



II CROSS JASTROWSKI - 5.36KM

B4SPORT

Organizator: Urząd Gminy i Miasta w Jastrowiu
Data: 2017-04-08
Miejsce: Jastrowie
Dystans: 5.36 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5.36km	Czas brutto 5.36km	Różn	Tempo min/km	Tempo km/h
1	SIÓDIAK Igor	212	MKP SZCZECINEK TRIATHLON	M-18	1	00:00:04	00:17:57.90	00:18:02.55		3:21	17.9 (100%)
2	DZIUBA Piotr	169	100 BATALION ŁĄCZNOŚCI WAŁCZ	M-30	1	00:00:04	00:18:40.85	00:18:45.65	+00:00:42 (3.8%)	3:29	17.2 (96.1%)
3	GEHRKE Robert	171	PCH_RUN	M-30	2	00:00:05	00:18:59.40	00:19:04.85	+00:01:01 (5.4%)	3:32	16.9 (94.4%)
4	DROŹDŹ Szymon	164	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M-18	2	00:00:05	00:19:11.75	00:19:16.85	+00:01:13 (6.4%)	3:34	16.8 (93.9%)
5	BAZIMIEROWSKI Sylwester	153	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M-40	1	00:00:06	00:20:30.55	00:20:36.75	+00:02:32 (12.4%)	3:49	15.7 (87.7%)
6	MUSIAŁ Krzysztof	238	TKKF KOSZALIN	M-30	3	00:00:00	00:20:43.15	00:20:43.15	+00:02:45 (13.3%)	3:51	15.5 (86.6%)
7	MAKOWIECKA Michalina	192	PLKS GWDA PIŁA	K-18	1	00:00:05	00:21:50.30	00:21:55.70	+00:03:52 (17.7%)	4:04	14.7 (82.1%)
8	KOWALCZUK Grzegorz	181	ZESPÓŁ SZKÓŁ W TUCZNIE	M-50	1	00:00:05	00:22:12.45	00:22:18.15	+00:04:14 (19.1%)	4:08	14.5 (81.0%)
9	WUJTIUK Piotr	245		M-40	2	00:00:06	00:22:55.95	00:23:02.85	+00:04:58 (21.7%)	4:16	14 (78.2%)
10	PYREK Krzysztof	204	1 RBLOG	M-30	4	00:00:06	00:23:51.70	00:23:58.00	+00:05:53 (24.7%)	4:27	13.5 (75.4%)
11	KATRYCZ Zbigniew	178		M-50	2	00:00:00	00:23:54.55	00:23:54.55	+00:05:56 (24.9%)	4:27	13.5 (75.4%)
12	WNUK Sławomir	225		M-40	3	00:00:06	00:23:58.25	00:24:05.00	+00:06:00 (25.1%)	4:28	13.4 (74.9%)
13	PAWŁOWSKI Kamil	198	100 BATALION ŁĄCZNOŚCI	M-18	3	00:00:09	00:24:44.20	00:24:53.55	+00:06:46 (27.4%)	4:36	13 (72.6%)
14	MIKIETYŃSKI Michał	194	OKONEK	M-30	5	00:00:09	00:25:05.70	00:25:15.40	+00:07:07 (28.4%)	4:40	12.8 (71.5%)

