

II BIEG KOBIET W SZCZECINKU - NORDIC WALKING

B4SPORT

Wydarzenie: II BIEG KOBIET
Organizator: Stowarzyszenie Team Biegowy Szczecinek
Data: 2020-03-07
Miejsce: Szczecinek
Dystans: 5 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|-------|----------------------|-----------|------|----------------|-------------------|--------------|-------------|
| 1 | JURCZYSZYN Zyta | 44 | CZAPELKI | | | 00:38:40.79 | | 7:44 | 7.8 (100%) |
| 2 | SERAFIN Renata | 126 | ZUMBA SZCZECINEK | | | 00:39:00.15 | +00:00:19 (0.8%) | 7:48 | 7.7 (98.7%) |
| 3 | BRONOWICKA Angelika | 13 | FIT KLUB24 | | | 00:39:12.13 | +00:00:31 (1.3%) | 7:50 | 7.7 (98.7%) |
| 4 | ŁOBACZEWSKA Elżbieta | 81 | | | | 00:39:59.18 | +00:01:18 (3.3%) | 7:59 | 7.5 (96.2%) |
| 5 | KUCHARCZYK Patrycja | 70 | | | | 00:41:40.64 | +00:02:59 (7.2%) | 8:20 | 7.2 (92.3%) |
| 6 | WASILEWSKA Sylwia | 160 | | | | 00:41:43.33 | +00:03:02 (7.3%) | 8:20 | 7.2 (92.3%) |
| 7 | SZYPCIO Patrycja | 151 | | | | 00:41:53.07 | +00:03:12 (7.7%) | 8:22 | 7.2 (92.3%) |
| 8 | KUICH Anna | 71 | LILL-SPORT | | | 00:41:56.60 | +00:03:15 (7.8%) | 8:23 | 7.2 (92.3%) |
| 9 | WAWRZONKOWSKA-GRYGAS Justyna | 161 | | | | 00:42:08.99 | +00:03:28 (8.2%) | 8:25 | 7.1 (91.0%) |
| 10 | WERACHOWSKA Anna | 164 | HUSARIA SZCZECINEK | | | 00:42:47.29 | +00:04:06 (9.6%) | 8:33 | 7 (89.7%) |
| 11 | PODGÓRSKA Agata | 113 | HUSARIA SZCZECINEK | | | 00:42:47.72 | +00:04:06 (9.6%) | 8:33 | 7 (89.7%) |
| 12 | KASZUBA Adriana | 48 | | | | 00:42:54.77 | +00:04:13 (9.9%) | 8:34 | 7 (89.7%) |
| 13 | WIRKUS-LASKOWSKA Magda | 167 | MTS HAMER MIASTKO | | | 00:43:00.09 | +00:04:19 (10.1%) | 8:36 | 7 (89.7%) |
| 14 | WIRWICKA Agnieszka | 168 | | | | 00:43:03.37 | +00:04:22 (10.2%) | 8:36 | 7 (89.7%) |
| 15 | ZIELIŃSKA Ewa | 181 | TUPTAJĄCE HIPCIE | | | 00:43:38.27 | +00:04:57 (11.4%) | 8:43 | 6.9 (88.5%) |
| 16 | DZIĘCIOŁ Anna | 28 | | | | 00:43:38.97 | +00:04:58 (11.4%) | 8:43 | 6.9 (88.5%) |
| 17 | ŁABEDZ Katarzyna | 80 | LILL-SPORT | | | 00:43:43.97 | +00:05:03 (11.6%) | 8:44 | 6.9 (88.5%) |
| 18 | KOWALEWSKA Wiesia | 64 | ZUMBAWALKING | | | 00:43:48.79 | +00:05:08 (11.7%) | 8:45 | 6.8 (87.2%) |
| 19 | NIEZGODA Małgorzata | 101 | | | | 00:43:49.25 | +00:05:08 (11.7%) | 8:45 | 6.8 (87.2%) |
| 20 | PRZEDNÓWEK Mariola | 115 | | | | 00:44:10.07 | +00:05:29 (12.4%) | 8:50 | 6.8 (87.2%) |
