



II BIEG RYBAKA - 5,5 KM

B4SPORT

Wydarzenie: II Bieg Rybaka w Czaplina
Organizator: Stowarzyszenie Sportowe Grupa Biegowa Rundorfina, Gmina Czaplina
Data: 2019-09-28
Miejsce: Czaplina
Dystans: 5.5 km



Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.5km	Różn	Tempo min/km	Tempo km/h
1	WOJTONISZAK Lukasz	244		M30-39	1	00:20:17.95		3:41	16.3 (100%)
2	POŁUBIŃSKI Paweł	196	BORNE BIEGA	M40-49	1	00:20:28.47	+00:00:10 (0.9%)	3:43	16.1 (98.8%)
3	CHWIAŁKOWSKI Cyprian	130		M18-29	1	00:20:53.49	+00:00:35 (2.8%)	3:47	15.8 (96.9%)
4	OPIELA Paweł	257		M18-29	2	00:21:07.26	+00:00:49 (3.9%)	3:50	15.6 (95.7%)
5	MARET Robert	175	LOKATOR NIERUCHOMOŚCI PIŁA	M40-49	2	00:21:38.97	+00:01:21 (6.2%)	3:56	15.3 (93.9%)
6	GAŚIOREK Mariusz	147	LOKATOR NIERUCHOMOŚCI PIŁA	M40-49	3	00:21:45.43	+00:01:27 (6.7%)	3:57	15.2 (93.3%)
7	SZŁAPAK Krzysztof	229		M50-59	1	00:21:46.40	+00:01:28 (6.8%)	3:57	15.1 (92.6%)
8	PAWŁOWICZ Roland	193	7PRO SIÓDMIAK TEAM	M18-29	3	00:21:53.63	+00:01:35 (7.3%)	3:58	15.1 (92.6%)
9	KRUKOWSKI Adam	164		M30-39	2	00:21:57.43	+00:01:39 (7.6%)	3:59	15 (92.0%)
10	BŁASZCZYK Piotr	119		M40-49	4	00:22:46.75	+00:02:28 (10.9%)	4:08	14.5 (89.0%)
11	WACYK Mariusz	328		M40-49	5	00:22:52.28	+00:02:34 (11.2%)	4:09	14.4 (88.3%)
12	MAKUCH Krzysztof	174		M30-39	3	00:23:06.41	+00:02:48 (12.2%)	4:12	14.3 (87.7%)
13	RUDZINSKI Jozef	204	ZŁOCENIEC	M50-59	2	00:23:32.93	+00:03:14 (13.8%)	4:16	14 (85.9%)
14	CHMIELEWSKI Tomasz	127		M30-39	4	00:23:40.26	+00:03:22 (14.2%)	4:18	13.9 (85.3%)
15	SUCHOŃSKI Tomasz	222		M40-49	6	00:23:59.49	+00:03:41 (15.4%)	4:21	13.8 (84.7%)
16	DRAŻKOWSKI Tomasz	138	MIEJSKI KLUB PŁYWACKI SZCZECINEK	M15-17	1	00:24:22.52	+00:04:04 (16.7%)	4:26	13.5 (82.8%)
17	BUTKIEWICZ Paweł	125		M30-39	5	00:24:53.73	+00:04:35 (18.5%)	4:31	13.3 (81.6%)
18	SZŁAPAK Dawid	230		M18-29	4	00:24:56.07	+00:04:38 (18.6%)	4:32	13.2 (81.0%)
19	KOZŁOWSKI Adrian	160	OSP POŁCZYN-ZDRÓJ,POŁCZYN BIEGA	M30-39	6	00:25:03.26	+00:04:45 (19.0%)	4:33	13.2 (81.0%)
20	MARKIEWICZ Aleksandra	377		M-Open	1	00:25:05.69	+00:04:47 (19.1%)	4:33	13.1 (80.4%)
21	BOŁDYSZ Krzysztof	324		M-Open	2	00:25:06.37	+00:04:48 (19.1%)	4:34	13.1 (80.4%)