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15	RAK Adam	207		M-40	4	00:00:14	00:25:17.85	00:25:32.75	+00:07:19 (29.0%)	4:43	12.7 (70.9%)
16	LEWANDOWSKI Remigiusz	188	ZŁOTÓW	M-50	3	00:00:06	00:25:32.60	00:25:39.05	+00:07:34 (29.7%)	4:46	12.6 (70.4%)
17	ROZMUS Malwina	210		K-30	1	00:00:08	00:25:56.65	00:26:05.40	+00:07:58 (30.8%)	4:50	12.4 (69.3%)
18	LEWANDOWSKI Grzegorz	236	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M-40	5	00:00:10	00:26:13.70	00:26:24.50	+00:08:15 (31.5%)	4:53	12.3 (68.7%)
19	CHODOR Izabela	157	TKKF KOSZALIN	K-30	2	00:00:26	00:26:14.80	00:26:41.00	+00:08:16 (31.6%)	4:53	12.3 (68.7%)
20	GALICA-NIEPOKÓJ Agnieszka	160	OSP WROCANKA	K-18	2	00:00:04	00:26:18.60	00:26:23.40	+00:08:20 (31.7%)	4:54	12.2 (68.2%)
21	WICHA Rafał	221	PRECON POLSKA JASTROWIE	M-30	6	00:00:10	00:26:19.90	00:26:30.00	+00:08:22 (31.8%)	4:54	12.2 (68.2%)
22	GAJDA Ilona	17	LILL-SPORT	K-30	3	00:00:12	00:26:31.45	00:26:43.85	+00:08:33 (32.3%)	4:56	12.1 (67.6%)
23	BUZAŁA Walenty	237	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M-50	4	00:00:09	00:26:33.00	00:26:42.45	+00:08:35 (32.3%)	4:57	12.1 (67.6%)
24	PAWŁOWSKI Michał	199	PRECON POLSKA JASTROWIE	M-30	7	00:00:12	00:26:40.25	00:26:52.25	+00:08:42 (32.6%)	4:58	12.1 (67.6%)
25	LEWANDOWSKI Józef	244	ORZEŁ OSIEK	M-50	5	00:00:00	00:27:09.30	00:27:09.30	+00:09:11 (33.8%)	5:03	11.8 (65.9%)
26	ZAKIELARZ Jan	230	PRECON POLSKA JASTROWIE	M-50	6	00:00:10	00:27:14.45	00:27:24.60	+00:09:16 (34.1%)	5:04	11.8 (65.9%)
27	DZIEWIATOWSKA Agnieszka	168		K-40	1	00:00:09	00:27:34.00	00:27:43.15	+00:09:36 (34.8%)	5:08	11.7 (65.4%)
28	RAK Krzysztof	208		M-30	8	00:00:15	00:27:37.50	00:27:52.55	+00:09:39 (35.0%)	5:09	11.6 (64.8%)
29	JĘCZEŃ Kornela	173	ZABIEGANINOĄ OKONEK	K-18	3	00:00:17	00:27:43.25	00:28:00.35	+00:09:45 (35.2%)	5:10	11.6 (64.8%)
30	DERESZKIEWICZ Sławomir	235	LILL-SPORT	M-40	6	00:00:16	00:27:45.40	00:28:01.50	+00:09:47 (35.3%)	5:10	11.6 (64.8%)
31	KAMIŃSKI Piotr	175	WAŁECKA ŚCIEMA	M-50	7	00:00:07	00:27:51.00	00:27:58.95	+00:09:53 (35.5%)	5:11	11.5 (64.2%)
32	RAK Anna	206		K-30	4	00:00:14	00:27:59.95	00:28:14.70	+00:10:02 (35.8%)	5:13	11.5 (64.2%)
33	CZECHOWSKI Grzegorz	161	ROZBIEGANE JASTROWIE	M-30	9	00:00:10	00:28:11.65	00:28:22.00	+00:10:13 (36.3%)	5:15	11.4 (63.7%)
34	PLUTA Katarzyna	201	ZABIEGANI NOCĄ OKONEK	K-18	4	00:00:16	00:28:11.95	00:28:28.75	+00:10:14 (36.3%)	5:15	11.4 (63.7%)
35	PYREK Iwona	205		K-30	5	00:00:11	00:28:16.10	00:28:27.60	+00:10:18 (36.4%)	5:16	11.4 (63.7%)
36	TAMŁOWSKI Daniel	218		M-30	10	00:00:11	00:28:26.00	00:28:37.10	+00:10:28 (36.8%)	5:18	11.3 (63.1%)
37	CZAJKOWSKI Piotr	159		M-18	4	00:00:16	00:28:51.00	00:29:07.70	+00:10:53 (37.7%)	5:22	11.1 (62.0%)