| 21 | WIŚNIK Asia | 171 | ROZBIEGANE JASTROWIE | | | 00:44:44.72 | +00:06:03 (13.6%) | 8:56 | 6.7 (85.9%) |
| 22 | BIADON Agnieszka | 7 | LILL-SPORT | | | 00:44:46.48 | +00:06:05 (13.6%) | 8:57 | 6.7 (85.9%) |
| 23 | SIDORYK Irena | 127 | | | | 00:44:48.62 | +00:06:07 (13.7%) | 8:57 | 6.7 (85.9%) |
| 24 | WIĄCEK Lidia | 166 | | | | 00:44:49.57 | +00:06:08 (13.7%) | 8:57 | 6.7 (85.9%) |
| 25 | PROJS Sabina | 114 | | | | 00:45:09.78 | +00:06:28 (14.4%) | 9:01 | 6.6 (84.6%) |
| 26 | DZIEMIAŃCZYK Jadwiga | 27 | | | | 00:45:12.74 | +00:06:31 (14.4%) | 9:02 | 6.6 (84.6%) |
| 27 | KOWALSKA Katarzyna | 65 | | | | 00:45:27.54 | +00:06:46 (14.9%) | 9:05 | 6.6 (84.6%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|-------|--------------------------------------|-----------|------|----------------|-------------------|--------------|-------------|
| 28 | WAJDA Izabela | 159 | | | | 00:45:28.74 | +00:06:47 (15.0%) | 9:05 | 6.6 (84.6%) |
| 29 | HAWETO Janina | 37 | KIJOWE SIOSTRY | | | 00:45:49.85 | +00:07:09 (15.6%) | 9:09 | 6.5 (83.3%) |
| 30 | NOWYJ Weronika | 103 | | | | 00:45:52.03 | +00:07:11 (15.7%) | 9:10 | 6.5 (83.3%) |
| 31 | BORATYŃSKA Monika | 10 | | | | 00:46:19.57 | +00:07:38 (16.5%) | 9:15 | 6.5 (83.3%) |
| 32 | SOCHAJ Elżbieta | 129 | | | | 00:46:24.58 | +00:07:43 (16.7%) | 9:16 | 6.5 (83.3%) |
| 33 | SZCZERBA Dorota | 144 | | | | 00:46:26.76 | +00:07:45 (16.7%) | 9:17 | 6.5 (83.3%) |
| 34 | STAWIARZ-WACHOWICZ Izabela | 135 | | | | 00:46:27.16 | +00:07:46 (16.7%) | 9:17 | 6.5 (83.3%) |
| 35 | KLUPŚ Agata | 53 | ROZBIEGANE JASTROWIE | | | 00:46:30.90 | +00:07:50 (16.8%) | 9:18 | 6.5 (83.3%) |
| 36 | WIŚNIK Agnieszka | 170 | | | | 00:46:41.94 | +00:08:01 (17.2%) | 9:20 | 6.4 (82.1%) |
| 37 | SZYMAŃSKA-STAWIAK Iwona | 150 | | | | 00:47:16.66 | +00:08:35 (18.2%) | 9:27 | 6.3 (80.8%) |
| 38 | KOWALCZUK Maria | 62 | KIJOWE SIOSTRY I BRAT | | | 00:47:29.35 | +00:08:48 (18.6%) | 9:29 | 6.3 (80.8%) |
| 39 | SUSIAK Ewelina | 141 | NORDIC WALKING LUBASZ | | | 00:47:44.50 | +00:09:03 (19.0%) | 9:32 | 6.3 (80.8%) |
| 40 | NOWYJ Anna | 102 | | | | 00:47:47.06 | +00:09:06 (19.1%) | 9:33 | 6.3 (80.8%) |
| 41 | CHOJNACKA Grażyna | 15 | | | | 00:48:33.28 | +00:09:52 (20.3%) | 9:42 | 6.2 (79.5%) |
| 42 | PIOTROWSKA Danuta | 109 | LILL-SPORT | | | 00:48:37.05 | +00:09:56 (20.4%) | 9:43 | 6.2 (79.5%) |
| 43 | NIEDZIÓŁKA Małgorzata | 100 | | | | 00:48:44.88 | +00:10:04 (20.7%) | 9:44 | 6.2 (79.5%) |
