



## II CROSS JASTROWSKI - 5.36KM

B4SPORT

**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Urząd Gminy i Miasta w Jastrowiu  
2017-04-08  
Jastrowie  
5.36 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5.36km	Czas brutto 5.36km	Różn	Tempo min/km	Tempo km/h
1	MAKOWIECKA Michalina	192	PLKS GWDA PIŁA	K-18	1	00:00:05	00:21:50.30	00:21:55.70		4:04	14.7 (100%)
2	ROZMUS Malwina	210		K-30	1	00:00:08	00:25:56.65	00:26:05.40	+00:04:06 (15.8%)	4:50	12.4 (84.4%)
3	CHODOR Izabela	157	TKKF KOSZALIN	K-30	2	00:00:26	00:26:14.80	00:26:41.00	+00:04:24 (16.8%)	4:53	12.3 (83.7%)
4	GALICA-NIEPOKÓJ Agnieszka	160	OSP WROCANKA	K-18	2	00:00:04	00:26:18.60	00:26:23.40	+00:04:28 (17.0%)	4:54	12.2 (83.0%)
5	GAJDA Ilona	17	LILL-SPORT	K-30	3	00:00:12	00:26:31.45	00:26:43.85	+00:04:41 (17.7%)	4:56	12.1 (82.3%)
6	DZIEWIATOWSKA Agnieszka	168		K-40	1	00:00:09	00:27:34.00	00:27:43.15	+00:05:43 (20.8%)	5:08	11.7 (79.6%)
7	JĘCZEŃ Kornela	173	ZABIEGANINOĄ OKONEK	K-18	3	00:00:17	00:27:43.25	00:28:00.35	+00:05:52 (21.2%)	5:10	11.6 (78.9%)
8	RAK Anna	206		K-30	4	00:00:14	00:27:59.95	00:28:14.70	+00:06:09 (22.0%)	5:13	11.5 (78.2%)
9	PLUTA Katarzyna	201	ZABIEGANI NOCĄ OKONEK	K-18	4	00:00:16	00:28:11.95	00:28:28.75	+00:06:21 (22.6%)	5:15	11.4 (77.6%)
10	PYREK Iwona	205		K-30	5	00:00:11	00:28:16.10	00:28:27.60	+00:06:25 (22.7%)	5:16	11.4 (77.6%)
11	DZIEMIAŃCZYK Urszula	166		K-18	5	00:00:15	00:28:51.20	00:29:07.00	+00:07:00 (24.3%)	5:23	11.1 (75.5%)
12	KUŚMIDER Katarzyna	234		K-30	6	00:00:18	00:29:40.30	00:29:58.65	+00:07:50 (26.4%)	5:32	10.8 (73.5%)
13	CIEŚLIK Aneta	158		K-30	7	00:00:11	00:30:26.55	00:30:38.40	+00:08:36 (28.3%)	5:40	10.6 (72.1%)
14	PYDYN Regina	203		K-50	1	00:00:17	00:31:29.25	00:31:46.90	+00:09:38 (30.6%)	5:52	10.2 (69.4%)
15	KUICH Anna	184	LILL-SPORT	K-40	2	00:00:13	00:31:50.35	00:32:03.60	+00:10:00 (31.4%)	5:56	10.1 (68.7%)
16	WNUK Żanetta	224		K-40	3	00:00:08	00:32:09.95	00:32:18.40	+00:10:19 (32.1%)	6:00	10 (68.0%)
17	WODZYŃSKA Katarzyna	226		K-30	8	00:00:16	00:32:36.10	00:32:52.70	+00:10:45 (33.0%)	6:04	9.9 (67.3%)
18	PAWŁOWSKA Anna	196		K-40	4	00:00:14	00:32:37.00	00:32:51.60	+00:10:46 (33.0%)	6:05	9.9 (67.3%)
19	GRZESZCZUK Natalia	240		K-18	6	00:00:13	00:33:00.55	00:33:14.50	+00:11:10 (33.8%)	6:09	9.7 (66.0%)
20	WOROPAJ Ewa	227		K-18	7	00:00:17	00:33:08.75	00:33:26.15	+00:11:18 (34.1%)	6:11	9.7 (66.0%)
21	KAROLCZAK Aleksandra	176	ZABIEGANI NOCĄ OKONEK	K-30	9	00:00:16	00:33:09.55	00:33:25.55	+00:11:19 (34.1%)	6:11	9.7 (66.0%)
22	PAWŁOWSKA Beata	197	DREAM TEAM	K-40	5	00:00:20	00:33:21.65	00:33:42.05	+00:11:31 (34.5%)	6:13	9.6 (65.3%)
23	BLICHARZ-GŁOWACKA Małgorzata	155	DREAM TEAM	K-40	6	00:00:19	00:33:26.50	00:33:46.30	+00:11:36 (34.7%)	6:14	9.6 (65.3%)
24	KOZŁOWSKA Emilia	182		K-30	10	00:00:19	00:33:49.10	00:34:08.70	+00:11:58 (35.4%)	6:18	9.5 (64.6%)
25	SZUDARSKA Beata	215		K-18	8	00:00:12	00:34:01.60	00:34:14.55	+00:12:11 (35.8%)	6:20	9.4 (63.9%)
26	NOWAK-GEMZA Monika	195	RAGE RUN	K-40	7	00:00:11	00:34:35.20	00:34:46.75	+00:12:44 (36.9%)	6:27	9.3 (63.3%)
27	BRZEZIŃSKA Emilia	156		K-30	11	00:00:12	00:34:56.90	00:35:09.15	+00:13:06 (37.5%)	6:31	9.2 (62.6%)

