

II BIEG SZLAKIEM LEŚNYCH

B4SPORT

Organizator: Stowarzyszenie Przyjaciół Lipinek
Data: 2016-06-04
Miejsce: Lipinki
Dystans: 12 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	KRASNODEBSKI Maciej	111	WILDBULL	M30	1	00:49:23.40	00:49:23.40		4:06	14.6 (100%)
2	SPRENGER Mirosław	16		M30	2	00:50:32.05	00:50:32.05	+00:01:08 (2.3%)	4:12	14.2 (97.3%)
3	MATWIEJ Mariusz	99		M30	3	00:52:26.25	00:52:26.25	+00:03:02 (5.8%)	4:22	13.7 (93.8%)
4	GACH Maciej	104	POMORZE BIEGA I POMAGA	M30	4	00:52:43.00	00:52:43.00	+00:03:19 (6.3%)	4:23	13.7 (93.8%)
5	KAMIŃSKI Arkadiusz	30	AKADEMIA BIEGANIA GRUDZIĄDZ	M30	5	00:53:25.65	00:53:25.65	+00:04:02 (7.6%)	4:27	13.5 (92.5%)
6	GOLIŃSKI Michał	40		M30	6	00:53:33.25	00:53:33.25	+00:04:09 (7.8%)	4:27	13.4 (91.8%)
7	KULPA Marcin	18	CSLOG GRUPA	M30	7	00:54:03.35	00:54:03.35	+00:04:39 (8.6%)	4:30	13.3 (91.1%)
8	KARNECKI Rafał	10	THE RUNNERS ŚWIECIE	M30	8	00:55:41.65	00:55:41.65	+00:06:18 (11.3%)	4:38	12.9 (88.4%)
9	TEKLIŃSKI Dawid	96	WTORKOWY TRENING	M30	9	00:57:21.25	00:57:21.25	+00:07:57 (13.9%)	4:46	12.6 (86.3%)
10	DEJNOWSKI Tomasz	84	SĘKI OSIE	M30	10	00:57:26.45	00:57:26.45	+00:08:03 (14.0%)	4:47	12.5 (85.6%)
11	KLOSKOWSKI Adam	29	RUNNERS TIM JEŻEWO	M30	11	00:57:50.60	00:57:50.60	+00:08:27 (14.6%)	4:49	12.4 (84.9%)
12	ZYGMUNT Marcin	145		M30	12	00:57:53.15	00:57:53.15	+00:08:29 (14.7%)	4:49	12.4 (84.9%)
13	GAWLIK Wojciech	22		M30	13	00:58:01.60	00:58:01.60	+00:08:38 (14.9%)	4:50	12.4 (84.9%)
14	SZTAJNBORN Bartosz	6	NADLEŚNICTWO DĄBROWA / THE RUNNERS ŚWIECIE	M30	14	00:58:58.70	00:58:58.70	+00:09:35 (16.3%)	4:54	12.2 (83.6%)
15	STRYSIK Tomasz	101	CSLOG GRUPA	M30	15	00:59:26.95	00:59:26.95	+00:10:03 (16.9%)	4:57	12.1 (82.9%)
16	WALCZAK Tomasz	7		M30	16	01:00:18.05	01:00:18.05	+00:10:54 (18.1%)	5:01	11.9 (81.5%)
17	CERAN Tomasz	70		M30	17	01:00:48.40	01:00:48.40	+00:11:25 (18.8%)	5:04	11.8 (80.8%)
18	STUKA Arek	127		M30	18	01:01:43.15	01:01:43.15	+00:12:19 (20.0%)	5:08	11.7 (80.1%)
19	PYRKA Radosław	49	KS 'LEŚNI'/OSP RATOWNIK	M30	19	01:03:41.40	01:03:41.40	+00:14:18 (22.5%)	5:18	11.3 (77.4%)
20	KONERT Adam	156	LUCKY8	M30	20	01:03:53.45	01:03:53.45	+00:14:30 (22.7%)	5:19	11.3 (77.4%)
21	CHYREK Wojciech	55	LAWA	M30	21	01:03:53.70	01:03:53.70	+00:14:30 (22.7%)	5:19	11.3 (77.4%)
22	GRABOWSKI Marcin	54	A&M	M30	22	01:04:21.05	01:04:21.05	+00:14:57 (23.2%)	5:21	11.2 (76.7%)
23	JANISZEWSKI Przemysław	4	THE RUNNERS ŚWIECIE	M30	23	01:04:42.90	01:04:42.90	+00:15:19 (23.7%)	5:23	11.1 (76.0%)
24	CZELEŃ Szymon	13		M30	24	01:05:26.00	01:05:26.00	+00:16:02 (24.5%)	5:27	11 (75.3%)
25	JEZIORSKI Winicjusz	66		M30	25	01:05:31.30	01:05:31.30	+00:16:07 (24.6%)	5:27	11 (75.3%)
26	TOMASZEWSKI Denis	57		M30	26	01:05:57.60	01:05:57.60	+00:16:34 (25.1%)	5:29	10.9 (74.7%)
27	SZULERECKI Michał	91	SOLIDARNOŚĆ POLEDNO	M30	27	01:09:20.40	01:09:20.40	+00:19:57 (28.8%)	5:46	10.4 (71.2%)
28	WOJCIECHOWSKI Radosław	122	BABYLONMUSTFALLRUNNERS	M30	28	01:12:11.15	01:12:11.15	+00:22:47 (31.6%)	6:00	10 (68.5%)
29	KONECZNIAK Artur	9	DOLNA GRUPA	M30	29	01:12:39.60	01:12:39.60	+00:23:16 (32.0%)	6:03	9.9 (67.8%)
30	SZTOBRYN Aleksander	146	POGRANICZNIK	M30	30	01:12:57.30	01:12:57.30	+00:23:33 (32.3%)	6:04	9.9 (67.8%)

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31	ZALEWSKI Przemysław	44	POGRANICZNIK	M30	31	01:13:03.90	01:13:03.90	+00:23:40 (32.4%)	6:05	9.9 (67.8%)
32	JAGODZIŃSKI Michał	90	THE RUNNERS ŚWIECIE	M30	32	01:16:26.35	01:16:26.35	+00:27:02 (35.4%)	6:22	9.4 (64.4%)
33	KIRYS Dominik	76		M30	33	01:16:32.50	01:16:32.50	+00:27:09 (35.5%)	6:22	9.4 (64.4%)
34	MURAWIEC Krzysztof	138		M30	34	01:17:09.60	01:17:09.60	+00:27:46 (36.0%)	6:25	9.3 (63.7%)
35	GRUŻLEWSKI Przemysław	114		M30	35	01:25:32.25	01:25:32.25	+00:36:08 (42.3%)	7:07	8.4 (57.5%)
36	GORBASZEWICZ Lukasz	116		M30	36	01:42:21.95	01:42:21.95	+00:52:58 (51.8%)	8:31	7 (47.9%)

Znaleziono 36 wynik(ów)