



Organizator:
Data:
Miejsce:
Dystans:

Stowarzyszenie Waleczne Serca
2021-10-03
Bydgoszcz
5 km

II BYDGOSKI BIEG PO ODDECH

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KRYSKE Bartosz	134		M30	1	00:09:40	00:19:21.45	00:19:23.30		3:52	15.5 (100%)
2	SIWIAK Filip	246		M20	1	00:09:49	00:19:26.30	00:19:28.00	+00:00:04 (0.4%)	3:53	15.4 (99.4%)
3	KOLIŃSKI Dawid	124		M30	2	00:09:50	00:19:56.05	00:19:56.80	+00:00:33 (2.8%)	3:59	15.1 (97.4%)
4	HOŁTYN Patryk	89		M30	3	00:09:58	00:20:22.95	00:20:25.40	+00:01:02 (5.1%)	4:04	14.7 (94.8%)
5	KOTULA Sławomir	130		M30	4	00:09:59	00:20:30.20	00:20:31.90	+00:01:08 (5.6%)	4:06	14.6 (94.2%)
6	UMIŃSKI Robert	283		M40	1	00:10:27	00:21:09.85	00:21:12.50	+00:01:49 (8.6%)	4:13	14.2 (91.6%)
7	NAGORZYSKI Arek	188		M30	5	00:10:26	00:21:24.30	00:21:25.55	+00:02:02 (9.5%)	4:16	14 (90.3%)
8	KRYGOWSKI Tomasz	133		M40	2	00:10:31	00:21:27.60	00:21:28.80	+00:02:05 (9.7%)	4:17	14 (90.3%)
9	MACIŃSKI Waldek	171		M30	6	00:10:29	00:21:36.05	00:21:37.50	+00:02:14 (10.3%)	4:19	13.9 (89.7%)
10	ZAJĄKAŁA Wojciech	309		M20	2	00:10:40	00:21:52.55	00:21:53.80	+00:02:30 (11.5%)	4:22	13.7 (88.4%)
11	DROCIAK Michał	54		M40	3	00:10:25	00:21:56.55	00:21:57.75	+00:02:34 (11.7%)	4:23	13.7 (88.4%)
12	JOPPEK Łukasz	105		M30	7	00:10:48	00:22:25.00	00:22:25.95	+00:03:02 (13.6%)	4:29	13.4 (86.5%)
13	MUSZYŃSKI Łukasz	186		M30	8	00:11:04	00:22:37.45	00:22:40.65	+00:03:17 (14.5%)	4:31	13.3 (85.8%)
14	BUZALSKI Robert	30		M40	4	00:11:17	00:23:09.70	00:23:12.65	+00:03:49 (16.5%)	4:37	13 (83.9%)
15	LEWANDOWSKI Sebastian	163		M30	9	00:10:52	00:23:22.05	00:23:24.95	+00:04:01 (17.2%)	4:40	12.8 (82.6%)
16	GRECMAN Anna	78		K40	1	00:11:51	00:23:43.85	00:23:46.15	+00:04:22 (18.4%)	4:44	12.6 (81.3%)
17	KULIK Stanislav	144		M30	10	00:11:19	00:23:47.20	00:23:50.15	+00:04:26 (18.7%)	4:45	12.6 (81.3%)
18	BAZAK Cezary	10		M50	1	00:11:50	00:23:50.40	00:23:53.80	+00:04:30 (18.9%)	4:46	12.6 (81.3%)
19	DOBRZYŃSKA Ewa	49		K30	1	00:11:51	00:23:52.60	00:23:55.10	+00:04:31 (18.9%)	4:46	12.6 (81.3%)
20	LINKOWSKA Sandra	165		K20	1	00:11:42	00:23:51.60	00:23:55.40	+00:04:32 (19.0%)	4:46	12.6 (81.3%)
21	CHEŁMINIAK Monika	32		K30	2	00:11:42	00:23:59.25	00:24:04.05	+00:04:40 (19.4%)	4:47	12.5 (80.6%)
22	RAKOWSKA Natalia	326		K20	2	00:11:52	00:24:23.35	00:24:23.35	+00:05:00 (20.5%)	4:52	12.3 (79.4%)
23	WOJTANIS Magdalena	300		K30	3	00:11:59	00:24:27.35	00:24:29.35	+00:05:06 (20.8%)	4:53	12.3 (79.4%)
24	LEWANDOWSKI Maciej	159		M20	3	00:11:57	00:24:29.60	00:24:32.20	+00:05:08 (21.0%)	4:53	12.3 (79.4%)
25	WOŹNIECKA Karolina	303		K30	4	00:12:03	00:24:27.15	00:24:32.65	+00:05:09 (21.0%)	4:53	12.3 (79.4%)
26	RYMARKIEWICZ Małgorzata	243		K30	5	00:12:05	00:24:33.30	00:24:35.50	+00:05:12 (21.2%)	4:54	12.2 (78.7%)
27	LIS Krzysztof	167		M50	2	00:11:52	00:24:33.55	00:24:36.20	+00:05:12 (21.2%)	4:54	12.2 (78.7%)
28	TARCZYŃSKA Marta	275		K30	6	00:12:19	00:24:41.75	00:24:46.20	+00:05:22 (21.7%)	4:56	12.2 (78.7%)
29	HRYCZ Paweł	93		M40	5	00:12:20	00:24:47.40	00:24:51.40	+00:05:28 (22.0%)	4:57	12.1 (78.1%)
30	PASZKIET Remigiusz	210		M40	6	00:12:49	00:24:57.20	00:24:57.20	+00:05:33 (22.3%)	4:59	12 (77.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
31	ŻYWICA Szymon	321		M20	4	00:12:14	00:24:53.50	00:24:59.55	+00:05:36 (22.4%)	4:58	12.1 (78.1%)
32	POLAŃCZYK Paulina	220		K30	7	00:12:21	00:25:12.50	00:25:14.50	+00:05:51 (23.2%)	5:02	11.9 (76.8%)
33	CICHOŃSKA-BAZAK Marzena	36		K40	2	00:12:19	00:25:12.00	00:25:15.10	+00:05:51 (23.2%)	5:02	11.9 (76.8%)
34	ROSZAK Zbigniew	235		M30	11	00:12:18	00:25:05.05	00:25:16.85	+00:05:53 (23.3%)	5:01	12 (77.4%)
35	BARTKOWIAK Franciszek	9		D1	1	00:12:31	00:25:37.00	00:25:39.90	+00:06:16 (24.5%)	5:07	11.7 (75.5%)
36	SZEIB Robert	273		M40	7	00:12:01	00:25:40.15	00:25:43.55	+00:06:20 (24.6%)	5:08	11.7 (75.5%)
