5	IRACKI Mateusz	118		M-20	5	00:00:02	00:19:44	<b>00:39:18.30</b>	<b>00:39:21.10</b>	+00:02:35 (6.6%)	3:55	15.3 (93.9%)
6	KOŁAKOWSKI Tomasz	158	HYDROTERM	M-20	6	00:00:01	00:19:14	<b>00:40:11.60</b>	<b>00:40:13.55</b>	+00:03:28 (8.7%)	4:01	14.9 (91.4%)
7	KŁOS Oliver	152		M-20	7	00:00:06	00:20:13	<b>00:41:16.65</b>	<b>00:41:22.75</b>	+00:04:33 (11.1%)	4:07	14.5 (89.0%)
8	JAGODZIŃSKI Mateusz	123	BYDGOSKIE OKONIE	M-20	8	00:00:01	00:19:24	<b>00:41:28.65</b>	<b>00:41:30.00</b>	+00:04:45 (11.5%)	4:08	14.5 (89.0%)
9	KWIATKOWSKI Damian	201	RUN BYDGOSZCZ	M-20	9	00:00:04	00:19:55	<b>00:41:46.15</b>	<b>00:41:50.30</b>	+00:05:03 (12.1%)	4:10	14.4 (88.3%)
10	OSTROWSKI Kacper	288		M-20	10	00:00:06	00:19:50	<b>00:42:23.65</b>	<b>00:42:29.70</b>	+00:05:40 (13.4%)	4:14	14.2 (87.1%)
11	GRALIK Jędrzej	106	BYDGOSKIE OKONIE	M-20	11	00:00:03	00:20:44	<b>00:43:46.10</b>	<b>00:43:49.30</b>	+00:07:03 (16.1%)	4:22	13.7 (84.0%)
12	OLENDER Tomasz	280	ENDUHUB RUNNING TEAM	M-20	12	00:00:07	00:22:41	<b>00:44:48.50</b>	<b>00:44:56.20</b>	+00:08:05 (18.1%)	4:28	13.4 (82.2%)
13	NOWAKOWSKI Mateusz	276	KM UMK TORUŃ	M-20	13	00:00:07	00:21:36	<b>00:44:54.80</b>	<b>00:45:02.40</b>	+00:08:11 (18.3%)	4:29	13.4 (82.2%)
14	DĄBROWSKI Paweł	63		M-20	14	00:00:09	00:21:38	<b>00:45:03.25</b>	<b>00:45:12.35</b>	+00:08:20 (18.5%)	4:30	13.3 (81.6%)
15	TUCHOLSKI Bartłomiej	420	BYDGOSKIE OKONIE	M-20	15	00:00:03	00:21:32	<b>00:45:40.30</b>	<b>00:45:44.05</b>	+00:08:57 (19.6%)	4:34	13.1 (80.4%)
16	ŻOŁNOWSKI Łukasz	471		M-20	16	00:00:25	00:22:21	<b>00:45:53.60</b>	<b>00:46:18.65</b>	+00:09:10 (20.0%)	4:35	13.1 (80.4%)
17	KUDALSKI Maciej	193	XYZ COPACABANA BYDGOSZCZ	M-20	17	00:00:04	00:21:40	<b>00:46:38.15</b>	<b>00:46:42.55</b>	+00:09:55 (21.3%)	4:39	12.9 (79.1%)
18	CZERWIŃSKI Krzysztof	54	AKADEMIA BIEGANIA GRUDZIĄDZ	M-20	18	00:00:07	00:22:42	<b>00:46:51.20</b>	<b>00:46:58.80</b>	+00:10:08 (21.6%)	4:41	12.8 (78.5%)
19	LUZAK Szymon	210	RESTAURACJA SPIŻARNIA BYDGOSZCZ	M-20	19	00:00:09	00:22:35	<b>00:46:51.30</b>	<b>00:47:00.35</b>	+00:10:08 (21.6%)	4:41	12.8 (78.5%)
20	WEDER Łukasz	428	AZS_UTP_BYDGOSZCZ	M-20	20	00:00:06	00:21:17	<b>00:47:18.20</b>	<b>00:47:24.50</b>	+00:10:35 (22.4%)	4:43	12.7 (77.9%)
21	JELEŃIEWSKI Wojciech	134		M-20	21	00:00:06	00:22:14	<b>00:47:32.80</b>	<b>00:47:39.70</b>	+00:10:49 (22.8%)	4:45	12.6 (77.3%)
