



II BIEG RYBAKA - 5,5 KM

B4SPORT

Event: II Bieg Rybaka w Czaplina
Organiser: Stowarzyszenie Sportowe Grupa Biegowa Rundorfina, Gmina Czaplina
Date: 2019-09-28
Place: Czaplina
Distance: 5.5 km



Classification: All

Place	Participant	Number	Club	Category	MCat	Net time 5.5km	Gap	Pace min/km	Pace km/h
1	WOJTONISZAK Lukasz	244		M30-39	1	00:20:17.95		3:41	16.3 (100%)
2	POŁUBIŃSKI Paweł	196	BORNE BIEGA	M40-49	1	00:20:28.47	+00:00:10 (0.9%)	3:43	16.1 (98.8%)
3	CHWIAŁKOWSKI Cyprian	130		M18-29	1	00:20:53.49	+00:00:35 (2.8%)	3:47	15.8 (96.9%)
4	OPIELA Paweł	257		M18-29	2	00:21:07.26	+00:00:49 (3.9%)	3:50	15.6 (95.7%)
5	MARET Robert	175	LOKATOR NIERUCHOMOŚCI PIŁA	M40-49	2	00:21:38.97	+00:01:21 (6.2%)	3:56	15.3 (93.9%)
6	GAŚIOREK Mariusz	147	LOKATOR NIERUCHOMOŚCI PIŁA	M40-49	3	00:21:45.43	+00:01:27 (6.7%)	3:57	15.2 (93.3%)
7	SZŁAPAK Krzysztof	229		M50-59	1	00:21:46.40	+00:01:28 (6.8%)	3:57	15.1 (92.6%)
8	PAWŁOWICZ Roland	193	7PRO SIÓDMIAK TEAM	M18-29	3	00:21:53.63	+00:01:35 (7.3%)	3:58	15.1 (92.6%)
9	KRUKOWSKI Adam	164		M30-39	2	00:21:57.43	+00:01:39 (7.6%)	3:59	15 (92.0%)
10	BŁASZCZYK Piotr	119		M40-49	4	00:22:46.75	+00:02:28 (10.9%)	4:08	14.5 (89.0%)
11	WACYK Mariusz	328		M40-49	5	00:22:52.28	+00:02:34 (11.2%)	4:09	14.4 (88.3%)
12	MAKUCH Krzysztof	174		M30-39	3	00:23:06.41	+00:02:48 (12.2%)	4:12	14.3 (87.7%)
13	ŁAWNICZAK Justyna	171	#ZABIEGANINOCA	K30-39	1	00:23:15.15	+00:02:57 (12.7%)	4:13	14.2 (87.1%)
14	ZIELIŃSKA Anna	246	TRUCHT ŁOBEZ	K40-49	1	00:23:27.56	+00:03:09 (13.5%)	4:15	14.1 (86.5%)
15	RUDZIŃSKI Jozef	204	ZLOCENIEC	M50-59	2	00:23:32.93	+00:03:14 (13.8%)	4:16	14 (85.9%)
16	CHMIELEWSKI Tomasz	127		M30-39	4	00:23:40.26	+00:03:22 (14.2%)	4:18	13.9 (85.3%)
17	STACHURA Sandra	217		K18-29	1	00:23:45.87	+00:03:27 (14.6%)	4:19	13.9 (85.3%)
18	SUCHOŃSKI Tomasz	222		M40-49	6	00:23:59.49	+00:03:41 (15.4%)	4:21	13.8 (84.7%)
19	DRAŻKOWSKI Tomasz	138	MIEJSKI KLUB PŁYWACKI SZCZECINEK	M15-17	1	00:24:22.52	+00:04:04 (16.7%)	4:26	13.5 (82.8%)
20	BUTKIEWICZ Paweł	125		M30-39	5	00:24:53.73	+00:04:35 (18.5%)	4:31	13.3 (81.6%)
21	SZŁAPAK Dawid	230		M18-29	4	00:24:56.07	+00:04:38 (18.6%)	4:32	13.2 (81.0%)
22	KOZŁOWSKI Adrian	160	OSP POŁCZYN-ZDRÓJ, POŁCZYN BIEGA	M30-39	6	00:25:03.26	+00:04:45 (19.0%)	4:33	13.2 (81.0%)
23	WIŚNIEWSKA Magdalena	241		K30-39	2	00:25:03.34	+00:04:45 (19.0%)	4:33	13.2 (81.0%)
24	MARKIEWICZ Aleksandra	377		M-Open	1	00:25:05.69	+00:04:47 (19.1%)	4:33	13.1 (80.4%)
25	BOŁDYSZ Krzysztof	324		M-Open	2	00:25:06.37	+00:04:48 (19.1%)	4:34	13.1 (80.4%)
26	SOLARZ Monika	216		K30-39	3	00:25:32.99	+00:05:15 (20.6%)	4:38	12.9 (79.1%)
27	ROGOWSKI Kamil	203		M40-49	7	00:25:47.71	+00:05:29 (21.3%)	4:41	12.8 (78.5%)