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38	DZIEMIAŃCZYK Urszula	166		K-18	5	00:00:15	00:28:51.20	00:29:07.00	+00:10:53 (37.7%)	5:23	11.1 (62.0%)
39	FRANKOWSKI Krzysztof	241		M-40	7	00:00:22	00:29:20.60	00:29:42.70	+00:11:22 (38.8%)	5:28	11 (61.5%)
40	ANKUDOWICZ Damian	152	STAROSTWO ŻŁOTÓW	M-30	11	00:00:14	00:29:22.60	00:29:37.05	+00:11:24 (38.8%)	5:28	10.9 (60.9%)
41	KUŚMIDER Katarzyna	234		K-30	6	00:00:18	00:29:40.30	00:29:58.65	+00:11:42 (39.5%)	5:32	10.8 (60.3%)
42	DEJA Wojciech	163		M-50	8	00:00:13	00:29:59.30	00:30:13.15	+00:12:01 (40.1%)	5:35	10.7 (59.8%)
43	CIEŚLIK Aneta	158		K-30	7	00:00:11	00:30:26.55	00:30:38.40	+00:12:28 (41.0%)	5:40	10.6 (59.2%)
44	KIEŁTYKA Tomasz	179	ZABIEGANINOCĄ OKONEK	M-30	12	00:00:20	00:30:55.45	00:31:16.30	+00:12:57 (41.9%)	5:46	10.4 (58.1%)
45	LEIBASZ Mariusz	187		M-50	9	00:00:12	00:31:00.45	00:31:12.55	+00:13:02 (42.1%)	5:47	10.4 (58.1%)
46	PYDYN Regina	203		K-50	1	00:00:17	00:31:29.25	00:31:46.90	+00:13:31 (42.9%)	5:52	10.2 (57.0%)
47	KUICH Anna	184	LILL-SPORT	K-40	2	00:00:13	00:31:50.35	00:32:03.60	+00:13:52 (43.6%)	5:56	10.1 (56.4%)
48	WNUK Żanetta	224		K-40	3	00:00:08	00:32:09.95	00:32:18.40	+00:14:12 (44.1%)	6:00	10 (55.9%)
49	KISIEL Marcin	180	ZABIEGANINOCĄ OKONEK	M-30	13	00:00:21	00:32:31.65	00:32:53.00	+00:14:33 (44.8%)	6:04	9.9 (55.3%)
50	WODZYNSKA Katarzyna	226		K-30	8	00:00:16	00:32:36.10	00:32:52.70	+00:14:38 (44.9%)	6:04	9.9 (55.3%)
51	PAWŁOWSKA Anna	196		K-40	4	00:00:14	00:32:37.00	00:32:51.60	+00:14:39 (44.9%)	6:05	9.9 (55.3%)
52	PYDYN Andrzej	202		M-50	10	00:00:17	00:32:37.50	00:32:55.45	+00:14:39 (44.9%)	6:05	9.9 (55.3%)
53	FRANKOWSKI Tomasz	170		M-30	14	00:00:19	00:32:59.80	00:33:19.40	+00:15:01 (45.6%)	6:09	9.7 (54.2%)
54	GRZESZCZUK Natalia	240		K-18	6	00:00:13	00:33:00.55	00:33:14.50	+00:15:02 (45.6%)	6:09	9.7 (54.2%)
55	WOROPAJ Ewa	227		K-18	7	00:00:17	00:33:08.75	00:33:26.15	+00:15:10 (45.8%)	6:11	9.7 (54.2%)
56	KAROLCZAK Aleksandra	176	ZABIEGANI NOCĄ OKONEK	K-30	9	00:00:16	00:33:09.55	00:33:25.55	+00:15:11 (45.8%)	6:11	9.7 (54.2%)
57	PAWŁOWSKA Beata	197	DREAM TEAM	K-40	5	00:00:20	00:33:21.65	00:33:42.05	+00:15:23 (46.1%)	6:13	9.6 (53.6%)
58	BĄBIŃSKI Grzegorz	154		M-50	11	00:00:13	00:33:26.25	00:33:39.30	+00:15:28 (46.3%)	6:14	9.6 (53.6%)
59	BLICHARZ-GŁOWACKA Małgorzata	155	DREAM TEAM	K-40	6	00:00:19	00:33:26.50	00:33:46.30	+00:15:28 (46.3%)	6:14	9.6 (53.6%)
60	WENTOWSKI Maciej	220		M-18	5	00:00:12	00:33:32.55	00:33:45.10	+00:15:34 (46.4%)	6:15	9.6 (53.6%)