22	RZEKANOWSKI Paweł	353	RUN BYDGOSZCZ	M-20	22	00:00:17	00:22:51	<b>00:48:23.60</b>	<b>00:48:41.30</b>	+00:11:40 (24.1%)	4:50	12.4 (76.1%)
23	ROZWADOWSKI Oskar	343	KLIMAT SOLEC	M-20	23	00:00:15	00:23:47	<b>00:48:23.80</b>	<b>00:48:39.15</b>	+00:11:40 (24.1%)	4:50	12.4 (76.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
24	<b>KARPACZ Jarek</b>	<b>144</b>		M-20	24	00:00:18	00:24:16	<b>00:48:58.95</b>	<b>00:49:17.25</b>	+00:12:16 (25.0%)	4:53	12.2 (74.8%)
25	<b>RYŻYCKI Tomasz</b>	<b>352</b>		M-20	25	00:00:21	00:23:35	<b>00:49:02.30</b>	<b>00:49:23.35</b>	+00:12:19 (25.1%)	4:54	12.2 (74.8%)
26	<b>STRABEL Bartosz</b>	<b>377</b>	KLIMAT SOLEC	M-20	26	00:00:11	00:23:57	<b>00:49:14.10</b>	<b>00:49:25.35</b>	+00:12:31 (25.4%)	4:55	12.2 (74.8%)
27	<b>KAMOWSKI Damian</b>	<b>142</b>	SWIAT SMAKÓW ŻŁOTÓW	M-20	27	00:00:24	00:23:57	<b>00:50:09.35</b>	<b>00:50:33.95</b>	+00:13:26 (26.8%)	5:00	12 (73.6%)
28	<b>KRYSPIŃ Arkadiusz</b>	<b>184</b>		M-20	28	00:00:22	00:25:19	<b>00:50:21.80</b>	<b>00:50:44.40</b>	+00:13:38 (27.1%)	5:02	11.9 (73.0%)
29	<b>SZCZĘŚNY Piotr</b>	<b>395</b>	MVM	M-20	29	00:00:12	00:23:42	<b>00:50:25.15</b>	<b>00:50:37.35</b>	+00:13:42 (27.2%)	5:02	11.9 (73.0%)
30	<b>KAZIMIERUK Mateusz</b>	<b>147</b>	ALNOR SYSTEMY WENTYLACJI SP. Z O.O.	M-20	30	00:00:14	00:25:02	<b>00:50:48.40</b>	<b>00:51:02.90</b>	+00:14:05 (27.7%)	5:04	11.8 (72.4%)
31	<b>RÓŻYCKI Marcin</b>	<b>345</b>		M-20	31	00:00:00	00:24:06	<b>00:50:49.55</b>	<b>00:50:50.50</b>	+00:14:06 (27.8%)	5:05	11.8 (72.4%)
32	<b>WITCZAK Jarosław</b>	<b>444</b>		M-20	32	00:00:05	00:23:40	<b>00:50:56.00</b>	<b>00:51:01.30</b>	+00:14:13 (27.9%)	5:05	11.8 (72.4%)
33	<b>KOWANEK Mateusz</b>	<b>167</b>		M-20	33	00:00:14	00:24:38	<b>00:52:02.30</b>	<b>00:52:16.80</b>	+00:15:19 (29.4%)	5:12	11.5 (70.6%)
34	<b>WOJCIECHOWSKI Grzegorz</b>	<b>449</b>	TRUST ME, IM THE ENGINEER!	M-20	34	00:00:13	00:24:28	<b>00:52:27.10</b>	<b>00:52:40.30</b>	+00:15:44 (30.0%)	5:14	11.4 (69.9%)
35	<b>FILIPEK Patryk</b>	<b>79</b>		M-20	35	00:00:16	00:25:32	<b>00:52:29.75</b>	<b>00:52:46.55</b>	+00:15:46 (30.1%)	5:15	11.4 (69.9%)
36	<b>BRUDNICKI Paweł</b>	<b>27</b>	KLIMAT SOLEC	M-20	36	00:00:15	00:25:38	<b>00:54:32.60</b>	<b>00:54:47.85</b>	+00:17:49 (32.7%)	5:27	11 (67.5%)
