

II BIEG WOLNOŚCI - BIEG

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie:

Organizator:

Data:

Miejsce:

Dystans:

III BIEG WOLNOŚCI

Stowarzyszenie „Pozytywni Z Pasją, Gmina i Miasto Jastrowie

2021-08-07

Jastrowie

5 km



Klasyfikacja: M - OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	MANIKOWSKI Piotr	107		M - OPEN	1	00:19:12.90		3:50	15.6 (100%)
2	WOŹNIAK Grzegorz	83	MŁODZIEŻOWY OŚRODEK SOCJOTERAPII W KRAJENCE	M - OPEN	2	00:19:36.40	+00:00:23 (2.0%)	3:55	15.3 (98.1%)
3	PALICKI Marcin	51		M - OPEN	3	00:19:42.20	+00:00:29 (2.5%)	3:56	15.2 (97.4%)
4	LECKI Mateusz	35	SZCZECINECCY BIEGACZE	M - OPEN	4	00:19:56.85	+00:00:43 (3.7%)	3:59	15.1 (96.8%)
5	SZACHO-GŁUCHOWICZ Ryszard	71		M - OPEN	5	00:20:06.85	+00:00:53 (4.5%)	4:01	14.9 (95.5%)
6	WALEŃSKI Michał	80	TKKF KOSZALIN	M - OPEN	6	00:20:45.80	+00:01:32 (7.5%)	4:09	14.5 (92.9%)
7	RATAJ Artur	58	3:33 TEAM	M - OPEN	7	00:21:11.65	+00:01:58 (9.3%)	4:14	14.2 (91.0%)
8	KOWALCZYK KRZYSZCIN Maciej	30	STRUS KAKOLEWICE	M - OPEN	8	00:21:29.80	+00:02:16 (10.6%)	4:17	14 (89.7%)
9	ŚWITAL Leszek	74	MORSY MARGONIN	M - OPEN	9	00:21:57.80	+00:02:44 (12.5%)	4:23	13.7 (87.8%)
10	KUBIŚ Paweł	33		M - OPEN	10	00:22:04.55	+00:02:51 (13.0%)	4:24	13.6 (87.2%)
11	CUBER Wojciech	110		M - OPEN	11	00:22:13.45	+00:03:00 (13.5%)	4:26	13.5 (86.5%)
12	CYRUK Łukasz	8	JASTROWIE	M - OPEN	12	00:22:18.90	+00:03:06 (13.9%)	4:27	13.5 (86.5%)
13	CZAJKA Bartłomiej	9	UKS AP START JASTROWIE	M - OPEN	13	00:22:59.70	+00:03:46 (16.4%)	4:35	13.1 (84.0%)
14	KUBIAK Daniel	32		M - OPEN	14	00:23:09.00	+00:03:56 (17.0%)	4:37	13 (83.3%)
15	PROKOPOWICZ Marcin	56	3:33 TEAM	M - OPEN	15	00:23:21.15	+00:04:08 (17.7%)	4:40	12.8 (82.1%)
16	JAWORUCKI Krystian	24		M - OPEN	16	00:23:37.00	+00:04:24 (18.6%)	4:43	12.7 (81.4%)
17	ODWROT Hubert	49	3:33 TEAM	M - OPEN	17	00:23:41.10	+00:04:28 (18.9%)	4:44	12.7 (81.4%)
18	JANKOWSKI Konrad	21	MKS POLONIA JASTROWIE	M - OPEN	18	00:23:54.75	+00:04:41 (19.6%)	4:46	12.6 (80.8%)
19	SZCZUKOCKI Marcin	72	TEAM TERMINATORUN	M - OPEN	19	00:24:24.55	+00:05:11 (21.3%)	4:52	12.3 (78.8%)
