

II BIEG WOLNOŚCI - BIEG

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Event: III BIEG WOLNOŚCI
Organiser: Stowarzyszenie „Pozytywni Z Pasją, Gmina i Miasto Jastrowie
Date: 2021-08-07
Place: Jastrowie
Distance: 5 km



Classification: K-OPEN

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
1	SZABAŁOWSKA Małgorzata	70		K-OPEN	1	00:21:30.50		4:18	14 (100%)
2	KOŃCZAK Magdalena	29	CHABOWSKI ATHLETIC TRAINING SYSTEM	K-OPEN	2	00:22:02.60	+00:00:32 (2.4%)	4:24	13.6 (97.1%)
3	KŁUNDUKOWSKA Paulina	28		K-OPEN	3	00:24:08.20	+00:02:37 (10.9%)	4:49	12.4 (88.6%)
4	ŁAWNICZAK Justyna	40	#ZABIEGANINOCA	K-OPEN	4	00:25:01.25	+00:03:30 (14.0%)	5:00	12 (85.7%)
5	GÓRA Agnieszka	88		K-OPEN	5	00:26:05.50	+00:04:35 (17.6%)	5:13	11.5 (82.1%)
6	GRUSZCZYŃSKA Daria	17	KLUB BALANCE ODŻYWIANIE I SPORT	K-OPEN	6	00:26:30.55	+00:05:00 (18.9%)	5:18	11.3 (80.7%)
7	PLUTA Magdalena	55		K-OPEN	7	00:26:48.60	+00:05:18 (19.8%)	5:21	11.2 (80.0%)
8	ROMECZ-KAZIK Gabriela	62		K-OPEN	8	00:27:20.30	+00:05:49 (21.3%)	5:28	11 (78.6%)
9	KOPYTEK Daria	97		K-OPEN	9	00:27:30.15	+00:05:59 (21.8%)	5:30	10.9 (77.9%)
10	NOWAK Anna	48	-----	K-OPEN	10	00:27:47.10	+00:06:16 (22.6%)	5:33	10.8 (77.1%)
11	GÓRA Wiktoria	90		K-OPEN	11	00:27:56.80	+00:06:26 (23.0%)	5:35	10.7 (76.4%)
12	KLUPŚ Monika	27	POZYTWNII Z PASJĄ	K-OPEN	12	00:28:05.85	+00:06:35 (23.5%)	5:37	10.7 (76.4%)
13	ORNOCH Natalia	98		K-OPEN	13	00:29:20.40	+00:07:49 (26.7%)	5:52	10.2 (72.9%)
14	GIEDRYS Marta	15	3:33 TEAM	K-OPEN	14	00:29:36.05	+00:08:05 (27.3%)	5:55	10.1 (72.1%)
15	DŁUGA Magdalena	10		K-OPEN	15	00:30:05.80	+00:08:35 (28.5%)	6:01	10 (71.4%)
16	TROJANOWSKA Lucyna	101		K-OPEN	16	00:30:11.35	+00:08:40 (28.8%)	6:02	9.9 (70.7%)
17	BOBRYK Joanna	5		K-OPEN	17	00:30:25.75	+00:08:55 (29.3%)	6:05	9.9 (70.7%)
18	BANACZYK Wioletta	2	LILL-SPORT	K-OPEN	18	00:30:40.55	+00:09:10 (29.9%)	6:08	9.8 (70.0%)
19	WACHOWIAK Martyna	78		K-OPEN	19	00:31:22.70	+00:09:52 (31.5%)	6:16	9.6 (68.6%)
20	MAZUR Gabriela	102		K-OPEN	20	00:31:46.00	+00:10:15 (32.3%)	6:21	9.4 (67.1%)
21	ZIELINSKA Zuzanna	93		K-OPEN	21	00:31:49.60	+00:10:19 (32.4%)	6:21	9.4 (67.1%)
22	PATRYK- KURKOWSKA Anata	100		K-OPEN	22	00:32:04.40	+00:10:33 (32.9%)	6:24	9.4 (67.1%)
23	NITA Katarzyna	45	VILLAGE PUNK RUN	K-OPEN	23	00:32:12.70	+00:10:42 (33.2%)	6:26	9.3 (66.4%)
24	WÓDECKA Dorota	114		K-OPEN	24	00:32:13.00	+00:10:42 (33.2%)	6:26	9.3 (66.4%)
25	MAJCHER Alicja	94		K-OPEN	25	00:32:39.70	+00:11:09 (34.1%)	6:31	9.2 (65.7%)
26	KRAUSE Anita	116		K-OPEN	26	00:33:49.00	+00:12:18 (36.4%)	6:45	8.9 (63.6%)

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27	LUDEWICZ Dorota	38	START JASTROWIE	K-OPEN	27	00:33:57.25	+00:12:26 (36.7%)	6:47	8.8 (62.9%)
28	DZIERZAWA Aleksandra	12		K-OPEN	28	00:34:38.90	+00:13:08 (37.9%)	6:55	8.7 (62.1%)
29	WOJTECZKO Magdalena	82	EL TORO DE ORO	K-OPEN	29	00:35:28.75	+00:13:58 (39.4%)	7:05	8.5 (60.7%)
30	KUŁAKOWSKA Barbara	109		K-OPEN	30	00:36:03.30	+00:14:32 (40.3%)	7:12	8.3 (59.3%)
31	WIKBOLD Wiktoria	96		K-OPEN	31	00:36:22.50	+00:14:52 (40.9%)	7:16	8.2 (58.6%)
32	PYREK Iwona	57		K-OPEN	32	00:36:25.75	+00:14:55 (41.0%)	7:17	8.2 (58.6%)
33	SIDWA Katarzyna	95	MOS WOLA WARSZAWA	K-OPEN	33	00:37:54.95	+00:16:24 (43.3%)	7:34	7.9 (56.4%)
34	HOŁUBEK Daria	20	AKADEMIA PIŁKARSKA START JASTROWIE	K-OPEN	34	00:42:51.00	+00:21:20 (49.8%)	8:34	7 (50.0%)
35	ROLA Karolina	61	AKADEMIA PIŁKARSKA START JASTROWIE	K-OPEN	35	00:42:51.35	+00:21:20 (49.8%)	8:34	7 (50.0%)
36	KOZŁOWSKA Helena	91		K-OPEN	36	00:46:46.85	+00:25:16 (54.0%)	9:21	6.4 (45.7%)
37	KOŁAK Maja	92		K-OPEN	37	00:46:47.05	+00:25:16 (54.0%)	9:21	6.4 (45.7%)
38	CZAJA Magda	105		K-OPEN	38	00:47:35.80	+00:26:05 (54.8%)	9:31	6.3 (45.0%)
39	KOMORSKA Sylwia	104		K-OPEN	39	00:52:22.05	+00:30:51 (58.9%)	10:28	5.7 (40.7%)
40	SAWCZUK-KRUK Ilona	64	POZYTYWNI Z PASJĄ	K-OPEN	40	00:52:22.45	+00:30:51 (58.9%)	10:28	5.7 (40.7%)
41	FRYDRYCHOWICZ Kinga	13	AKADEMIA PIŁKARSKA START JASTROWIE	K-OPEN	41	00:52:28.80	+00:30:58 (59.0%)	10:29	5.7 (40.7%)

Total 41 results.