| 44 | JURENC Sylwia | 45 | | | | 00:49:03.47 | +00:10:22 (21.2%) | 9:48 | 6.1 (78.2%) |
| 45 | GRZYSTEK Magdalena | 191 | | | | 00:49:30.59 | +00:10:49 (21.9%) | 9:54 | 6.1 (78.2%) |
| 46 | DOLAT Alina | 20 | | | | 00:49:31.73 | +00:10:50 (21.9%) | 9:54 | 6.1 (78.2%) |
| 47 | JURSA-TRZEPAŁKA Renata | 46 | | | | 00:49:33.70 | +00:10:52 (22.0%) | 9:54 | 6.1 (78.2%) |
| 48 | PARZUCHOWSKA Grażyna | 105 | STOWARZYSZENIE AMAZONEK W SZCZECINKU | | | 00:49:50.02 | +00:11:09 (22.4%) | 9:58 | 6 (76.9%) |
| 49 | MIKUSZEWSKA Barbara | 96 | | | | 00:50:01.50 | +00:11:20 (22.7%) | 10:00 | 6 (76.9%) |
| 50 | ZIELIŃSKA Małgorzata | 182 | TUPTAJĄCE HIPICIE | | | 00:50:17.19 | +00:11:36 (23.1%) | 10:03 | 6 (76.9%) |
| 51 | KRUKOWSKA Anna | 69 | | | | 00:50:26.41 | +00:11:45 (23.3%) | 10:05 | 5.9 (75.6%) |
| 52 | CHRZANOWSKA Ewa | 16 | | | | 00:51:18.49 | +00:12:37 (24.6%) | 10:15 | 5.8 (74.4%) |
| 53 | TUBIELEWICZ Agnieszka | 154 | | | | 00:51:18.58 | +00:12:37 (24.6%) | 10:15 | 5.8 (74.4%) |
| 54 | ŁUNKIEWICZ Marta | 84 | | | | 00:51:18.94 | +00:12:38 (24.6%) | 10:15 | 5.8 (74.4%) |
| 55 | JAREMA Ewa | 39 | | | | 00:51:19.01 | +00:12:38 (24.6%) | 10:15 | 5.8 (74.4%) |
| 56 | KULETA Żaneta | 72 | | | | 00:51:19.05 | +00:12:38 (24.6%) | 10:15 | 5.8 (74.4%) |
| 57 | LAMORSKA Wiesława | 76 | MTS HAMER MIASTKO | | | 00:53:29.94 | +00:14:49 (27.7%) | 10:41 | 5.6 (71.8%) |
| 58 | DWULIT Małgorzata | 23 | | | | 00:53:30.92 | +00:14:50 (27.7%) | 10:42 | 5.6 (71.8%) |
| 59 | FIURST-STECENKO Irena | 32 | TUPTAJĄCE HIPICIE | | | 00:54:32.54 | +00:15:51 (29.1%) | 10:54 | 5.5 (70.5%) |
| 60 | JADWIŻYC Izabela | 187 | | | | 00:54:32.67 | +00:15:51 (29.1%) | 10:54 | 5.5 (70.5%) |
| 61 | ZALEWSKA-NOWAKOWSKA Agnieszka | 179 | LUZIK | | | 00:57:44.48 | +00:19:03 (33.0%) | 11:32 | 5.2 (66.7%) |
| 62 | ZALEWSKA Maria | 178 | LUZIK | | | 00:57:44.52 | +00:19:03 (33.0%) | 11:32 | 5.2 (66.7%) |
| 63 | ŁUCZKO Grażyna | 82 | LUZIK | | | 00:57:45.41 | +00:19:04 (33.0%) | 11:33 | 5.2 (66.7%) |
| 64 | JENSZAK Maja | 43 | | | | 00:59:25.51 | +00:20:44 (34.9%) | 11:53 | 5 (64.1%) |
| 65 | SZYMAŃSKA Barbara | 148 | STOWARZYSZENIE AMAZONEK W SZCZECINKU | | | 00:59:37.09 | +00:20:56 (35.1%) | 11:55 | 5 (64.1%) |
| 66 | LEŚNIEWSKA Renata | 79 | | | | 00:59:38.46 | +00:20:57 (35.1%) | 11:55 | 5 (64.1%) |

Znaleziono 66 wynik(ów)