



II BIEG RYBAKA - 11 KM

B4SPORT

Wydarzenie: II Bieg Rybaka w Czaplina
Organizator: Stowarzyszenie Sportowe Grupa Biegowa Rundorfina, Gmina Czaplina
Data: 2019-09-28
Miejsce: Czaplina
Dystans: 11 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap 5.5km	Czas netto 11km	Różn	Tempo min/km	Tempo km/h
1	KUŚMIDER Andrzej	167	RUNDORFINA	M40-49	1	00:18:43	00:38:05.11		3:27	17.3 (100%)
2	MYDŁO Radosław	326		M40-49	2	00:20:11	00:40:12.33	+00:02:07 (5.3%)	3:39	16.4 (94.8%)
3	WRÓBLEWSKI Krzysztof	102	ZIOMKI Z JEDNEJ ŁĄKI	M30-39	1	00:20:10	00:40:45.67	+00:02:40 (6.6%)	3:42	16.2 (93.6%)
4	WOŹNIAK Grzegorz	101	AKTYWNA KRAJENKA	M30-39	2	00:20:17	00:41:52.05	+00:03:46 (9.0%)	3:48	15.8 (91.3%)
5	ŚWIERAD Przemysław	88	100 BATALION ŁĄCZNOŚĆ	M30-39	3	00:20:54	00:42:11.21	+00:04:06 (9.7%)	3:50	15.6 (90.2%)
6	PRENDECKI Marcin	73	PRENDKI TRI	M40-49	3	00:20:54	00:42:29.61	+00:04:24 (10.4%)	3:51	15.5 (89.6%)
7	GIELEZY Krystian	25		M18-29	1	00:20:56	00:42:55.28	+00:04:50 (11.3%)	3:54	15.4 (89.0%)
8	KĘDZIERSKI Andrzej	40		M30-39	4	00:20:57	00:43:11.62	+00:05:06 (11.8%)	3:55	15.3 (88.4%)
9	BARTOSIAK Tomasz	116		M40-49	4	00:30:34	00:43:26.64	+00:05:21 (12.3%)	3:57	15.2 (87.9%)
10	PRĘTKI Robert	198		M40-49	5	00:29:32	00:43:46.18	+00:05:41 (13.0%)	3:58	15.1 (87.3%)
11	RYNKIEWICZ Piotr	205	TB WALDEK	M30-39	5	00:27:29	00:44:13.11	+00:06:07 (13.9%)	4:01	14.9 (86.1%)
12	BIAŁEK Beata	3	KB HERMES GRZYFINO	K40-49	1	00:21:56	00:44:30.81	+00:06:25 (14.4%)	4:02	14.8 (85.5%)
13	LECKI Mateusz	55	TEAM BIEGOWY SZCZECINEK	M30-39	6	00:22:13	00:45:18.37	+00:07:13 (15.9%)	4:07	14.6 (84.4%)
14	ŁASKAWIEC Paweł	59	CZARNE BIEGA	M18-29	2	00:22:16	00:45:22.81	+00:07:17 (16.1%)	4:07	14.5 (83.8%)
15	KUZAN Sławek	51	CZARNE BIEGA	M30-39	7	00:18:00	00:45:34.63	+00:07:29 (16.4%)	4:08	14.5 (83.8%)
16	SZYMAŃSKI Adam	105		M30-39	8	00:22:39	00:45:39.84	+00:07:34 (16.6%)	4:09	14.5 (83.8%)
17	LASAK Konrad	54		M18-29	3	00:23:15	00:45:48.69	+00:07:43 (16.9%)	4:09	14.4 (83.2%)
18	SARNOWSKI Janusz	76	LILL-SPORT	M50-59	1	00:22:54	00:46:17.04	+00:08:11 (17.7%)	4:12	14.3 (82.7%)
19	GAŁAN Leszek	21		M50-59	2	00:23:18	00:46:48.00	+00:08:42 (18.6%)	4:15	14.1 (81.5%)
20	SPRINGER Marcin	80		M40-49	6	00:22:52	00:46:57.78	+00:08:52 (18.9%)	4:16	14.1 (81.5%)
21	GRZYSTEK Sławomir	151		M40-49	7	00:27:00	00:47:01.87	+00:08:56 (19.0%)	4:16	14 (80.9%)
22	PIASKOWIAK Artur	72	BORNE BIEGA	M30-39	9	00:23:34	00:47:20.07	+00:09:14 (19.5%)	4:18	13.9 (80.3%)
23	KRÓL Zbigniew	109		M40-49	8	00:23:21	00:47:23.53	+00:09:18 (19.6%)	4:18	13.9 (80.3%)
