

**Wydarzenie:** II DECARUN KOSZALIN  
**Organizator:** Decathlon Koszalin  
**Data:** 2018-08-15  
**Miejsce:** Koszalin  
**Dystans:** 15 km



Klasyfikacja: M18-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
						1.667km	3.333km	5km	6.667km	8.333km	10km	11.667km	13.333km				
1	WITKOWSKI Mateusz	295	JW 1223	M18-39	1	00:05:59	00:12:08	00:18:17	00:24:31	00:30:46	00:37:05	00:43:23	00:49:38	<b>00:55:55.10</b>		3:43	16.1 (100%)
2	BARDZIŃSKI Rafał	8	JANOSPORT TEAM LEGNICA	M18-39	2	00:06:22	00:12:47	00:19:05	00:25:25	00:31:46	00:38:03	00:44:20	00:50:42	<b>00:56:59.50</b>	+00:01:04 (1.9%)	3:48	15.8 (98.1%)
3	GAWRON Piotr	68	ULKS TALEX BORZYTUCHOM	M18-39	3	00:06:22	00:12:48	00:19:06	00:25:26	00:31:47	00:38:11	00:44:39	00:51:02	<b>00:57:23.10</b>	+00:01:28 (2.6%)	3:49	15.7 (97.5%)
4	ROĆKO Krzysztof	328	CZAPLA	M18-39	4	00:06:21	00:12:47	00:19:07	00:25:31	00:32:04	00:38:35	00:44:59	00:51:24	<b>00:58:23.25</b>	+00:02:28 (4.2%)	3:53	15.4 (95.7%)
5	BUCZKO Krystian	31		M18-39	5	00:06:32	00:13:21	00:20:24	00:27:34	00:34:47	00:42:00	00:49:10	00:56:15	<b>01:03:11.75</b>	+00:07:16 (11.5%)	4:12	14.2 (88.2%)
6	PERLIK Tomasz	199		M18-39	6	00:06:26	00:13:10	00:20:05	00:27:12	00:34:19	00:41:33	00:48:54	00:56:13	<b>01:03:26.75</b>	+00:07:31 (11.9%)	4:13	14.2 (88.2%)
7	GOLIŃSKI Łukasz	73	K.B. SPRINT ŚWIDWIN	M18-39	7	00:06:58	00:14:05	00:21:11	00:28:15	00:35:22	00:42:31	00:49:44	00:56:57	<b>01:03:52.35</b>	+00:07:57 (12.5%)	4:15	14.1 (87.6%)
8	PIŃSKI Paweł	207	JW 1223	M18-39	8	00:06:56	00:14:14	00:21:43	00:29:17	00:36:47	00:44:20	00:51:54	00:59:37	<b>01:07:17.80</b>	+00:11:22 (16.9%)	4:29	13.4 (83.2%)
9	SITOWSKI Marcin	237	PROMED SZCZECINEK	M18-39	9	00:07:05	00:14:22	00:21:50	00:29:29	00:37:01	00:44:32	00:52:08	00:59:55	<b>01:07:40.35</b>	+00:11:45 (17.4%)	4:30	13.3 (82.6%)
10	ZIENOWICZ Michał	306		M18-39	10	00:07:38	00:15:18	00:23:05	00:30:50	00:38:43	00:46:13	00:53:55	01:01:44	<b>01:09:04.30</b>	+00:13:09 (19.0%)	4:36	13 (80.7%)
11	BOŻEK Radosław	27	40%	M18-39	11	00:07:04	00:14:53	00:22:58	00:30:50	00:38:59	00:46:57	00:55:06	01:03:15	<b>01:11:27.35</b>	+00:15:32 (21.7%)	4:45	12.6 (78.3%)
12	SKIERKA Grzegorz	239	MKS 'ŚWIĘC' SŁAWNO	M18-39	12	00:07:38	00:15:41	00:23:52	00:32:04	00:40:15	00:48:24	00:56:29	01:04:26	<b>01:12:12.80</b>	+00:16:17 (22.6%)	4:48	12.5 (77.6%)