22	ROGOWSKI Kamil	203		M40-49	7	00:25:47.71	+00:05:29 (21.3%)	4:41	12.8 (78.5%)
23	NOSAL Mariusz	185		M30-39	7	00:26:04.73	+00:05:46 (22.2%)	4:44	12.7 (77.9%)
24	MARET Wacław	176	LOKATOR NIERUCHOMOŚCI PIŁA	M60-69	1	00:26:19.51	+00:06:01 (22.9%)	4:47	12.5 (76.7%)
25	MAZUR Michał	179	BORNE BIEGA	M18-29	5	00:26:52.07	+00:06:34 (24.4%)	4:53	12.3 (75.5%)
26	SERWATKA Krzysztof	209		M40-49	8	00:26:53.51	+00:06:35 (24.5%)	4:53	12.3 (75.5%)
27	AUGUSTYNIAK Dariusz	259		M40-49	9	00:26:54.77	+00:06:36 (24.6%)	4:53	12.3 (75.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.5km	Różn	Tempo min/km	Tempo km/h
28	LIPKA Radosław	169		M30-39	8	00:27:00.20	+00:06:42 (24.8%)	4:54	12.2 (74.8%)
29	SZCZEBLEWSKI Józef	85		M60-69	2	00:27:03.00	+00:06:45 (25.0%)	4:55	12.2 (74.8%)
30	ZIMNICKI Tomasz	247		M30-39	9	00:27:17.47	+00:06:59 (25.6%)	4:57	12.1 (74.2%)
31	FIŁONOWICZ Kamil	349		M-Open	3	00:27:21.96	+00:07:04 (25.8%)	68:25	0.9 (5.5%)
32	RYNKIEWICZ Piotr	205	TB WALDEK	M30-39	10	00:27:29.10	+00:07:11 (26.1%)	4:59	12 (73.6%)
33	GRZYB Magdalena	27	RUNDORFINA	M18-29	6	00:27:31.98	+00:07:14 (26.3%)	5:00	12 (73.6%)
34	BARANOWSKI Kamil	114		M30-39	11	00:27:49.84	+00:07:31 (27.1%)	5:03	11.9 (73.0%)
35	GZUBICKI Piotr	152	RUNDORFINA	M30-39	12	00:27:50.50	+00:07:32 (27.1%)	5:03	11.8 (72.4%)
36	SKOKOWSKI Marek	213		M30-39	13	00:27:51.08	+00:07:33 (27.1%)	5:03	11.8 (72.4%)
37	JASKÓŁKA-STANISZ Paweł	155	OSP LOTYŃ	M18-29	7	00:27:55.34	+00:07:37 (27.3%)	5:04	11.8 (72.4%)
38	SŁOMKA Maciej	214	STOWARZYSZENIE NASZA ŚWIERCZYNA	M40-49	10	00:27:55.80	+00:07:37 (27.3%)	5:04	11.8 (72.4%)
39	SZWAJA Maciej	232		M30-39	14	00:28:19.59	+00:08:01 (28.3%)	5:09	11.6 (71.2%)
40	WAŚNIEWSKI Arek	240	RUNDORFINA	M50-59	3	00:28:35.31	+00:08:17 (29.0%)	5:11	11.5 (70.6%)
41	DREWNIAK Tomasz	139	TEQUILA BOYS	M30-39	15	00:29:00.92	+00:08:42 (30.0%)	5:16	11.4 (69.9%)
42	PODSTAWSKI Jakub	195		M18-29	8	00:29:19.90	+00:09:01 (30.8%)	5:20	11.3 (69.3%)
43	KAŁAMAJSKI Zygmunt	249		M60-69	3	00:29:29.05	+00:09:11 (31.2%)	5:21	11.2 (68.7%)
44	PRĘTKI Robert	198		M40-49	11	00:29:32.27	+00:09:14 (31.3%)	5:22	11.2 (68.7%)
45	KAŁAMAJSKI Zygmunt	149		M60-69	4	00:29:38.50	+00:09:20 (31.5%)	5:23	11.1 (68.1%)
