



2 BYDGOSKI
BIEG PO ODDECH
3 października 2021 Bydgoszcz

II BYDGOSKI BIEG PO ODDECH

B4SPORT

Organizator: Stowarzyszenie Waleczne Serca
Data: 2021-10-03
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	UMIŃSKI Robert	283		M40	1	00:10:27	00:21:09.85	00:21:12.50		4:13	14.2
2	KRYGOWSKI Tomasz	133		M40	2	00:10:31	00:21:27.60	00:21:28.80	+00:00:16	4:17	14
3	DROCIAK Michał	54		M40	3	00:10:25	00:21:56.55	00:21:57.75	+00:00:45	4:23	13.7
4	BUZALSKI Robert	30		M40	4	00:11:17	00:23:09.70	00:23:12.65	+00:02:00	4:37	13
5	HRYCZ Paweł	93		M40	5	00:12:20	00:24:47.40	00:24:51.40	+00:03:38	4:57	12.1
6	PASZKIET Remigiusz	210		M40	6	00:12:49	00:24:57.20	00:24:57.20	+00:03:44	4:59	12
7	SZEIB Robert	273		M40	7	00:12:01	00:25:40.15	00:25:43.55	+00:04:31	5:08	11.7
8	BUTOWSKI Michał	28		M40	8	00:13:04	00:26:03.75	00:26:15.65	+00:05:03	5:12	11.5
9	FRYDRYCH Marcin	65		M40	9	00:12:34	00:26:00.65	00:26:43.45	+00:05:30	5:12	11.5
10	ZAPARUCHA Mikołaj	312		M40	10	00:13:10	00:26:59.90	00:27:06.35	+00:05:53	5:23	11.1
11	SŁOWIŃSKKI Paweł	250		M40	11	00:14:10	00:26:54.50	00:27:10.35	+00:05:57	5:22	11.2
12	LEWANDOWSKI Michał	164		M40	12	00:13:10	00:27:08.95	00:27:18.45	+00:06:05	5:25	11.1
13	ZAGÓRSKI Maciej	330		M40	13	00:13:50	00:27:53.10	00:28:01.20	+00:06:48	5:34	10.8
14	DUDZIK Andrzej	56		M40	14	00:14:10	00:28:49.55	00:29:01.35	+00:07:48	5:45	10.4
15	KURCZEWSKI Mikołaj	146		M40	15	00:14:35	00:28:57.90	00:29:14.45	+00:08:01	5:47	10.4
16	OLSZEWSKI Paweł	202		M40	16	00:14:30	00:29:00.80	00:29:17.95	+00:08:05	5:48	10.3
17	WOLSZCZAK Rafał	301		M40	17	00:15:01	00:29:27.75	00:29:35.85	+00:08:23	5:53	10.2
18	POLAWSKI Marcin	221		M40	18	00:15:16	00:29:59.05	00:30:10.50	+00:08:58	5:59	10
19	BUREK Radosław	316		M40	19	00:15:19	00:30:10.70	00:30:15.15	+00:09:02	6:02	9.9
20	MĘŻYKOWSKI Krzysztof	177		M40	20	00:14:42	00:30:25.00	00:30:35.25	+00:09:22	6:05	9.9
21	GOLIK Krzysztof	74		M40	21	00:15:31	00:31:02.80	00:31:21.90	+00:10:09	6:12	9.7
22	JANUSZEWSKI Marcin	98		M40	22	00:16:16	00:32:28.60	00:32:48.75	+00:11:36	6:29	9.2
23	WIŚNIEWSKI Remigiusz	294		M40	23	00:16:41	00:34:42.95	00:34:52.65	+00:13:40	6:56	8.6
24	LEWANDOWSKI Robert	161		M40	24	00:16:50	00:35:45.50	00:35:47.60	+00:14:35	7:09	8.4
25	SZCZESIK Damian	272		M40	25	00:18:46	00:36:25.10	00:36:46.65	+00:15:34	7:17	8.2
26	PACHOLSKI Tadeusz	205		M40	26	00:18:49	00:36:47.45	00:37:07.50	+00:15:55	7:21	8.2
27	JAROCH Rafał	100		M40	27	00:19:13	00:39:05.20	00:39:18.80	+00:18:06	7:49	7.7
28	HORKA Adam	92		M40	28	00:22:09	00:45:16.65	00:45:39.00	+00:24:26	9:03	6.6
29	SOŁDYGA Paweł	254		M40	29	00:23:51	00:48:19.45	00:48:33.10	+00:27:20	9:39	6.2