Place	Participant	Number	Club	Category	MCat	Net time		Pace min/km	Pace km/h
						5.5km	Gap		
28	NERC Patrycja	182	7 PRO TEAM/MKP SZCZECINEK	K15-17	1	00:25:52.25	+00:05:34 (21.5%)	4:42	12.8 (78.5%)
29	NOSAL Mariusz	185		M30-39	7	00:26:04.73	+00:05:46 (22.2%)	4:44	12.7 (77.9%)
30	BARSZCZ Emilia	115		K30-39	4	00:26:06.49	+00:05:48 (22.2%)	4:44	12.6 (77.3%)
31	SKIBICKA Marta	212		K30-39	5	00:26:16.08	+00:05:58 (22.7%)	4:46	12.6 (77.3%)
32	HAŁKA Justyna	335		K30-39	6	00:26:16.29	+00:05:58 (22.7%)	4:46	12.6 (77.3%)
33	SIELATYCKA Olga	210		K30-39	7	00:26:18.40	+00:06:00 (22.8%)	4:46	12.5 (76.7%)
34	MARET Wacław	176	LOKATOR NIERUCHOMOŚCI PIŁA	M60-69	1	00:26:19.51	+00:06:01 (22.9%)	4:47	12.5 (76.7%)
35	DZIURDZ Joanna	145		K30-39	8	00:26:29.89	+00:06:11 (23.4%)	4:49	12.5 (76.7%)
36	MAZUR Michał	179	BORNE BIEGA	M18-29	5	00:26:52.07	+00:06:34 (24.4%)	4:53	12.3 (75.5%)
37	SERWATKA Krzysztof	209		M40-49	8	00:26:53.51	+00:06:35 (24.5%)	4:53	12.3 (75.5%)
38	AUGUSTYNIAK Dariusz	259		M40-49	9	00:26:54.77	+00:06:36 (24.6%)	4:53	12.3 (75.5%)
39	LIPKA Radosław	169		M30-39	8	00:27:00.20	+00:06:42 (24.8%)	4:54	12.2 (74.8%)
40	MIKOŁAJCZAK Małgorzata	180		K30-39	9	00:27:02.04	+00:06:44 (24.9%)	4:54	12.2 (74.8%)
41	SZCZEBLEWSKI Józef	85		M60-69	2	00:27:03.00	+00:06:45 (25.0%)	4:55	12.2 (74.8%)
42	DZIEMIANKO Iлона	143		K18-29	2	00:27:05.89	+00:06:47 (25.1%)	4:55	12.2 (74.8%)
43	ZIMNICKI Tomasz	247		M30-39	9	00:27:17.47	+00:06:59 (25.6%)	4:57	12.1 (74.2%)
44	FIŁONOWICZ Kamil	349		M-Open	3	00:27:21.96	+00:07:04 (25.8%)	68:25	0.9 (5.5%)
45	WALOSZCZYK Basia	239		K50-59	1	00:27:27.95	+00:07:10 (26.1%)	4:59	12 (73.6%)
46	RYNKIEWICZ Piotr	205	TB WALDEK	M30-39	10	00:27:29.10	+00:07:11 (26.1%)	4:59	12 (73.6%)
47	GRZYB Magdalena	27	RUNDORFINA	M18-29	6	00:27:31.98	+00:07:14 (26.3%)	5:00	12 (73.6%)
48	SZŁAPAK Beata	228		K40-49	2	00:27:33.33	+00:07:15 (26.3%)	5:00	12 (73.6%)
49	BARANOWSKI Kamil	114		M30-39	11	00:27:49.84	+00:07:31 (27.1%)	5:03	11.9 (73.0%)
50	GZUBICKI Piotr	152	RUNDORFINA	M30-39	12	00:27:50.50	+00:07:32 (27.1%)	5:03	11.8 (72.4%)
51	SKOKOWSKI Marek	213		M30-39	13	00:27:51.08	+00:07:33 (27.1%)	5:03	11.8 (72.4%)
52	JASKÓŁKA-STANISZ Paweł	155	OSP LOTYŃ	M18-29	7	00:27:55.34	+00:07:37 (27.3%)	5:04	11.8 (72.4%)
53	SŁOMKA Maciej	214	STOWARZYSZENIE NASZA ŚWIERCZYNA	M40-49	10	00:27:55.80	+00:07:37 (27.3%)	5:04	11.8 (72.4%)
54	MAKUCH Katarzyna	173		K30-39	10	00:27:58.73	+00:07:40 (27.4%)	5:05	11.8 (72.4%)
55	WIŚNIA Monika	128	HUSARIA RACE TEAM	K40-49	3	00:28:05.50	+00:07:47 (27.7%)	5:06	11.7 (71.8%)
56	SZWAJA Maciej	232		M30-39	14	00:28:19.59	+00:08:01 (28.3%)	5:09	11.6 (71.2%)
57	WIŚNIEWSKA Marta	242	WIECZORNE BIEGANIE W SZCZECINIE	K40-49	4	00:28:28.70	+00:08:10 (28.7%)	5:10	11.6 (71.2%)
58	WAŚNIEWSKI Arek	240	RUNDORFINA	M50-59	3	00:28:35.31	+00:08:17 (29.0%)	5:11	11.5 (70.6%)
59	DREWNIAK Tomasz	139	TEQUILA BOYS	M30-39	15	00:29:00.92	+00:08:42 (30.0%)	5:16	11.4 (69.9%)
60	PODSTAWSKI Jakub	195		M18-29	8	00:29:19.90	+00:09:01 (30.8%)	5:20	11.3 (69.3%)
61	KAŁAMAJSKI Zygmunt	249		M60-69	3	00:29:29.05	+00:09:11 (31.2%)	5:21	11.2 (68.7%)
62	SERWATKA Ewelina	208	BORNE BIEGA	K30-39	11	00:29:31.69	+00:09:13 (31.3%)	5:22	11.2 (68.7%)
63	PRĘTKI Robert	198		M40-49	11	00:29:32.27	+00:09:14 (31.3%)	5:22	11.2 (68.7%)
64	KAŁAMAJSKI Zygmunt	149		M60-69	4	00:29:38.50	+00:09:20 (31.5%)	5:23	11.1 (68.1%)
65	NAREWSKA Marta	181	RUNDORFINA	K18-29	3	00:29:46.88	+00:09:28 (31.8%)	5:24	11.1 (68.1%)
66	ANTONIAK Adam	344		Czaplinek	1	00:30:02.62	+00:09:44 (32.4%)	75:07	0.8 (4.9%)
67	SEPIOTEK Kamil	207	RUNDORFINA	M30-39	16	00:30:05.35	+00:09:47 (32.5%)	5:28	11 (67.5%)
68	KAZIMIERCZAK Tomasz	258		M40-49	12	00:30:09.77	+00:09:51 (32.7%)	5:29	10.9 (66.9%)
69	MACIEJEWSKA Lucyna	172		K50-59	2	00:30:21.72	+00:10:03 (33.1%)	5:31	10.9 (66.9%)
70	SZYMAŃSKI Marcin	233	TEAM BIEGOWY SZCZECINEK	M30-39	17	00:30:22.05	+00:10:04 (33.2%)	5:31	10.9 (66.9%)
71	NITKA Karolina	184		K18-29	4	00:30:26.61	+00:10:08 (33.3%)	5:32	10.8 (66.3%)

