

II BIEG SZLAKIEM LEŚNYCH

B4SPORT

Organiser: Stowarzyszenie Przyjaciół Lipinek
Date: 2016-06-04
Place: Lipinki
Distance: 12 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: K30

Place	Participant	Number	Club	Category	MCat	Net time 12km	Czas brutto 12km	Gap	Pace min/km	Pace km/h
1	MURAWIEC Izabela	137		K30	1	00:58:25.80	00:58:25.80		4:52	12.3 (100%)
2	RATKOWSKA Małgorzata	109	THE RUNNERS ŚWIECIE	K30	2	01:00:35.15	01:00:35.15	+00:02:09 (3.6%)	5:02	11.9 (96.7%)
3	GACH Danuta	105		K30	3	01:07:18.05	01:07:18.05	+00:08:52 (13.2%)	5:36	10.7 (87.0%)
4	ROPINSKA Kamila	110		K30	4	01:12:38.90	01:12:38.90	+00:14:13 (19.6%)	6:03	9.9 (80.5%)
5	STACHOWIAK-ZALEWSKA Joanna	48	POGRANICZNIK	K30	5	01:12:40.25	01:12:40.25	+00:14:14 (19.6%)	6:03	9.9 (80.5%)
6	GLAZA Magdalena	89	RUNNERS TEAM JEŻEWO	K30	6	01:13:57.55	01:13:57.55	+00:15:31 (21.0%)	6:09	9.7 (78.9%)
7	KARNECKA Karolina	8		K30	7	01:14:01.85	01:14:01.85	+00:15:36 (21.1%)	6:10	9.7 (78.9%)
8	OSIŃSKA Dominika	123		K30	8	01:14:10.30	01:14:10.30	+00:15:44 (21.2%)	6:10	9.7 (78.9%)
9	FILARSKA Marzena	77		K30	9	01:16:13.65	01:16:13.65	+00:17:47 (23.3%)	6:21	9.4 (76.4%)
10	HAWRO-CHYREK Anna	56	LAWA	K30	10	01:16:38.05	01:16:38.05	+00:18:12 (23.8%)	6:23	9.4 (76.4%)
11	GNIOT Bożena	26		K30	11	01:19:27.70	01:19:27.70	+00:21:01 (26.5%)	6:37	9.1 (74.0%)
12	DANIŁOWSKA Małgorzata	120	THE RUNNERS ŚWIECIE	K30	12	01:23:03.40	01:23:03.40	+00:24:37 (29.7%)	6:55	8.7 (70.7%)
13	KOSECKA Justyna	119		K30	13	01:26:51.95	01:26:51.95	+00:28:26 (32.7%)	7:14	8.3 (67.5%)
14	NOWAK Katarzyna	134	ORTIMED RUNNERS TEAM	K30	14	01:26:58.70	01:26:58.70	+00:28:32 (32.8%)	7:14	8.3 (67.5%)
15	SZTAJNBORN Lenka	126	THE RUNNERS ŚWIECIE	K30	15	01:28:31.10	01:28:31.10	+00:30:05 (34.0%)	7:22	8.1 (65.9%)
16	STACHOWSKA Aleksandra	130		K30	16	01:31:20.50	01:31:20.50	+00:32:54 (36.0%)	7:36	7.9 (64.2%)
17	OBERTOWSKA Agnieszka	124	THE RUNNERS ŚWIECIE	K30	17	01:32:24.05	01:32:24.05	+00:33:58 (36.8%)	7:42	7.8 (63.4%)
18	BUDZYŃSKA Dominika	157		K30	18	01:32:57.75	01:32:57.75	+00:34:31 (37.1%)	7:44	7.7 (62.6%)
19	TOPOLEWSKA Katarzyna	81		K30	19	01:34:35.20	01:34:35.20	+00:36:09 (38.2%)	7:52	7.6 (61.8%)
20	WYGOCKA Aleksandra	125		K30	20	01:47:42.75	01:47:42.75	+00:49:16 (45.8%)	8:58	6.7 (54.5%)

Total 20 results.