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							netto 5.36km	brutto 5.36km			
61	KOZŁOWSKA Emilia	182		K-30	10	00:00:19	00:33:49.10	00:34:08.70	+00:15:51 (46.9%)	6:18	9.5 (53.1%)
62	KOZŁOWSKI Piotr	183		M-30	15	00:00:19	00:33:49.50	00:34:08.50	+00:15:51 (46.9%)	6:18	9.5 (53.1%)
63	SZUDARSKA Beata	215		K-18	8	00:00:12	00:34:01.60	00:34:14.55	+00:16:03 (47.2%)	6:20	9.4 (52.5%)
64	NOWAK-GEMZA Monika	195	RAGE RUN	K-40	7	00:00:11	00:34:35.20	00:34:46.75	+00:16:37 (48.1%)	6:27	9.3 (52.0%)
65	BRZEZIŃSKA Emilia	156		K-30	11	00:00:12	00:34:56.90	00:35:09.15	+00:16:59 (48.6%)	6:31	9.2 (51.4%)
66	ŁABĘDŹ Katarzyna	190	LILL-SPORT	K-50	2	00:00:13	00:35:07.70	00:35:21.50	+00:17:09 (48.9%)	6:33	9.2 (51.4%)
67	DEJA Anna	162	LILL-SPORT	K-40	8	00:00:14	00:35:08.55	00:35:22.80	+00:17:10 (48.9%)	6:33	9.2 (51.4%)
68	ZIELIŃSKI Jarosław	232	NIEZRZESZONY	M-40	8	00:00:10	00:35:22.20	00:35:32.55	+00:17:24 (49.2%)	6:35	9.1 (50.8%)
69	RZEMYKOWSKA Katarzyna	211	DREAM TEAM	K-40	9	00:00:19	00:35:23.50	00:35:43.40	+00:17:25 (49.2%)	6:36	9.1 (50.8%)
70	RATAJCZYK Ewa	209	VILLAGE PUNK RUN	K-40	10	00:00:18	00:35:49.10	00:36:07.35	+00:17:51 (49.8%)	6:40	9 (50.3%)
71	LEWANDOWSKI Ryszard	189	LILL-SPORT	M-50	12	00:00:21	00:36:02.85	00:36:24.05	+00:18:04 (50.2%)	6:43	8.9 (49.7%)
72	DUBISZ Joanna	165	LILL-SPORT	K-40	11	00:00:20	00:36:03.15	00:36:24.05	+00:18:05 (50.2%)	6:43	8.9 (49.7%)
73	WINCASZEK Maria	223		K-40	12	00:00:12	00:36:09.40	00:36:21.40	+00:18:11 (50.3%)	6:44	8.9 (49.7%)
74	WYRWIŃSKI Robert	229		M-40	9	00:00:20	00:36:14.90	00:36:35.05	+00:18:17 (50.4%)	6:45	8.9 (49.7%)
75	MIELEWCZYK Kasia	193		K-30	12	00:00:15	00:36:42.20	00:36:58.05	+00:18:44 (51.1%)	6:51	8.8 (49.2%)
76	LESZCZYŃSKA Dorota	233	POLONIA JASTROWIE	K-40	13	00:00:16	00:36:55.90	00:37:12.65	+00:18:58 (51.4%)	6:53	8.7 (48.6%)
77	ŁANGOWSKA Małgorzata	191		K-30	13	00:00:12	00:37:44.20	00:37:57.05	+00:19:46 (52.4%)	7:02	8.5 (47.5%)
78	WYRWIŃSKA Adriana	228		K-40	14	00:00:20	00:38:05.35	00:38:26.20	+00:20:07 (52.8%)	7:06	8.4 (46.9%)
79	DEMISSIE Tasfaye	239		M-60	1	00:00:18	00:38:54.25	00:39:12.55	+00:20:56 (53.8%)	7:15	8.3 (46.4%)
80	PIECHOTA Elżbieta	200	WAŁECKA ŚCIEMA	K-40	15	00:00:21	00:39:34.40	00:39:55.85	+00:21:36 (54.6%)	7:22	8.1 (45.3%)
81	ŚWIERCZ Beata	216		K-40	16	00:00:21	00:39:34.55	00:39:55.85	+00:21:36 (54.6%)	7:22	8.1 (45.3%)
82	WILCZYŃSKA Agata	222	WAŁECKA ŚCIEMA	K-40	17	00:00:21	00:39:35.05	00:39:56.25	+00:21:37 (54.6%)	7:23	8.1 (45.3%)
83	KAMIŃSKA Beata	174	WAŁECKA ŚCIEMA	K-40	18	00:00:18	00:39:38.00	00:39:56.85	+00:21:40 (54.7%)	7:23	8.1 (45.3%)

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84	LEIBASZ Violetta	186	WAŁECKA ŚCIEMA	K-50	3	00:00:12	00:39:44.80	00:39:56.80	+00:21:46 (54.8%)	7:24	8.1 (45.3%)
85	WENTOWSKI Jarosław	219		M-40	10	00:00:12					(0.0%)

Znaleziono 85 wynik(ów)