Place	Participant	Number	Club	Category	MCat	Net time		Pace min/km	Pace km/h
						5.5km	Gap		
72	WOJDAN Jakub	255		M30-39	18	00:30:29.02	+00:10:11 (33.4%)	5:32	10.8 (66.3%)
73	BARTOSIAK Tomasz	116		M40-49	13	00:30:33.85	+00:10:15 (33.6%)	5:33	10.8 (66.3%)
74	OGONOWSKI Marek	189	OGON'S TEAM	M40-49	14	00:30:40.35	+00:10:22 (33.8%)	5:34	10.8 (66.3%)
75	ZIOJŁA Violetta	369		K40-49	5	00:30:48.00	+00:10:30 (34.1%)	5:36	10.7 (65.6%)
76		250				00:30:48.45	+00:10:30 (34.1%)	5:36	10.7 (65.6%)
77	JUSZCZAK Karolina	156	RUNDORFINA	K30-39	12	00:30:52.82	+00:10:34 (34.3%)	5:36	10.7 (65.6%)
78	LUTYŃSKA Ewa	170	RUNDORFINA	K40-49	6	00:30:59.68	+00:10:41 (34.5%)	5:38	10.6 (65.0%)
79	KUŚMIDER Katarzyna	166	RUNDORFINA	K30-39	13	00:31:18.38	+00:11:00 (35.2%)	5:41	10.5 (64.4%)
80	SUCHOŃSKA Joanna	221		K40-49	7	00:31:35.61	+00:11:17 (35.7%)	5:44	10.4 (63.8%)
81	KIBITLEWSKA Katarzyna	158		K40-49	8	00:31:39.78	+00:11:21 (35.9%)	5:45	10.4 (63.8%)
82	ROMAŃSKI Arkadiusz	389		M30-39	19	00:31:50.10	+00:11:32 (36.2%)	5:47	10.4 (63.8%)
83	SZKWAREK Wojtek	227	OSP LOTYŃ	M30-39	20	00:31:58.50	+00:11:40 (36.5%)	5:48	10.3 (63.2%)
84	BURBULIS Agnieszka	124	LOKATOR NIERUCHOMOŚCI PIŁA	K40-49	9	00:32:13.72	+00:11:55 (37.0%)	5:51	10.2 (62.6%)
85	TABISZ Sławomir	236		M30-39	21	00:32:17.25	+00:11:59 (37.1%)	5:52	10.2 (62.6%)
86	JAROSZEWICZ Joanna	154		K40-49	10	00:32:20.08	+00:12:02 (37.2%)	5:52	10.2 (62.6%)
87	DLA ZNAJOMYCH Piotr	136		M40-49	15	00:32:24.33	+00:12:06 (37.4%)	5:53	10.2 (62.6%)
88	CIEPLIŃSKA Monika	132		K18-29	5	00:32:25.38	+00:12:07 (37.4%)	5:53	10.2 (62.6%)
89	BOŃKOWSKI Cezar	122	RUNDORFINA	M30-39	22	00:32:40.37	+00:12:22 (37.9%)	5:56	10.1 (62.0%)
90	MATUSZAK Justyna	178	RUNDORFINA	K30-39	14	00:32:42.40	+00:12:24 (37.9%)	5:56	10.1 (62.0%)
91	KARPOWICZ Waldemar	256		M40-49	16	00:32:43.88	+00:12:25 (38.0%)	5:57	10.1 (62.0%)
92	PAWLIK Wojciech	190	TEQUILA BOYS - BIEGNĘ PO FLASZKĘ!	M30-39	23	00:32:50.53	+00:12:32 (38.2%)	5:58	10 (61.3%)
93	NOWACKA Ewa	187		K40-49	11	00:32:51.20	+00:12:33 (38.2%)	5:58	10 (61.3%)
