

II BIEG SZLAKIEM LEŚNYCH

B4SPORT

Organizator: Stowarzyszenie Przyjaciół Lipinek
Data: 2016-06-04
Miejsce: Lipinki
Dystans: 12 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	MURAWIEC Izabela	137		K30	1	00:58:25.80	00:58:25.80		4:52	12.3 (100%)
2	KARCZEWSKA Olga	92		K20	1	00:59:42.35	00:59:42.35	+00:01:16 (2.1%)	4:58	12.1 (98.4%)
3	RATKOWSKA Małgorzata	109	THE RUNNERS ŚWIECIE	K30	2	01:00:35.15	01:00:35.15	+00:02:09 (3.6%)	5:02	11.9 (96.7%)
4	STYKAŁA Magdalena	139	BUKOWIEC	K40	1	01:00:46.20	01:00:46.20	+00:02:20 (3.9%)	5:03	11.8 (95.9%)
5	HULEWICZ Elżbieta	58		K40	2	01:05:55.65	01:05:55.65	+00:07:29 (11.4%)	5:29	10.9 (88.6%)
6	GACH Danuta	105		K30	3	01:07:18.05	01:07:18.05	+00:08:52 (13.2%)	5:36	10.7 (87.0%)
7	KOPROWICZ Katarzyna	148		K40	3	01:07:29.05	01:07:29.05	+00:09:03 (13.4%)	5:37	10.7 (87.0%)
8	ZABOROWSKA Beata	153		K40	4	01:07:42.75	01:07:42.75	+00:09:16 (13.7%)	5:38	10.6 (86.2%)
9	STYKAŁA Adrianna	141	BUKOWIEC	K16	1	01:09:14.35	01:09:14.35	+00:10:48 (15.6%)	5:46	10.4 (84.6%)
10	LISOWSKA Alicja	93	TEAM BĄKOWO	K40	5	01:10:25.05	01:10:25.05	+00:11:59 (17.0%)	5:52	10.2 (82.9%)
11	ROPINSKA Kamila	110		K30	4	01:12:38.90	01:12:38.90	+00:14:13 (19.6%)	6:03	9.9 (80.5%)
12	STACHOWIAK-ZALEWSKA Joanna	48	POGRANICZNIK	K30	5	01:12:40.25	01:12:40.25	+00:14:14 (19.6%)	6:03	9.9 (80.5%)
13	KUJAWA Alina	118		K40	6	01:13:41.45	01:13:41.45	+00:15:15 (20.7%)	6:08	9.8 (79.7%)
14	NALASKOWSKA Anna	112		K40	7	01:13:56.60	01:13:56.60	+00:15:30 (21.0%)	6:09	9.7 (78.9%)
15	GLAZA Magdalena	89	RUNNERS TEAM JEŻEWO	K30	6	01:13:57.55	01:13:57.55	+00:15:31 (21.0%)	6:09	9.7 (78.9%)
16	KARNECKA Karolina	8		K30	7	01:14:01.85	01:14:01.85	+00:15:36 (21.1%)	6:10	9.7 (78.9%)
17	OSIŃSKA Dominika	123		K30	8	01:14:10.30	01:14:10.30	+00:15:44 (21.2%)	6:10	9.7 (78.9%)
18	KAWSKA Ewa	78		K40	8	01:16:13.65	01:16:13.65	+00:17:47 (23.3%)	6:21	9.4 (76.4%)
18	FILARSKA Marzena	77		K30	9	01:16:13.65	01:16:13.65	+00:17:47 (23.3%)	6:21	9.4 (76.4%)
20	HAWRO-CHYREK Anna	56	LAWA	K30	10	01:16:38.05	01:16:38.05	+00:18:12 (23.8%)	6:23	9.4 (76.4%)
21	ZYGMUNT Magdalena	144		K40	9	01:19:10.95	01:19:10.95	+00:20:45 (26.2%)	6:35	9.1 (74.0%)
22	GNIOT Bożena	26		K30	11	01:19:27.70	01:19:27.70	+00:21:01 (26.5%)	6:37	9.1 (74.0%)
23	BRZEZINSKA-HAFFKE Sylwia	12		K40	10	01:19:27.85	01:19:27.85	+00:21:02 (26.5%)	6:37	9.1 (74.0%)
24	BRAC Grażyna	50		K60	1	01:19:40.40	01:19:40.40	+00:21:14 (26.7%)	6:38	9 (73.2%)
25	TOMKIEWICZ Monika	45	KLUB MARATOŃSKI UMK TORUŃ	K40	11	01:20:39.75	01:20:39.75	+00:22:13 (27.6%)	6:43	8.9 (72.4%)
26	OTLEWSKA Justyna	46		K20	2	01:20:41.35	01:20:41.35	+00:22:15 (27.6%)	6:43	8.9 (72.4%)
27	WOJTANOWICZ Beata	5		K50	1	01:21:11.80	01:21:11.80	+00:22:46 (28.0%)	6:45	8.9 (72.4%)
27	JANOWSKA Urszula	34	AKADEMIA BIEGANIA	K40	12	01:21:11.80	01:21:11.80	+00:22:46 (28.0%)	6:45	8.9 (72.4%)
29	MIODUSZEWSKA Małgosia	132		K40	13	01:22:56.25	01:22:56.25	+00:24:30 (29.5%)	6:54	8.7 (70.7%)
30	DANIŁOWSKA Małgorzata	120	THE RUNNERS ŚWIECIE	K30	12	01:23:03.40	01:23:03.40	+00:24:37 (29.7%)	6:55	8.7 (70.7%)

