



II BIEG PAŁACOWY - 5KM

B4SPORT

Wydarzenie:
Organizator:

II Bieg Pałacowy
ABI /Akceptacja-Bezinteresowność-Inkluzja/
Stowarzyszenie przy Specjalnym Ośrodku Szkolno-
Wychowawczym w Damnicy; Fundacja Wspierania
Inicjatyw Niekonwencjonalnych „Sub ventum”

Data:
Miejsce:
Dystans:

2019-05-12
Damnica
5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	SOKOŁOWSKI Ryszard	90	7 BOW SŁUPSK	M-Open	1	00:19:59.05		3:59	15 (100%)
2	GRACHEL Przemek	14	NA TRASIE TEAM.PL	M-Open	2	00:22:22.60	+00:02:23 (10.7%)	4:28	13.4 (89.3%)
3	WĘGRZYN Rafał	61		M-Open	3	00:23:32.70	+00:03:33 (15.1%)	4:42	12.7 (84.7%)
4	BASARAB Piotr	3	SPONTAN POTĘGOWO	M-Open	4	00:23:39.45	+00:03:40 (15.5%)	4:44	12.7 (84.7%)
5	SZCZERBATY Paweł	123		M-Open	5	00:23:43.55	+00:03:44 (15.8%)	4:44	12.6 (84.0%)
6	ŻYLICZ Paweł	67	STOPA SŁUPSK / USB USTKA	M-Open	6	00:23:47.35	+00:03:48 (16.0%)	4:45	12.6 (84.0%)
7	WILUSZ Krzysztof	64	SUB VENTUM TEAM	M-Open	7	00:23:52.15	+00:03:53 (16.3%)	4:46	12.6 (84.0%)
8	PIŁCZYŃSKI Paweł	39		M-Open	8	00:23:57.65	+00:03:58 (16.6%)	4:47	12.5 (83.3%)
9	PIŁCZYŃSKI Zbigniew	40		M-Open	9	00:24:05.65	+00:04:06 (17.1%)	4:49	12.4 (82.7%)
10	BOGDANOWICZ Paula	111	DECATHLON POWER	K-Open	1	00:24:19.15	+00:04:20 (17.8%)	4:51	12.3 (82.0%)
11	OBERT Paweł	37	P.O.LSKA	M-Open	10	00:25:05.20	+00:05:06 (20.3%)	5:01	12 (80.0%)
12	SKUZA Grzegorz	109		M-Open	11	00:25:40.10	+00:05:41 (22.1%)	5:08	11.7 (78.0%)
13	WALUŚ Szczepan	60		M-Open	12	00:25:52.10	+00:05:53 (22.7%)	5:10	11.6 (77.3%)
14	ZIELONKA Mateusz	66	BALTIC SEALS	M-Open	13	00:26:10.60	+00:06:11 (23.7%)	5:14	11.5 (76.7%)
15	WILKOWSKI Wojciech	70		M-Open	14	00:26:11.40	+00:06:12 (23.7%)	5:14	11.5 (76.7%)
16	TOMCZAK Dominik	57	NIGHT RUNNERS SŁUPSK	M-Open	15	00:26:28.85	+00:06:29 (24.5%)	5:17	11.3 (75.3%)
17	KORDYLAS Michał	110		M-Open	16	00:26:30.60	+00:06:31 (24.6%)	5:18	11.3 (75.3%)
18	SMOLIŃSKI Krzysztof	47	SMOLIŃSCY TEAM	M-Open	17	00:26:35.10	+00:06:36 (24.8%)	5:19	11.3 (75.3%)
19	LITWIN Barbara	113	STOPA SŁUPSK	K-Open	2	00:26:43.60	+00:06:44 (25.2%)	5:20	11.2 (74.7%)
20	KOSTRZEWSKI Adrian	19		M-Open	18	00:26:47.50	+00:06:48 (25.4%)	5:21	11.2 (74.7%)
21	WĘSIERKKA- MUŁYK Marzena	94	NIGHT RUNNERS SŁUPSK	K-Open	3	00:26:56.65	+00:06:57 (25.8%)	5:23	11.1 (74.0%)