12	JABŁOŃSKI Tomasz	88	KB SPOKO SŁAWNO	M18-39	13	00:07:39	00:15:41	00:23:53	00:32:05	00:40:16	00:48:24	00:56:29	01:04:27	<b>01:12:12.80</b>	+00:16:17 (22.6%)	4:48	12.5 (77.6%)
14	PIEKUTOWSKI Ireneusz	204	DECATHLON CAR ŁÓDŹ	M18-39	14	00:07:59	00:16:10	00:24:24	00:32:39	00:40:53	00:49:10	00:57:16	01:05:22	<b>01:12:55.20</b>	+00:17:00 (23.3%)	4:51	12.3 (76.4%)
15	BANCEWICZ Tomasz	5	SALON KOSMETYCZNY DIAMENT SŁUPSK	M18-39	15	00:07:49	00:15:51	00:24:08	00:32:19	00:40:25	00:48:39	00:56:54	01:05:08	<b>01:13:16.50</b>	+00:17:21 (23.7%)	4:53	12.3 (76.4%)
16	STRUŻYNA Waldek	333		M18-39	16	00:08:21	00:16:31	00:24:31	00:32:46	00:40:54	00:49:11	00:57:25	01:05:39	<b>01:13:36.50</b>	+00:17:41 (24.0%)	4:54	12.2 (75.8%)
17	ADAMOWICZ Daniel	2	KB PIONIER	M18-39	17	00:07:31	00:15:27	00:23:37	00:31:57	00:40:20	00:48:48	00:57:11	01:05:45	<b>01:13:54.00</b>	+00:17:58 (24.3%)	4:55	12.2 (75.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start								Czas netto 15km	Różn	Tempo min/km	Tempo km/h
						1.667km	3.333km	5km	6.667km	8.333km	10km	11.667km	13.333km				
18	<b>MOKSA Dariusz</b>	<b>178</b>		M18-39	18	00:07:18	00:15:21	00:23:38	00:31:57	00:40:21	00:48:48	00:57:12	01:05:41	<b>01:14:21.10</b>	+00:18:26 (24.8%)	4:57	12.1 (75.2%)
19	<b>TUJAKA Grzegorz</b>	<b>274</b>		M18-39	19	00:06:55	00:14:47	00:23:02	00:31:22	00:39:49	00:48:24	00:57:09	01:05:50	<b>01:14:21.65</b>	+00:18:26 (24.8%)	4:57	12.1 (75.2%)
20	<b>WÓJCIK Radosław</b>	<b>299</b>		M18-39	20	00:07:41	00:15:44	00:24:06	00:32:27	00:40:54	00:49:29	00:57:59	01:06:18	<b>01:14:38.80</b>	+00:18:43 (25.1%)	4:58	12.1 (75.2%)
21	<b>CHUTYRKO Paweł</b>	<b>340</b>		M18-39	21	00:08:00	00:16:27	00:24:39	00:33:01	00:41:15	00:49:27	00:57:45	01:05:59	<b>01:14:48.90</b>	+00:18:53 (25.3%)	4:59	12 (74.5%)
22	<b>WIELGAT Łukasz</b>	<b>285</b>	KB BRYZA POSTOMINO	M18-39	22	00:07:50	00:15:57	00:24:08	00:32:32	00:40:53	00:49:27	00:58:03	01:06:45	<b>01:15:06.25</b>	+00:19:11 (25.5%)	5:00	12 (74.5%)
23	<b>ŻUREK Mateusz</b>	<b>316</b>		M18-39	23	00:08:33	00:17:03	00:25:40	00:34:17	00:42:48	00:51:23	00:59:53	01:08:36	<b>01:17:09.35</b>	+00:21:14 (27.5%)	5:08	11.7 (72.7%)
24	<b>GROTA Mariusz</b>	<b>79</b>		M18-39	24	00:08:36	00:17:24	00:26:10	00:34:57	00:43:42	00:52:21	01:00:52	01:09:18	<b>01:17:42.40</b>	+00:21:47 (28.0%)	5:10	11.6 (72.0%)