37	FIEGEL Katarzyna	60		K40	3	00:12:48	00:25:44.00	00:25:44.75	+00:06:21 (24.7%)	5:08	11.7 (75.5%)
38	DOMBROWSKI Rafał	53		M30	12	00:12:43	00:25:54.65	00:25:58.05	+00:06:34 (25.3%)	5:10	11.6 (74.8%)
39	DROŹDŹ Anna	55		K30	8	00:12:33	00:25:59.10	00:26:01.10	+00:06:37 (25.5%)	5:11	11.5 (74.2%)
40	NOWAKOWSKI Grzegorz	192		M30	13	00:13:01	00:25:49.80	00:26:07.70	+00:06:44 (25.8%)	5:09	11.6 (74.8%)
41	LEWANDOWSKA Dorota	156		K30	9	00:04:31	00:26:14.40	00:26:14.40	+00:06:51 (26.1%)	5:14	11.4 (73.5%)
41	LEWANDOWSKI Marcin	160		M30	14	00:04:31	00:26:14.40	00:26:14.40	+00:06:51 (26.1%)	5:14	11.4 (73.5%)
43	BUTOWSKI Michał	28		M40	8	00:13:04	00:26:03.75	00:26:15.65	+00:06:52 (26.2%)	5:12	11.5 (74.2%)
44	BRZYKCY Artur	23		M20	5	00:12:48	00:26:13.55	00:26:20.80	+00:06:57 (26.4%)	5:14	11.4 (73.5%)
45	CIACIUCH Agnieszka	35		K20	3	00:12:48	00:26:14.05	00:26:21.55	+00:06:58 (26.4%)	5:14	11.4 (73.5%)
46	FRYDRYCH Marcin	65		M40	9	00:12:34	00:26:00.65	00:26:43.45	+00:07:20 (27.5%)	5:12	11.5 (74.2%)
47	HAN Sławomir	87		M30	15	00:12:41	00:26:37.85	00:26:53.00	+00:07:29 (27.9%)	5:19	11.3 (72.9%)
48	HAN Agnieszka	88		K30	10	00:12:40	00:26:37.35	00:26:53.30	+00:07:30 (27.9%)	5:19	11.3 (72.9%)
49	OKULICZ Anita	199		K30	11	00:13:11	00:26:53.70	00:26:54.25	+00:07:30 (27.9%)	5:22	11.2 (72.3%)
50	KOLINSKA Sylwia	123		K40	4	00:13:19	00:26:54.65	00:26:58.45	+00:07:35 (28.1%)	5:22	11.2 (72.3%)
51	CZYŻEWSKA Justyna	41		K30	12	00:13:11	00:26:54.45	00:26:59.55	+00:07:36 (28.2%)	5:22	11.2 (72.3%)
52	BORAKIEWICZ Natalia	18		K30	13	00:13:26	00:26:56.60	00:27:00.25	+00:07:36 (28.2%)	5:23	11.1 (71.6%)
53	BRYLIŃSKI Jakub	222		M30	16	00:13:06	00:26:28.70	00:27:02.40	+00:07:39 (28.3%)	5:17	11.3 (72.9%)
54	ZAPARUCHA Mikołaj	312		M40	10	00:13:10	00:26:59.90	00:27:06.35	+00:07:43 (28.5%)	5:23	11.1 (71.6%)
55	SŁOWIŃSKKI Paweł	250		M40	11	00:14:10	00:26:54.50	00:27:10.35	+00:07:47 (28.6%)	5:22	11.2 (72.3%)
56	FIK Marek	62		M30	17	00:13:17	00:27:06.80	00:27:11.15	+00:07:47 (28.7%)	5:25	11.1 (71.6%)
57	HAŁAS Ewa	86		K40	5	00:13:24	00:27:06.20	00:27:13.70	+00:07:50 (28.8%)	5:25	11.1 (71.6%)
58	LEWANDOWSKI Michał	164		M40	12	00:13:10	00:27:08.95	00:27:18.45	+00:07:55 (29.0%)	5:25	11.1 (71.6%)
59	NAGORZYSKA Sylwia	187		K30	14	00:13:34	00:27:26.25	00:27:27.75	+00:08:04 (29.4%)	5:29	10.9 (70.3%)
60	KOZŁOWSKI Krzysztof	131		M30	18	00:12:56	00:27:20.30	00:27:30.65	+00:08:07 (29.5%)	5:28	11 (71.0%)
61	BAGNIEWSKA Małgorzata	2		K30	15	00:13:23	00:27:20.30	00:27:32.15	+00:08:08 (29.6%)	5:28	11 (71.0%)
62	MAKUSZEWSKI Mateusz	174		M30	19	00:13:44	00:27:26.75	00:27:42.95	+00:08:19 (30.0%)	5:29	10.9 (70.3%)
63	KUJDA Dorota	140		K40	6	00:13:25	00:27:41.35	00:27:46.15	+00:08:22 (30.2%)	5:32	10.8 (69.7%)
64	ZAGÓRSKI Maciej	330		M40	13	00:13:50	00:27:53.10	00:28:01.20	+00:08:37 (30.8%)	5:34	10.8 (69.7%)
65	SKÓRCZEWSKI Jacek	248		M50	3	00:13:16	00:27:58.25	00:28:03.90	+00:08:40 (30.9%)	5:35	10.7 (69.0%)
66	RYDELSKA Marysia	241		K30	16	00:14:09	00:27:56.65	00:28:12.40	+00:08:49 (31.3%)	5:35	10.7 (69.0%)
67	CABAŃSKA Katarzyna	31		K40	7	00:13:52	00:28:03.55	00:28:14.10	+00:08:50 (31.3%)	5:36	10.7 (69.0%)
68	BUDNY Ewa	25		D2	1	00:13:20	00:28:06.10	00:28:14.20	+00:08:50 (31.3%)	5:37	10.7 (69.0%)
69	BUDNY Joanna	24		K30	17	00:13:49	00:28:13.25	00:28:18.50	+00:08:55 (31.5%)	5:38	10.6 (68.4%)
70	KUKLISOVA Gabriela	141		K40	8	00:14:03	00:28:16.20	00:28:20.85	+00:08:57 (31.6%)	5:39	10.6 (68.4%)
71	POTRZEBOWSKI Marek	224		M30	20	00:14:11	00:28:12.35	00:28:31.95	+00:09:08 (32.0%)	5:38	10.6 (68.4%)
72	KAJA Dominika	111		K30	18	00:13:37	00:28:23.95	00:28:36.85	+00:09:13 (32.2%)	5:40	10.6 (68.4%)
73	PRZYBYLSKI Dariusz	227		M30	21	00:13:26	00:28:41.30	00:28:46.35	+00:09:23 (32.6%)	5:44	10.5 (67.7%)
