



## II CROSS JASTROWSKI - 10.72KM

B4SPORT

**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Urząd Gminy i Miasta w Jastrowiu  
2017-04-08  
Jastrowie  
10.72 km



Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start All 5.36km	Czas netto 10.72km	Czas brutto 10.72km	Różn	Tempo min/km	Tempo km/h
1	<b>RYCHTER Antonina</b>	<b>118</b>	KARO - TEAM	K-30	1	00:00:04	00:22:01	<b>00:44:30.45</b>	<b>00:44:35.40</b>		4:09	14.4 (100%)
2	<b>PODLECKA Agnieszka</b>	<b>77</b>	4RUN TEAM PIŁA	K-30	2	00:00:07	00:24:35	<b>00:47:58.45</b>	<b>00:48:06.00</b>	+00:03:28 (7.2%)	4:28	13.4 (93.1%)
3	<b>FIŁONOWICZ Monika</b>	<b>14</b>		K-30	3	00:00:00	00:24:34	<b>00:50:09.95</b>	<b>00:50:09.95</b>	+00:05:39 (11.3%)	4:40	12.8 (88.9%)
4	<b>STORCZYK-RAK Agnieszka</b>	<b>93</b>		K-30	4	00:00:08	00:24:57	<b>00:50:10.85</b>	<b>00:50:19.00</b>	+00:05:40 (11.3%)	4:40	12.8 (88.9%)
5	<b>BORKOWSKA-KOWALCZYK Daria</b>	<b>5</b>	WOMENS FIGHT CLUB KOSZALIN ROZBIEGANY KOSZALIN	K-30	5	00:00:15	00:26:55	<b>00:50:14.65</b>	<b>00:50:30.00</b>	+00:05:44 (11.4%)	4:41	12.8 (88.9%)
6	<b>PLUTA Magda</b>	<b>76</b>		K-30	6	00:00:13	00:27:14	<b>00:54:47.30</b>	<b>00:55:01.10</b>	+00:10:16 (18.8%)	5:06	11.7 (81.3%)
7	<b>WALENCZAK Aldona</b>	<b>102</b>		K-30	7	00:00:13	00:27:14	<b>00:54:54.50</b>	<b>00:55:08.30</b>	+00:10:24 (18.9%)	5:07	11.7 (81.3%)
8	<b>PROKOPOWICZ Izabela</b>	<b>82</b>	3:33 TEAM JASTROWIE	K-30	8	00:00:12	00:26:40	<b>00:54:54.90</b>	<b>00:55:07.05</b>	+00:10:24 (19.0%)	5:07	11.7 (81.3%)
9	<b>ŁAWNICZAK Justyna</b>	<b>52</b>	RAGE RUN	K-30	9	00:00:07	00:26:35	<b>00:54:55.55</b>	<b>00:55:03.00</b>	+00:10:25 (19.0%)	5:07	11.7 (81.3%)
10	<b>SZUŁOWSKA Justyna</b>	<b>94</b>		K-30	10	00:00:14	00:28:38	<b>00:57:22.05</b>	<b>00:57:36.30</b>	+00:12:51 (22.4%)	5:21	11.2 (77.8%)
11	<b>WINKOWSKA Ewa</b>	<b>106</b>		K-30	11	00:00:13	00:28:43	<b>00:59:27.30</b>	<b>00:59:41.25</b>	+00:14:56 (25.1%)	5:32	10.8 (75.0%)
12	<b>MARCINKOWSKA Katarzyna</b>	<b>56</b>	WAŁECKA ŚCIEMA	K-30	12	00:00:10	00:28:50	<b>00:59:31.55</b>	<b>00:59:41.55</b>	+00:15:01 (25.2%)	5:33	10.8 (75.0%)
13	<b>ANDRUSZEWSKA Magdalena</b>	<b>115</b>	WAŁECKA ŚCIEMA	K-30	13	00:00:20	00:29:09	<b>00:59:36.40</b>	<b>00:59:56.65</b>	+00:15:05 (25.3%)	5:33	10.8 (75.0%)
14	<b>CENTKA Katarzyna</b>	<b>7</b>		K-30	14	00:00:08	00:31:35	<b>01:02:13.80</b>	<b>01:02:22.00</b>	+00:17:43 (28.5%)	5:48	10.3 (71.5%)

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15	<b>REPLAKOWSKA Małgorzata</b>	<b>84</b>	WE RUN	K-30	15	00:00:13	00:32:01	<b>01:05:50.55</b>	<b>01:06:04.00</b>	+00:21:20 (32.4%)	6:08	9.8 (68.1%)
16	<b>ADAMSKA Magdalena</b>	<b>1</b>		K-30	16	00:00:14	00:33:25	<b>01:09:22.75</b>	<b>01:09:37.65</b>	+00:24:52 (35.8%)	6:28	9.3 (64.6%)

Znaleziono 16 wynik(ów)