



II BIEG RYBAKA - 11 KM

B4SPORT

Wydarzenie: II Bieg Rybaka w Czaplinku
Organizator: Stowarzyszenie Sportowe Grupa Biegowa Rundorfina, Gmina Czaplinek
Data: 2019-09-28
Miejsce: Czaplinek
Dystans: 11 km



Klasyfikacja: M40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap 5.5km	Czas netto 11km	Różn	Tempo min/km	Tempo km/h
1	KUŚMIDER Andrzej	167	RUNDORFINA	M40-49	1	00:18:43	00:38:05.11		3:27	17.3 (100%)
2	MYDŁO Radosław	326		M40-49	2	00:20:11	00:40:12.33	+00:02:07 (5.3%)	3:39	16.4 (94.8%)
3	PRENDECKI Marcin	73	PRENDKI TRI	M40-49	3	00:20:54	00:42:29.61	+00:04:24 (10.4%)	3:51	15.5 (89.6%)
4	BARTOSIAK Tomasz	116		M40-49	4	00:30:34	00:43:26.64	+00:05:21 (12.3%)	3:57	15.2 (87.9%)
5	PRĘTKI Robert	198		M40-49	5	00:29:32	00:43:46.18	+00:05:41 (13.0%)	3:58	15.1 (87.3%)
6	SPRINGER Marcin	80		M40-49	6	00:22:52	00:46:57.78	+00:08:52 (18.9%)	4:16	14.1 (81.5%)
7	GRZYSTEK Sławomir	151		M40-49	7	00:27:00	00:47:01.87	+00:08:56 (19.0%)	4:16	14 (80.9%)
8	KRÓL Zbigniew	109		M40-49	8	00:23:21	00:47:23.53	+00:09:18 (19.6%)	4:18	13.9 (80.3%)
9	URBAŃSKI Tomasz	92	KARLINO BIEGAJ	M40-49	9	00:24:19	00:49:06.52	+00:11:01 (22.4%)	4:27	13.4 (77.5%)
10	CHOŁUJ Jarek	10	ROZBIEGANY KOSZALIN	M40-49	10	00:25:27	00:49:35.52	+00:11:30 (23.2%)	4:30	13.3 (76.9%)
11	KWIETNIEWSKI Daniel	53		M40-49	11	00:24:16	00:49:39.93	+00:11:34 (23.3%)	4:30	13.3 (76.9%)
12	MICERSKI Tomasz	66	TKKF KOSZALIN	M40-49	12	00:24:44	00:50:29.84	+00:12:24 (24.6%)	4:35	13.1 (75.7%)
13	MICHAŁOWSKI Dariusz	67	CZARNIE BIEGA	M40-49	13	00:25:08	00:50:39.43	+00:12:34 (24.8%)	4:36	13 (75.1%)
14	TOWSTOKORY Marek	89	1976	M40-49	14	00:25:20	00:50:55.06	+00:12:49 (25.2%)	4:37	13 (75.1%)
15	JESIONKA Jarosław	32	STOWARZYSZENIE NASZA ŚWIERCZYNA	M40-49	15	00:24:46	00:51:25.85	+00:13:20 (25.9%)	4:40	12.8 (74.0%)
16	KOCLEJDA Grzegorz	43	RUNDORFINA	M40-49	16	00:26:27	00:51:52.52	+00:13:47 (26.6%)	4:42	12.7 (73.4%)
17	KOŁOTUSZA Andrzej	365		M40-49	17	00:27:05	00:54:30.00	+00:16:24 (30.1%)	4:57	12.1 (69.9%)
18	STALUSZKA Dariusz	81	21.BLT	M40-49	18	00:27:55	00:57:19.73	+00:19:14 (33.6%)	5:12	11.5 (66.5%)
19	KACZOR Sławomir	35		M40-49	19	00:27:32	00:57:26.47	+00:19:21 (33.7%)	5:13	11.5 (66.5%)
20	PACHUTA Roman	71		M40-49	20	00:28:22	00:58:35.34	+00:20:30 (35.0%)	5:19	11.3 (65.3%)
21	GALICKI Robert	19		M40-49	21	00:29:41	00:58:49.97	+00:20:44 (35.3%)	5:20	11.2 (64.7%)
22	DIDŁUCH Jacek	15	KOŁOBRZEG BIEGA	M40-49	22	00:29:28	01:00:19.37	+00:22:14 (36.9%)	5:29	10.9 (63.0%)
23	KOŁAKOWSKI Dariusz	334		M40-49	23	00:30:03	01:02:20.71	+00:24:15 (38.9%)	5:40	10.6 (61.3%)

Znaleziono 23 wynik(ów)