74	LANGHE Monika	149		K40	9	00:14:28	00:28:30.90	00:28:49.10	+00:09:25 (32.7%)	5:42	10.5 (67.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
75	KRZYWDZIŃSKI Tomasz	135		M20	6	00:14:07	00:28:29.80	00:28:51.85	+00:09:28 (32.8%)	5:41	10.5 (67.7%)
76	ZIELIŃSKA Agnieszka	317		K30	19	00:14:07	00:28:48.00	00:28:57.10	+00:09:33 (33.0%)	5:45	10.4 (67.1%)
77	MIKOŁAJCZAK Mateusz	180		M20	7	00:16:21	00:28:52.75	00:28:59.95	+00:09:36 (33.1%)	5:46	10.4 (67.1%)
78	DUDZIK Andrzej	56		M40	14	00:14:10	00:28:49.55	00:29:01.35	+00:09:38 (33.2%)	5:45	10.4 (67.1%)
79	OKRĘGLICKI Antoni	198		M70	1	00:14:08	00:28:59.95	00:29:05.60	+00:09:42 (33.4%)	5:47	10.4 (67.1%)
80	PIĄTKOWSKI Mateusz	212		M30	22	00:14:05	00:29:00.90	00:29:09.35	+00:09:46 (33.5%)	5:48	10.3 (66.5%)
81	GLINKOWSKI Dariusz	73		M30	23	00:14:08	00:28:46.30	00:29:11.10	+00:09:47 (33.6%)	5:45	10.4 (67.1%)
82	LEWANDOWSKI Oskar	162		D1	2	00:15:13	00:29:11.65	00:29:12.50	+00:09:49 (33.6%)	5:50	10.3 (66.5%)
83	GRZESIAK-KNUT Lucyna	83		K30	20	00:14:27	00:28:54.50	00:29:13.05	+00:09:49 (33.6%)	5:46	10.4 (67.1%)
84	GOŁATTA Magdalena	77		K40	10	00:14:27	00:28:54.35	00:29:13.35	+00:09:50 (33.7%)	5:46	10.4 (67.1%)
85	KURCZEWSKI Mikołaj	146		M40	15	00:14:35	00:28:57.90	00:29:14.45	+00:09:51 (33.7%)	5:47	10.4 (67.1%)
86	OLSZEWSKI Paweł	202		M40	16	00:14:30	00:29:00.80	00:29:17.95	+00:09:54 (33.8%)	5:48	10.3 (66.5%)
87	PIECZYŃSKA Joanna	214		K30	21	00:14:17	00:29:05.80	00:29:22.15	+00:09:58 (34.0%)	5:49	10.3 (66.5%)
88	KUJAWA Przemysław	138		M30	24	00:14:17	00:29:27.80	00:29:30.10	+00:10:06 (34.3%)	5:53	10.2 (65.8%)
89	POTRZEBOWSKA Agata	223		K30	22	00:14:57	00:29:12.85	00:29:30.25	+00:10:06 (34.3%)	5:50	10.3 (66.5%)
90	WOLSZCZAK Rafał	301		M40	17	00:15:01	00:29:27.75	00:29:35.85	+00:10:12 (34.5%)	5:53	10.2 (65.8%)
91	DĘBSKI Jan	46		M60	1	00:14:36	00:29:32.40	00:29:41.40	+00:10:18 (34.7%)	5:54	10.2 (65.8%)
92	GLAZIK Jan	72		M30	25	00:14:06	00:29:36.70	00:29:47.30	+00:10:24 (34.9%)	5:55	10.1 (65.2%)
93	OKRĘGLICKA Barbara	197		K50	1	00:14:38	00:29:43.90	00:29:49.35	+00:10:26 (35.0%)	5:56	10.1 (65.2%)
94	BOCHNIAK Aleksandra	16		K50	2	00:14:38	00:29:33.85	00:29:49.60	+00:10:26 (35.0%)	5:54	10.2 (65.8%)
95	WÓJCIK Piotr	306		D2	2	00:15:29	00:29:44.50	00:29:50.90	+00:10:27 (35.0%)	5:56	10.1 (65.2%)
96	BOJAŁKOWSKA Krystyna	17		K40	11	00:14:51	00:29:53.10	00:29:57.85	+00:10:34 (35.3%)	5:58	10 (64.5%)
96	CHMIELARSKI Michał	33		M30	26	00:15:14	00:29:40.70	00:29:57.85	+00:10:34 (35.3%)	5:56	10.1 (65.2%)
98	WALENTYN Katarzyna	285		K40	12	00:14:55	00:29:48.40	00:29:58.55	+00:10:35 (35.3%)	5:57	10.1 (65.2%)
99	POLAWSKI Marcin	221		M40	18	00:15:16	00:29:59.05	00:30:10.50	+00:10:47 (35.7%)	5:59	10 (64.5%)
100	KUCHARCZYK Dariusz	137		M50	4	00:14:50	00:29:21.15	00:30:12.90	+00:10:49 (35.8%)	5:52	10.2 (65.8%)
101	BUREK Dorota	26		K40	13	00:15:18	00:30:11.00	00:30:15.15	+00:10:51 (35.9%)	6:02	9.9 (63.9%)
101	BUREK Radosław	316		M40	19	00:15:19	00:30:10.70	00:30:15.15	+00:10:51 (35.9%)	6:02	9.9 (63.9%)
103	GAIDA Milena	67		K30	23	00:15:08	00:29:59.50	00:30:15.70	+00:10:52 (35.9%)	5:59	10 (64.5%)
104	PIONTEK Elżbieta	215		K60	1	00:14:41	00:30:15.95	00:30:19.00	+00:10:55 (36.0%)	6:03	9.9 (63.9%)
105	KOSZOWSKI Bartosz	127		D2	3	00:13:53	00:30:21.60	00:30:25.75	+00:11:02 (36.3%)	6:04	9.9 (63.9%)
106	WARMUZ Adam	286		D2	4	00:15:28	00:30:18.95	00:30:29.95	+00:11:06 (36.4%)	6:03	9.9 (63.9%)
107	DEMBIŃSKA Katarzyna	45		K20	4	00:15:27	00:30:07.50	00:30:31.90	+00:11:08 (36.5%)	6:01	10 (64.5%)
108	MĘŻYKOWSKI Krzysztof	177		M40	20	00:14:42	00:30:25.00	00:30:35.25	+00:11:11 (36.6%)	6:05	9.9 (63.9%)
109	GIERCZAK Dorota	70		K30	24	00:15:04	00:30:30.10	00:30:37.00	+00:11:13 (36.7%)	6:06	9.8 (63.2%)
110	SPRAWA Zbigniew	258		M30	27	00:14:31	00:29:25.00	00:30:39.50	+00:11:16 (36.8%)	5:53	10.2 (65.8%)
