



## II CROSS JASTROWSKI - 5.36KM

B4SPORT

**Organizator:** Urząd Gminy i Miasta w Jastrowiu  
**Data:** 2017-04-08  
**Miejsce:** Jastrowie  
**Dystans:** 5.36 km



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5.36km	Czas brutto 5.36km	Różn	Tempo min/km	Tempo km/h
1	<b>SIÓDMIAK Igor</b>	<b>212</b>	MKP SZCZECINEK TRIATHLON	M-18	1	00:00:04	<b>00:17:57.90</b>	<b>00:18:02.55</b>		3:21	17.9 (100%)
2	<b>DZIUBA Piotr</b>	<b>169</b>	100 BATALION ŁĄCZNOŚCI WAŁCZ	M-30	1	00:00:04	<b>00:18:40.85</b>	<b>00:18:45.65</b>	+00:00:42 (3.8%)	3:29	17.2 (96.1%)
3	<b>GEHRKE Robert</b>	<b>171</b>	PCH_RUN	M-30	2	00:00:05	<b>00:18:59.40</b>	<b>00:19:04.85</b>	+00:01:01 (5.4%)	3:32	16.9 (94.4%)
4	<b>DROŹDŹ Szymon</b>	<b>164</b>	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M-18	2	00:00:05	<b>00:19:11.75</b>	<b>00:19:16.85</b>	+00:01:13 (6.4%)	3:34	16.8 (93.9%)
5	<b>BAZIMIEROWSKI Sylwester</b>	<b>153</b>	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M-40	1	00:00:06	<b>00:20:30.55</b>	<b>00:20:36.75</b>	+00:02:32 (12.4%)	3:49	15.7 (87.7%)
6	<b>MUSIAŁ Krzysztof</b>	<b>238</b>	TKKF KOSZALIN	M-30	3	00:00:00	<b>00:20:43.15</b>	<b>00:20:43.15</b>	+00:02:45 (13.3%)	3:51	15.5 (86.6%)
7	<b>KOWALCZUK Grzegorz</b>	<b>181</b>	ZESPÓŁ SZKÓŁ W TUCZNIE	M-50	1	00:00:05	<b>00:22:12.45</b>	<b>00:22:18.15</b>	+00:04:14 (19.1%)	4:08	14.5 (81.0%)
8	<b>WUJTIUK Piotr</b>	<b>245</b>		M-40	2	00:00:06	<b>00:22:55.95</b>	<b>00:23:02.85</b>	+00:04:58 (21.7%)	4:16	14 (78.2%)
9	<b>PYREK Krzysztof</b>	<b>204</b>	1 RBLOG	M-30	4	00:00:06	<b>00:23:51.70</b>	<b>00:23:58.00</b>	+00:05:53 (24.7%)	4:27	13.5 (75.4%)
10	<b>KATRYCZ Zbigniew</b>	<b>178</b>		M-50	2	00:00:00	<b>00:23:54.55</b>	<b>00:23:54.55</b>	+00:05:56 (24.9%)	4:27	13.5 (75.4%)
11	<b>WNUK Sławomir</b>	<b>225</b>		M-40	3	00:00:06	<b>00:23:58.25</b>	<b>00:24:05.00</b>	+00:06:00 (25.1%)	4:28	13.4 (74.9%)
12	<b>PAWŁOWSKI Kamil</b>	<b>198</b>	100 BATALION ŁĄCZNOŚCI	M-18	3	00:00:09	<b>00:24:44.20</b>	<b>00:24:53.55</b>	+00:06:46 (27.4%)	4:36	13 (72.6%)
13	<b>MIKIETYŃSKI Michał</b>	<b>194</b>	OKONEK	M-30	5	00:00:09	<b>00:25:05.70</b>	<b>00:25:15.40</b>	+00:07:07 (28.4%)	4:40	12.8 (71.5%)