25	<b>MELCHERT Kamil</b>	<b>170</b>		M18-39	25	00:08:03	00:16:27	00:25:05	00:33:44	00:42:24	00:51:17	01:00:15	01:09:06	<b>01:17:42.70</b>	+00:21:47 (28.0%)	5:10	11.6 (72.0%)
26	<b>WOJCIECHOWSKI Andrzej</b>	<b>296</b>		M18-39	26	00:08:26	00:16:57	00:25:36	00:34:19	00:43:00	00:51:43	01:00:26	01:09:17	<b>01:17:52.00</b>	+00:21:56 (28.2%)	5:11	11.6 (72.0%)
27	<b>POKRYSZKA Wojciech</b>	<b>214</b>	DECATHLON CAR ŁÓDŹ	M18-39	27	00:08:44	00:17:28	00:26:06	00:34:52	00:43:37	00:52:16	01:00:58	01:09:46	<b>01:18:16.05</b>	+00:22:20 (28.6%)	5:13	11.5 (71.4%)
27	<b>LESIAK Sebastian</b>	<b>150</b>	DECATHLON CAR ŁÓDŹ	M18-39	28	00:08:43	00:17:28	00:26:06	00:34:52	00:43:37	00:52:16	01:00:57	01:09:47	<b>01:18:16.05</b>	+00:22:20 (28.6%)	5:13	11.5 (71.4%)
29	<b>ŁOPIŃSKI Piotr</b>	<b>155</b>	FSD	M18-39	29	00:07:57	00:16:12	00:24:33	00:33:06	00:41:43	00:50:34	00:59:37	01:09:08	<b>01:18:23.10</b>	+00:22:28 (28.7%)	5:13	11.5 (71.4%)
30	<b>BAGIEŃSKI Mateusz</b>	<b>4</b>	STC STARGARD	M18-39	30	00:07:55	00:16:36	00:25:30	00:34:26	00:43:22	00:52:31	01:01:18	01:10:20	<b>01:19:05.90</b>	+00:23:10 (29.3%)	5:16	11.4 (70.8%)
31	<b>MODZELEWSKI Szymon</b>	<b>334</b>		M18-39	31	00:07:32	00:15:43	00:24:38	00:33:41	00:43:18	00:52:29	01:01:46	01:11:03	<b>01:19:25.50</b>	+00:23:30 (29.6%)	5:17	11.3 (70.2%)
32	<b>WILKOWSKI Krzysztof</b>	<b>291</b>		M18-39	32	00:09:23	00:18:36	00:27:37	00:36:22	00:44:54	00:53:10	01:01:42	01:10:53	<b>01:19:45.25</b>	+00:23:50 (29.9%)	5:19	11.3 (70.2%)
33	<b>WEILAND Adrian</b>	<b>282</b>	NOCNE WILKI	M18-39	33	00:07:47	00:16:08	00:24:47	00:33:37	00:42:41	00:51:46	01:00:56	01:10:23	<b>01:19:45.60</b>	+00:23:50 (29.9%)	5:19	11.3 (70.2%)
34	<b>MALINOWSKI Krzysztof</b>	<b>160</b>	HOUSEBERRY.PL	M18-39	34	00:07:40	00:15:59	00:24:44	00:33:52	00:42:49	00:51:52	01:01:06	01:10:40	<b>01:20:07.05</b>	+00:24:11 (30.2%)	5:20	11.2 (69.6%)
35	<b>KAZIMIEROWICZ Radosław</b>	<b>109</b>	VTT KOSZALIN	M18-39	35	00:08:45	00:17:34	00:26:26	00:35:42	00:44:37	00:53:25	01:02:16	01:11:25	<b>01:20:07.70</b>	+00:24:12 (30.2%)	5:20	11.2 (69.6%)
36	<b>JÓZEFIAK Adrian</b>	<b>337</b>		M18-39	36	00:07:18	00:17:58	00:26:37	00:36:04	00:44:29	00:53:24	01:01:47	01:11:04	<b>01:20:31.80</b>	+00:24:36 (30.6%)	5:22	11.2 (69.6%)
37	<b>FIGARSKI Leszek</b>	<b>58</b>	LOVEBIKE	M18-39	37	00:08:18	00:16:52	00:25:42	00:34:47	00:43:45	00:52:47	01:01:46	01:11:18	<b>01:20:51.65</b>	+00:24:56 (30.8%)	5:23	11.1 (68.9%)