111	GULKA Wojciech	84		M20	8	00:15:16	00:30:37.45	00:30:39.75	+00:11:16 (36.8%)	6:07	9.8 (63.2%)
112	PIECHOWSKA Magdalena	213		K40	14	00:14:57	00:30:36.75	00:30:42.20	+00:11:18 (36.9%)	6:07	9.8 (63.2%)
113	JÓZWIK Jacek	106		M70	2	00:14:23	00:30:45.20	00:30:52.40	+00:11:29 (37.2%)	6:09	9.8 (63.2%)
114	PRZYBORSKI Łukasz	226		M20	9	00:16:06	00:30:45.85	00:31:07.55	+00:11:44 (37.7%)	6:09	9.8 (63.2%)
115	RYDZEWSKA Alina	242		K40	15	00:15:10	00:30:53.50	00:31:09.05	+00:11:45 (37.8%)	6:10	9.7 (62.6%)
116	GIZINSKA Paulina	71		K40	16	00:15:25	00:31:09.45	00:31:13.80	+00:11:50 (37.9%)	6:13	9.6 (61.9%)
117	GOLIK Krzysztof	74		M40	21	00:15:31	00:31:02.80	00:31:21.90	+00:11:58 (38.2%)	6:12	9.7 (62.6%)
118	KABACIŃSKA Kinga	108		K30	25	00:15:10	00:31:06.45	00:31:21.95	+00:11:58 (38.2%)	6:13	9.6 (61.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
118	KĘDZIERSKI Adam	117		D2	5	00:13:54	00:30:54.40	00:31:21.95	+00:11:58 (38.2%)	6:10	9.7 (62.6%)
120	STANISZEWSKI Konrad	259		M30	28	00:15:46	00:31:21.95	00:31:34.65	+00:12:11 (38.6%)	6:16	9.6 (61.9%)
121	TEMPSKI Aleksander	278		M20	10	00:15:13	00:31:36.80	00:31:44.10	+00:12:20 (38.9%)	6:19	9.5 (61.3%)
122	FRYCA Aleksandra	64		K30	26	00:15:22	00:31:32.10	00:31:45.45	+00:12:22 (38.9%)	6:18	9.5 (61.3%)
123	KABLUKA Valeria	109		K30	27	00:15:36	00:31:46.25	00:31:57.25	+00:12:33 (39.3%)	6:21	9.4 (60.6%)
124	WOŹNIAK Jurand	302		M30	29	00:15:37	00:31:47.05	00:31:57.35	+00:12:34 (39.3%)	6:21	9.4 (60.6%)
125	PANKOWSKA-SIWIAK Agata	207		K20	5	00:15:58	00:31:43.00	00:32:01.85	+00:12:38 (39.5%)	6:20	9.5 (61.3%)
126	KIEDROWSKI Krystian	119		M20	11	00:15:31	00:32:11.70	00:32:28.45	+00:13:05 (40.3%)	6:26	9.3 (60.0%)
127	HADOWSKA Anna	85		K60	2	00:15:46	00:32:25.05	00:32:28.85	+00:13:05 (40.3%)	6:29	9.3 (60.0%)
128	BOROWA Agnieszka	21		K30	28	00:15:24	00:32:18.00	00:32:30.20	+00:13:06 (40.3%)	6:27	9.3 (60.0%)
129	LEWANDOWSKA Sylwia	157		K40	17	00:16:19	00:32:18.25	00:32:31.90	+00:13:08 (40.4%)	6:27	9.3 (60.0%)
130	JANUSZEWSKI Marcin	98		M40	22	00:16:16	00:32:28.60	00:32:48.75	+00:13:25 (40.9%)	6:29	9.2 (59.4%)
131	WÓJCIK Tomasz	305		M50	5	00:15:29	00:32:42.85	00:32:49.45	+00:13:26 (40.9%)	6:32	9.2 (59.4%)
132	STRZYŻOWSKI Nikodem	267		D2	6	00:15:09	00:32:39.25	00:32:50.55	+00:13:27 (41.0%)	6:31	9.2 (59.4%)
133	MARZAŁEK Monika	175		K20	6	00:15:25	00:32:48.55	00:32:54.20	+00:13:30 (41.1%)	6:33	9.1 (58.7%)
134	BIEDROŃ Aleksandra	13		K20	7	00:15:56	00:32:31.45	00:32:55.75	+00:13:32 (41.1%)	6:30	9.2 (59.4%)
135	TOKARSKA Katarzyna	279		K40	18	00:16:03	00:32:51.50	00:32:57.95	+00:13:34 (41.2%)	6:34	9.1 (58.7%)
136	NOWAKOWSKA Agnieszka	190		K40	19	00:16:05	00:32:58.35	00:33:05.30	+00:13:42 (41.4%)	6:35	9.1 (58.7%)
137	CZERWIŃSKI Michał	40		M20	12	00:15:39	00:32:59.30	00:33:08.95	+00:13:45 (41.5%)	6:35	9.1 (58.7%)
138	GIERACH Krzysztof	69		M60	2	00:16:37	00:33:03.25	00:33:14.70	+00:13:51 (41.7%)	6:36	9.1 (58.7%)
139	SOBUCKA Ewelina	252		K20	8	00:15:44	00:33:12.70	00:33:23.25	+00:13:59 (41.9%)	6:38	9 (58.1%)
140	OBRĘBSKI Kamil	196		M20	13	00:14:17	00:33:28.45	00:33:28.45	+00:14:05 (42.1%)	6:41	9 (58.1%)
141	CHUDECKA Beata	34		K40	20	00:16:34	00:33:03.65	00:33:42.70	+00:14:19 (42.5%)	6:36	9.1 (58.7%)
142	CIEŚLIK Marek	37		M60	3	00:17:07	00:33:45.40	00:33:45.40	+00:14:22 (42.6%)	6:45	8.9 (57.4%)
143	JARCZEWSKA Renata	99		K50	3	00:16:13	00:33:41.95	00:33:48.20	+00:14:24 (42.6%)	6:44	8.9 (57.4%)
144	MACINKIEWICZ Natalia	170		K30	29	00:16:16	00:33:41.15	00:33:54.75	+00:14:31 (42.8%)	6:44	8.9 (57.4%)
145	DŁUGOŃSKA Beata	47		K40	21	00:16:08	00:33:57.85	00:34:03.80	+00:14:40 (43.1%)	6:47	8.8 (56.8%)
146	JENERALSKA Natalia	103		K30	30	00:16:59	00:33:58.15	00:34:05.50	+00:14:42 (43.1%)	6:47	8.8 (56.8%)
147	BŁAŻEK Kasia	14		K30	31	00:16:20	00:33:55.45	00:34:07.65	+00:14:44 (43.2%)	6:47	8.8 (56.8%)