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28	<b>ŁABĘDŹ Katarzyna</b>	<b>190</b>	LILL-SPORT	K-50	2	00:00:13	<b>00:35:07.70</b>	<b>00:35:21.50</b>	+00:13:17 (37.8%)	6:33	9.2 (62.6%)
29	<b>DEJA Anna</b>	<b>162</b>	LILL-SPORT	K-40	8	00:00:14	<b>00:35:08.55</b>	<b>00:35:22.80</b>	+00:13:18 (37.9%)	6:33	9.2 (62.6%)
30	<b>RZEMYKOWSKA Katarzyna</b>	<b>211</b>	DREAM TEAM	K-40	9	00:00:19	<b>00:35:23.50</b>	<b>00:35:43.40</b>	+00:13:33 (38.3%)	6:36	9.1 (61.9%)
31	<b>RATAJCZYK Ewa</b>	<b>209</b>	VILLAGE PUNK RUN	K-40	10	00:00:18	<b>00:35:49.10</b>	<b>00:36:07.35</b>	+00:13:58 (39.0%)	6:40	9 (61.2%)
32	<b>DUBISZ Joanna</b>	<b>165</b>	LILL-SPORT	K-40	11	00:00:20	<b>00:36:03.15</b>	<b>00:36:24.05</b>	+00:14:12 (39.4%)	6:43	8.9 (60.5%)
33	<b>WINCASZEK Maria</b>	<b>223</b>		K-40	12	00:00:12	<b>00:36:09.40</b>	<b>00:36:21.40</b>	+00:14:19 (39.6%)	6:44	8.9 (60.5%)
34	<b>MIELEWCZYK Kasia</b>	<b>193</b>		K-30	12	00:00:15	<b>00:36:42.20</b>	<b>00:36:58.05</b>	+00:14:51 (40.5%)	6:51	8.8 (59.9%)
35	<b>LESZCZYŃSKA Dorota</b>	<b>233</b>	POLONIA JASTROWIE	K-40	13	00:00:16	<b>00:36:55.90</b>	<b>00:37:12.65</b>	+00:15:05 (40.9%)	6:53	8.7 (59.2%)
36	<b>ŁANGOWSKA Małgorzata</b>	<b>191</b>		K-30	13	00:00:12	<b>00:37:44.20</b>	<b>00:37:57.05</b>	+00:15:53 (42.1%)	7:02	8.5 (57.8%)
37	<b>WYRWIŃSKA Adriana</b>	<b>228</b>		K-40	14	00:00:20	<b>00:38:05.35</b>	<b>00:38:26.20</b>	+00:16:15 (42.7%)	7:06	8.4 (57.1%)
38	<b>PIECHOTA Elżbieta</b>	<b>200</b>	WAŁECKA ŚCIEMA	K-40	15	00:00:21	<b>00:39:34.40</b>	<b>00:39:55.85</b>	+00:17:44 (44.8%)	7:22	8.1 (55.1%)
39	<b>ŚWIERCZ Beata</b>	<b>216</b>		K-40	16	00:00:21	<b>00:39:34.55</b>	<b>00:39:55.85</b>	+00:17:44 (44.8%)	7:22	8.1 (55.1%)
40	<b>WILCZYŃSKA Agata</b>	<b>222</b>	WAŁECKA ŚCIEMA	K-40	17	00:00:21	<b>00:39:35.05</b>	<b>00:39:56.25</b>	+00:17:44 (44.8%)	7:23	8.1 (55.1%)
41	<b>KAMIŃSKA Beata</b>	<b>174</b>	WAŁECKA ŚCIEMA	K-40	18	00:00:18	<b>00:39:38.00</b>	<b>00:39:56.85</b>	+00:17:47 (44.9%)	7:23	8.1 (55.1%)
42	<b>LEIBASZ Violetta</b>	<b>186</b>	WAŁECKA ŚCIEMA	K-50	3	00:00:12	<b>00:39:44.80</b>	<b>00:39:56.80</b>	+00:17:54 (45.1%)	7:24	8.1 (55.1%)

Znaleziono 42 wynik(ów)