22	KOZAK Krzysztof	21	SPONTAN POTĘGOWO	M-Open	19	00:27:03.10	+00:07:04 (26.1%)	5:24	11.1 (74.0%)
23	KOS Krzysztof	18	SPONTAN POTĘGOWO	M-Open	20	00:27:14.70	+00:07:15 (26.7%)	5:26	11 (73.3%)
24	MAJCHRZAK Dariusz	130		M-Open	21	00:27:17.90	+00:07:18 (26.8%)	5:27	11 (73.3%)
25	MAJCHRZAK Łukasz	131		M-Open	22	00:27:18.15	+00:07:19 (26.8%)	5:27	11 (73.3%)
26	BOŚ Grzegorz	4	SUB VENTUM TEAM	M-Open	23	00:27:41.20	+00:07:42 (27.8%)	5:32	10.8 (72.0%)
27	STĘPIEŃ Stanisław	86		M-Open	24	00:27:42.25	+00:07:43 (27.9%)	5:32	10.8 (72.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto	Różn		
						5km			
28	TOMCZAK Sebastian	58	USTKA	M-Open	25	00:28:12.55	+00:08:13 (29.2%)	5:38	10.6 (70.7%)
29	KSIĄŻEK Waldemar	112		M-Open	26	00:28:26.90	+00:08:27 (29.8%)	5:41	10.5 (70.0%)
30	MAZEPUS Jerzy	107		M-Open	27	00:28:31.95	+00:08:32 (30.0%)	5:42	10.5 (70.0%)
31	LEWANDOWSKI Adam	27	W.P.K SŁOŃ TEAM USTKA	M-Open	28	00:28:33.60	+00:08:34 (30.0%)	5:42	10.5 (70.0%)
32	ZANIEWSKI Grzegorz	65		M-Open	29	00:28:34.75	+00:08:35 (30.1%)	5:43	10.5 (70.0%)
33	PIWOŃSKI Robert	41	CSMW	M-Open	30	00:28:50.50	+00:08:51 (30.7%)	5:46	10.4 (69.3%)
34	MAJKOWSKI Stanisław	98	K. B. GOCH	M-Open	31	00:28:53.65	+00:08:54 (30.8%)	5:46	10.4 (69.3%)
35	TRUSIAK Agnieszka	84	SUB VENTUM TEAM	K-Open	4	00:28:55.00	+00:08:55 (30.9%)	5:47	10.4 (69.3%)
36	GRABOWSKI Grzegorz	132		M-Open	32	00:29:09.70	+00:09:10 (31.5%)	5:49	10.3 (68.7%)
37	LEWANDOWSKA Maria	114	WPK SŁOŃ USTKA	K-Open	5	00:29:16.65	+00:09:17 (31.7%)	5:51	10.2 (68.0%)
38	KOWALCZYK Wojciech	101		M-Open	33	00:29:27.45	+00:09:28 (32.2%)	5:53	10.2 (68.0%)
39	KOWALSKI Krzysztof	20	STOPA SŁUPSK	M-Open	34	00:29:30.40	+00:09:31 (32.3%)	5:54	10.2 (68.0%)
40	SIBIŃSKI Krzysztof	87		M-Open	35	00:29:30.45	+00:09:31 (32.3%)	5:54	10.2 (68.0%)
41	KUBIŃSKA Beata	22	NIGHT RUNNERS SŁUPSK	K-Open	6	00:29:31.05	+00:09:32 (32.3%)	5:54	10.2 (68.0%)
42	KUBIŃSKI Rafał	23	NIGHT RUNNERS SŁUPSK	M-Open	36	00:29:31.30	+00:09:32 (32.3%)	5:54	10.2 (68.0%)
43	BRODACKA Katarzyna	103		K-Open	7	00:29:31.70	+00:09:32 (32.3%)	5:54	10.2 (68.0%)
44	WERNER Katarzyna	100		K-Open	8	00:29:34.40	+00:09:35 (32.4%)	5:55	10.1 (67.3%)
45	KŁUSEK Marek	69		M-Open	37	00:29:47.30	+00:09:48 (32.9%)	5:57	10.1 (67.3%)
46	DOWNAR-ZAPOLSKI Paweł	8		M-Open	38	00:29:50.70	+00:09:51 (33.0%)	5:58	10.1 (67.3%)