148	CZERNIAK Marcin	38		M30	30	00:17:11	00:33:35.15	00:34:07.90	+00:14:44 (43.2%)	6:43	8.9 (57.4%)
149	RĘDZINA Michał	230		M30	31	00:17:12	00:33:36.00	00:34:07.95	+00:14:44 (43.2%)	6:43	8.9 (57.4%)
150	TYKWIŃSKA Agnieszka	280		K30	32	00:16:44	00:34:05.65	00:34:10.70	+00:14:47 (43.3%)	6:49	8.8 (56.8%)
151	LEMAŃSKA Agnieszka	152		K20	9	00:16:09	00:34:05.40	00:34:12.45	+00:14:49 (43.3%)	6:49	8.8 (56.8%)
152	MATUSZEWSKA-KUJAWA Natalia	176		K30	33	00:16:52	00:34:14.80	00:34:17.45	+00:14:54 (43.5%)	6:50	8.8 (56.8%)
153	PANFIL Paulina	206		K20	10	00:15:58	00:34:00.70	00:34:19.20	+00:14:55 (43.5%)	6:48	8.8 (56.8%)
154	SKONIECZKA Piotr	247		M30	32	00:17:08	00:34:18.75	00:34:25.35	+00:15:02 (43.7%)	6:51	8.7 (56.1%)
155	WOJCZAKOWSKA Paulina	299		K30	34	00:17:36	00:34:11.55	00:34:37.30	+00:15:14 (44.0%)	6:50	8.8 (56.8%)
156	BOROWA Łukasz	20		M30	33	00:15:57	00:34:29.65	00:34:41.50	+00:15:18 (44.1%)	6:53	8.7 (56.1%)
157	DECOWSKI Adam	44		D1	3	00:16:04	00:34:18.30	00:34:44.85	+00:15:21 (44.2%)	6:51	8.7 (56.1%)
158	NOWAKOWSKA Marta	191		K30	35	00:16:49	00:34:30.15	00:34:47.45	+00:15:24 (44.3%)	6:54	8.7 (56.1%)
159	HORKA Natalia	91		D1	4	00:15:03	00:34:45.65	00:34:47.50	+00:15:24 (44.3%)	6:57	8.6 (55.5%)
160	DOKTOR Katarzyna	50		K50	4	00:17:13	00:34:08.35	00:34:47.75	+00:15:24 (44.3%)	6:49	8.8 (56.8%)
161	NOWICKA Tatiana	193		K40	22	00:16:51	00:34:13.35	00:34:50.70	+00:15:27 (44.4%)	6:50	8.8 (56.8%)
162	WIŚNIEWSKI Remigiusz	294		M40	23	00:16:41	00:34:42.95	00:34:52.65	+00:15:29 (44.4%)	6:56	8.6 (55.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
163	MACIEJEWSKA Magdalena	181		K30	36	00:18:04	00:34:51.00	00:35:00.20	+00:15:36 (44.6%)	6:58	8.6 (55.5%)
164	TEMPSKA Agnieszka	277		K40	23	00:17:13	00:34:56.05	00:35:02.40	+00:15:39 (44.7%)	6:59	8.6 (55.5%)
165	MILEWSKA Violetta	182		K40	24	00:17:07	00:35:28.80	00:35:33.60	+00:16:10 (45.5%)	7:05	8.5 (54.8%)
166	LEŚNIAK Edyta	153		K30	37	00:16:55	00:35:29.50	00:35:35.30	+00:16:12 (45.5%)	7:05	8.5 (54.8%)
167	DYPOLT Julia	59		K30	38	00:17:18	00:35:24.70	00:35:44.50	+00:16:21 (45.8%)	7:04	8.5 (54.8%)
168	LEWANDOWSKI Robert	161		M40	24	00:16:50	00:35:45.50	00:35:47.60	+00:16:24 (45.8%)	7:09	8.4 (54.2%)
169	LEWANDOWSKA Sylwia	154		K30	39	00:16:51	00:35:46.45	00:35:47.85	+00:16:24 (45.8%)	7:09	8.4 (54.2%)
170	LEWANDOWSKA Kornelia	155		D1	5	00:16:52	00:35:46.55	00:35:47.95	+00:16:24 (45.8%)	7:09	8.4 (54.2%)
171	DŁUGOŃSKA Agnieszka	48		K20	11	00:16:44	00:35:43.35	00:35:49.50	+00:16:26 (45.9%)	7:08	8.4 (54.2%)
172	WITKOWSKI Dawid	296		M30	34	00:16:36	00:35:22.30	00:35:50.35	+00:16:27 (45.9%)	7:04	8.5 (54.8%)
173	PARADOWSKA Katarzyna	208		K40	25	00:15:50	00:35:51.85	00:35:51.85	+00:16:28 (45.9%)	7:10	8.4 (54.2%)
174	ŁUKASZ Wawrzyniak	168		M30	35	00:15:29	00:35:30.10	00:35:54.00	+00:16:30 (46.0%)	7:06	8.5 (54.8%)
175	KOMOROWSKI Wojciech	126		M30	36	00:17:38	00:35:46.60	00:36:09.55	+00:16:46 (46.4%)	7:09	8.4 (54.2%)
176	OSTROWSKA Justyna	204		K30	40	00:17:32	00:36:06.50	00:36:21.65	+00:16:58 (46.7%)	7:13	8.3 (53.5%)
177	KULIŃSKA Sylwia	145		K20	12	00:17:11	00:36:15.80	00:36:25.30	+00:17:02 (46.8%)	7:15	8.3 (53.5%)
178	WIECZOREK Justyna	289		K40	26	00:18:26	00:35:59.55	00:36:25.80	+00:17:02 (46.8%)	7:11	8.3 (53.5%)
179	BUZALSKA Agnieszka	29		K50	5	00:17:21	00:36:16.20	00:36:31.15	+00:17:07 (46.9%)	7:15	8.3 (53.5%)
180	SUCHARA Jan	270		D1	6	00:16:33	00:36:34.50	00:36:45.80	+00:17:22 (47.3%)	7:18	8.2 (52.9%)
181	KOŚMIEJA Filip	128		D2	7	00:17:48	00:36:30.25	00:36:46.60	+00:17:23 (47.3%)	7:18	8.2 (52.9%)
182	SZCZESIK Damian	272		M40	25	00:18:46	00:36:25.10	00:36:46.65	+00:17:23 (47.3%)	7:17	8.2 (52.9%)
183	SUCHARA Dariusz	269		M30	37	00:16:32	00:36:36.00	00:36:47.45	+00:17:24 (47.3%)	7:19	8.2 (52.9%)