38	<b>JURKIEWICZ Paweł</b>	<b>101</b>		M18-39	38	00:08:28	00:17:09	00:26:00	00:34:57	00:44:06	00:53:12	01:02:28	01:11:54	<b>01:21:03.50</b>	+00:25:08 (31.0%)	5:24	11.1 (68.9%)
39	<b>CZERNAK Gracjan</b>	<b>45</b>		M18-39	39	00:09:02	00:18:10	00:27:34	00:37:03	00:46:19	00:55:29	01:04:42	01:13:34	<b>01:21:58.15</b>	+00:26:03 (31.8%)	5:27	11 (68.3%)
40	<b>JARNO Wojciech</b>	<b>91</b>	AKTYWNA KRAJENKA	M18-39	40	00:08:36	00:17:57	00:27:17	00:36:40	00:46:00	00:55:27	01:04:51	01:14:10	<b>01:23:09.60</b>	+00:27:14 (32.8%)	5:32	10.8 (67.1%)
41	<b>PILAREK Ireneusz</b>	<b>206</b>		M18-39	41	00:08:42	00:17:16	00:26:05	00:35:03	00:44:04	00:53:14	01:03:18	01:13:20	<b>01:23:46.00</b>	+00:27:50 (33.2%)	5:35	10.7 (66.5%)
42	<b>BANCEWICZ Radosław</b>	<b>6</b>	SALON KOSMETYCZNY DIAMENT SŁUPSK	M18-39	42	00:08:47	00:18:02	00:27:26	00:36:56	00:46:22	00:55:54	01:05:26	01:14:54	<b>01:23:46.80</b>	+00:27:51 (33.3%)	5:35	10.7 (66.5%)
43	<b>WIERZBICKI Przemysław</b>	<b>289</b>		M18-39	43	00:08:46	00:18:03	00:27:27	00:36:58	00:46:23	00:55:55	01:05:27	01:14:55	<b>01:23:47.05</b>	+00:27:51 (33.3%)	5:35	10.7 (66.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All								Czas netto 15km	Różn	Tempo min/km	Tempo km/h
						1.667km	3.333km	5km	6.667km	8.333km	10km	11.667km	13.333km				
44	<b>BOŚ Grzegorz</b>	<b>26</b>		M18-39	44	00:09:05	00:18:25	00:27:40	00:37:01	00:46:26	00:57:07	01:06:04	01:15:17	<b>01:24:03.90</b>	+00:28:08 (33.5%)	5:36	10.7 (66.5%)
45	<b>SZCZUBLEWSKI Martin</b>	<b>338</b>		M18-39	45	00:07:41	00:15:58	00:24:41	00:34:06	00:43:56	00:53:38	01:03:48	01:14:02	<b>01:24:27.45</b>	+00:28:32 (33.8%)	5:37	10.7 (66.5%)
46	<b>GAWĘDA Emil</b>	<b>65</b>	DARŁOWSKIE CHARTY	M18-39	46	00:09:19	00:18:50	00:28:19	00:37:57	00:47:26	00:56:50	01:06:17	01:15:49	<b>01:24:28.80</b>	+00:28:33 (33.8%)	5:37	10.7 (66.5%)
47	<b>RZESZUTEK Michał</b>	<b>339</b>		M18-39	47	00:08:53	00:18:18	00:27:33	00:36:50	00:46:00	00:55:38	01:05:22	01:15:10	<b>01:24:39.85</b>	+00:28:44 (34.0%)	5:38	10.6 (65.8%)
48	<b>PANCERZYŃSKI Łukasz</b>	<b>194</b>		M18-39	48	00:08:39	00:17:48	00:27:04	00:36:21	00:45:44	00:55:16	01:04:55	01:14:54	<b>01:24:40.35</b>	+00:28:45 (34.0%)	5:38	10.6 (65.8%)
49	<b>MICHOLCZ Sławek</b>	<b>173</b>		M18-39	49	00:09:19	00:18:42	00:28:02	00:37:33	00:46:52	00:56:18	01:05:55	01:15:42	<b>01:25:01.45</b>	+00:29:06 (34.2%)	5:40	10.6 (65.8%)