20	TRĘBSKI Krzysztof	117	#ZABIEGANINOCA	M - OPEN	20	00:24:25.50	+00:05:12 (21.3%)	4:53	12.3 (78.8%)
21	OLEJNICZAK Jakub	50	JASTROWIE	M - OPEN	21	00:24:34.15	+00:05:21 (21.8%)	4:54	12.2 (78.2%)
22	WACHOWIAK Radosław	79		M - OPEN	22	00:24:35.00	+00:05:22 (21.8%)	4:55	12.2 (78.2%)
23	MELON Jacek	43	POZYTYWNI Z PASJĄ	M - OPEN	23	00:24:46.30	+00:05:33 (22.4%)	4:57	12.1 (77.6%)
24	POLCYN Czesław	106		M - OPEN	24	00:24:59.80	+00:05:46 (23.1%)	4:59	12 (76.9%)
25	KUICH Piotr	34	LILL-SPORT	M - OPEN	25	00:25:16.65	+00:06:03 (24.0%)	5:03	11.9 (76.3%)
26	GOLEC Waldemar	16	CSWL DRAWSKO	M - OPEN	26	00:25:21.25	+00:06:08 (24.2%)	5:04	11.8 (75.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
27	ZAKIELARZ Jan	86	PRECON POLSKA JASTROWIE	M - OPEN	27	00:25:22.60	+00:06:09 (24.3%)	5:04	11.8 (75.6%)
28	PAWŁOWSKI Michał	53	PRECON POLSKA JASTROWIE	M - OPEN	28	00:25:38.40	+00:06:25 (25.1%)	5:07	11.7 (75.0%)
29	JANOWICZ Kacper	22		M - OPEN	29	00:25:51.15	+00:06:38 (25.7%)	5:10	11.6 (74.4%)
30	THOMAS Daniel	75	PRECON POLSKA	M - OPEN	30	00:26:05.45	+00:06:52 (26.4%)	5:13	11.5 (73.7%)
31	MEJER Jacek	42	DRUŻYNA SZPIKU / ZDROWA KULTURA	M - OPEN	31	00:26:12.35	+00:06:59 (26.7%)	5:14	11.5 (73.7%)
32	BIELECKI Andrzej	4	3:33 TEAM	M - OPEN	32	00:26:13.45	+00:07:00 (26.7%)	5:14	11.4 (73.1%)
33	ZAKRZEWSKI Krzysztof	87	3:33 TEAM	M - OPEN	33	00:26:14.30	+00:07:01 (26.8%)	5:14	11.4 (73.1%)
34	BĄK Marcin	3		M - OPEN	34	00:26:16.85	+00:07:03 (26.9%)	5:15	11.4 (73.1%)
35	TROJANOWSKI Grzegorz	115		M - OPEN	35	00:26:20.90	+00:07:08 (27.1%)	5:16	11.4 (73.1%)
36	RATKA Michał	59	ZRYTE JELENIE	M - OPEN	36	00:26:26.25	+00:07:13 (27.3%)	5:17	11.3 (72.4%)
37	CYPEL Remigiusz	112		M - OPEN	37	00:26:27.65	+00:07:14 (27.4%)	5:17	11.3 (72.4%)
38	MIKIETYŃSKI Michał	44	ZABIEGANI NOCĄ /ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	M - OPEN	38	00:26:35.15	+00:07:22 (27.7%)	5:19	11.3 (72.4%)
39	PEPLIŃSKI Rafał	54		M - OPEN	39	00:26:37.70	+00:07:24 (27.8%)	5:19	11.3 (72.4%)
40	OCHNIO Ryszard	118		M - OPEN	40	00:26:48.75	+00:07:35 (28.3%)	5:21	11.2 (71.8%)
41	KUCHARCZYK Damian	119		M - OPEN	41	00:27:09.15	+00:07:56 (29.2%)	5:25	11 (70.5%)