184	UMIŃSKA Marzena	281		K30	41	00:18:29	00:36:59.05	00:37:05.15	+00:17:41 (47.7%)	7:23	8.1 (52.3%)
185	GOŁATA-KRZYWDZIŃSKA Aleksandra	76		K20	13	00:18:23	00:36:45.75	00:37:05.25	+00:17:41 (47.7%)	7:21	8.2 (52.9%)
186	PACHOLSKI Tadeusz	205		M40	26	00:18:49	00:36:47.45	00:37:07.50	+00:17:44 (47.8%)	7:21	8.2 (52.9%)
187	RUDNIKOWSKI Andrzej	238		M50	6	00:17:29	00:37:07.35	00:37:12.70	+00:17:49 (47.9%)	7:25	8.1 (52.3%)
188	OLECHNOWICZ Tomasz	201		M50	7	00:16:55	00:36:53.70	00:37:16.30	+00:17:53 (48.0%)	7:22	8.1 (52.3%)
189	DUSZYŃSKA Katarzyna	58		K40	27	00:18:11	00:37:03.55	00:37:17.60	+00:17:54 (48.0%)	7:24	8.1 (52.3%)
190	ZALEWSKA Joanna	311		K20	14	00:17:54	00:36:55.35	00:37:19.05	+00:17:55 (48.0%)	7:23	8.1 (52.3%)
191	WYPYCH KLUNDER Katarzyna	322		K30	42	00:18:27	00:37:12.35	00:37:22.60	+00:17:59 (48.1%)	7:26	8.1 (52.3%)
192	DOMARACKI Wojciech	51		M30	38	00:18:27	00:37:12.45	00:37:22.90	+00:17:59 (48.1%)	7:26	8.1 (52.3%)
193	ŻYWICA Joanna	320		K40	28	00:18:39	00:37:05.30	00:37:30.85	+00:18:07 (48.3%)	7:25	8.1 (52.3%)
194	BERTLING Monika	11		K30	43	00:18:39	00:37:05.20	00:37:30.95	+00:18:07 (48.3%)	7:25	8.1 (52.3%)
195	MIKOŁAJCZAK Martyna	179		K20	15	00:18:08	00:37:24.80	00:37:38.30	+00:18:15 (48.5%)	7:28	8 (51.6%)
196	BRYLIŃSKI Jakub	22		M30	39	00:17:46	00:37:20.20	00:37:39.60	+00:18:16 (48.5%)	7:28	8 (51.6%)
197	NOWICKA Renata	195		K50	6	00:19:21	00:37:14.15	00:37:41.60	+00:18:18 (48.6%)	7:26	8.1 (52.3%)
198	KACZMAREK Paulina	110		K30	44	00:19:22	00:37:15.50	00:37:41.65	+00:18:18 (48.6%)	7:27	8.1 (52.3%)
199	NOWICKA Aldona	194		K20	16	00:19:22	00:37:14.90	00:37:41.75	+00:18:18 (48.6%)	7:26	8.1 (52.3%)
200	KUJAWA Agnieszka	139		K40	29	00:18:13	00:37:37.35	00:37:57.75	+00:18:34 (48.9%)	7:31	8 (51.6%)
201	TARCZYŃSKI Kamil	276		M30	40	00:17:59	00:37:25.50	00:38:13.15	+00:18:49 (49.3%)	7:29	8 (51.6%)
202	JĘDRZEJCZAK Jakub	104		D1	7	00:18:03	00:37:47.25	00:38:15.25	+00:18:51 (49.3%)	7:33	7.9 (51.0%)
203	ZYBER-TARCZYŃSKA Zuzanna	318		K30	45	00:17:59	00:37:29.70	00:38:16.85	+00:18:53 (49.4%)	7:29	8 (51.6%)
204	WIŚNIEWSKI Leszek	293		M30	41	00:18:41	00:37:56.15	00:38:20.80	+00:18:57 (49.4%)	7:35	7.9 (51.0%)
205	STELLER Agnieszka	264		K40	30	00:19:44	00:38:07.00	00:38:27.40	+00:19:04 (49.6%)	7:37	7.9 (51.0%)
206	STAROSTECKA Joanna	261		K30	46	00:18:31	00:38:21.70	00:38:30.25	+00:19:06 (49.6%)	7:40	7.8 (50.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
207	KULIGOWSKA Barbara	142		K30	47	00:19:44	00:38:14.85	00:38:35.25	+00:19:11 (49.8%)	7:38	7.8 (50.3%)
208	KLEWICZ Jolanta	121		K50	7	00:18:06	00:38:32.35	00:38:39.35	+00:19:16 (49.8%)	7:42	7.8 (50.3%)
209	POKORSKA KAWA Justyna	219		K40	31	00:18:43	00:38:05.75	00:38:45.70	+00:19:22 (50.0%)	7:37	7.9 (51.0%)
210	WÓJCIK Mikołaj	307		D1	8	00:18:32	00:38:42.45	00:38:46.65	+00:19:23 (50.0%)	7:44	7.8 (50.3%)
211	WÓJCIK Anna	304		K40	32	00:18:32	00:38:44.15	00:38:48.30	+00:19:25 (50.0%)	7:44	7.7 (49.7%)
212	WIRSZYŁO Karina	291		K30	48	00:18:10	00:38:43.10	00:38:58.25	+00:19:34 (50.2%)	7:44	7.7 (49.7%)
213	GRZEMPA Joanna	81		K20	17	00:19:26	00:38:47.40	00:39:08.65	+00:19:45 (50.5%)	7:45	7.7 (49.7%)
214	GRZEMPA Bartosz	82		M30	42	00:19:26	00:38:47.00	00:39:08.85	+00:19:45 (50.5%)	7:45	7.7 (49.7%)
215	BUŚKO Karolina	27		K40	33	00:19:36	00:38:25.60	00:39:12.15	+00:19:48 (50.5%)	7:41	7.8 (50.3%)
216	GOŁATA Joanna	75		K50	8	00:19:47	00:38:52.85	00:39:12.70	+00:19:49 (50.6%)	7:46	7.7 (49.7%)
217	JAROCH Magdalena	101		K40	34	00:19:13	00:39:05.15	00:39:18.75	+00:19:55 (50.7%)	7:49	7.7 (49.7%)
218	JAROCH Rafał	100		M40	27	00:19:13	00:39:05.20	00:39:18.80	+00:19:55 (50.7%)	7:49	7.7 (49.7%)
219	PIWECKA Karolina	217		K40	35	00:19:27	00:39:08.50	00:39:31.30	+00:20:08 (50.9%)	7:49	7.7 (49.7%)
219	BARTCZAK Piotr	5		M30	43	00:19:34	00:39:14.15	00:39:31.30	+00:20:08 (50.9%)	7:50	7.6 (49.0%)