94	SOBALA Anna	215		K30-39	15	00:32:58.77	+00:12:40 (38.4%)	5:59	10 (61.3%)
95	SYDOR Katarzyna	223	RUNDORFINA	K30-39	16	00:33:11.41	+00:12:53 (38.8%)	6:02	9.9 (60.7%)
96	DUSZYŃSKA Jolanta	142	RUNDORFINA	K30-39	17	00:33:15.73	+00:12:57 (39.0%)	6:02	9.9 (60.7%)
97	CHMARA Iwona	126	.	K40-49	12	00:33:19.75	+00:13:01 (39.1%)	6:03	9.9 (60.7%)
98	BURDZIUK Aneta	248		K30-39	18	00:33:43.68	+00:13:25 (39.8%)	6:08	9.8 (60.1%)
99	NIEDZIELA Dorota	183	LILL-SPORT	K50-59	3	00:34:00.32	+00:13:42 (40.3%)	6:11	9.7 (59.5%)
100	SCHWERKOLT Karolina	206		K18-29	6	00:34:03.38	+00:13:45 (40.4%)	6:11	9.7 (59.5%)
101	GRZYSTEK Katarzyna	150		K40-49	13	00:34:17.83	+00:13:59 (40.8%)	6:14	9.6 (58.9%)
102	PAWLUŚ Kamilla	191		K40-49	14	00:34:18.43	+00:14:00 (40.8%)	6:14	9.6 (58.9%)
103	ANDREJCZUK Karolina	111	LOKATOR NIERUCHOMOŚCI PIŁA	K30-39	19	00:34:32.46	+00:14:14 (41.2%)	6:16	9.6 (58.9%)
104	DRZAZGA Zbigniew	140	SP NR 1W SZCZECINKU	M50-59	4	00:34:36.42	+00:14:18 (41.3%)	6:17	9.5 (58.3%)
105	HRYBOWICZ Joanna	153		K30-39	20	00:34:36.45	+00:14:18 (41.3%)	6:17	9.5 (58.3%)
106	DZIEWIĘTKOWSKI Tomasz	144	RUNDORFINA	M30-39	24	00:34:51.26	+00:14:33 (41.8%)	6:20	9.5 (58.3%)
107	KSIĄŻEK Teresa	165		K50-59	4	00:34:53.10	+00:14:35 (41.8%)	6:20	9.5 (58.3%)
108	BRZEZIŃSKA Beata	123	TEAM PIOTRUŚ	K50-59	5	00:35:04.37	+00:14:46 (42.1%)	6:22	9.4 (57.7%)
109	WRONA Ryszard	245	LILL-SPRT	M50-59	5	00:35:12.73	+00:14:54 (42.4%)	6:24	9.4 (57.7%)
110	DUBISZ Joanna	141	LILL-SPORT	K40-49	15	00:35:13.04	+00:14:55 (42.4%)	6:24	9.4 (57.7%)
111	WOJTECZKO Magdalena	243	RUNDORFINA	K40-49	16	00:35:26.40	+00:15:08 (42.7%)	6:26	9.3 (57.1%)
112	FIRLEJ Agnieszka	146	RUNDORFINA	K40-49	17	00:35:26.54	+00:15:08 (42.7%)	6:26	9.3 (57.1%)
113	SZCZECHOWSKI Adrian	224	SURVIWAŁ TEAM	M30-39	25	00:35:28.00	+00:15:10 (42.8%)	6:26	9.3 (57.1%)
114	NOSAL Anna	186		K30-39	21	00:35:34.69	+00:15:16 (42.9%)	6:28	9.3 (57.1%)
115	DEPTUŁA-BILL Bożena	135		K30-39	22	00:35:44.72	+00:15:26 (43.2%)	6:30	9.2 (56.4%)