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31	KOSECKA Justyna	119		K30	13	01:26:51.95	01:26:51.95	+00:28:26 (32.7%)	7:14	8.3 (67.5%)
32	NOWAK Katarzyna	134	ORTIMED RUNNERS TEAM	K30	14	01:26:58.70	01:26:58.70	+00:28:32 (32.8%)	7:14	8.3 (67.5%)
33	ZIELIŃSKA Anna	79		K20	3	01:27:21.75	01:27:21.75	+00:28:55 (33.1%)	7:16	8.2 (66.7%)
34	SZTAJNBORN Lenka	126	THE RUNNERS ŚWIECIE	K30	15	01:28:31.10	01:28:31.10	+00:30:05 (34.0%)	7:22	8.1 (65.9%)
35	PIANOWSKA Ewa	23	BIURO INŻYNIERII ŚRODOWISKA	K50	2	01:29:09.20	01:29:09.20	+00:30:43 (34.5%)	7:25	8.1 (65.9%)
36	KANIEWSKA Alicja	39	AKADEMIA BIEGANIA	K40	14	01:30:56.65	01:30:56.65	+00:32:30 (35.8%)	7:34	7.9 (64.2%)
37	STACHOWSKA Aleksandra	130		K30	16	01:31:20.50	01:31:20.50	+00:32:54 (36.0%)	7:36	7.9 (64.2%)
38	OBERTOWSKA Agnieszka	124	THE RUNNERS ŚWIECIE	K30	17	01:32:24.05	01:32:24.05	+00:33:58 (36.8%)	7:42	7.8 (63.4%)
39	SZUMAŁA Agnieszka	72		K20	4	01:32:56.50	01:32:56.50	+00:34:30 (37.1%)	7:44	7.7 (62.6%)
40	BUDZYŃSKA Dominika	157		K30	18	01:32:57.75	01:32:57.75	+00:34:31 (37.1%)	7:44	7.7 (62.6%)
41	TOPOLEWSKA Katarzyna	81		K30	19	01:34:35.20	01:34:35.20	+00:36:09 (38.2%)	7:52	7.6 (61.8%)
42	JABŁOŃSKA Małgorzata	74		K40	15	01:35:43.05	01:35:43.05	+00:37:17 (39.0%)	7:58	7.5 (61.0%)
43	RADOWSKA Anna	63	SĘKI OSIE	K50	3	01:35:43.60	01:35:43.60	+00:37:17 (39.0%)	7:58	7.5 (61.0%)
44	CHABROS Teresa	147	THE RUNNERS ŚWIECIE	K50	4	01:38:19.45	01:38:19.45	+00:39:53 (40.6%)	8:11	7.3 (59.3%)
45	MANIKOWSKA Justyna	82	SĘKI OSIE	K40	16	01:46:04.05	01:46:04.05	+00:47:38 (44.9%)	8:50	6.8 (55.3%)
46	PIÓR Justyna	69		K40	17	01:47:42.40	01:47:42.40	+00:49:16 (45.8%)	8:58	6.7 (54.5%)
47	WYGOCKA Aleksandra	125		K30	20	01:47:42.75	01:47:42.75	+00:49:16 (45.8%)	8:58	6.7 (54.5%)

Znaleziono 47 wynik(ów)