219	BARTCZAK Natalia	6		K30	49	00:19:33	00:39:13.10	00:39:31.30	+00:20:08 (50.9%)	7:50	7.6 (49.0%)
222	LAMENT Lidia	148		K60	3	00:19:40	00:39:34.30	00:39:37.85	+00:20:14 (51.1%)	7:54	7.6 (49.0%)
223	WOJCIECHOWSKA Monika	298		K40	36	00:18:50	00:39:17.60	00:39:39.55	+00:20:16 (51.1%)	7:51	7.6 (49.0%)
224	WALCZYNA-WELC Weronika	284		K30	50	00:20:05	00:39:47.45	00:39:55.40	+00:20:32 (51.4%)	7:57	7.5 (48.4%)
225	WELC Michał	288		M30	44	00:19:54	00:39:37.25	00:39:55.45	+00:20:32 (51.4%)	7:55	7.6 (49.0%)
226	FRASZ Robert	63		M30	45	00:19:55	00:39:38.00	00:39:55.60	+00:20:32 (51.4%)	7:55	7.6 (49.0%)
227	KEMNITZ Agnieszka	114		K30	51	00:19:56	00:40:00.15	00:40:09.00	+00:20:45 (51.7%)	8:00	7.5 (48.4%)
228	PRYBIŃSKA-MARCINIAK Anna	225		K40	37	00:19:59	00:40:03.90	00:40:12.90	+00:20:49 (51.8%)	8:00	7.5 (48.4%)
229	KĘDZIERSKA Julia	115		K20	18	00:18:54	00:39:57.25	00:40:39.75	+00:21:16 (52.3%)	7:59	7.5 (48.4%)
230	ŁUKASZEWSKI Kamil	331		M30	46	00:19:50	00:40:42.05	00:40:42.05	+00:21:18 (52.4%)	8:08	7.4 (47.7%)
231	GROCHOWSKI Jan	80		D1	9	00:20:11	00:40:38.55	00:40:56.15	+00:21:32 (52.6%)	8:07	7.4 (47.7%)
232	WIŃSKA Marta	290		K30	52	00:19:54	00:40:31.95	00:41:02.05	+00:21:38 (52.8%)	8:06	7.4 (47.7%)
233	WAWRZY尼亚K Sandra	287		K30	53	00:19:55	00:40:39.20	00:41:08.85	+00:21:45 (52.9%)	8:07	7.4 (47.7%)
234	GROCHOWSKA Karolina	79		K40	38	00:20:16	00:41:01.40	00:41:18.85	+00:21:55 (53.1%)	8:12	7.3 (47.1%)
235	STRZYŻOWSKA Monika	265		K40	39	00:18:36	00:40:49.50	00:41:30.35	+00:22:07 (53.3%)	8:09	7.3 (47.1%)
236	WITKIEWICZ-ŁUKASZEK Sandra	295		K30	54	00:18:29	00:40:46.50	00:41:31.70	+00:22:08 (53.3%)	8:09	7.4 (47.7%)
237	PYPKOWSKA Agnieszka	229		K50	9	00:19:37	00:41:14.50	00:41:38.80	+00:22:15 (53.4%)	8:14	7.3 (47.1%)
238	UMIŃSKI Kacper	282		M30	47	00:19:51	00:41:42.90	00:42:07.60	+00:22:44 (54.0%)	8:20	7.2 (46.5%)
239	SIDOROWICZ Paweł	245		M30	48	00:21:23	00:41:57.70	00:42:11.80	+00:22:48 (54.1%)	8:23	7.2 (46.5%)
240	STANKIEWICZ Miłosz	260		M20	14	00:19:02	00:41:38.60	00:42:12.80	+00:22:49 (54.1%)	8:19	7.2 (46.5%)
241	MIĘTKIEWICZ Paweł	178		M30	49	00:19:01	00:41:39.30	00:42:14.40	+00:22:51 (54.1%)	8:19	7.2 (46.5%)
242	BORAKIEWICZ Maria	19		K60	4	00:20:05	00:42:22.45	00:42:26.30	+00:23:03 (54.3%)	8:28	7.1 (45.8%)
243	KOMOROWSKA Hania	125		K30	55	00:21:10	00:42:26.90	00:42:35.00	+00:23:11 (54.5%)	8:29	7.1 (45.8%)
244	ZARĘBA Joanna	313		K40	40	00:21:01	00:42:22.85	00:42:46.60	+00:23:23 (54.7%)	8:28	7.1 (45.8%)
244	ZARĘBA Iga	315		D1	10	00:21:02	00:42:24.55	00:42:46.60	+00:23:23 (54.7%)	8:28	7.1 (45.8%)
246	RUTKOWSKA Karolina	323		K40	41	00:20:22	00:42:48.15	00:42:52.90	+00:23:29 (54.8%)	8:33	7 (45.2%)
247	JAGIEŁA Bartosz	95		M30	50	00:20:26	00:42:53.30	00:42:53.30	+00:23:30 (54.8%)	8:34	7 (45.2%)
248	ZAKRZEWSKA Lidia	310		K30	56	00:21:23	00:42:47.70	00:42:56.45	+00:23:33 (54.8%)	8:33	7 (45.2%)
249	KWIATKOWSKI Wojciech	147		M50	8	00:19:54	00:42:45.55	00:42:57.65	+00:23:34 (54.9%)	8:33	7 (45.2%)
250	FIEREK Bernadeta	61		K50	10	00:21:50	00:43:05.95	00:43:19.15	+00:23:55 (55.2%)	8:37	7 (45.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
251	DECOWSKA Sylwia	43		K30	57	00:16:48	00:43:09.25	00:43:36.15	+00:24:12 (55.5%)	8:37	7 (45.2%)
252	DUSZKIEWICZ Adam	57		M30	51	00:20:46	00:43:07.85	00:43:38.15	+00:24:14 (55.6%)	8:37	7 (45.2%)
253	RUDNA Nadia	237		D1	11	00:21:05	00:43:32.95	00:43:47.25	+00:24:23 (55.7%)	8:42	6.9 (44.5%)
254	LIPIŃSKA Karolina	166		D2	8	00:21:04	00:43:33.25	00:43:47.60	+00:24:24 (55.7%)	8:42	6.9 (44.5%)
255	LASOTA Filip	151		D1	12	00:21:24	00:43:50.20	00:44:16.35	+00:24:53 (56.2%)	8:46	6.8 (43.9%)
256	LASOTA Agata	150		K30	58	00:21:31	00:43:58.20	00:44:22.95	+00:24:59 (56.3%)	8:47	6.8 (43.9%)
257	KULIGOWSKI Damian	143		D1	13	00:21:19	00:44:24.25	00:44:26.55	+00:25:03 (56.4%)	8:52	6.8 (43.9%)
