



## II BIEG KOBIET W SZCZECINKU - NORDIC WALKING

B4SPORT

**Wydarzenie:** II BIEG KOBIET  
**Organizator:** Stowarzyszenie Team Biegowy Szczecinek  
**Data:** 2020-03-07  
**Miejsce:** Szczecinek  
**Dystans:** 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	JURCZYSZYN Zyta	44	CZAPELKI			00:38:40.79		7:44	7.8 (100%)
2	SERAFIN Renata	126	ZUMBA SZCZECINEK			00:39:00.15	+00:00:19 (0.8%)	7:48	7.7 (98.7%)
3	BRONOWICKA Angelika	13	FIT KLUB24			00:39:12.13	+00:00:31 (1.3%)	7:50	7.7 (98.7%)
4	ŁOBACZEWSKA Elżbieta	81				00:39:59.18	+00:01:18 (3.3%)	7:59	7.5 (96.2%)
5	KUCHARCZYK Patrycja	70				00:41:40.64	+00:02:59 (7.2%)	8:20	7.2 (92.3%)
6	WASILEWSKA Sylwia	160				00:41:43.33	+00:03:02 (7.3%)	8:20	7.2 (92.3%)
7	SZYPCIO Patrycja	151				00:41:53.07	+00:03:12 (7.7%)	8:22	7.2 (92.3%)
8	KUICH Anna	71	LILL-SPORT			00:41:56.60	+00:03:15 (7.8%)	8:23	7.2 (92.3%)
9	WAWRZONKOWSKA-GRYGAS Justyna	161				00:42:08.99	+00:03:28 (8.2%)	8:25	7.1 (91.0%)
10	WERACHOWSKA Anna	164	HUSARIA SZCZECINEK			00:42:47.29	+00:04:06 (9.6%)	8:33	7 (89.7%)
11	PODGÓRSKA Agata	113	HUSARIA SZCZECINEK			00:42:47.72	+00:04:06 (9.6%)	8:33	7 (89.7%)
12	KASZUBA Adriana	48				00:42:54.77	+00:04:13 (9.9%)	8:34	7 (89.7%)
13	WIRKUS-LASKOWSKA Magda	167	MTS HAMER MIASTKO			00:43:00.09	+00:04:19 (10.1%)	8:36	7 (89.7%)
14	WIRWICKA Agnieszka	168				00:43:03.37	+00:04:22 (10.2%)	8:36	7 (89.7%)
15	ZIELIŃSKA Ewa	181	TUPTAJĄCE HIPCIE			00:43:38.27	+00:04:57 (11.4%)	8:43	6.9 (88.5%)
16	DZIĘCIOŁ Anna	28				00:43:38.97	+00:04:58 (11.4%)	8:43	6.9 (88.5%)
17	ŁABEDZ Katarzyna	80	LILL-SPORT			00:43:43.97	+00:05:03 (11.6%)	8:44	6.9 (88.5%)
18	KOWALEWSKA Wiesia	64	ZUMBAWALKING			00:43:48.79	+00:05:08 (11.7%)	8:45	6.8 (87.2%)
19	NIEZGODA Małgorzata	101				00:43:49.25	+00:05:08 (11.7%)	8:45	6.8 (87.2%)
20	PRZEDNÓWEK Mariola	115				00:44:10.07	+00:05:29 (12.4%)	8:50	6.8 (87.2%)
21	WIŚNIK Asia	171	ROZBIEGANE JASTROWIE			00:44:44.72	+00:06:03 (13.6%)	8:56	6.7 (85.9%)
22	BIADON Agnieszka	7	LILL-SPORT			00:44:46.48	+00:06:05 (13.6%)	8:57	6.7 (85.9%)
23	SIDORYK Irena	127				00:44:48.62	+00:06:07 (13.7%)	8:57	6.7 (85.9%)
24	WIĄCEK Lidia	166				00:44:49.57	+00:06:08 (13.7%)	8:57	6.7 (85.9%)
25	PROJS Sabina	114				00:45:09.78	+00:06:28 (14.4%)	9:01	6.6 (84.6%)
26	DZIEMIAŃCZYK Jadwiga	27				00:45:12.74	+00:06:31 (14.4%)	9:02	6.6 (84.6%)
27	KOWALSKA Katarzyna	65				00:45:27.54	+00:06:46 (14.9%)	9:05	6.6 (84.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
28	WAJDA Izabela	159				00:45:28.74	+00:06:47 (15.0%)	9:05	6.6 (84.6%)
29	HAWETO Janina	37	KIJOWE SIOSTRY			00:45:49.85	+00:07:09 (15.6%)	9:09	6.5 (83.3%)
30	NOWYJ Weronika	103				00:45:52.03	+00:07:11 (15.7%)	9:10	6.5 (83.3%)
31	BORATYŃSKA Monika	10				00:46:19.57	+00:07:38 (16.5%)	9:15	6.5 (83.3%)
32	SOCHAJ Elżbieta	129				00:46:24.58	+00:07:43 (16.7%)	9:16	6.5 (83.3%)