24	OSTROWSKI Marian	388		M60-69	1	00:23:22	00:47:25.77	+00:09:20 (19.7%)	4:18	13.9 (80.3%)
25	BRZEZIŃSKI Jan	6	TEAM PIOTRUŚ	M50-59	3	00:24:03	00:48:18.95	+00:10:13 (21.2%)	4:23	13.7 (79.2%)
26	JANISZEWSKI Radosław	160	OSP POŁCZYŃ-ZDRÓJ, POŁCZYŃ BIEGA	M30-39	10	00:25:04	00:48:39.90	+00:10:34 (21.7%)	4:25	13.6 (78.6%)
27	GARBACKI Leszek	23		M50-59	4	00:23:45	00:48:54.30	+00:10:49 (22.1%)	4:26	13.5 (78.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap 5.5km	Czas		Tempo min/km	Tempo km/h
							netto 11km	Różn		
28	URBAŃSKI Tomasz	92	KARLINO BIEGAJ	M40-49	9	00:24:19	00:49:06.52	+00:11:01 (22.4%)	4:27	13.4 (77.5%)
29	SZKOPEK Krzysztof	86		M50-59	5	00:24:27	00:49:29.11	+00:11:23 (23.0%)	4:29	13.3 (76.9%)
30	CHOŁUJ Jarek	10	ROZBIEGANY KOSZALIN	M40-49	10	00:25:27	00:49:35.52	+00:11:30 (23.2%)	4:30	13.3 (76.9%)
31	KWIETNIEWSKI Daniel	53		M40-49	11	00:24:16	00:49:39.93	+00:11:34 (23.3%)	4:30	13.3 (76.9%)
32	GARBACKI Łukasz	24		M18-29	4	00:24:01	00:50:27.33	+00:12:22 (24.5%)	4:35	13.1 (75.7%)
33	MICERSKI Tomasz	66	TKKF KOSZALIN	M40-49	12	00:24:44	00:50:29.84	+00:12:24 (24.6%)	4:35	13.1 (75.7%)
34	WYRWA Przemysław	103		M50-59	6	00:25:03	00:50:31.28	+00:12:26 (24.6%)	4:35	13.1 (75.7%)
35	MICHAŁOWSKI Dariusz	67	CZARNIE BIEGA	M40-49	13	00:25:08	00:50:39.43	+00:12:34 (24.8%)	4:36	13 (75.1%)
36	TOWSTOKORY Marek	89	1976	M40-49	14	00:25:20	00:50:55.06	+00:12:49 (25.2%)	4:37	13 (75.1%)
37	SUBERLAK Damian	83	RUNDORFINA	M18-29	5	00:25:12	00:51:01.43	+00:12:56 (25.4%)	4:38	12.9 (74.6%)
38	BODNAR Radosław	4	POŁCZYN BIEGA	M30-39	11	00:25:25	00:51:15.73	+00:13:10 (25.7%)	4:39	12.9 (74.6%)
39	JESIONKA Jarosław	32	STOWARZYSZENIE NASZA ŚWIERCZYNA	M40-49	15	00:24:46	00:51:25.85	+00:13:20 (25.9%)	4:40	12.8 (74.0%)
40	KUBIŚ Paweł	49	RUNDORFINA	M30-39	12	00:26:27	00:51:51.99	+00:13:46 (26.6%)	4:42	12.7 (73.4%)
41	KOCLEJDA Grzegorz	43	RUNDORFINA	M40-49	16	00:26:27	00:51:52.52	+00:13:47 (26.6%)	4:42	12.7 (73.4%)
42	HUDASZEK Grzegorz	31	PARKRUN ŚWIDWIN	M30-39	13	00:25:30	00:51:58.37	+00:13:53 (26.7%)	4:43	12.7 (73.4%)
43	KUICH Piotr	50	LILL-SPORT	M50-59	7	00:25:44	00:52:15.51	+00:14:10 (27.1%)	4:45	12.6 (72.8%)
44	KARCZEWSKI Andrzej	38		M30-39	14	00:25:59	00:52:40.51	+00:14:35 (27.7%)	4:47	12.5 (72.3%)
45	KATRYCZ Zbigniew	39	STWARZYSZENIE NASZA ŚWIERCZYNA	M50-59	8	00:23:25	00:52:55.68	+00:14:50 (28.0%)	4:48	12.5 (72.3%)
46	SPYCHAŁA Anna	345	OSP ŁUGI	K18-29	1	00:26:16	00:52:56.88	+00:14:51 (28.1%)	4:48	12.5 (72.3%)