47	WEILAND Cyprian	89	NIGHT WOLVES SŁUPSK	M-Open	39	00:29:52.05	+00:09:53 (33.1%)	5:58	10 (66.7%)
48	JAŹDŻEWSKAQ Elżbieta	74		K-Open	9	00:30:14.00	+00:10:14 (33.9%)	6:02	9.9 (66.0%)
49	ANDRZEJCZAK Sławomir	1	GRZESŁAW USTKA	M-Open	40	00:30:53.50	+00:10:54 (35.3%)	6:10	9.7 (64.7%)
50	TRUSIAK Miłosz	85	SUB VENTUM TEAM	M-Open	41	00:30:55.05	+00:10:56 (35.4%)	6:11	9.7 (64.7%)
51	KANIUK Maja	16		K-Open	10	00:31:07.40	+00:11:08 (35.8%)	6:13	9.6 (64.0%)
52	KONKEL Joanna	17	MKS ' ŚWIĘC' SŁAWNO	K-Open	11	00:31:09.20	+00:11:10 (35.9%)	6:13	9.6 (64.0%)
53	ZUBEL Beata	77		K-Open	12	00:31:12.65	+00:11:13 (36.0%)	6:14	9.6 (64.0%)
54	MOLIS Joanna	35	BEST BEASTS	K-Open	13	00:31:25.50	+00:11:26 (36.4%)	6:17	9.5 (63.3%)
55	DAWIDOWICZ Żaneta	92	BEST BEASTS	K-Open	14	00:31:45.05	+00:11:46 (37.1%)	6:21	9.4 (62.7%)
56	WILKOWSKA Mariola	71		K-Open	15	00:31:47.15	+00:11:48 (37.1%)	6:21	9.4 (62.7%)
57	GRABOWSKA Kinga	13	SŁUPSKI SERWIS ANTENOWY	K-Open	16	00:31:53.10	+00:11:54 (37.3%)	6:22	9.4 (62.7%)
58	BALIŃSKA Marta	99		K-Open	17	00:32:17.40	+00:12:18 (38.1%)	6:27	9.3 (62.0%)
59	FRUBA Karina	11	STOPA SŁUPSK	K-Open	18	00:32:26.70	+00:12:27 (38.4%)	6:29	9.2 (61.3%)
60	SKIBIŃSKI Rafał	88		M-Open	42	00:32:26.80	+00:12:27 (38.4%)	6:29	9.2 (61.3%)
61	WIELGUS Aleksandra	62	SPONTAN POTĘGOWO	K-Open	19	00:33:01.20	+00:13:02 (39.5%)	6:36	9.1 (60.7%)
62	CZECH Roman	6	GOCH BYTÓW	M-Open	43	00:33:04.55	+00:13:05 (39.6%)	6:37	9.1 (60.7%)
63	MARCZAK Małgorzata	30		K-Open	20	00:33:59.60	+00:14:00 (41.2%)	6:47	8.8 (58.7%)
64	GRABOWSKA Joanna	125		K-Open	21	00:34:26.55	+00:14:27 (42.0%)	6:53	8.7 (58.0%)
65	KMITA Dorota	124		K-Open	22	00:34:26.70	+00:14:27 (42.0%)	6:53	8.7 (58.0%)
66	GAJEWSKA Dorota	68		K-Open	23	00:34:45.60	+00:14:46 (42.5%)	6:57	8.6 (57.3%)
67	BUDZYŃSKA Elżbieta	5		K-Open	24	00:35:13.50	+00:15:14 (43.3%)	7:02	8.5 (56.7%)
68	BIEGAŃSKI Paweł	135	ZEGA	M-Open	44	00:35:18.70	+00:15:19 (43.4%)	7:03	8.5 (56.7%)
69	SKWAREK Monika	44		K-Open	25	00:35:19.75	+00:15:20 (43.4%)	7:04	8.5 (56.7%)
70	SKWAREK Grzegorz	45		M-Open	45	00:35:21.20	+00:15:22 (43.5%)	7:04	8.5 (56.7%)
71	ZEGA- BIEGAŃSKA Anna	136		K-Open	26	00:35:27.05	+00:15:28 (43.6%)	7:05	8.5 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