42	WARZEWSKI Grzegorz	81		M - OPEN	42	00:27:43.35	+00:08:30 (30.7%)	5:32	10.8 (69.2%)
43	STĘPIEŃ Marcin	69		M - OPEN	43	00:27:49.85	+00:08:36 (31.0%)	5:33	10.8 (69.2%)
44	GÓRA Sylwester	89		M - OPEN	44	00:27:56.55	+00:08:43 (31.2%)	5:35	10.7 (68.6%)
45	SZOSTAŁ Daniel	108		M - OPEN	45	00:28:17.65	+00:09:04 (32.1%)	5:39	10.6 (67.9%)
46	GZUBICKI Piotr	19	EL TORO DE ORO	M - OPEN	46	00:28:18.00	+00:09:05 (32.1%)	5:39	10.6 (67.9%)
47	JARCZYŃSKI Roman	23		M - OPEN	47	00:28:26.30	+00:09:13 (32.4%)	5:41	10.6 (67.9%)
48	KOMORSKI Jacek	103		M - OPEN	48	00:28:43.10	+00:09:30 (33.1%)	5:44	10.4 (66.7%)
49	KURKOWSKI Mateusz	99		M - OPEN	49	00:28:56.00	+00:09:43 (33.6%)	5:47	10.4 (66.7%)
50	PATRIAK Damian	113		M - OPEN	50	00:29:00.65	+00:09:47 (33.8%)	5:48	10.3 (66.0%)
51	GRZEJSZCZYK Karol	18	AP START JASTROWIE	M - OPEN	51	00:29:19.35	+00:10:06 (34.5%)	5:51	10.2 (65.4%)
52	KLUPŚ Janusz	26	POZYTWNI Z PASJĄ	M - OPEN	52	00:29:22.20	+00:10:09 (34.6%)	5:52	10.2 (65.4%)
53	NITA Wiesław	46	VILLAGE PUNK RUN	M - OPEN	53	00:29:23.95	+00:10:11 (34.6%)	5:52	10.2 (65.4%)
54	GIEDRYS Wojtek	14	3:33 TEAM	M - OPEN	54	00:29:35.55	+00:10:22 (35.1%)	5:55	10.1 (64.7%)
55	STEFANOWSKI Krzysztof	67		M - OPEN	55	00:29:47.95	+00:10:35 (35.5%)	5:57	10.1 (64.7%)
56	TŁOK Damian	76		M - OPEN	56	00:30:01.90	+00:10:49 (36.0%)	6:00	10 (64.1%)
57	BUTOWICZ Adam	6		M - OPEN	57	00:32:14.75	+00:13:01 (40.4%)	6:26	9.3 (59.6%)
58	BYLEWSKI Jarosław	7	3:33 TEAM	M - OPEN	58	00:32:53.10	+00:13:40 (41.6%)	6:34	9.1 (58.3%)
59	DZIERZAWA Tomasz	11		M - OPEN	59	00:32:56.75	+00:13:43 (41.7%)	6:35	9.1 (58.3%)
60	LUDEWICZ Mateusz	37	START JASTROWIE	M - OPEN	60	00:33:57.05	+00:14:44 (43.4%)	6:47	8.8 (56.4%)
61	REJMENT Mateusz	60		M - OPEN	61	00:35:24.70	+00:16:11 (45.7%)	7:04	8.5 (54.5%)
62	LUDEWICZ Ryszard	36	AP START JASTROWIE	M - OPEN	62	00:35:34.85	+00:16:21 (46.0%)	7:06	8.4 (53.8%)
63	WIELGUS Jacek	111		M - OPEN	63	00:37:13.40	+00:18:00 (48.4%)	7:26	8.1 (51.9%)
64	STEFANOWSKI Konrad	68		M - OPEN	64	00:39:41.00	+00:20:28 (51.6%)	7:56	7.6 (48.7%)
65	WRONA Józef	85	DZIECI WOJNY	M - OPEN	65	00:39:45.80	+00:20:32 (51.7%)	7:57	7.5 (48.1%)