47	MAJŁOWSKI Aleksander	64		M60-69	2	00:26:05	00:53:08.29	+00:15:03 (28.3%)	4:49	12.4 (71.7%)
48	MACIEJEWSKA Katarzyna	61		K18-29	2	00:25:36	00:53:10.00	+00:15:04 (28.4%)	4:50	12.4 (71.7%)
49	OPIEŁKA Kamil	69	O CO BIEGA W KALETACH	M30-39	15	00:25:27	00:53:12.69	+00:15:07 (28.4%)	4:50	12.4 (71.7%)
50	SAPIŃSKI Robert	75		M30-39	16	00:21:13	00:53:17.40	+00:15:12 (28.5%)	4:50	12.4 (71.7%)
51	WILIŃSKI Marek	97	K.B SPRINTŚWIDWIN	M50-59	9	00:27:05	00:53:39.75	+00:15:34 (29.0%)	4:52	12.3 (71.1%)
52	ADASZYŃSKI Wiesław	378		M50-59	10	00:26:00	00:53:55.31	+00:15:50 (29.4%)	4:54	12.2 (70.5%)
53	ANDREJCZUK Karolina	111	LOKATOR NIERUCHOMOŚCI PIŁA	K30-39	1	00:34:32	00:54:23.54	+00:16:18 (30.0%)	4:56	12.1 (69.9%)
54	KOŁOTUSZA Andrzej	365		M40-49	17	00:27:05	00:54:30.00	+00:16:24 (30.1%)	4:57	12.1 (69.9%)
55	ADASZYŃSKI Wiesław	378		M50-59	11	00:27:05	00:54:32.75	+00:16:27 (30.2%)	4:57	12.1 (69.9%)
56	TYLMAN Piotr	91	RUNDORFINA	M30-39	17	00:26:07	00:54:35.65	+00:16:30 (30.2%)	4:57	12.1 (69.9%)
57	SEROWSKI Łukasz	379		M30-39	18	00:26:42	00:55:07.30	+00:17:02 (30.9%)	5:00	12 (69.4%)
58	GRZYB Jacek	26		M30-39	19	00:27:32	00:55:48.40	+00:17:43 (31.8%)	5:04	11.8 (68.2%)
59	STASIOŁEK Konrad	82		M18-29	6	00:28:07	00:56:03.92	+00:17:58 (32.1%)	5:05	11.8 (68.2%)
60	ADAMUS Piotr	1	BOBOLICKIE BRACTWO BIEGOWE	M30-39	20	00:27:07	00:56:28.43	+00:18:23 (32.6%)	5:08	11.7 (67.6%)
61	ORLIKOWSKI Robert	70	POŁCZYN BIEGA	M30-39	21	00:27:39	00:57:12.30	+00:19:07 (33.4%)	5:12	11.5 (66.5%)
62	DRABKOWSKA Agnieszka	16		K40-49	2	00:27:40	00:57:12.55	+00:19:07 (33.4%)	5:12	11.5 (66.5%)
63	STALUSZKA Dariusz	81	21.BLT	M40-49	18	00:27:55	00:57:19.73	+00:19:14 (33.6%)	5:12	11.5 (66.5%)
64	KACZOR Sławomir	35		M40-49	19	00:27:32	00:57:26.47	+00:19:21 (33.7%)	5:13	11.5 (66.5%)
65	SŁAPCZYŃSKA Marta	78		K18-29	3	00:28:41	00:57:30.24	+00:19:25 (33.8%)	5:13	11.5 (66.5%)
66	HARASIMOWICZ Michał	28		M30-39	22	00:27:52	00:57:35.67	+00:19:30 (33.9%)	5:14	11.5 (66.5%)
67	JUSZCZAK Krzysztof	34		M60-69	3	00:28:32	00:57:57.22	+00:19:52 (34.3%)	5:16	11.4 (65.9%)
68	ŁUCZEJKO Sławomir	60	TEAM BIEGOWY SZCZECINEK	M50-59	12	00:28:20	00:58:12.74	+00:20:07 (34.6%)	5:17	11.3 (65.3%)
69	SUCHANOWSKI Zygmunt	84	RESPECT LOTYŃ	M50-59	13	00:28:07	00:58:20.23	+00:20:15 (34.7%)	5:18	11.3 (65.3%)
70	GAŁECKI Jacek	22	TEAM MATEUSZ POLSKI	M50-59	14	00:28:14	00:58:30.05	+00:20:24 (34.9%)	5:19	11.3 (65.3%)
71	MACIEJEWSKI Andrzej	62		M50-59	15	00:30:20	00:58:30.55	+00:20:25 (34.9%)	5:19	11.3 (65.3%)