258	RUTKOWSKA PISZCZYŃSKA Agata	240		K30	59	00:21:53	00:44:08.80	00:44:28.35	+00:25:05 (56.4%)	8:49	6.8 (43.9%)
259	RĘDZINA Szymon	232		D1	14	00:21:39	00:43:54.85	00:44:29.00	+00:25:05 (56.4%)	8:46	6.8 (43.9%)
260	RĘDZINA Agnieszka	231		K40	42	00:21:39	00:43:54.30	00:44:29.05	+00:25:05 (56.4%)	8:46	6.8 (43.9%)
261	CZERNIAK MALACHOWSKA Anna	39		K30	60	00:21:40	00:43:55.30	00:44:29.15	+00:25:05 (56.4%)	8:47	6.8 (43.9%)
262	BARAN Magdalena	4		K50	11	00:21:59	00:44:46.80	00:45:02.65	+00:25:39 (57.0%)	8:57	6.7 (43.2%)
263	HORKA Adam	92		M40	28	00:22:09	00:45:16.65	00:45:39.00	+00:26:15 (57.5%)	9:03	6.6 (42.6%)
264	HORKA Izabela	90		K40	43	00:22:08	00:45:17.10	00:45:39.60	+00:26:16 (57.5%)	9:03	6.6 (42.6%)
265	ORCZYK Katarzyna	203		K50	12	00:22:25	00:45:36.25	00:45:45.90	+00:26:22 (57.6%)	9:07	6.6 (42.6%)
266	PRZYBYŁA Agata	228		K20	19	00:22:26	00:45:44.50	00:45:53.55	+00:26:30 (57.8%)	9:08	6.6 (42.6%)
267	MINCZYŃSKA Anna	184		D1	15	00:16:49	00:46:06.05	00:46:32.95	+00:27:09 (58.3%)	9:13	6.5 (41.9%)
268	MINCZYŃSKA Paulina	183		K30	61	00:19:27	00:46:05.90	00:46:33.15	+00:27:09 (58.4%)	9:13	6.5 (41.9%)
269	JUSZCZAK Małgorzata	107		K50	13	00:22:49	00:46:12.30	00:46:39.20	+00:27:15 (58.4%)	9:14	6.5 (41.9%)
270	DAMRATH Maja	42		K20	20	00:23:07	00:47:12.75	00:47:38.50	+00:28:15 (59.3%)	9:26	6.4 (41.3%)
271	SUCHARA Magdalena	268		K30	62	00:22:56	00:47:35.10	00:47:49.95	+00:28:26 (59.5%)	9:31	6.3 (40.6%)
271	JANAS Malwina	96		K30	62	00:22:56	00:47:35.25	00:47:49.95	+00:28:26 (59.5%)	9:31	6.3 (40.6%)
273	SUCHARA Maria	271		D0	1	00:22:56	00:47:35.80	00:47:50.15	+00:28:26 (59.5%)	9:31	6.3 (40.6%)
274	BANAŚKIEWICZ Paulina	3		K30	64	00:21:26	00:47:33.65	00:47:51.70	+00:28:28 (59.5%)	9:30	6.3 (40.6%)
275	SMARUJ - SADOWSKA Janina	251		K70	1	00:23:24	00:47:14.85	00:47:52.55	+00:28:29 (59.5%)	9:26	6.4 (41.3%)
276	POKORSKA Marika	218		K30	65	00:23:21	00:48:07.85	00:48:28.50	+00:29:05 (60.0%)	9:37	6.2 (40.0%)
277	SOŁDYGA Jolanta	253		K30	66	00:23:52	00:48:20.35	00:48:32.90	+00:29:09 (60.1%)	9:40	6.2 (40.0%)
278	SOŁDYGA Paweł	254		M40	29	00:23:51	00:48:19.45	00:48:33.10	+00:29:09 (60.1%)	9:39	6.2 (40.0%)
278	SOŁDYGA Urszula	255		D1	16	00:23:51	00:48:20.25	00:48:33.10	+00:29:09 (60.1%)	9:40	6.2 (40.0%)
280	HUZAKOWSKI Zbigniew	94		M50	9	00:23:27	00:48:33.05	00:48:51.00	+00:29:27 (60.3%)	9:42	6.2 (40.0%)
281	SPANCERSKA Sandra	257		K20	21	00:23:39	00:48:39.05	00:49:07.50	+00:29:44 (60.5%)	9:43	6.2 (40.0%)
282	BIAŁECKA Katarzyna	12		K50	14	00:24:49	00:50:01.70	00:50:33.95	+00:31:10 (61.7%)	10:00	6 (38.7%)
283	RYMASZEWSKA Jolanta	244		K50	15	00:24:50	00:50:02.55	00:50:34.25	+00:31:10 (61.7%)	10:00	6 (38.7%)
284	DOMBROWSKA Karolina	52		K30	67	00:25:26	00:50:59.05	00:51:11.60	+00:31:48 (62.1%)	10:11	5.9 (38.1%)
285	NOWAK Natalia	189		K30	68	00:25:25	00:50:58.20	00:51:11.85	+00:31:48 (62.1%)	10:11	5.9 (38.1%)
286	MLICKA Agnieszka	185		K40	44	00:25:18	00:50:51.10	00:51:12.05	+00:31:48 (62.1%)	10:10	5.9 (38.1%)
287	SŁOMSKA Monika	249		K40	45	00:26:47	00:52:37.55	00:53:14.85	+00:33:51 (63.6%)	10:31	5.7 (36.8%)
288	WIŚNIEWSKA Agnieszka	292		K40	46	00:27:23	00:53:25.70	00:54:01.95	+00:34:38 (64.1%)	10:41	5.6 (36.1%)
289	OLECHNOWICZ Ana	200		K40	47	00:27:23	00:53:26.80	00:54:02.60	+00:34:39 (64.1%)	10:41	5.6 (36.1%)
290	MAJEK Adam	173		D1	17	00:29:21	00:55:32.90	00:55:32.90	+00:36:09 (65.1%)	11:06	5.4 (34.8%)
291	RUSS Magdalena	239		K30	69	00:28:35	00:55:48.35	00:56:17.25	+00:36:53 (65.6%)	11:09	5.4 (34.8%)
292	STASZAK-KOWALSKA Radośćawa	262		K60	5	00:28:56	00:55:48.80	00:56:21.20	+00:36:57 (65.6%)	11:09	5.4 (34.8%)
	BOCHAŃSKA Magdalena	15		K30		00:16:21 DNF	DNF	DNF	-	-	- (0.0%)
	SPANCERSKA Dagmara	256		K40		00:34:01 DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 294 wynik(ów)