46	ANTONIAK Adam	344		Czaplinek	1	00:30:02.62	+00:09:44 (32.4%)	75:07	0.8 (4.9%)
47	SEPIOTEK Kamil	207	RUNDORFINA	M30-39	16	00:30:05.35	+00:09:47 (32.5%)	5:28	11 (67.5%)
48	KAZIMIERCZAK Tomasz	258		M40-49	12	00:30:09.77	+00:09:51 (32.7%)	5:29	10.9 (66.9%)
49	SZYMAŃSKI Marcin	233	TEAM BIEGOWY SZCZECINEK	M30-39	17	00:30:22.05	+00:10:04 (33.2%)	5:31	10.9 (66.9%)
50	WOJDAN Jakub	255		M30-39	18	00:30:29.02	+00:10:11 (33.4%)	5:32	10.8 (66.3%)
51	BARTOSIAK Tomasz	116		M40-49	13	00:30:33.85	+00:10:15 (33.6%)	5:33	10.8 (66.3%)
52	OGONOWSKI Marek	189	OGON'S TEAM	M40-49	14	00:30:40.35	+00:10:22 (33.8%)	5:34	10.8 (66.3%)
53	ROMAŃSKI Arkadiusz	389		M30-39	19	00:31:50.10	+00:11:32 (36.2%)	5:47	10.4 (63.8%)
54	SZKWAREK Wojtek	227	OSP LOTYŃ	M30-39	20	00:31:58.50	+00:11:40 (36.5%)	5:48	10.3 (63.2%)
55	TABISZ Sławomir	236		M30-39	21	00:32:17.25	+00:11:59 (37.1%)	5:52	10.2 (62.6%)
56	DLA ZNAJOMYCH Piotr	136		M40-49	15	00:32:24.33	+00:12:06 (37.4%)	5:53	10.2 (62.6%)
57	BONKOWSKI Cezar	122	RUNDORFINA	M30-39	22	00:32:40.37	+00:12:22 (37.9%)	5:56	10.1 (62.0%)
58	KARPOWICZ Waldemar	256		M40-49	16	00:32:43.88	+00:12:25 (38.0%)	5:57	10.1 (62.0%)
59	PAWLIK Wojciech	190	TEQUILA BOYS - BIEGNĘ PO FLASZKĘ!	M30-39	23	00:32:50.53	+00:12:32 (38.2%)	5:58	10 (61.3%)
60	DRZAZGA Zbigniew	140	SP NR 1W SZCZECINKU	M50-59	4	00:34:36.42	+00:14:18 (41.3%)	6:17	9.5 (58.3%)
61	DZIEWIĘTKOWSKI Tomasz	144	RUNDORFINA	M30-39	24	00:34:51.26	+00:14:33 (41.8%)	6:20	9.5 (58.3%)
62	WRONA Ryszard	245	LILL-SPRT	M50-59	5	00:35:12.73	+00:14:54 (42.4%)	6:24	9.4 (57.7%)
63	SZCZECHOWSKI Adrian	224	SURVIWAŁ TEAM	M30-39	25	00:35:28.00	+00:15:10 (42.8%)	6:26	9.3 (57.1%)
64	BILL Łukasz	118		M30-39	26	00:36:01.08	+00:15:43 (43.6%)	6:32	9.2 (56.4%)
65	ANTONIAK Krzysztof	252		M30-39	27	00:36:03.92	+00:15:45 (43.7%)	6:33	9.1 (55.8%)
66	KREFFT Jakub	162		M30-39	28	00:36:53.81	+00:16:35 (45.0%)	6:42	8.9 (54.6%)
67	PIĘTOSA Daniel	194	RUNDORFINA	M40-49	17	00:37:48.43	+00:17:30 (46.3%)	6:52	8.7 (53.4%)
68	REDEK Damian	200	HUSARIA RACE TEAM	M18-29	9	00:39:51.97	+00:19:34 (49.1%)	7:14	8.3 (50.9%)
69	BIERNAT Tomasz	117	RUNDORFINA	M30-39	29	00:39:59.15	+00:19:41 (49.2%)	7:16	8.3 (50.9%)