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72	PACHUTA Roman	71		M40-49	20	00:28:22	00:58:35.34	+00:20:30 (35.0%)	5:19	11.3 (65.3%)
73	GALICKI Robert	19		M40-49	21	00:29:41	00:58:49.97	+00:20:44 (35.3%)	5:20	11.2 (64.7%)
74	PIEKARZEWICZ Tomasz	181		M50-59	16	00:29:47	00:58:54.34	+00:20:49 (35.3%)	5:21	11.2 (64.7%)
75	HOLC Dorota	30	POŁCZYN BIEGA	K30-39	2	00:28:52	00:58:56.57	+00:20:51 (35.4%)	5:21	11.2 (64.7%)
76	DRACZYŃSKI Zygmunt	17	TRUCHT ŁOBEZ	M70+	1	00:28:58	00:59:08.24	+00:21:03 (35.6%)	5:22	11.2 (64.7%)
77	BUTKIEWICZ Wojciech	7		M50-59	17	00:29:09	00:59:08.36	+00:21:03 (35.6%)	5:22	11.2 (64.7%)
78	KUZIO Justyna	52	RUNDORFINA	K30-39	3	00:29:43	00:59:09.11	+00:21:04 (35.6%)	5:22	11.2 (64.7%)
79	BORUC Barbara	5	PARKRUN SZCZECINEK	K50-59	1	00:29:49	00:59:50.58	+00:21:45 (36.4%)	5:26	11 (63.6%)
80	LEŚNIEWSKI Grzegorz	58		M18-29	7	00:28:53	00:59:54.94	+00:21:49 (36.4%)	5:26	11 (63.6%)
81	MAJŁOWSKA Irena	63		K60-69	1	00:29:02	00:59:57.50	+00:21:52 (36.5%)	5:27	11 (63.6%)
82	WALCZAK Magdalena	94		K40-49	3	00:29:34	01:00:00.19	+00:21:55 (36.5%)	5:27	11 (63.6%)
83	SPERA Katarzyna	79		K18-29	4	00:30:06	01:00:06.79	+00:22:01 (36.6%)	5:27	11 (63.6%)
84	USTJANOWSKA Katarzyna	93		K30-39	4	00:29:39	01:00:07.10	+00:22:01 (36.6%)	5:27	11 (63.6%)
85	DIDŁUCH Jacek	15	KOŁOBRZEG BIEGA	M40-49	22	00:29:28	01:00:19.37	+00:22:14 (36.9%)	5:29	10.9 (63.0%)
86	GAŁAN Joanna	20		K50-59	2	00:29:58	01:00:36.00	+00:22:30 (37.2%)	5:30	10.9 (63.0%)
87	KOŁAKOWSKI Dariusz	334		M40-49	23	00:30:03	01:02:20.71	+00:24:15 (38.9%)	5:40	10.6 (61.3%)
88	SIWCZYŃSKI Filip	77	KRÓLICZKI W PLECAKU	M30-39	23	00:30:42	01:02:34.47	+00:24:29 (39.1%)	5:41	10.5 (60.7%)
89	BANACZYK Wioletta	2	LILL-SPORT	K50-59	3	00:31:19	01:03:48.83	+00:25:43 (40.3%)	5:48	10.3 (59.5%)
90	MATYSEK Ireneusz	106		M60-69	4	00:31:04	01:04:24.38	+00:26:19 (40.9%)	5:51	10.2 (59.0%)
91	WALCZAK Adam	390		M50-59	18	00:31:50	01:04:52.59	+00:26:47 (41.3%)	5:53	10.2 (59.0%)
92	SUCHOŃSKA Joanna	221		K40-49	4	00:31:35	01:14:07.47	+00:36:02 (48.6%)	6:44	8.9 (51.4%)
93	WOJDAN Iwona	120	RUNDORFINA	K30-39	5	00:33:15	01:14:42.96	+00:36:37 (49.0%)	6:47	8.8 (50.9%)
94	WALCZAK Adam	95		M50-59	19	00:43:52	01:30:23.37	+00:52:18 (57.9%)	8:13	7.3 (42.2%)
95	LEŚNIEWSKI Krzysztof	57	SM CZAPLINEK	M30-39	24	00:44:53	01:32:50.60	+00:54:45 (59.0%)	8:26	7.1 (41.0%)
DQ	TTTT Rrrr	237				00:18:38 DQ	00:38:40.78 DQ		0:00	17.1 (98.8%)
DNC	YYY Xxx	377		M30-39		00:25:06	00:38:47.86		0:00	17 (98.3%)

Znaleziono 97 wynik(ów)