72	WAWRZYNIAK Jarosław	116		M-Open	46	00:36:30.00	+00:16:30 (45.2%)	7:18	8.2 (54.7%)
73	MALINOWSKA Monika	29		K-Open	27	00:36:30.55	+00:16:31 (45.3%)	7:18	8.2 (54.7%)
74	SETNIK Monika	78		K-Open	28	00:37:15.30	+00:17:16 (46.4%)	7:27	8.1 (54.0%)
75	KSIĄŻEK Małgorzata	80		K-Open	29	00:37:21.70	+00:17:22 (46.5%)	7:28	8 (53.3%)
76	ŚMIETAŃSKI Krzysztof	56	BRAVE TEAM	M-Open	47	00:37:26.35	+00:17:27 (46.6%)	7:29	8 (53.3%)
77	SMOLIŃSKA Edyta	46	SMOLIŃSCY TEAM	K-Open	30	00:37:56.30	+00:17:57 (47.3%)	7:35	7.9 (52.7%)
78	ŚMIETAŃSKI Ireneusz	55	BRAVE TEAM	M-Open	48	00:38:05.10	+00:18:06 (47.5%)	7:37	7.9 (52.7%)
79	DERDA Julia	7	STAROSTWO POWIATOWE SŁUPSK	K-Open	31	00:38:16.95	+00:18:17 (47.8%)	7:39	7.8 (52.0%)
80	SETNIK Daniel	121		M-Open	49	00:38:22.55	+00:18:23 (47.9%)	7:40	7.8 (52.0%)
81	FRUBA Andrzej	10		M-Open	50	00:38:29.25	+00:18:30 (48.1%)	7:41	7.8 (52.0%)
82	CHEŁMIKOWSKA- WAWRZYM Agata	115		K-Open	32	00:38:43.15	+00:18:44 (48.4%)	7:44	7.7 (51.3%)
83	MOJSYM Wioleta	117		K-Open	33	00:38:43.30	+00:18:44 (48.4%)	7:44	7.7 (51.3%)
84	SZMIGIEWO Agnieszka	128	WPK SŁOŃ TEAM	K-Open	34	00:38:51.00	+00:18:51 (48.6%)	7:46	7.7 (51.3%)
85	BANCEWICZ Radek	127		M-Open	51	00:39:20.75	+00:19:21 (49.2%)	7:52	7.6 (50.7%)
86	MICHALSKA Agnieszka	33	METALCORP	K-Open	35	00:39:21.80	+00:19:22 (49.2%)	7:52	7.6 (50.7%)
87	SAŁAJ Angelika	43	STAROSTWO POWIATOWE SŁUPSK	K-Open	36	00:39:22.20	+00:19:23 (49.2%)	7:52	7.6 (50.7%)
88	SULL Kacper	108	NIGHT RUNNERS SŁUPSK	M-Open	52	00:39:33.35	+00:19:34 (49.5%)	7:54	7.6 (50.7%)
89	DAMPS Julita	102	NIGHT RUNNERS SŁUPSK	K-Open	37	00:39:34.30	+00:19:35 (49.5%)	7:54	7.6 (50.7%)
90	BENTKOWSKA Lidia	96		K-Open	38	00:41:12.70	+00:21:13 (51.5%)	8:14	7.3 (48.7%)
91	JARZEMBIŃSKA Beata	97	K. B. GOCH	K-Open	39	00:46:39.30	+00:26:40 (57.2%)	9:20	6.4 (42.7%)
92	SETNIK Piotr	122	DECATHLON POWER	M-Open	53	00:46:59.25	+00:27:00 (57.5%)	9:24	6.4 (42.7%)
93	KOCH Katarzyna	73		K-Open	40	00:47:22.70	+00:27:23 (57.8%)	9:28	6.3 (42.0%)
94	SZNIGREWICZ Beata	79		K-Open	41	00:47:23.10	+00:27:24 (57.8%)	9:28	6.3 (42.0%)
95	RUŻYCKA Patrycja	42		K-Open	42	00:52:18.90	+00:32:19 (61.8%)	10:27	5.7 (38.0%)
96	GODULA Sabina Maria	72		K-Open	43	00:52:25.55	+00:32:26 (61.9%)	10:29	5.7 (38.0%)

Znaleziono 96 wynik(ów)