



**Wydarzenie:**  
**Organizator:**

**Data:**  
**Miejsce:**  
**Dystans:**

II Bieg Rybaka w Czaplince  
Stowarzyszenie Sportowe Grupa Biegowa  
Rundorfina, Gmina Czaplincek  
2019-09-28  
Czaplincek  
5.5 km

## II BIEG RYBAKA - 5,5 KM

B4SPORT



Klasyfikacja: M30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.5km	Różn	Tempo min/km	Tempo km/h
1	WOJTONISZAK Lukasz	244		M30-39	1	00:20:17.95		3:41	16.3 (100%)
2	KRUKOWSKI Adam	164		M30-39	2	00:21:57.43	+00:01:39 (7.6%)	3:59	15 (92.0%)
3	MAKUCH Krzysztof	174		M30-39	3	00:23:06.41	+00:02:48 (12.2%)	4:12	14.3 (87.7%)
4	CHMIELEWSKI Tomasz	127		M30-39	4	00:23:40.26	+00:03:22 (14.2%)	4:18	13.9 (85.3%)
5	BUTKIEWICZ Paweł	125		M30-39	5	00:24:53.73	+00:04:35 (18.5%)	4:31	13.3 (81.6%)
6	KOZŁOWSKI Adrian	160	OSP POŁCZYŃ-ZDRÓJ,POŁCZYŃ BIEGA	M30-39	6	00:25:03.26	+00:04:45 (19.0%)	4:33	13.2 (81.0%)
7	NOSAL Mariusz	185		M30-39	7	00:26:04.73	+00:05:46 (22.2%)	4:44	12.7 (77.9%)
8	LIPKA Radosław	169		M30-39	8	00:27:00.20	+00:06:42 (24.8%)	4:54	12.2 (74.8%)
9	ZIMNICKI Tomasz	247		M30-39	9	00:27:17.47	+00:06:59 (25.6%)	4:57	12.1 (74.2%)
10	RYNKIEWICZ Piotr	205	TB WALDEK	M30-39	10	00:27:29.10	+00:07:11 (26.1%)	4:59	12 (73.6%)
11	BARANOWSKI Kamil	114		M30-39	11	00:27:49.84	+00:07:31 (27.1%)	5:03	11.9 (73.0%)
12	GZUBICKI Piotr	152	RUNDORFINA	M30-39	12	00:27:50.50	+00:07:32 (27.1%)	5:03	11.8 (72.4%)
13	SKOKOWSKI Marek	213		M30-39	13	00:27:51.08	+00:07:33 (27.1%)	5:03	11.8 (72.4%)
14	SZWAJA Maciej	232		M30-39	14	00:28:19.59	+00:08:01 (28.3%)	5:09	11.6 (71.2%)
15	DREWNIAK Tomasz	139	TEQUILA BOYS	M30-39	15	00:29:00.92	+00:08:42 (30.0%)	5:16	11.4 (69.9%)
16	SEPIOTEK Kamil	207	RUNDORFINA	M30-39	16	00:30:05.35	+00:09:47 (32.5%)	5:28	11 (67.5%)
17	SZYMAŃSKI Marcin	233	TEAM BIEGOWY SZCZECINEK	M30-39	17	00:30:22.05	+00:10:04 (33.2%)	5:31	10.9 (66.9%)
18	WOJDAN Jakub	255		M30-39	18	00:30:29.02	+00:10:11 (33.4%)	5:32	10.8 (66.3%)
19	ROMAŃSKI Arkadiusz	389		M30-39	19	00:31:50.10	+00:11:32 (36.2%)	5:47	10.4 (63.8%)
20	SZKWAREK Wojtek	227	OSP LOTYŃ	M30-39	20	00:31:58.50	+00:11:40 (36.5%)	5:48	10.3 (63.2%)
21	TABISZ Sławomir	236		M30-39	21	00:32:17.25	+00:11:59 (37.1%)	5:52	10.2 (62.6%)
22	BOŃKOWSKI Cezar	122	RUNDORFINA	M30-39	22	00:32:40.37	+00:12:22 (37.9%)	5:56	10.1 (62.0%)
23	PAWLIK Wojciech	190	TEQUILA BOYS - BIEGNĘ PO FLASZKĘ!	M30-39	23	00:32:50.53	+00:12:32 (38.2%)	5:58	10 (61.3%)
24	DZIEWIĘTKOWSKI Tomasz	144	RUNDORFINA	M30-39	24	00:34:51.26	+00:14:33 (41.8%)	6:20	9.5 (58.3%)
25	SZCZECHOWSKI Adrian	224	SURVIWAŁ TEAM	M30-39	25	00:35:28.00	+00:15:10 (42.8%)	6:26	9.3 (57.1%)
26	BILL Łukasz	118		M30-39	26	00:36:01.08	+00:15:43 (43.6%)	6:32	9.2 (56.4%)
27	ANTONIAK Krzysztof	252		M30-39	27	00:36:03.92	+00:15:45 (43.7%)	6:33	9.1 (55.8%)

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28	<b>KREFFT Jakub</b>	<b>162</b>		M30-39	28	<b>00:36:53.81</b>	+00:16:35 (45.0%)	6:42	8.9 (54.6%)
29	<b>BIERNAT Tomasz</b>	<b>117</b>	RUNDORFINA	M30-39	29	<b>00:39:59.15</b>	+00:19:41 (49.2%)	7:16	8.3 (50.9%)

Znaleziono 29 wynik(ów)