14	<b>RAK Adam</b>	<b>207</b>		M-40	4	00:00:14	<b>00:25:17.85</b>	<b>00:25:32.75</b>	+00:07:19 (29.0%)	4:43	12.7 (70.9%)
15	<b>LEWANDOWSKI Remigiusz</b>	<b>188</b>	ZŁOTÓW	M-50	3	00:00:06	<b>00:25:32.60</b>	<b>00:25:39.05</b>	+00:07:34 (29.7%)	4:46	12.6 (70.4%)
16	<b>LEWANDOWSKI Grzegorz</b>	<b>236</b>	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M-40	5	00:00:10	<b>00:26:13.70</b>	<b>00:26:24.50</b>	+00:08:15 (31.5%)	4:53	12.3 (68.7%)
17	<b>WICHA Rafał</b>	<b>221</b>	PRECON POLSKA JASTROWIE	M-30	6	00:00:10	<b>00:26:19.90</b>	<b>00:26:30.00</b>	+00:08:22 (31.8%)	4:54	12.2 (68.2%)
18	<b>BUZAŁA Walenty</b>	<b>237</b>	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M-50	4	00:00:09	<b>00:26:33.00</b>	<b>00:26:42.45</b>	+00:08:35 (32.3%)	4:57	12.1 (67.6%)
19	<b>PAWŁOWSKI Michał</b>	<b>199</b>	PRECON POLSKA JASTROWIE	M-30	7	00:00:12	<b>00:26:40.25</b>	<b>00:26:52.25</b>	+00:08:42 (32.6%)	4:58	12.1 (67.6%)
20	<b>LEWANDOWSKI Józef</b>	<b>244</b>	ORZEŁ OSIEK	M-50	5	00:00:00	<b>00:27:09.30</b>	<b>00:27:09.30</b>	+00:09:11 (33.8%)	5:03	11.8 (65.9%)
21	<b>ZAKIELARZ Jan</b>	<b>230</b>	PRECON POLSKA JASTROWIE	M-50	6	00:00:10	<b>00:27:14.45</b>	<b>00:27:24.60</b>	+00:09:16 (34.1%)	5:04	11.8 (65.9%)
22	<b>RAK Krzysztof</b>	<b>208</b>		M-30	8	00:00:15	<b>00:27:37.50</b>	<b>00:27:52.55</b>	+00:09:39 (35.0%)	5:09	11.6 (64.8%)
23	<b>DERESZKIEWICZ Sławomir</b>	<b>235</b>	LILL-SPORT	M-40	6	00:00:16	<b>00:27:45.40</b>	<b>00:28:01.50</b>	+00:09:47 (35.3%)	5:10	11.6 (64.8%)
24	<b>KAMIŃSKI Piotr</b>	<b>175</b>	WAŁECKA ŚCIEMA	M-50	7	00:00:07	<b>00:27:51.00</b>	<b>00:27:58.95</b>	+00:09:53 (35.5%)	5:11	11.5 (64.2%)
25	<b>CZECHOWSKI Grzegorz</b>	<b>161</b>	ROZBIEGANE JASTROWIE	M-30	9	00:00:10	<b>00:28:11.65</b>	<b>00:28:22.00</b>	+00:10:13 (36.3%)	5:15	11.4 (63.7%)
26	<b>TAMŁOWSKI Daniel</b>	<b>218</b>		M-30	10	00:00:11	<b>00:28:26.00</b>	<b>00:28:37.10</b>	+00:10:28 (36.8%)	5:18	11.3 (63.1%)
27	<b>CZAJKOWSKI Piotr</b>	<b>159</b>		M-18	4	00:00:16	<b>00:28:51.00</b>	<b>00:29:07.70</b>	+00:10:53 (37.7%)	5:22	11.1 (62.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5.36km	Czas brutto 5.36km	Różn	Tempo min/km	Tempo km/h