33	SZCZERBA Dorota	144				00:46:26.76	+00:07:45 (16.7%)	9:17	6.5 (83.3%)
34	STAWIARZ-WACHOWICZ Izabela	135				00:46:27.16	+00:07:46 (16.7%)	9:17	6.5 (83.3%)
35	KLUPŚ Agata	53	ROZBIEGANE JASTROWIE			00:46:30.90	+00:07:50 (16.8%)	9:18	6.5 (83.3%)
36	WIŚNIK Agnieszka	170				00:46:41.94	+00:08:01 (17.2%)	9:20	6.4 (82.1%)
37	SZYMAŃSKA-STAWIAK Iwona	150				00:47:16.66	+00:08:35 (18.2%)	9:27	6.3 (80.8%)
38	KOWALCZUK Maria	62	KIJOWE SIOSTRY I BRAT			00:47:29.35	+00:08:48 (18.6%)	9:29	6.3 (80.8%)
39	SUSIAK Ewelina	141	NORDIC WALKING LUBASZ			00:47:44.50	+00:09:03 (19.0%)	9:32	6.3 (80.8%)
40	NOWYJ Anna	102				00:47:47.06	+00:09:06 (19.1%)	9:33	6.3 (80.8%)
41	CHOJNACKA Grażyna	15				00:48:33.28	+00:09:52 (20.3%)	9:42	6.2 (79.5%)
42	PIOTROWSKA Danuta	109	LILL-SPORT			00:48:37.05	+00:09:56 (20.4%)	9:43	6.2 (79.5%)
43	NIEDZIÓŁKA Małgorzata	100				00:48:44.88	+00:10:04 (20.7%)	9:44	6.2 (79.5%)
44	JURENC Sylwia	45				00:49:03.47	+00:10:22 (21.2%)	9:48	6.1 (78.2%)
45	GRZYSTEK Magdalena	191				00:49:30.59	+00:10:49 (21.9%)	9:54	6.1 (78.2%)
46	DOLAT Alina	20				00:49:31.73	+00:10:50 (21.9%)	9:54	6.1 (78.2%)
47	JURSA-TRZEPAŁKA Renata	46				00:49:33.70	+00:10:52 (22.0%)	9:54	6.1 (78.2%)
48	PARZUCHOWSKA Grażyna	105	STOWARZYSZENIE AMAZONEK W SZCZECINKU			00:49:50.02	+00:11:09 (22.4%)	9:58	6 (76.9%)
49	MIKUSZEWSKA Barbara	96				00:50:01.50	+00:11:20 (22.7%)	10:00	6 (76.9%)
50	ZIELIŃSKA Małgorzata	182	TUPTAJĄCE HIPICIE			00:50:17.19	+00:11:36 (23.1%)	10:03	6 (76.9%)
51	KRUKOWSKA Anna	69				00:50:26.41	+00:11:45 (23.3%)	10:05	5.9 (75.6%)
52	CHRZANOWSKA Ewa	16				00:51:18.49	+00:12:37 (24.6%)	10:15	5.8 (74.4%)
53	TUBIELEWICZ Agnieszka	154				00:51:18.58	+00:12:37 (24.6%)	10:15	5.8 (74.4%)
54	ŁUNKIEWICZ Marta	84				00:51:18.94	+00:12:38 (24.6%)	10:15	5.8 (74.4%)
55	JAREMA Ewa	39				00:51:19.01	+00:12:38 (24.6%)	10:15	5.8 (74.4%)
56	KULETA Żaneta	72				00:51:19.05	+00:12:38 (24.6%)	10:15	5.8 (74.4%)
57	LAMORSKA Wiesława	76	MTS HAMER MIASTKO			00:53:29.94	+00:14:49 (27.7%)	10:41	5.6 (71.8%)
58	DWULIT Małgorzata	23				00:53:30.92	+00:14:50 (27.7%)	10:42	5.6 (71.8%)
59	FIURST-STECENKO Irena	32	TUPTAJĄCE HIPICIE			00:54:32.54	+00:15:51 (29.1%)	10:54	5.5 (70.5%)
60	JADWIŻYC Izabela	187				00:54:32.67	+00:15:51 (29.1%)	10:54	5.5 (70.5%)
61	ZALEWSKA-NOWAKOWSKA Agnieszka	179	LUZIK			00:57:44.48	+00:19:03 (33.0%)	11:32	5.2 (66.7%)
62	ZALEWSKA Maria	178	LUZIK			00:57:44.52	+00:19:03 (33.0%)	11:32	5.2 (66.7%)
63	ŁUCZKO Grażyna	82	LUZIK			00:57:45.41	+00:19:04 (33.0%)	11:33	5.2 (66.7%)
64	JENSZAK Maja	43				00:59:25.51	+00:20:44 (34.9%)	11:53	5 (64.1%)
65	SZYMAŃSKA Barbara	148	STOWARZYSZENIE AMAZONEK W SZCZECINKU			00:59:37.09	+00:20:56 (35.1%)	11:55	5 (64.1%)
66	LEŚNIEWSKA Renata	79				00:59:38.46	+00:20:57 (35.1%)	11:55	5 (64.1%)

Znaleziono 66 wynik(ów)