Place	Participant	Number	Club	Category	MCat	Net time 5.5km	Gap	Pace min/km	Pace km/h
116	BILL Łukasz	118		M30-39	26	00:36:01.08	+00:15:43 (43.6%)	6:32	9.2 (56.4%)
117	ANTONIAK Justyna	112		K30-39	23	00:36:01.90	+00:15:43 (43.7%)	6:33	9.2 (56.4%)
118	ANTONIAK Krzysztof	252		M30-39	27	00:36:03.92	+00:15:45 (43.7%)	6:33	9.1 (55.8%)
119	KREFFT Jakub	162		M30-39	28	00:36:53.81	+00:16:35 (45.0%)	6:42	8.9 (54.6%)
120	KREFFT Joanna	161		K30-39	24	00:36:53.89	+00:16:35 (45.0%)	6:42	8.9 (54.6%)
121	PASZKIEWICZ Aleksandra	322		K18-29	7	00:37:33.39	+00:17:15 (46.0%)	6:49	8.8 (54.0%)
122	KUZIO Edyta	168	TEAMWORK POLSKA	K40-49	18	00:37:34.27	+00:17:16 (46.0%)	6:49	8.8 (54.0%)
123	PIĘTOSA Daniel	194	RUNDORFINA	M40-49	17	00:37:48.43	+00:17:30 (46.3%)	6:52	8.7 (53.4%)
124	BOŃKOWSKA Agata	121		K18-29	8	00:38:12.48	+00:17:54 (46.9%)	6:56	8.6 (52.8%)
125	PAWŁOWICZ Karolina	192		K18-29	9	00:39:50.99	+00:19:33 (49.1%)	7:14	8.3 (50.9%)
126	REDEK Damian	200	HUSARIA RACE TEAM	M18-29	9	00:39:51.97	+00:19:34 (49.1%)	7:14	8.3 (50.9%)
127	BIERNAT Tomasz	117	RUNDORFINA	M30-39	29	00:39:59.15	+00:19:41 (49.2%)	7:16	8.3 (50.9%)
128	SUCHANOWSKA Anna	220	RESPECT LOTYŃ	K40-49	19	00:41:13.50	+00:20:55 (50.8%)	7:29	8 (49.1%)
129	ŚWITAJ Katarzyna	235	PARKRUN SZCZECINEK	K18-29	10	00:41:50.46	+00:21:32 (51.5%)	7:36	7.9 (48.5%)
130	KRUGLIK Emilia	163		K30-39	25	00:41:53.91	+00:21:35 (51.6%)	7:36	7.9 (48.5%)
131	KALECIŃSKA Alina	157	POŁCZYN BIEGA	K50-59	6	00:42:42.56	+00:22:24 (52.5%)	7:46	7.7 (47.2%)
132	POWIERSKA Elzbieta	197		K40-49	20	00:46:32.18	+00:26:14 (56.4%)	8:27	7.1 (43.6%)
DNC	ROGOWSKA Marzena	202		K40-49				-	-(0.0%)
	XXX Yyy	96		K-Open		00:21:02.00		0:00	15.7 (96.3%)

Total 134 results.