37	<b>MIŚ Michał</b>	<b>256</b>	LUKS START NAKŁO	M-20	37	00:00:42	00:27:05	<b>00:54:43.95</b>	<b>00:55:26.55</b>	+00:18:01 (32.9%)	5:28	11 (67.5%)
38	<b>MICHALAK Robert</b>	<b>243</b>	GORDON RUN	M-20	38	00:00:41	00:27:55	<b>00:56:45.55</b>	<b>00:57:27.10</b>	+00:20:02 (35.3%)	5:40	10.6 (65.0%)
39	<b>KREĆCICKI Jakub</b>	<b>180</b>		M-20	39	00:00:22	00:27:49	<b>00:57:03.95</b>	<b>00:57:26.25</b>	+00:20:21 (35.7%)	5:42	10.5 (64.4%)
40	<b>SPLITT Jakub</b>	<b>370</b>	KLIMAT SOLEC	M-20	40	00:00:15	00:26:10	<b>00:57:18.30</b>	<b>00:57:33.75</b>	+00:20:35 (35.9%)	5:43	10.5 (64.4%)
41	<b>ŻURAWICKI Jakub</b>	<b>472</b>	INTECH	M-20	41	00:00:19	00:26:49	<b>00:57:18.75</b>	<b>00:57:38.70</b>	+00:20:35 (35.9%)	5:43	10.5 (64.4%)
42	<b>LACH Michał</b>	<b>202</b>		M-20	42	00:00:26	00:26:34	<b>00:57:45.65</b>	<b>00:58:12.05</b>	+00:21:02 (36.4%)	5:46	10.4 (63.8%)
43	<b>FILOSEK Paweł</b>	<b>80</b>		M-20	43	00:00:43	00:28:10	<b>00:59:17.50</b>	<b>01:00:00.50</b>	+00:22:34 (38.1%)	5:55	10.1 (62.0%)
44	<b>BOSIACKI Mateusz</b>	<b>24</b>	RUN BYDGOSZCZ	M-20	44	00:00:38	00:28:07	<b>00:59:18.60</b>	<b>00:59:57.50</b>	+00:22:35 (38.1%)	5:55	10.1 (62.0%)
45	<b>STRYCYŃSKI Marek</b>	<b>378</b>		M-20	45	00:00:24	00:28:32	<b>01:01:38.20</b>	<b>01:02:02.20</b>	+00:24:55 (40.4%)	6:09	9.7 (59.5%)
46	<b>KRAŚKIEWICZ Szymon</b>	<b>176</b>		M-20	46	00:00:45	00:31:01	<b>01:02:25.35</b>	<b>01:03:10.75</b>	+00:25:42 (41.2%)	6:14	9.6 (58.9%)
47	<b>KRZYŻANOWSKI Adrian</b>	<b>188</b>	KLIMA-THERM TEAM	M-20	47	00:00:42	00:29:55	<b>01:03:46.40</b>	<b>01:04:28.40</b>	+00:27:03 (42.4%)	6:22	9.4 (57.7%)
48	<b>PODGÓRNIAK Zdieszko</b>	<b>316</b>	KLIMOR TEAM	M-20	48	00:00:40	00:28:17	<b>01:03:50.15</b>	<b>01:04:30.90</b>	+00:27:07 (42.5%)	6:23	9.4 (57.7%)
49	<b>JACOBI Maciej</b>	<b>120</b>		M-20	49	00:00:35	00:31:21	<b>01:07:36.95</b>	<b>01:08:12.20</b>	+00:30:54 (45.7%)	6:45	8.9 (54.6%)
50	<b>ZIEGERT Jakub</b>	<b>466</b>	MECHVENT TEAM	M-20	50	00:00:35	00:32:29	<b>01:10:13.25</b>	<b>01:10:48.65</b>	+00:33:30 (47.7%)	7:01	8.5 (52.1%)
51	<b>KUCZYŃSKI Jarosław</b>	<b>192</b>	MECHVENT TEAM	M-20	51	00:00:35	00:32:30	<b>01:10:13.65</b>	<b>01:10:49.15</b>	+00:33:30 (47.7%)	7:01	8.5 (52.1%)
52	<b>LEWANDOWSKI Maciej</b>	<b>245</b>		M-20	52	00:01:00						(0.0%)

Znaleziono 52 wynik(ów)