50	<b>SZYSZKOWSKI Tomasz</b>	<b>266</b>	ROZBIEGANY KOSZALIN	M18-39	50	00:09:16	00:18:46	00:28:16	00:37:55	00:47:23	00:56:49	01:06:15	01:15:49	<b>01:25:04.20</b>	+00:29:09 (34.3%)	5:40	10.6 (65.8%)
51	<b>STAŃCZYK Sławomir</b>	<b>249</b>	STARGARD. JA SIĘ NIE ŚCIGAM	M18-39	51	00:08:02	00:16:53	00:26:17	00:36:02	00:45:58	00:55:51	01:05:34	01:15:26	<b>01:25:32.65</b>	+00:29:37 (34.6%)	5:42	10.5 (65.2%)
52	<b>TUROWSKI Michał</b>	<b>276</b>	DECATHLON SŁUPSK	M18-39	52	00:08:28	00:17:34	00:26:57	00:36:47	00:46:33	00:56:26	01:06:17	01:16:21	<b>01:26:35.00</b>	+00:30:39 (35.4%)	5:46	10.4 (64.6%)
53	<b>KOWALCZYK Piotr</b>	<b>126</b>		M18-39	53	00:08:47	00:17:51	00:27:10	00:36:50	00:46:33	00:56:22	01:06:23	01:16:45	<b>01:27:00.00</b>	+00:31:04 (35.7%)	5:48	10.3 (64.0%)
54	<b>KONKEL Łukasz</b>	<b>121</b>		M18-39	54	00:08:50	00:18:18	00:27:47	00:37:36	00:47:03	00:56:52	01:06:50	01:17:09	<b>01:27:44.35</b>	+00:31:49 (36.3%)	5:50	10.3 (64.0%)
55	<b>GARNCAREK Paweł</b>	<b>63</b>		M18-39	55	00:09:33	00:19:24	00:28:53	00:38:32	00:48:07	00:57:43	01:07:44	01:18:05	<b>01:28:27.00</b>	+00:32:31 (36.8%)	5:53	10.2 (63.4%)
56	<b>KRAUZE Dawid</b>	<b>336</b>		M18-39	56	00:08:55	00:18:36	00:28:38	00:38:31	00:48:28	00:59:20	01:10:42	01:21:26	<b>01:32:16.50</b>	+00:36:21 (39.4%)	6:09	9.8 (60.9%)
57	<b>SZYMANOWICZ Marcin</b>	<b>264</b>		M18-39	57	00:09:46	00:20:08	00:30:36	00:41:01	00:51:21	01:01:49	01:12:28	01:22:37	<b>01:32:42.95</b>	+00:36:47 (39.7%)	6:10	9.7 (60.2%)
58	<b>GRZELAKOWSKI Michał</b>	<b>335</b>		M18-39	58	00:07:21	00:14:45	00:22:29	00:31:21	00:40:03	00:48:16	00:56:22	01:04:32		+00:14:53	4:50	12.4 (77.0%)
59	<b>ŻEROMSKI Dawid</b>	<b>54</b>		M18-39	59	00:08:00	00:16:29	00:25:05	00:33:58	00:42:59	00:52:14	01:01:40	01:10:24		+00:20:45	5:16	11.4 (70.8%)
60	<b>WĄSOWSKI Mateusz</b>	<b>281</b>		M18-39	60	00:08:29	00:17:15	00:26:12	00:35:14	00:44:10	00:53:05	01:01:45	01:10:24		+00:20:45	5:16	11.4 (70.8%)
61	<b>MACIEJEWSKI Dawid</b>	<b>156</b>		M18-39	61	00:07:33	00:16:35	00:26:12	00:36:35	00:46:51	00:56:55	01:06:58			+00:23:36	5:44	10.5 (65.2%)
62	<b>JĘDRZEJEWSKI Krzysztof</b>	<b>100</b>		M18-39	62	00:09:06	00:19:01	00:29:16	00:39:53	00:50:39	01:02:10	01:15:36			+00:32:13	6:28	9.3 (57.8%)

Znaleziono 62 wynik(ów)