28	<b>FRANKOWSKI Krzysztof</b>	<b>241</b>		M-40	7	00:00:22	<b>00:29:20.60</b>	<b>00:29:42.70</b>	+00:11:22 (38.8%)	5:28	11 (61.5%)
29	<b>ANKUDOWICZ Damian</b>	<b>152</b>	STAROSTWO ŻŁOTÓW	M-30	11	00:00:14	<b>00:29:22.60</b>	<b>00:29:37.05</b>	+00:11:24 (38.8%)	5:28	10.9 (60.9%)
30	<b>DEJA Wojciech</b>	<b>163</b>		M-50	8	00:00:13	<b>00:29:59.30</b>	<b>00:30:13.15</b>	+00:12:01 (40.1%)	5:35	10.7 (59.8%)
31	<b>KIEŁTYKA Tomasz</b>	<b>179</b>	ZABIEGANINOCA OKONEK	M-30	12	00:00:20	<b>00:30:55.45</b>	<b>00:31:16.30</b>	+00:12:57 (41.9%)	5:46	10.4 (58.1%)
32	<b>LEIBASZ Mariusz</b>	<b>187</b>		M-50	9	00:00:12	<b>00:31:00.45</b>	<b>00:31:12.55</b>	+00:13:02 (42.1%)	5:47	10.4 (58.1%)
33	<b>KISIEL Marcin</b>	<b>180</b>	ZABIEGANINOCA OKONEK	M-30	13	00:00:21	<b>00:32:31.65</b>	<b>00:32:53.00</b>	+00:14:33 (44.8%)	6:04	9.9 (55.3%)
34	<b>PYDYN Andrzej</b>	<b>202</b>		M-50	10	00:00:17	<b>00:32:37.50</b>	<b>00:32:55.45</b>	+00:14:39 (44.9%)	6:05	9.9 (55.3%)
35	<b>FRANKOWSKI Tomasz</b>	<b>170</b>		M-30	14	00:00:19	<b>00:32:59.80</b>	<b>00:33:19.40</b>	+00:15:01 (45.6%)	6:09	9.7 (54.2%)
36	<b>BĄBIŃSKI Grzegorz</b>	<b>154</b>		M-50	11	00:00:13	<b>00:33:26.25</b>	<b>00:33:39.30</b>	+00:15:28 (46.3%)	6:14	9.6 (53.6%)
37	<b>WENTOWSKI Maciej</b>	<b>220</b>		M-18	5	00:00:12	<b>00:33:32.55</b>	<b>00:33:45.10</b>	+00:15:34 (46.4%)	6:15	9.6 (53.6%)
38	<b>KOZŁOWSKI Piotr</b>	<b>183</b>		M-30	15	00:00:19	<b>00:33:49.50</b>	<b>00:34:08.50</b>	+00:15:51 (46.9%)	6:18	9.5 (53.1%)
39	<b>ZIELIŃSKI Jarosław</b>	<b>232</b>	NIEZRZESZONY	M-40	8	00:00:10	<b>00:35:22.20</b>	<b>00:35:32.55</b>	+00:17:24 (49.2%)	6:35	9.1 (50.8%)
40	<b>LEWANDOWSKI Ryszard</b>	<b>189</b>	LILL-SPORT	M-50	12	00:00:21	<b>00:36:02.85</b>	<b>00:36:24.05</b>	+00:18:04 (50.2%)	6:43	8.9 (49.7%)
41	<b>WYRWIŃSKI Robert</b>	<b>229</b>		M-40	9	00:00:20	<b>00:36:14.90</b>	<b>00:36:35.05</b>	+00:18:17 (50.4%)	6:45	8.9 (49.7%)
42	<b>DEMISSIE Tasfaye</b>	<b>239</b>		M-60	1	00:00:18	<b>00:38:54.25</b>	<b>00:39:12.55</b>	+00:20:56 (53.8%)	7:15	8.3 (46.4%)
43	<b>WENTOWSKI Jarosław</b>	<b>219</b>		M-40	10	00:00:12					(0.0%)

Znaleziono 43 wynik(ów)